

Freedom Athletics Soccer-Laws of the Game U7 League

The Field: Dimensions of the field are 78' x 60' (Length x Width)

The Ball: Size 3

Players: League consists of Pre-Ks and Kindergarteners

Number of Players:

A. Maximum number of players on the field: **Boys:** 5 from each team, **Girls:** 4 from each team

B. Substitutions: Anytime during stoppage of play.

C. Playing time: Each player shall play a minimum of 50% of the total playing time.

Goalies: Does not apply.

Coaches: One coach from each team is allowed on the field while the ball is in play.

Duration of the Game:

A. Four quarters of 7 minutes each. A 2-minute brake is given between each quarter with a 5-minute brake for halftime.

B. The clock starts when the ball is first kicked "Kick-off". It is a continuous clock, no stoppage for goals, injuries, fouls or the ball going out of bounds.

Players Equipment:

A. Shin guards must be worn and are covered entirely by the stockings.

B. Footwear: Tennis shoes and Soccer cleats only.

C. No jewelry, wristbands, sun glasses or casts can be worn.

Game Facilitators:

A. One Referee will be on the field during play.

Linesman (Assistant Referee): None.

The Start of Play:

A. Team listed first on the schedule will take the kick off to start the match.

B. The team not kicking off will determine which goal they want to defend first.

C. A kickoff is an indirect free kick and a goal can't be scored until the second player of either team has touched the ball. The team that takes the kick-off rotates each quarter.

D. Prior to the start of the 3rd quarter, the teams change ends and attack the opposite goals.

- E. Opponents must be outside the center circle while kick-off is in progress.
- F. All players start on their half of the field.
- G. The ball is in play when it is kicked in any direction.
- H. The first kicker does not kick the ball again until the ball is touched by another player.
- I. A second kick off must be allowed if the player commits a foul on the initial attempt. The game facilitator shall explain the proper method before allowing the player to kick off again.

Ball In or Out of Play:

- A. The ball is out of play when the ball passes completely over the touchline (side) or end line and outside the goal posts.
- B. The ball is in play at all other times.

Scoring: A goal is scored when the ball passes completely over the end line and between the goal posts.

Offside: Does not apply.

Fouls, Misconduct & Hand Balls:

- A. All fouls shall result in a direct free kick.
- B. The game facilitator will explain all infractions to the offending player.
- c. If the foul occurs within the penalty area(large box), the ball will be spotted outside of the penalty area for the free kick.

Free Kicks:

- A. A free kick is taken when the game facilitator stops the play because of handball or a foul on the field.
- B. The team that the hand ball or foul has been committed against takes the free kick. All free kicks are direct.
- C. Opponents shall be at least 8 feet away from the ball on restart.

Penalty Kicks: Does not apply

Throw-in:

- A. Throw-in is taken when the ball goes over the touchline and is taken by the team who didn't touch the ball before it went out of bounds.
- B. Throw-in must be taken. No kick-ins allowed.

C. For a throw in, the player faces the field of play, has part of each foot on the ground behind or on the touchline, uses both hands and delivers the ball from behind and over his/her head.

D. A second throw must be allowed if the player commits a foul on the initial attempt. The game facilitator shall explain the proper method before allowing the player to throw-in again.

Goal Kick:

A. A goal kick is used to restart play when the offensive team kicks the ball over the end line outside of the goal. The defensive team takes the goal kick.

B. The goal kick may be taken by any member of the defensive team.

C. The ball is placed anywhere inside the defending team's goal area(small box).

D. A goal kick is re-done if the ball does not leave the penalty area when kicked or if a member of either team touches the ball before it leaves the penalty area.

Corner Kick:

A. Corner kicks are used to restart play when the defensive team touches the ball last before it goes over the end line outside the goal. The offensive team takes the corner kick.

B. All corner kicks are to be taken at the nearest corner where the ball went over the end line.

C. A goal can be scored on a corner kick.