

VYHA Rules for Game Play

In accordance with NYS and Onondaga County the following are the guidelines to permit Games and Practices for Valley Youth Hockey and Meachem Ice Rink.

- Masks that conform to recommendations from the CDC must be worn at all times by **EVERYONE**. If an athlete is unable to wear a mask because of difficulty breathing during high intensity activities, a mask must still be worn when not actively playing. (Such as while on the bench)
- Coaches, Referees, Volunteers and trainers must wear a face covering at all times when social distancing guidelines cannot be followed.
- Players must arrive to the rink NO MORE THAN 20 MINUTES in advance of game or practice and be fully dressed space will be provided for the donning of skates. **THE ONLY EXCEPTION TO THIS RULE IS FOR GOALIES WHO WILL BE GIVEN SPACE TO DRESS UPON ARRIVAL.**
- There will be no sharing of equipment. Players must bring their own water bottles that have been clearly marked with their name as drinking fountains will not be available for use.
- **8U Teams** will be limited to players and 2 coaches Maximum per team only.
- 10U and Above (Boys and Girls) Will be limited as follows:
- 15 Players or Under (including Goalies) will be allowed to use a Maximum of 4 Coaches
- 16 Players or More (including Goalies) will be allowed a Maximum of 3 Coaches
- A Maximum of 4 "Staff Volunteers" will be needed for each game to work the Time Clock, Scorekeeper and 2 Penalty boxes.
- Each Coach must provide a sign-in/attendance Roster to every game home or away which will include "Player Name" "Parent Contact Name" "Contact Phone Number" and acknowledgement that self-monitoring and temperature check has been completed prior to arriving at the rink.
- 2 spectators per player-teams must email a printable spectator list (use contact tracing form on Valley website home page) and bring a signed waiver (print from Valley website home page) to temperature check in point at game time, **not before** and must exit the rink as soon as game is over.
- Parents must follow social distancing guidelines as defined by the County.
- Daily health screenings (including Temperature check) should be completed every day before leaving for the rink. **If you or your player are not feeling well we ask that you stay home to protect our hockey families.** (Temperatures will also be taken upon arrival to Meachem Ice Rink as required by The City of Syracuse.)
- Public drinking fountains and Locker room showers will **NOT** be available.
- No hockey bags EXCEPT for Goalies.

Any questions or concerns should be directed to the VYHA Plan Administrator, (Tony Polhamus) at valleyyouthhockey@gmail.com.