

HGRA Soccer On-Site Covid-19 Responsibilities

Arriving and Attending games at HGRA Soccer

- Guest and players will arrive no more than 15 minutes earlier than games at Carondelet Fields and Talmud Torah fields (see website for map).
- Enter and exit points for games/practices at Talmud Torah School in Saint Paul will be open due to field location/layout.
- Players and guests will exit as soon as possible after games have concluded using the two fence exits on the north and south fence and the field house exit at Carondelet Fields.
- Guests and players are asked to use the exit closest to the field location of their game.
- Guest must refrain from touching or handling any HGRA Soccer equipment during at HGRA event unless asked to do so by HGRA Soccer staff or volunteers
- Guests will not be allowed on the sideline for Coaches and players and may watch games by standing on the opposite sideline of teams and behind each goal area. Guest must follow spectator instructions by adhering to HGRA field markings posted and HGRA staff instructions.
- Players and guests will be asked to leave the field as soon as reasonably possible, avoiding congregating and minimizing extra-curricular or other social activity not pertaining to the training session or match.

During HGRA Soccer Practice/Play

- HGRA Soccer will emphasize minimized physical contact between players and coaches:
 - Avoiding 'high fives' or end of game lines and other types of skin-to-skin contact on and off the field.
 - Avoid touching your face, especially before or after handling a ball or other equipment that others may come in contact.
 - Avoid sharing food, drinks, towels, etc.
- HGRA Soccer will observe distancing rules during games and trainings:
 - HGRA Soccer will instruct players to leave space between their personal gear on the sidelines.
 - Remind players to stand apart during breaks when training, during team huddles on game day, and when waiting to be substituted in a match.
 - Throw-ins will be taken on the ground with players passing the ball inbounds with their feet not throwing the ball in with their hands
 - Coaches will try to avoid drills that involve players standing in lines. When lines or grouping of players is necessary for a particular drill, Coaches will ensure that the activity is designed to allow appropriate space between players.
- Minimize players touching team-training equipment directly.

After HGRA Soccer Play

- HGRA Soccer will eliminate traditional post-game handshakes and encourage teams to come up with creative ways to show sportsmanship to their opponents after a match has finished.
- Players will continue to observe distancing rules when gathering personal gear.
- Players should clean and disinfect their own gear, especially anything touched by another individual.
- Players and guests will depart the field as soon as possible through the designated exit areas marked with field postings/signs.
- Transition times between age groups will be staggered to avoid overlap.

HGRA Coach and Staff Responsibilities

- HGRA Soccer staff and volunteers will adhere to a plan for cleaning and disinfecting any structures, facilities, equipment, etc. that participants may come in contact with before and after each HGRA soccer event.
- HGRA Soccer will ensure there is access to hand sanitizer in as many locations as possible, especially in high-traffic areas such as entrances, the field house and team benches.
- HGRA Soccer will encourage players and coaches to bring and use their own hand sanitizer and individual water bottles are required for each player at games and practices.
- HGRA Soccer will avoid shared equipment by:
 - Providing each player their own 'pinnies' (scrimmage vests) to take home and wash before each practice and game.
- All participants should wash their hands thoroughly or use a hand sanitizer as soon as possible after coming off the field.
- Coaches or other designated individuals should clean and disinfect balls and other equipment as soon as feasible.
 - Coaches or staff will collect all practice/game equipment while not allowing players to help with equipment collection after practices and games
 - Volunteer Coaches can take their practice bag/equipment home to disinfect/clean.
 - Players will receive their own practice pinney that they will take home and wash throughout the season and return to HGRA after the season is over.

HGRA Soccer Face-Covering Policy

- HGRA Soccer will follow MDH and CDC guidelines and recommendations for masks and other face coverings for staff, volunteers and participants.

- Current HGRA Covid-19 Preparedness Plan guidelines require youth soccer players to wear face-coverings during practices and games in the U5-U14 divisions while face-coverings are optional for the U18 and Adult divisions. Please refer to the HGRA Mask Policy document on the Policies and Procedures page on the HGRA website for more information (www.hgra.org).
- All participants and spectators must adhere to the guidelines in the most current version of the COVID-19 Preparedness Plan for Highland Groveland Recreation Association (HGRA) regarding the use of face masks/face coverings at HGRA games, practices and other HGRA sponsored events.
 - HGRA will communicate with all staff, volunteers, participants and guest if there is to be any change in this mask or face covering requirement.
 - If the requirement for a mask or face covering is changed, HGRA will still permit anyone at an HGRA event to wear a mask or face covering if they desire.