

# Boys & Girls Free Clinics

### **DESCRIPTION**

Epic will be hosting 3 FREE Clinics for boys and girls 8th grade and below on Friday afternoons. Clinics run November 30th thru December 14th, from 4:00-5:30 PM. The clinic is open to all boys and girls who would like to come and learn the fundamentals of volleyball, and brush up their skills before the start of our Non Traveling Program January. Each session will provide instruction on the proper techniques of volleyball, cooperative drills, and some scrimmage type games. There is no experience required, and players of all skill levels are encouraged to bring a friend and come play some volleyball!!!







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#### **Details**

#### Dates:

Friday, November 30th Friday, December 7th Friday, December 14th

**Time:** 4:00 to 5:30 PM

Cost: FREE

Sign Up:

There is no preregistration required to attend the clinics. Parents are asked to come in and fill out a player waiver form at the first clinic their child attends.

## <u>www.epicvb.com</u>



For more information, contact us at 858-486-5228. You can also email Pat@epicvb.com