

Redwood Area Hockey Association



Covid-19 Preparedness Plan

In preparation for return to practice on Jan 4th 2021, please be mindful of the following rules. Agree or not we are trying our best to keep the skaters on the ice as long as possible while following guidelines :

- ★ Please **stay home** if you have a fever or symptoms consistent with COVID-19 or if you have been in contact with someone that has or is having similar symptoms.
- ★ There will be a **maximum of 25 individuals** on the ice for each session consisting of 1 team.
- ★ Minor athletes under **U8/U10** are allowed one adult chaperon during their session. Chaperon must follow safe physical distancing measure, wear a mask,
- ★ No spectators for any player level Squirt/U12 and above.
- ★ In accordance with Gov. Walz mandate, Masks will be required at all time on and off the ice. .
- ★ Each player must scan a QR code and properly fill out before they can attend each practice
- ★ **Step 1** - Each player will be required to enter through the front (arena entrance). Athletes can only enter the rink no earlier than **10 minutes before** the ice session.
- ★ **Step 2** - Each player must come fully dressed. Athletes may put skates, helmet, gloves on in designated areas only. No bags will be allowed, no exceptions. Goalies must come atleast ½ dressed and allowed 1 bag There will be **no locker room use**
- ★ **Step 3** - A coach will go through a COVID-19 screening with each athlete before they are able to step on the ice.
- ★ **Step 4** - Athletes must stay with their assigned coach/pod for the entire ice session.
- ★ **Step 5** - Abide by physical distancing rules throughout the ice session.
- ★ **Step 6** - Athletes are required to bring their own water bottle.
- ★ **Step 7** - Athletes must leave the rink within 10 minutes after the ice session.
- ★ **Step 8** - Players are responsible for sanitizing their own equipment when off the ice.
- ★ **Step 9** - RAHA staff and volunteers will disinfect all concessions/tables frequently and locker rooms between games based on MDH Guidelines