

**Swan City Ice Skaters  
Spring 2019 Schedule**

April 8th - May 11th No classes April 21

**BELOW TEST GUIDELINES**

For those **not** on a Swans team in the 2018-2019 season

Sunday	Monday	Tuesday	Wednesday	Friday	Saturday
4:45-6:00 Contract Ice	3:30-5:30 & 6:00-10:00 pm Contract Ice	3:30-6:00 Contract Ice	3:30-5:45 & 6:30-10:00 pm Contract Ice	3:30-5:00 Contract Ice	9:00-11:00 Contract Ice
6:00-7:45 High Synchro Workshop	4:45-5:30 Low Synchro Workshop		5:00-5:45 Low Test & Edges Beg, Prelim, Prejuv, Juv moves	5:00-5:30 Therapeutic	
	5:00-5:30 Beg/Low Moves		5:45-6:15 Snow Plow Sam 1-4, Basic 1, 2 FreeSkate 1-6		
7:45 Zam	5:30-6:00 Snow Plow Sam 1-4, Basic 1-6		6:15 Zam		
8:00-9:00 Contract Ice	6:00-7:00 Medium Synchro Workshop		6:30-7:00 Ice dance prep	6:30-7:00 Beginner jumps & spins	
	7:00 Zam		7:00-7:45 Low/High jumps & spins Axel & Harness time	7:45-10:00 Contract Ice	
	7:15-7:45 Medium/High Moves		<b>SYNCH Workshops</b> <b>Low-</b> Synchro babes team during the 2018-2019 season <b>Med-</b> Rostered on Swans Synchro Skills 2 & PreJuv team during the 2018-2019 season <b>High-</b> Rostered on Swans Intermediate team during the 2018-2019 season		
	7:45-8:30 High test & edges Inter, novice, jr, sr, moves				
	8:30-10:00 Contract Ice				

**High & Low test and edges:** First two weeks getting test ready! Emphasis on test elements. Third and fourth weeks of edge applications.

**High:** Passed juvenile moves and above **Low:** Passed prejuv moves and below

**Ice dance test prep:** First two weeks getting test ready with third & fourth weeks emphasizing dance applications for synchro (must have passed pre bronze dances)

\*\* Skaters whose test level and age are appropriate for higher levels may be asked to attend an additional workshop.

\*\* If you are not sure which level is appropriate-Please contact Lisa Henning or Christi Wenger to clarify.

**Beg Moves:** Pre-preliminary

**Low Moves:** Preliminary to Pre-Juvenile

**Med Moves:** Juvenile to Intermediate

**High Moves:** Novice to Senior

**Out of club:** Never skated on a Swans team. Fee: \$45-Includes tryout fee and Workshop

**Option 1:** For skaters who have NEVER SKATED on a synchronized skating team. Fee: FREE-Includes tryout fee, Synchro Workshops

**Option 2:** For new skaters who have NO Moves tests or Swans who skated on Synchro Babes team in the 2018-2019 season. Fee: \$130-Includes tryout fees, Synchro Workshop Low, unlimited contracted ice & Learn to Skate Class.

**Option 3:** For new skaters who have NOT passed their Juvenile Moves in the Field OR Swans who skated on Synchro Skills 2 or PreJuv team in the 2018-2019 Season. Fee: \$145-Includes tryout fee, Synchro Workshop Medium, unlimited contracted ice & 1 specialty class.

**Option 4:** For new skaters who have passed their Juvenile Moves in the Field OR Swans who rostered on Intermediate team in the 2018-2019 season. Fee: \$160-Includes tryout fee, unlimited contract ice, Synchro Workshop High, & 1 specialty class.



