East Ridge Indoor Soccer Adult League

*If you plan to bring a team, please email me and I can build your team and then your players can sign up to your team. Also, please send me a roster, so I can give you updates of who has signed up.

Here is the link that your players can use to sign up.

https://secure.sportsaffinity.com/Reg/Public/TeamReg/logina.aspx?domain=tn-erfcadult.sportsaffinity.com&language=english&sessionguid=

I get each team shirts, Sign ups will be from Oct. 15th – Nov 26th

Season will run from Dec. 2018-Feb. 2019.

Over 30 plays on Sunday night. 6pm and on for the evening. Games are 2-25-minute halves. For the over 30's each team need a female, or you play down a player. All players must be over 30 except for your female player.

Over 30 plays 7v7 and that is with a goalie.

Under 30 plays Tues and Thurs night. 8:45 or 9:30 time slots. All players need to be 19 As of Dec 31st of 2018 to play under 30's. Games are 2-25-minute halves for the under 30's as said before everyone needs to be at least 19, but any age 19 and up can play in the under 30 age group.

Under 30 plays 6v6 and that is with a goalie.

Over 40 Plays Sat evening late. 9pm on. All players must be over 40. Games are 2 25 minute halves.

Cost is 95.00 per player. This covers the ref's and player fee to Tn State Soccer.

If you have any questions, please just let us know.

Shawnna Skiles

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Or sskiles@eastridgetn.gov