



# The Torch

SYC Weekly Digest

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## COME JOIN THE FUN! #SYCRunsFree



10. It's FREE!
9. It's FUN!
8. It's GOOD for you!
7. NO REGISTRATION!
6. PRIZES, PRIZES, PRIZES!
5. The WHOLE FAMILY can do it!
4. It'll MOTIVATE YOU!
3. You'll LOOK COOL!
2. T-Shirt proceeds for a GREAT CAUSE!
1. WE MISS YOU!



#SYCRunsFree is a free virtual race that you can do anywhere, at your pace, alone or with others. It runs from June 19th-28th, but if you want a t-shirt order by June 1st! Let's RUN FREE "together apart"! Find all the details [HERE](#).

## OPEN REGISTRATIONS

### SUMMER SPORTS

Register Now - Pay Later!

[Basketball](#)

[Basketball Camp](#)

[Soccer Camps](#)

[Saturday Soccer Clinics](#)

### FALL SPORTS

**Register Now - Pay Later!**  
Cheer  
Flag Football  
Tackle Football  
Rec Soccer  
Rec Soccer - U5 Cubs  
Pee Wee Kickers  
Softball  
Volleyball

## Featured Sport

# BATTER UP!

## IT'S TIME TO REGISTER FOR FALL SOFTBALL



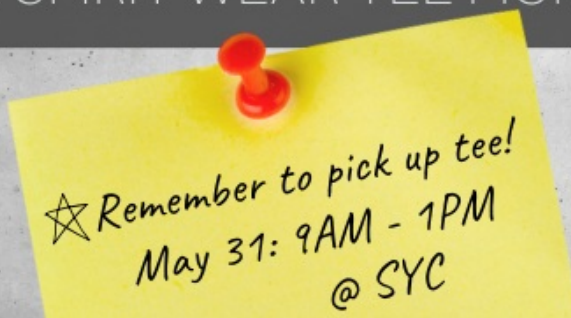
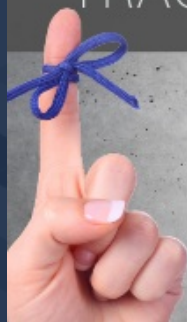
Register today for fall softball! **PAY NOTHING NOW** when registering. Registration fee will be tentatively due July 15th. If we are unable to host fall softball, you will not owe any fees.

NOTE: If you opted to transfer your spring 2020 softball registration to fall 2020 softball, you're all set! No need to register.

[Read More and Register Here](#)

## NEWS AND SPECIAL EVENTS

### TRACK SPIRIT WEAR TEE PICK UP!



Spring Track spirit wear t-shirt distribution is this Sunday, May 31. If you ordered a t-shirt with your Spring 2020 Track registration, you can pick it up at the [SYC Office/Warehouse](#) between 9AM - 1PM on Sunday May 31st.

# TRAVEL SOCCER CREDIT/REFUND PROCESSING

\*\*\* Attention 2019/2020 Travel Soccer Families \*\*\*

Be sure to make your selection for Credit/Refund/Renewals for the 2019/2020 seasonal year. The deadline for your response is June 15th.

The three options are as follows:

- Email [credit@sycva.com](mailto:credit@sycva.com) with your child's name to receive a 30% credit to be applied to the 2020-2021 seasonal year SYC Travel Soccer club fees.
- Email [donation@sycva.com](mailto:donation@sycva.com) with your child's name to donate the 30% as a tax-deductible donation to the Travel Soccer Program. Please indicate whether your child is returning or not returning for the 2020/21 season
- Go to [REFUND REQUESTS](#) to request a 25% refund.

## SYC SUMMER BASKETBALL PAYMENTS STILL ON HOLD!



At the moment, SYC has only received information concerning the month of June for school gym usage. We are waiting to hear about July and August. While we wait for more information concerning gym usage, we are not accepting payments for Summer Basketball. Stay tuned for updates. Thank you!

## Tackle Football - 13 Best Footwork Drills

Hey Tackle Football Players! Stay in tip top shape and keep training at home. Check out this virtual training video below. It has some awesome footwork drills that will get your heart pumping! See more virtual training videos [HERE!](#)



## REMINDER SYC OFFICE is CLOSED

Emails/Calls will be answered.  
No walk-in service until further notice.

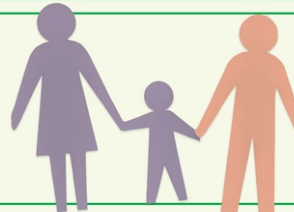
### IN THE COMMUNITY

n p r

LIFE



KIT



PARENTING

When Will This Be Over? Sesame Workshop's Tips For...

Many parents are struggling right now - juggling kids at home 24/7 and coping with their own losses. In this episode, Rosemarie Truglio, a developmental psychologist and senior vice president of curriculum and content at Sesame Workshop, offers...

[Read more](#)  
[www.npr.org](http://www.npr.org)

## CHALLENGER VIRTUAL™



*Soccer training is  
now virtually possible.*



### Challenger Sports offering fun and engaging virtual curriculum for kids!

We understand that in this COVID-19 era the idea of 'coaching has changed. Therefore we have used our vast experience in the soccer coaching industry to (once again) set a new standard through our virtual training experience. Our professional and experienced staff will implement our tried and tested curriculum across our varied virtual offerings.

Special SYC Discount Code: SPRINGFIELDYC

[Read more](#)  
[www.challengersports.com](http://www.challengersports.com)

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703-339-3796 | [www.sycva.com](http://www.sycva.com)

