

PACER WRESTLING NEWS - WEEK OF JANUARY 21

Practice Schedule

Monday - 3:12-3:45 (NO practice; weight room only)

Tuesday - 3:12-5:25 **with study hall & film at 3:10**

Wednesday - Home dual vs. St. Cat's - **No study hall**, meet at 5:15 to set up

Thursday - 3:12-5:25

Friday - 3:12-5:00

Saturday - **No Tournament** - Enjoy the dance!

Thanks, volunteers! = More Needed

Our volunteers are the best! We always get compliments on our home tournament, and that has a lot to do with our volunteers. We've had a good number already sign up. Thank you! Please consider joining the volunteer list if you haven't already!

To volunteer to help at our home tournament, please use the following link:

<https://docs.google.com/spreadsheets/d/1-D-CPNW-qF9ldMG5GruybyfBydUFRh4DFhPVHlHhJTA/edit?usp=sharing>

Home Dual - St. Cat's/Prairie/Racine Lutheran

Meet in gym to set up at 5:15 - Weigh in 6:00 PM - Wrestle 7:00 PM

This is the newest team in the Metro Classic Conference. More wrestling programs to compete against is a good thing! It also means this is a chance to get a conference win and allows the top finishing conference team at the Pacer Premier to be declared Metro Classic champions!

They have a decent number of wrestlers and lost close to Martin Luther, so we will have a good challenge facing them.

Pacer Premier Tournament - coming Feb 2

Meet in gym 7:15 PM for set-up --- Weigh in: 8:30 AM --- Wrestle: 10 AM

- Last year, many visiting coaches and fans commented on how nice the tournament was. That was thanks to our volunteers' efforts. Thanks for everyone helping make this tournament a success again!
- JV wrestlers have the opportunity to wrestle as non-scoring wrestlers, so everyone should have a chance to wrestle.
- We're looking forward to a great day!