



LADY COUGARS
BASKETBALL SKILL CLINICS

GIRLS GRADES 5 - 8

COST: \$150 PER PLAYER

(5 120 MINUTES WORKOUT SESSIONS)

INSTRUCTORS: COACH LORENZO WITHRITE (CHS HEAD COACH)

COACH DANA WASHINGTON (CHS ASSISTANT COACH)



SESSION 1 SEPTEMBER 12TH

(SUNDAY 9:00 - 11:00AM)

SESSION 2 SEPTEMBER 26TH

(SUNDAY 9:00 - 11:00AM)

SESSION 3 OCTOBER 3RD

(SUNDAY 9:00 - 11:00AM)

SESSION 4 OCTOBER 10TH

(SUNDAY 9:00 - 11:00AM)

SESSION 5 OCTOBER 17TH

(SUNDAY 9:00 - 11:00AM)

REGISTER ONLINE: [HTTPS://FORMS.OFFICE.COM/R/PYYPJTDP](https://forms.office.com/R/PYYPJTDP)



To pay for clinic please use Venmo, CashApp, or Personal Check

CashApp: \$hoochhoops30022

Venmo: @hoochhoops30022