



COVID-19 Health Screening

To be conducted by the team Safety Officer
before **EVERY** practice/game for **EVERY** player/volunteer

1. Visual Wellness Check
 2. Temperature check with no-touch thermometer
 - A temperature of 100.4 degrees or higher is considered a fever.
 3. Verbal Questionnaire
 - A. Have you had close contact within the last 14 days with an individual infected with COVID-19, suspected of being infected with COVID-19, or exhibiting COVID-19 symptoms?
 - B. Are you experiencing any of the following symptoms:
 - Fever or chills?
 - Mild or moderate difficulty breathing?
 - New or worsening cough?
 - Sustained loss of smell, taste, or appetite?
 - Sore throat?
 - Vomiting or diarrhea?
 - Aching throughout the body?
- ❖ If any of the above symptoms apply, then the player or volunteer **should not** join the practice or game and should see their health care provider immediately.
- ❖ If any player or volunteer is showing symptoms of COVID-19, or has reason to believe they have been exposed to COVID-19, or has tested positive for COVID-19, the team Safety Officer must document the incident, and notify the League Safety Officer immediately while maintaining confidentiality.
- ❖ In case of a positive COVID-19 case, the League Safety Officer will notify local health officials, the Irvine Ranch Board, and immediate team members and volunteers while maintaining confidentiality as required by state and federal laws.
- ❖ Sick players or volunteers shall not return to practice until they have met CDC criteria to discontinue home isolation, including 3 days with no fever, symptoms have improved, and 10 days since symptoms first appeared.