

# WAYHA Newsletter



OCT.  
'23

## Factors that Impact Development

According to the USA Hockey Foundations of Player development, there are several key factors that influence athlete development. If executed correctly, these factors will have a significant impact on Winona Area Youth Hockey Association players. WAYHA is committed to utilizing these guidelines in order to catapult our program to success.



**Evenly matched teams:** Striving for evenly matched teams will help improve players by providing the optimal challenge level for both teams



**Travel:** In many cases it is possible to find evenly matched games close to home. While it can be fun to travel, it is important to consider how travel time could be better spent securing more ice time for our players at our home rink.



Number of games played: Increased player development comes from a well designed practice as opposed to game-play

A study completed by Hockey Canada concluded that just ONE quality run practice that has many puck touches, is game like, includes decision making, and that is challenging and fun, will equal up to ELEVEN 'regular' full ice games. We look forward to seeing how these changes will positively impact our young players.

## Resources

[WHAT TO EXPECT AS A NEW HOCKEY PARENT](#)

[SAFESPORT? WHAT IS THAT?](#)

[LISTEN TO USA HOCKEY PODCAST](#)

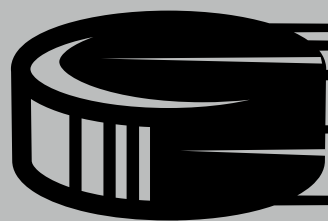
[WHAT THE PUCK?](#)

[LINKING AN ADDITIONAL GUARDIAN ON SPORTSENGINE](#)





Locker room monitors are a required position for all hockey associations across the state of Minnesota. This year, WAYHA is seeking two families per team to serve as locker room monitors for the entire season. Requirements for the position include: completing USA Hockey Safe Sport training, a background check with costs reimbursed by WAYHA, and at least one monitor is required to be present at all practices and games. By having two families per team, families can coordinate with each other to ensure at least one monitor is always present during required times. This commitment would fulfill all volunteer hours (DIBS) for each family. These positions will be assigned once teams are decided. Families can speak with coaches to express interest. Any additional questions can be sent to the Volunteer Committee by emailing [dibs@winonahockey.com](mailto:dibs@winonahockey.com)



# SCHOLARSHIPS AVAILABLE

<https://www.winonahockey.com/scholarships>

Families can receive between 75% and 100% off their WAYHA fees depending on family income. Please visit our website for more information.

Scholarships cannot be used for USA Hockey fees.



## Calendar Pickup

@ Bud King

- THURS. 10/12/23 6:30PM - 8:00PM
- FRI 10/13/23 - 5:15 PM - 6:30 PM
- SAT. 10/14/23 - 8:30 AM - 9:30 AM AND 11:30 AM - 12:30 PM
- SAT, 10/28/23 - 9:30 AM - 11:00 AM

# Goalie Assistance Program

WAYHA teams cannot be competitive without good goalies and we recognize that financing goalie equipment can deter interested players and families from exploring this critical position. In an effort to alleviate the financial burden, WAYHA offers a Goalie Assistance Program to help offset the cost of equipment.

**Mites:** WAYHA will provide, at no cost, all equipment required to play the position. This includes Quick Change Pads to allow more children to try out the position.

**Squirt and 10U:** The association will provide all equipment, if available, from our inventory. If equipment is not available, the association will provide reimbursement for properly fitting equipment. The equipment would then be owned by the association following the season.

**PeeWee, U12, Bantam, and U15:** WAYHA will provide free registration for goalies that register and participate at the goalie position. PeeWee and 12U goalies will receive up to a \$300 equipment rebate annually for the purchase of goalie equipment. This equipment would be owned by the athlete and their family.

For more information and to apply for the assistance program, click the photo below.



## DATES TO REMEMBER



***Oct. 13th 5:30-8pm at Bud King***

### **WAYHA Season Kickoff Event**

*\*Come join us to celebrate the beginning of hockey season. Free pizza, open skate, music and door prices*



***Nov 4th 12pm***

### **Try Hockey FREE Ages 4-9**

*\*Must register to attend. Register [HERE](#)*

**Click the calendar icon to see the  
WAYHA Calendar**

