

ADVANCED

POWER HOUR!

at USM

2020

Improve your skating this summer & have some fun!

Join Coach Mary for a weekly 60-minute class to improve endurance, speed, quickness, extension, and quality of edges.

ADVANCED PowerHour (age 10+)

2020 Camp = 5 weeks

~Skaters may register for one day or both~

Tuesdays 9:45am – 10:45am

7/14, 7/21, 7/28, 8/4, 8/18

Thursdays 9:45am – 10:45am

7/16, 7/23, 7/30, 8/6, 8/20

Please send completed forms and payment to: Mary Duecker

4334 S. Austin Street

Milwaukee, WI 53207

Reserve your spot!!! Email first!!! icecoachmary@gmail.com