

National Adult Baseball Association

Mandatory and Recommendation List for Playing Baseball – Updated 5/25/2020

Infection Control and Prevention – Mandatory Precautions and Recommendations Arriving at the Baseball Facility

- All participants, spectators and those working on the field or monitoring a field must adhere to six-foot physical distancing while at the baseball facility. Face covers are required within the six-foot distance. No more than 50 people will be allowed at the Baseball Facility at any given time.
- There is a mandatory self-evaluation assessment of the daily symptoms. If you are experiencing any of the symptoms you must stay home.
 - If you have any symptoms related to Covid-19 do not play and go to the Doctor and get tested.
 - Fever
 - Cough
 - Shortness of breath or difficulty breathing
 - Chills
 - Repeated shaking with chills
 - Muscle pain
 - Headache
 - Sore throat
 - New loss of taste or smell
 - If you have anyone in your immediate family who has tested positive for Covid-19 please do not play two complete weeks.
 - Cover your coughs and sneezes
- Each player must bring their own drinks and must not share with other players. There must not be any communal drinking containers.
- These requirements must be shared prior to the event with all players, coaches, spectators, officials, and employees prior to their arrival at the venue.
- Teams will form in large areas near the field where social distancing can take place and away from other teams.
- Players should not congregate in the parking lot prior to the games, and should come to the field alone and not with any teammates.
- Line-up cards can still be exchanged at the plate meeting, as long as there is social distancing and gloves are being worn during the process.
- Each team should have baseballs designated for when they are on defense. These baseballs will be disinfected after each inning of use, and after every foul ball retrieved. Each team should have disinfectant available to disinfect their baseballs during the game, and in between each inning.

Infection Control and Prevention – Mandatory Precautions and Recommendations While Warming Up, and Playing the Game for Coaches and Players

- No more than 50 people will be allowed at the Baseball Facility at any given time.
- Coaches and players must adhere to the physical six-foot distancing except when the ball is in play.
- Athletes and coaches must wear face coverings at all times while not actively participating in the field of play.
- Coaches should ensure the players are adhering to social distancing in the dugouts and other seating areas and wearing face coverings while not actively participating on the field of play.
- Athletes must not share equipment of any kind with another player. Keep your equipment separate from all other players equipment. This includes bats, helmets, catchers equipment, sunglasses, gloves, batting gloves, belts, shoes, etc.
- Athletes during the game and after the game must not high five each other, and do not fist bump each other.

- Each player must bring their own drinks and must not share with other players. There must not be any communal drinking containers.
- Coaches, Managers and Players should not talk to the umpire officials unless it is necessary. If it is necessary, then it is expected that you have a mask on and that you maintain the proper six-foot social distancing practice.
- No spitting or eating seeds, gum, or other similar products.
- After the game athletes must not shake hands or high five with the other team.
- Player, Coaches and Managers should have a bottle of sanitizer with you during the game and to utilize it.
- All trash and drinking bottles should be immediately placed into a trash receptacle when you are finished with it, and do not leave any trash or bottles on the ground in the dugout.
- After the game is over your dugout must be 100% cleaned out of all trash, paper, bottles, baseballs, etc; so the next team coming in for the next game has a clean dugout.
- When the game is over do not congregate as a team in the parking lot and go home.
- When you go home you should immediately wash your hands or take a shower, and you should sterilize all of your equipment, including washing your uniform and pants. We also recommend that you clean your shoes after each game.

Infection Control and Prevention – Mandatory Precautions and Recommendations for Umpires and Officials

- No more than 50 people will be allowed at the Baseball Facility at any given time.
- Must adhere to six-foot social distancing practices when interacting with players, coaches, and spectators off the field of play.
- Must conduct daily symptom assessments.
- Until social distancing guidelines are relaxed that umpires behind the plate wear masks and gloves and/or stand 6 feet behind the pitcher.
- Umpires should be wearing gloves especially when exchanging line up cards or documents.
- Umpires should have a bottle of sanitizer with you during the game and to utilize it.
- When the game is over do not congregate in the parking lot and go home.
- When you go home from the game you should immediately wash your hands or take a shower, and you should sterilize all of your equipment, including washing your umpire shirt and pants. We also recommend that you clean your shoes after each game.

Infection Control and Prevention – Mandatory Precautions and Recommendations For Spectators

- No more than 50 people will be allowed at the Baseball Facility at any given time.
- Must adhere to the six-foot social distancing practices. This includes in and around the bleachers for anyone not in the same family.
- Must conduct daily symptom assessments
- Must not enter player areas on the field of play or bench area.
- Must keep six-feet or more distance from the backstop.
- Have a bottle of sanitizer with you during the game and to utilize it.
- Put all trash and drinking bottles immediately into a trash receptacle when you are finished with it, and do not leave any trash or bottles on the ground or in the bleachers.
- When the game is over do not congregate in the parking lot and go home.
- When you go home immediately wash your hands and sterilize all of your articles/possessions taken to the field with you. We also recommend that you clean your shoes after the game.

Infection Control and Prevention – Mandatory Precautions and Recommendations Leaving the Baseball Facility

- No more than 50 people will be allowed at the Baseball Facility at any given time.
- Have a bottle of sanitizer with you during and immediately utilize it.
- After the game athletes must not shake hands or high five with the other team.
- All trash and drinking bottles must be immediately placed into a trash receptacle when you are finished with it, and do not leave any trash or bottles on the ground in the dugout.
- After the game is over your dugout must be 100% cleaned out of all trash, paper, bottles, baseballs, etc; so the next team coming in for the next game has a clean dugout.
- When the game is over do not congregate as a team in the parking lot and go home.
- When you go home you should immediately wash your hands or take a shower, and you should sterilize all of your equipment, including washing your uniform and pants. We also recommend that you clean your shoes after each game.

Infection Control and Prevention – Mandatory Precautions and Recommendations for any Confirmed Cases

- Immediately isolate and seek medical care for any symptoms.
- Individual who develops symptoms should contact the local health district about suspected cases or exposure.
- Organizer must maintain a complete list of coaches, players, and employees present at each event to include date, beginning and ending time of the event, plus name, address and phone contact to be made available upon request from local health district.
- Organizer will work with local health department to identify potentially infected or exposed individuals to help facilitate effective contact tracing/notifications.

Please note that our liability insurance does not cover infectious or communicable disease situations. The NABA Waiver and Indemnification Agreement is very clear regarding your responsibility for playing in the NABA. We have placed a copy of the waiver and indemnification below for your perusal. Each player, and manager must sign a copy of the NABA Waiver and Indemnification on the NABA National Website, and each league agrees to use the NABA Waiver and Indemnification process without altering its content.

NABA TEAM LIABILITY WAIVER & INDEMNIFICATION

READ BEFORE SUBMITTING REGISTRATION - *PLACING A PLAYERS NAME ON THIS ROSTER/WAIVER EFFECTUATES AS A SIGNATURE AND THE WAIVER AS SET FORTH BELOW

By placing a name on this page, as a player and/or as an individual playing on the team set forth herein or as assigned by NABA league or tournament officials, hereby consent and agree to the following parameters as conditions of participation in the National Adult Baseball Association, Inc.'s (NABA) leagues and tournaments.

I and the team certify that I/We have a valid NABA contract on file with my league president or the NABA National Office and that this is subject to verification. I/We also understand that if the contract is not on file, any league or tournament game I/We participate in will be subject to forfeiture.

I and the team certify that I/We are aware of the league and tournament rules and guidelines and NABA rules regarding player conduct and I/We are aware that these rules apply to this league or tournament.

I and the team understand that violation of any part of this contract (and/or the rules contained in the regular season or tournament NABA contract) can result in disciplinary action against me or the team, including forfeiture of games, suspension from play, or permanent expulsion from this league and/or NABA events/tournaments. I and the team understand that the NABA reserves the right to refuse any player or team permission to play in any NABA event, including league.

I and the team understand the risk to have contact with individuals, who have been exposed to and/or have been diagnosed with one or more communicable diseases, including but not limited to COVID-19 or other medical conditions, diseases, or maladies does exist, and it is impossible to eliminate that risk, and that I could be exposed to and/or become infected through contact with or close proximity with

an individual with a communicable disease. I and the team realize that the total responsibility of any personal injury, accident, illness, disability, death, property damage, lawsuit, legal issues, and/or other occurrence to any person, place or thing, including me and mine, that occurs due to my actions or the actions of others while I am participating in any NABA league game/tournament, and/or other function, is solely mine and the team. I, the manager and the team knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releasees or others, and assume all and full responsibility for me and my teams participation in any NABA event, league or tournament.

I and the team will not possess or consume any alcoholic beverages or drugs at any time on the playing field, in the dugouts, bleachers, or other areas near or around the playing field, or within on hundred (100) yards of the playing field facility, including, but not limited to, the parking lots of any facility.

I and the team understand that I/We must be able to identify ourselves with a driver's license or other photo ID at any officially scheduled NABA league or tournament game, or I/We will be ineligible to continue in the game. Any substitute for I/We will enter the game under the rules governing player ejection.

In consideration of the foregoing and being allowed to participate in the NABA activities or functions, including, but not limited to, tournaments, this league, its games, practices and meeting, and intending to be legally bound for myself, my heirs, executors and administrators, I and the team do hereby release and discharge the NABA, including but not limited to, the National Organization, its officers, directors, agents, contractors and employees, any city, county and/or state organization or any other governing body that may have jurisdiction over any baseball field or other facility that I and the team might play on, any other owners, lessors or provider of fields or facilities (whether privately held or otherwise), any umpires or umpire organizations, and their respective officers, directors, agents, contractors, employees and other players in the Association, jointly and severally, from any and all liability from personal injury, accident, illness, disability, death, property damage, legal issue, lawsuit or other occurrence which I and the team may suffer in any manner whatsoever arising out of or resulting from my participation in this league or any NABA activity of function held in conjunction therewith; and I expressly assume all risk of my participation in these activities or functions.

I and the team agree that in the event of rain, any Acts of God or forces beyond NABA's control, league and tournament officials may make every reasonable effort to complete the full league/tournament schedule. Alternate schedules, shortened games, reduced numbers of playoff teams or other means may be used to attempt to complete the league/tournament play. I and the team hereby acknowledge and agree that neither the NABA nor its agents may be held liable for games which cannot be played for reasons as described herein.

I and the team know that once I/We submit this official roster that I/We accept these terms and conditions for the players on this roster and as manager of the team. I and the team further agree to explain these terms and conditions to the players on my team who have agreed to participate in the tournament or league play.

Acknowledgment & Agreement

I acknowledge and agree with the terms and conditions for which payment is being made to the National Adult Baseball Association; and, furthermore acknowledge and agree to the policies, rules and procedures of the National Adult Baseball Association