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## **WLWV YOUTH VOLLEYBALL VALUES AND KEY PHILOSOPHIES**

1. Our focus is on fun and skill development through a quality recreational experience.
2. Sportsmanship, teamwork and good moral conduct are paramount in all that we do.
3. We seek to provide an uplifting volleyball experience to our community.
4. We are teaching and learning volleyball in a safe and healthy environment.

## **SPORTSMANSHIP**

1. The WLWV Youth Volleyball Program does not keep official game records.
2. Unsportsmanlike conduct of the players, coaches or spectators is not tolerated. If the behavior persists, the individual will be asked to leave the facility. If an individual is asked to leave and refuses, play on the court will be suspended.
3. Any player, coach or spectator ejected will be suspended for at least one (1) game and will be placed on season probation. If ejected again during a program, then the individual will be permanently removed. The WLWV Youth Volleyball Board of Directors will review suspensions, removals and reinstatements.
4. If the atmosphere of the game feels unsafe or the WLWV Youth Volleyball Values are not being adhered to, the referee or WLWV Youth Volleyball Coaches/Referees can end the game.
5. If a team has less than the number of required players, the opposing team will be asked to share players in order to provide competition. We make every effort to play each scheduled game.
6. Coaches are expected to adhere to WLWV Values and are responsible for team actions. This includes parents and players.

## **TEAM DUTIES**

1. Both teams will have a parent available to keep score.
2. Both teams will have a coach available to referee
3. Both teams will provide a parent to be line judge.
4. Both teams are responsible for cleaning up their bench immediately after the game.
5. During the game, there shall be a limit of two (2) coaches on the sideline.
6. All spectators must be seated on the sideline opposite of the team and cannot stand or sit on the end line-if enough seating is available. Only cleared coaches and registered participants are allowed on the bench.
7. Coaches must stay on their sideline/bench area only.

## **PLAYER SAFETY**

1. To protect the safety of all players in the program, any participant wearing a cast will be prohibited from participating in volleyball games or practices. Exceptions can be made with approval from a physician.
2. Soft casts will be permitted if approved by officials.
3. All types of jewelry (earrings, bracelets, necklaces, etc.) must be removed before the game. Taped earrings allowed.
4. Adaptive aids are approved on a case by case basis.

## **AGE DIVISIONS**

<b>Age Division</b>	<b>Players</b>	<b>Max Roster</b>	<b>Net Height*</b>	<b>Game Length</b>	<b>Ball Size</b>
3rd & 4th Grade	6 v 6	10	7'	Games to 25pts, 3rd set to 15pt <b>or</b> 50 min.	Oversized soft light
5th & 6th Grade	6 v 6	10	7'	Games to 25pts, 3rd set to 15pt <b>or</b> 50 min.	Soft light
7th & 8th Grade	6 v 6	10	7'4"	Games to 25pts, 3rd set to 15pt <b>or</b> 50 min.	Standard

\*Some heights may vary slightly based on facility.

## **GENERAL RULES**

1. First 2 games will go to 25 points. A team must win by 2 points -- Cap at 27. If there is a 3rd game, it will go to 15 and a team must win by 2 points -- Cap at 17.
2. All games will be rally scored.
3. A 50 minute running clock starts at the scheduled game time. Regardless of the score, play will stop once 50 minutes expires to allow a 10 minute transition to the next scheduled match.
4. Each team will get a minimum of 5 minutes to warm up before the first match.
5. A coin flip will determine who serves for the first game. If there is a 3rd game in a match, a second coin flip will be made to determine who serves. The winner of the coin flip before the 3rd game has the option to serve or pick which side of the court to play on.
6. Players are not allowed to touch the net at any time during play.
7. When playing under the net, players will be allowed to be on the centerline, but not cross over it.
8. The ball is dead when it hits any object above the opponent's court, but is in play if it hits any object clearly above the court of the team that last touched it, provided there is a legal hit remaining.
9. Play will be limited to 3 hits on each side of the court. A block does not count as one of the 3 touches so long as the blocker was actively blocking the attack.
10. Each team will get one (1) time-out per game. Time-outs are limited to one minute.

11. Between each set there will be a maximum of a two (2) minute intermission.
12. The goal of the WLWV Youth Volleyball Program is to provide all participants with equal playing time.
  - a. All players must play a minimum of 50% of the game.
  - b. It is the coach's responsibility to rotate players into the game to meet the player participation rule.
  - c. If the match goes to a 3rd set, the player participation rule will *not* take effect.
13. For games, each player must wear their WLWV Volleyball league shirt.
14. For games, **each team** will provide one (1) volunteer to serve as a line judge.
15. For games, **each team** will provide **one coach** to:
  - a. TEAM A: Score Flipper                      TEAM B: Head Referee
    1. **7th/8th** An official referee will be provided. Only a Score Flipper is needed between the two teams.

## **SERVING**

1. Serves off the net will be played.
2. After the whistle, the server has 8 seconds to serve. If the server is whistled for time violation, the player will lose service.
3. A player is allowed one service tossing error per serve -- letting the ball bounce without hitting it after tossing it up for a serve.
4. Service Line
  - a. **3rd/4th** Grade: Service line is 10' into the court. Players may step up to 15' into the court as needed for a successful service. The 15' line is for novice players that need the additional help.
  - b. **5th/6th and 7th/8th** Grade: Players need to serve behind the end line.
    - i. Stepping on the endline is a violation and will result in a side out & point for the other team.
5. The server may not serve until the referee has blown the whistle
  - a. Overhand and underhand serves are allowed.
6. Serves may not be blocked or spiked.
7. When the serving team wins the rally, the player who served on that point serves again.
8. If the server wins 5 points in row, the opposing team rotates one position and gains the serve.
9. If the serve hits the ceiling, it is side out.

## **ROTATIONS**

1. Player substitution will occur using the "rotation" method.
2. Players will enter the court at the same position following a change of possession and the player previously at that position will rotate out.
3. Substitution will occur after a team regains service possession. Teams will make its substitution at the right back position only.
  - a. **7th/8th Grade** substitutions can be made anytime and in any position. However, The 50% participation rule remains in effect.
4. No more than two boys on the court at one time and no more than three boys on a team.

## **OFFICIAL VOLLEYBALL SIZE & NET HEIGHTS**

1. Volleyballs
    - a. **3rd/4th grade:** Oversized soft light volleyball.\*
    - b. **5th/6th grade:** Soft light volleyball.\*
    - c. **7th/8th grade:** Standard size and weight volleyball.
- \*Unless both coaches agree to using a regular size soft light volleyball.
2. Volleyball Net Height
    - a. **3rd/4th and 5th/6th Grade:** Net height is 7' 0"
    - b. **7th/8th Grade:** Net height is 7' 4"

## **REFEREES**

1. All rules will be enforced by the head referee -- CEVA officials or coach
2. All calls will be up to the official's discretion.
3. The referee shall be the sole judge on the field of play.
4. Please remember that this is a recreational league and we are all here for the players to learn skills in a fun and motivating atmosphere.
5. The referee can ask coaches, parents, players, and spectators to leave the field of play or the facilities to maintain a pleasant atmosphere, and control of the game.
6. Any player, coach or spectator ejected will be suspended for at least one (1) game and will be placed on season probation. If ejected again during a program, then the individual will be permanently removed. The WLWV Youth Volleyball Board of Directors will review suspensions, removals and reinstatements.
7. The referee may stop, suspend, or terminate the game because of the elements of interference.