



## SPRING 2016 JUNIOR OLYMPIC FREESTYLE & GRECO-ROMAN SCHEDULE

### Schedule and Road Trip Summary and Road Trip Summary

The wrestling season does not end with the scholastic states. The Olympic styles of Freestyle and Greco-Roman wrestling come alive. The opportunities begin for learning and refining those styles, applying them in various situations: clinics; developmental and in-state tournaments; traveling on NJ teams; or competing at national competitions.

Listed in this flyer are the 2015 scheduled NJ Freestyle and Greco clinics; along with local, regional and national tournament and sites. This schedule has been designed to facilitate introduction and training of wrestlers to Freestyle & Greco-Roman . All events should be checked on the NJ Wrestling web site: [www.usawnj.org](http://www.usawnj.org) or the USA Wrestling national web site at [www.themat.com](http://www.themat.com)

Getting good training and competition is vital to ones development in Freestyle wrestling and Greco-Roman wrestling. competing in State and National events will greatly enhance ones skills and knowledge of the sport. The goal is to offer you training and competitive situations that will greatly improve your wrestling skills and knowledge. No matter what level of wrestling you are, no matter what your skills are, the key to success is constantly striving to learn more. You are either moving forward or backward there is no staying the same. **See you at the TOP!**

Coaches are needed. If interested, contact William Terrell at 732-261-8791 or Rich Santoli at 201-921-3275.

#### Age & Weight Level; Developmental; Qualifiers; and Championships

**ALL NJ TOURNAMENTS** will contain the following age divisions for both Freestyle and Greco Wrestling: Midget, Novice , Schoolboy, Cadet, Junior, and Senior. Female freestyle will be offered also. Some tournaments will host a special NJ Tournament for certain age divisions and/or styles in place of the normal developmental tournament **for that division**. These tournaments will be noted. See the age level descriptions for details. Schoolboy, Cadet, and Junior age wrestlers must participate in designated tournaments to qualify for the team competitions, along with meeting other specified criteria. Ranking tournaments assist in determining participation in dual team trip selection and the New Jersey Fargo trip.

The following program announces Freestyle and Greco-Roman wrestling schedules for these age divisions:

**JUNIORS:** Born after 9/1/96 - 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285  
Must be enrolled in grades 9-12.

**JUNIORS women:** Born after 9/1/96 - 97, 105, 112, 117, 121, 125, 130, 139, 148, 158, 172, 198  
Must be enrolled in grades 9-12

#### KIDS DIVISIONS

**CADETS:** Born 2000-2001 - 88,94, 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285

**SCHOOL BOY/GIRL:** Born 2002-2003 - 70,77,84,91,98,105,112,120,128,136,144,152,160,175,190,210,265

**NOVICE:** Born 2004-2005 - 60-105 by 5 $\bar{3}$ , 112, 120, 130, 140, 140+ - 25 lbs. Max difference

**INTERMEDIATE:** Born 2006-2007 - 50-80 by 5 $\bar{3}$ , 87, 95, 103, 112, 120, 120+ - 20 lbs. max difference

**BANTAM:** Born 2008-2009 - 40-75 by 5 $\bar{3}$ , 75+ - 15 lbs. max difference

**Cadet women:** Born 2000-2001 - 84, 88, 95, 101,108, 115, 124, 132, 143, 154, 172, 198

\*Hwt classes in Kids Division will be split if there is too much weight difference between wrestlers



## 2016 FREESTYLE & GRECO-ROMAN SCHEDULE

**Registration 8 am - 9 am \$30 both or one style cash only**  
with valid USA card or purchase for \$35 cash only

Date	Place	Event, Styles/Ages/Weights, Director, Phone
4.2.2016	Voorhees , NJ Glen Gardner, NJ	Freestyle / Greco-Roman Developmental Tournament all divisions madison weight classes Director Steve Barkman 908-303-2415
4.10.2016	Toms River South HS Toms River, NJ	NJ Ranking & Greco States Schoolboy , Cadet , & JR in state only Director John Corrigan all 732-286-9846
4.16.2016	South Plainfield PAL South Plainfield, NJ	Freestyle / Greco-Roman developmental tournament all divisions madison weight class Director Nick Heilman 908-392-5407
4.24.2016	Union HS Union, NJ	NJ FREESTYLE STATES - All Divisions for boys & girls Boys in state only, girls open to anyone. USA Weight Classes Freestyle only GRECO STATES Novice, Intermediate and Bantam Director Rich Santoli 201-921-3275

MUST HAVE A CURRENT USA COACH'S CARD AND PICTURE ID AND BE 18 YEARS OLD OR OLDER TO COACH AT THE FREESTYLE STATES OR RANKING TOURNAMENT

MUST WEIGH IN WITH COMPETITIVE SINGLET AT ALL TOURNAMENTS. No Weight allowance for State Championships and Ranking Tournaments. All other tournaments will be Madison Weight Pairing.

### 2015 Road Trip Summary

4/01-4/03/2016	Cedar Falls, IA	Folkstyle Nationals
4/30-5/02/2016	East Stroudsburg, PA	Northeast Regionals
4/27-4/30/2016	Las Vegas , NV	Fila JR
6/03-6/05/2016	Akron, OH	Fila Cadet & University
6/08-6/12/2016	Indianapolis, IN	Schoolboy National Team Duals-Greco/Freestyle
6/14-6/18/2016	York, PA	Cadet National Team Duals-Greco/Freestyle
6/21-6/25/2016	Tulsa, OK	Junior National Team Duals-Greco/Freestyle
7/06-7/08/2016	Dells, WI	Kids Freestyle and Greco Nationals
7/16-7/23/2016	Fargo, ND	Cadet and Junior boys and girls Greco/ Freestyle Nationals

For USA-Regional and USA-National event details, go to: [www.themat.com](http://www.themat.com)

### Petitions

If a wrestler can not participate in an event for any reason, or wants to petition for any reason, for Schoolboys and Cadets, you must notify Bill Guida , the Kid's Chairman, in advance, via email, with petition form at [wguida@co.moris.nj.us](mailto:wguida@co.moris.nj.us) cell 973-856-3148, and for Juniors, contact John Grey at [jgrey63301@aol.com](mailto:jgrey63301@aol.com) or cell 201-317-3973. Petitions will be considered by the appropriate chairperson on a case by case basis. Any medical petition must be accompanied by a note from a physician. In the event of any dispute, the USA-NJ committee may require a wrestle-off to determine the member of the team. women contact Chris Rogers 856-220-0644 email [rptemp@comcast.net](mailto:rptemp@comcast.net)



## 2016 Qualifying Criteria for Freestyle & Greco National Tournaments & NJ Dual Teams

### Schoolboy, Cadet & Junior Divisions, Girls and Fargo

#### To Qualify for USA Freestyle and Greco National Tournament

KIDS - Schoolboys, Intermediate and Novice, Dells , WI  
Must contact USA/NJ Kids Chairman

Cadets and Juniors - Fargo, ND  
Must do any one of the following:

Freestyle: Win the NJ Ranking tournament with 3 or more in weight class  
Win the NJ Freestyle State tournament with 3 or more in a weight class  
Or place 2nd with 8 or more in weight class in NJ State tournament  
Top 4 in any USA Regional Freestyle tournament

Greco-Roman: Win the NJ Greco State tournament  
Top 4 in any USA Regional Greco Tournament

Girls: Win the NJ State tournament  
Or place 2nd with 8 or more in weight class in NJ State tournament

#### To Qualify for USA-NJ Dual Teams

In order to guarantee a wrestler a spot on the Schoolboy, Cadet, Junior or Girls National Freestyle and Greco-Roman Dual Team, a wrestler must accomplish the following with no weight allowance

Schoolboy - and Cadets -

Win the Freestyle Ranking Tournament with 3 or more in weight class  
Win the Freestyle State Tournament with 3 or more in weight class  
Win the Scholastic State Tournament or top 5 in HS states or prep nationals  
Fill out and submit an application with deposit and all necessary information by required date

Juniors -

Freestyle  
Win the NJ Ranking tournament with 3 or more in weight class  
Win the NJ State tournament with 3 or more in weight class  
Finalist in NJ High School States or Prep Nationals  
Fill out and submit an application with deposit and all necessary information by required date

Girls - Juniors Only

All girls participating in USA Freestyle Nationals qualify for the NJ Dual Team  
Fill out and submit an application with deposit and all necessary information by required date

Alternates and Open Weight Classes - These spots will be selected by a committee consisting of: Team Leader, Head Coach, USA division chairman. There is no set number of alternates; they will be selected where needed.

Criteria for consideration of Alternates:

Placing or almost placing in Fargo in style      Participation in past USA-NJ Sanctioned Trips  
Top 3 NE Regional in style      Participation in past USA-NJ FS/GR Tournaments  
Placement in the NJ Scholastic State Tournament



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asks for you help in supporting community programs and organizations around the world in attempt to better the local youth and well being of others through the sport of Wrestling.



The Beat the Streets Wrestling Program of Baltimore is committed to providing a positive environment that nurtures physical and mental development through wrestling, mentoring, and tutoring programs. Our goal is to develop a network of BTS programs throughout the Greater Baltimore areas schools and communities.  
To donate: <https://donatenow.networkforgood.org/btsbaltimore?code=Donate%20page>



Pin Cancer is a call to action to help defeat the world's toughest opponent by rallying the greater US wrestling community in the fight against cancer.  
To donate : <https://getinvolved.pincancer.org/checkout/donation?eid=59008>



YO Bro Youth Initiative is a strengths-based educational program for youth designed to improve school engagement and connectedness, and support youth in developing a sense of purpose and a positive view of the future. The program provides the tools to help change patterns of failure and indifference, resist the temptations of drug and gang involvement, and build resiliency, allowing youth to achieve their full potential in life.  
To donate: <https://www.canadahelps.org/en/charities/yo-bro-youth-initiative-society/>