



The Torch

SYC Weekly Digest

[Calendar](#) | [Register](#) | [Website](#) | [Volunteer](#) | [Donate](#) | [SYC Store](#)

Travel Soccer 2021/2022 Tryouts



Travel Soccer Tryouts are open! Boys and girls born 2013-2003 are eligible to tryout. Tryouts for our U9 (2013) age group will be held on April 24th. Travel Soccer will host tryouts for all other age groups the first few weeks of May. Additional details regarding tryout schedules will be posted soon. There is NO COST to tryout for SYC Travel Soccer, but players are required to register for tryouts in order to participate.

Register today for our FREE travel soccer tryouts and stay up to date with upcoming tryout information! Questions? Contact SYC's Travel Soccer Technical Director, [Este Maldonado](#).

[Read More and Register Here!](#)

OPEN REGISTRATIONS

SPRING EVENT

[George Angulo 5K Legacy Run](#)

ANNUAL SPORTS

[Travel Soccer 2021-2022 TRYOUTS](#) - JUST ADDED!

SPRING SPORTS

[Rugby](#)

SUMMERSPORTS

Summer Basketball
Summer Soccer Camps
Summer Soccer Clinics

FALL SPORTS

Fall Cheer
Fall Tackle Football - JUST ADDED!
Fall Tackle Football Pre-Season Camp - JUST ADDED!

FEATURED SPORT



TACKLE FOOTBALL: SYC Fall Tackle Football is now OPEN! REGISTER NOW and receive our **deeply discounted price of \$150**. Don't miss out on this great deal. Registration fees will go up to \$225 during on-time registration. Football season practices will begin August 9th.

PRE-SEASON CAMP: Don't forget to also sign up for our pre-season camp held in the evenings the week before regular season practice begins. Our pre-season football camp is a fun way to warm up and improve your football skills before the start of the Fall Football Season. Take advantage of this opportunity to meet other team players, get a head start on skill development, and meet the coaches! No time to play video games - get out and play!

[Read More and Register Here!](#)

NEWS AND SPECIAL EVENTS



SYC Football is canvassing for volunteers to coach youth football - as a Head Coach or Assistant Coach, for the upcoming (tentative Aug 9 start) fall tackle football season.

Requirements: Passion, energy, enthusiasm. Strive for excellence. Know that excellence is attainable, perfection is not.

Football Knowledge: You must understand that we're not playing ball at the high school, NCAA, nor NFL level. This is YOUTH football. Master the fundamentals of blocking & tackling. This cannot be overstated. The most successful teams can tackle, block, and run the ball effectively and efficiently.

These books are good resources:

- [Survival Guide for Coaching Youth Football](#) / Jim Dougherty, Brandon Castel.
- [Coaching Youth Football](#) / American Sport Education Program with Joe Galat; endorsed by AYF.
- [Coaching Youth Football](#) / John T. Reed.

Interested in coaching? Contact Brian Mumford at football@sycva.com.



CONGRATULATIONS to the 2002 Boys Blue team - VA State Cup CHAMPIONS after an exciting 3-0 Win in the Championship match this past weekend. Way to go boys and Coach Steve Wagoner! We are very proud of you! #WeAreSpringfield





MAY 22, 2021
LEGACY RUN

**SIGN UP
HERE!**

Sign up today for our 3rd Annual Legacy Run in honor of George Angulo. The race will be held on May 22nd at the beautiful [Occoquan Regional Park](#). 5K Runners who register by May 3rd will get a FREE t-shirt!

Need some help preparing? Follow this [5-Week Training Plan](#) and get ready!

[Read More and Register Here!](#)

FAMILY AND COMMUNITY



Returning to Your Sport Following Covid

Are you an athlete who had Covid illness or an exposure without symptoms? Is your goal to make a return to your sport? Here's what you should know on how to make a safe return to play. In many people who are exposed to Covid, there are no signs...

[Read more](#)

www.sportsengine.com



ANYTIME LACROSSE COUPONS

ANYTIME SOCCER COUPONS

ANYTIME SOFTBALL COUPONS



NEVER MISS AN EDITION OF THE TORCH!
The latest edition is always available at sycva.com.

Springfield/South County Youth Club | 7075 Newington Road Unit G, Lorton, VA 22079

703-339-3796 | www.sycva.com

