

Irondale Youth Football Association - 2020 COVID 19 Response Plan

This COVID 19 response plan has been prepared by the Irondale Youth Football Association (Association) following Minnesota Department of Health (MDH) guidelines and identifies the requirements for parents, players and coaches to participate in organized youth football activities through the Association.

Health Screening:

- Parents/Guardians will complete the MDH [health screening checklist](#) and/or temperature check for screening the health of their child prior to each practice/event. If you answer yes to any MDH health screening checklist question or have a fever (temperature greater than 100.4 F) you will not attend event/practice.
- All coaches will also monitor their health and complete a health screen and/or temperature check prior to each practice/event. If you answer yes to any MDH [health screening checklist](#) question or have a fever (temperature greater than 100.4 F) you will not attend practice/event.
- Coaches will track attendance for each practice/event and maintain Association defined pods per state guidelines.
- Any coach or player with signs or symptoms of illness or exposed to close contact with COVID 19 will be asked to follow the MDH [exclusion guidance](#).
- In the event that a player test positive for COVID 19 that player will not be allowed back with the team until symptoms are resolved following the MDH [exclusion guidance](#).
- Players or coaches who have been in contact with a contact of someone with COVID (for example, if your spouse had contact with someone who was diagnosed) would be considered a low-risk contact and will not be expected to stay home.
- To help protect both the safety and privacy of players and coaches, participants of an affected pod will be notified of any potential exposures and recommended guidelines according to MDH [exclusion guidance](#) without disclosing the identity of the participant.

Pods:

- The Association will define pods following MDH guidelines and practice/event phase.
- Players and coaches must remain within defined pods for the duration that MDH guidelines are in effect. **NO MIXING OF PODS.**

Training

- All coaches will be trained by the Association for these procedures prior to being allowed to hold a practice/event.

Drop Off / Pick up Procedure:

- All parents/guardians will wait by their vehicles for drop-off/pick-up and will not be allowed on the practice/event field until allowed by MDH guidelines. The drop-off/pick-up location is the northern parking lot near the tennis courts.
- Players will then go to the practice/event area and stay with their defined pods, or to their parent/guardian approved drop off/pick up vehicle.

- If a parent/guardian needs to speak to a coach this will be arranged in advance with the coach and done via phone, video, or social distance standards set by MDH.

Mini-Camp Procedures Overview

- All practices/events will be done with the Association defined Pods following MDH guidelines.
- Limited contact/7 on 7 touch football
- No helmet
- Players are encouraged, but not required to wear face coverings - participants will supply their own face coverings.
- Coaches must wear face coverings during mini-camp, coaches will supply their own face coverings.
- Players and coaches will wash hands before arriving to practice/event. Players and coaches will bring their own hand sanitizer and wash at the end of practice.
- Coaches will identify a location for players to place any personal items, water bottle and equipment following MDH guideline spacing.
- All Association equipment must be cleaned at the beginning and end of practice, and any time before equipment is used by a different pod. The Association will provide sanitizer for cleaning equipment.
- Pods will be established prior to mini-camp and remain the same for all of mini-camp.

Reference:

Minnesota Department of Health COVID-19 Sports Guidance for Youth and Adults:

<https://www.health.state.mn.us/diseases/coronavirus/sportsguide.pdf>

Health Screening Checklist:

<https://www.health.state.mn.us/diseases/coronavirus/facilityhlthscreen.pdf>

Exclusion Guidance:

<https://www.health.state.mn.us/diseases/coronavirus/schools/exguide.pdf>

LIABILITY WAIVER: (Please click [here](#) to sign the electronic waiver)

ASSUMPTION OF RISK, RELEASE AND WAIVER OF LIABILITY AGREEMENT RELATING TO COVID-19 EXPOSURE, COVID-19 LIABILITY, AND COVID-19 RISKS

In CONSIDERATION for myself and/or my children listed below being permitted to utilize the facilities and/or participate in the summer camps, clinics or programs of the Irondale Youth Football Association (Association) and Mounds View School District (District). The undersigned acknowledges that they have reviewed the Association's COVID-19 Response Plan.

The undersigned acknowledges and agrees that the Association and District has taken certain steps to implement certain recommended guidance and recommendations issued by public health agencies for slowing the transmission of COVID-19, including those listed above. The undersigned fully understands and appreciates both the known and potential dangers of participating in the programs and/or utilizing the facilities and acknowledges that use thereof by the undersigned and/or such participating children may, despite the Association's reasonable efforts to mitigate such dangers, result in exposure to COVID-19, which could result in quarantine requirements, serious illness, disability, and/or death.

THEREFORE, THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR, AND RISK OF ILLNESS, BODILY INJURY, OR DEATH AND WILL HOLD HARMLESS AND RELEASE AND WAIVE ANY CLAIMS AGAINST the Association, District or any of their respective employees, volunteers and agents, from any loss, liability, damages or costs they may incur, whether caused by negligence, active or passive, or otherwise while the undersigned or any participating child is participating in any program offered during the 2020 Season by the Association and District.

I HAVE CAREFULLY READ AND VOLUNTARILY SIGN THIS ASSUMPTION OF RISK, RELEASE AND WAIVER OF LIABILITY. I AM AWARE THAT BY AGREEING TO THIS AGREEMENT I AM GIVING UP VALUABLE LEGAL RIGHTS, INCLUDING THE RIGHT TO RECOVER DAMAGES IN CASE OF ILLNESS, INJURY, DEATH FROM EXPOSURE TO COVID-19 AT ANY ASSOCIATION EVENT OR DURING PARTICIPATION IN ANY PROGRAM. I ALSO UNDERSTAND THAT THIS AGREEMENT IS MADE ON BEHALF OF MY MINOR CHILD(REN) AND/OR LEGAL WARDS.

Minor Children Participants _____

Parent/Guardian Name _____

Parent or Guardian Signature _____ Date _____