



Milford Junior Major League

2021 Spring Season Safety Guidelines

Field Guidelines –

All Junior Major League Sanctioned Events will be scheduled with a 15 minute buffer between the end of one event and start of the next event. Events can be, but are not limited to the following: Games, Practices, Clinics & Small Group Training Sessions.

Junior Major League will keep detailed records of participants for all practices, games and team events. Players contact information will be made available to health officials upon request for the purposes of contact tracing. Participants should be tracked in our SportsEngine app to know who attended each event.

Junior Major League will update our covid waiver form to include the importance of information-sharing with health authorities for the purpose of contact tracing. Full cooperation with contact tracing and daily health screenings are requirement of players and coaches to participate in Junior Major League for the 2021 spring season.

All General Surfaces including but not limited to; bleachers, benches, dugouts, bathrooms, concession stands, sheds and game equipment will be disinfected after every use.

Shared Equipment will be cleaned between users with an EPA registered disinfectant. Game balls will be disinfected before and after every clinic, practice and game.

Seating – JML will designate seating areas that will be used for players and parents throughout the season. The league will be following a 6 feet rule for players and will use a combination of dugout and bleacher seating for the players throughout the games. JML will also post signs in the parent viewing sections to follow the 6 feet guidelines.

No Food allowed in Team Seating Area – No gum or sunflower seeds allowed. Only individual water bottles allowed.

Masks – All spectators are required to wear masks to each sporting event. Players shall wear a mask w at all times.

- Per CT State guidance: *Masks are required in Gyms, Fitness Centers, and during Indoor and Outdoor Sports by **all participants**, spectators, and coaches at all times, **including active play***
- **Masks are required by all participants 3 years and older as of right now.**

Hand Sanitizer – Hand Sanitizer will be available for players and volunteers at each event.

Playing Rules & Guidelines –

Junior Major League will require coaches, players and adult members to do a daily health checkup prior to arriving to clinics, games or practices. Staff, coaches, players, umpires and officials must conduct the following daily symptom assessments.

Health Screening Questions For COVID-19

1. Do you have any of the following symptoms?
 - Fever or Chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
2. Have you or a household member tested positive for COVID-19 within the last 14 days?
3. Are you or a household member waiting to receive COVID-19 test results?
4. Do you have a household member with symptoms of COVID-19?
5. Have you or anyone in your household been in close contact (within 6 feet for longer than 15 minutes) with someone who recently tested positive for COVID-19 or who had symptoms?
6. Have you traveled outside of CT to any country or any state (except New York, New Jersey and Rhode Island) in the past 10 days? If yes, have you had a negative COVID-19 test within 72 hours prior to your arrival back in CT or since you returned?
*check this website for updated information on the CT travel advisory:
<https://portal.ct.gov/Coronavirus/Travel>

If yes to any of the above questions, the Coach/Player is “NOT OK” to play, should return home and contact their medical provider and the Milford Health Department for further guidance.

Playing Equipment – Players should each have their own helmet, gloves and bats for the upcoming season. In the event of players sharing equipment, the equipment will be disinfected prior to switching it from one player's possession to the other.

End of Game Procedure – No Handshakes. Players will not huddle or congregate at any point during the game / practice. Individuals shall not congregate in common areas or parking lots at

the end of the game. Players requiring assistance with their equipment will be identified before the game and a coach will be assigned to assist the individual player.

Junior Major League will not utilize a catcher at Born To Play or Coach Pitch Divisions. Catchers are optional at the Rookie level. Multiple sets of gear will be used for Rookie, Minor and Majors. Once a set of gear is used, it must be sanitized before another individual uses it and before the next game.

Practices – Teams will break into groups at practice. These groups should be limited to 6 or less when using the batting cage or working on certain positional tasks. Equipment (cones, buckets, etc) will be made available to all coaches to help keep the players spaced appropriately.

League Activities –

Meetings – League Membership Meetings will be held virtually or outside until further notice. Members should provide their own seating and will maintain a safe distance of 6 feet at a minimum. League will ensure compliance with Governor & Executive Order for outdoor gathering for all meetings.

Junior Major League will designate a nightly commissioner to attend games at multiple locations to make sure these guidelines are being followed appropriately.

Safety Committee – Milford Junior Major League has assigned a committee represented by members with players and coaches throughout different divisions. The committee is actively working on safety procedures and playing rules that will keep everyone safe throughout this summer season.

League Contacts –

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Message From Safety Committee --

Junior Major League will continue to follow all guidelines provided by the CDC, state government and local health officials. These guidelines will be reviewed on as needed basis, adjusted accordingly and shall be submitted to the Milford Health Department for approval prior to implementation. We will provide an updated copy if any changes are made and the guidelines will be posted on our website.

Last Guideline Review: 3/12/2020

Next Review Scheduled: 3/29