



# Connect and Play in Small Spaces

Category: Tactical: Penetration

Difficulty: Moderate

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## Description

### Screen 1

#### Organisation -

set up as shown.

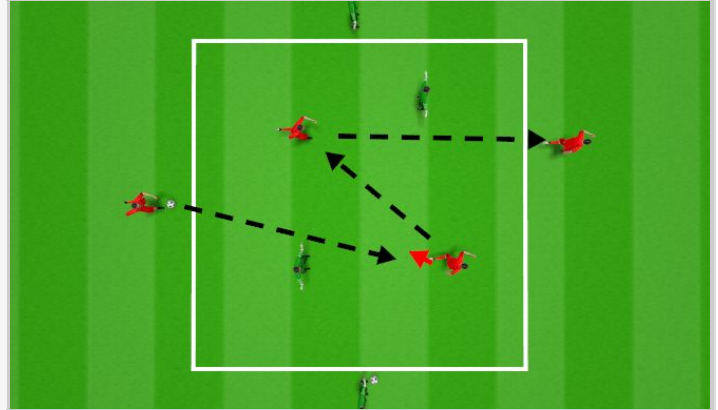
2 teams of 4 with 2 players stand outside of the box and 2 players inside the box.

One ball each team and they need to try to transit the ball from one side to other and repeat.

Can you try to connect few passes together before you play to the other side.

Coaching points -

- be on passing line
- movement off the ball
- communication



### Screen 2

Same set up

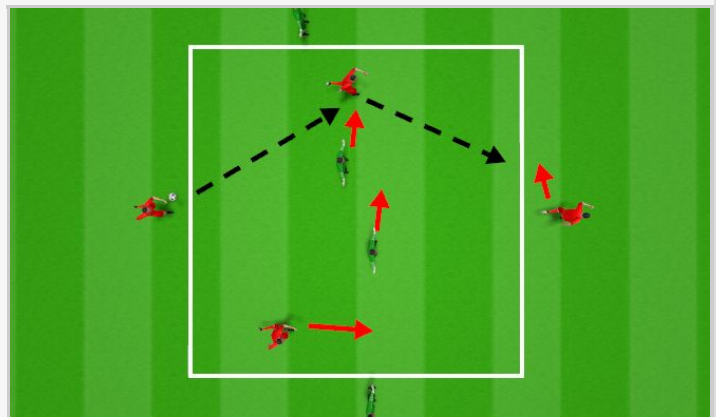
If reds have the ball, their objective stay the same, transit the ball from one side to the other side. While blues will be defending the reds.

Reds - Can you try to connect few passes to the other side without blues get the ball. Once you play to the other side, repeat the same back to the other side.

Blues - Try your best to defend, if you win the ball, you then will try to connect and play to the blues on both sides and repeat.

Coaching points -

- Movements off ball
- Where to pass, when to pass, how to pass



## Coaching Practice Review and Reflection

How were you able to affect the individuals in the practice?

What can be done to make sure you have the same, or an even better, impact next time?

What's the main thing you can do to make the session even better next time?