

COUGAR CROSS COUNTRY MEET SCHEDULE 2018

Sat Sep 8 Laguna Hills Invite approx. 7am-12

Sat Sep 15 Woodbridge Invite at Silver Lakes Park Norco races 4:30-9:00

Sat Sep 22 Dana Hills Invite approximately t.b.d 7am -10 am or 10-2 pending division assign

Tue Oct 2 CVAA non Varsity Cluster Meet at Irvine Park 1pm -5 pm

Sat Oct 6 Clovis Invitational on State Meet course top 12 boys and girls

Sat Oct 13 OCC at Oaks Canyon Park. near Irvine Lake approximately 7am-1pm

Sat Oct 20 Mt Sac exact times to be determined but likely all in 7-11 time frame

Tue Oct 30 Sea View League Finals (boys) Irvine Park races 1-5

Wed Oct 31 South Coast League Finals (girls) Irvine Park races 1-5

CIF MEETS would involve a select 10-12 athletes only

Friday Nov 9 CIF Prelims at Riverside Cross Country Course time to be determined

Sat Nov 17 CIF finals at Riverside Cross Country Course am

Sat Nov 24 CIF State Meet at Woodward Park Fresno am