

Chelsea Piers Soccer Club



www.chelseapierssc.com

What is Chelsea Piers Soccer Club?



Chelsea Piers Soccer Club (CPSC), located in Stamford, Connecticut, is a premier youth soccer organization dedicated to developing athletes. Founded in 2013 and merged with Shoreline FC in 2020, the club offers a comprehensive, year-round training program for all ages and both genders. With over 36-teams in our club, we provide the perfect platform for player development.

Why Choose CPSC?

Experienced Coaching Staff: The club's coaching staff comprises individuals with backgrounds in Olympic, NCAA, and professional soccer, ensuring that athletes receive top-tier guidance and mentorship.

Competitive Leagues: CPSC offers two levels of teams, Regional and State. Our regional teams (top tier) compete in the prestigious [National Academy League \(NAL\)](#), or [Regional Conference Leagues \(NAC\)](#) and our state teams (second tier) compete in the [Connecticut Championship Leagues \(CTC\)](#).

College Pathway Support: The club provides resources to assist players in navigating the college recruitment process. This includes hosting webinars with college coaches, offering guidance on recruitment strategies, and supporting players in preparing for college showcases.

Scholarship Opportunities: Through the Chelsea Piers Foundation, CPSC offers scholarships to young athletes and their families, aiming to provide equitable access to sports programs.

Holistic Athlete Development: CPSC focuses on the overall development of athletes, not just their soccer skills. The club emphasizes values such as respect, teamwork, honesty, commitment, and work ethic.

State-of-the-Art Facilities: Training takes place in world-class indoor sports facilities, providing athletes with the best environment to hone their skills.

Community and Support: Being part of CPSC means joining a community that supports and encourages each athlete's journey, from youth development to college recruitment.





Mission Statement, Vision and Culture

Mission Statement

Our committed, professional coaching staff employs cutting-edge and progressive approaches to developing players. Combined with unrivaled indoor and outdoor facilities, CPSC focuses on each individual player and their long-term development to achieve their greatest potential as players, athletes and people. Our challenging, competitive and nurturing program builds strength and character in each player through the four pillars of the game: Technical, Tactical, Physical and Mental skills.

“Practice makes Permanent”

Vision

Our vision for Chelsea Piers Soccer Club is to create a well-respected and competitive program. We want the training and game environment to be challenging, conducive to learning and enjoyable. We want our players and their families to have immense pride and a sense of belonging to a community when they represent CPSC. “The journey” shared by our families with their children is as important to us as results. Trusting the process, building friendships, experiencing different cultures, the emotion of triumph and losses and the comradery of going through this together will be the memories cherished most. Life learning lessons, true friendships, great memories and a passion for the game are the gifts our vision for a youth soccer club should impart on its families.

Club Culture

We encourage player involvement and ownership of our club culture. Trusting players to organically foster the right mindset and environment to play and train in, that is challenging, rewarding, but also FUN!

A culture that is embraced by parents too. We want to create something special on and off the pitch, where older players mentor younger players and positive behavior becomes infectious. We want families to be proud to be a part of Chelsea Piers SC.



Chelsea Piers, Stamford CT



Hard Courts



Olympic Size Swimming Pool



Gymnastics



Fitness Center



Indoor Turf Soccer Field



Splash Zone



Chelsea Piers, CT (CPCT)



Our 465'000 sq. ft. facility in Stamford, CT, replicates our main facility (Chelsea Piers) in Manhattan, NY. CPCT is home to many sports; soccer, basketball, volleyball, field hockey, tennis, pickle ball, lacrosse, gymnastics, parkour, trampoline park, rock climbing wall, fencing, golf, ice hockey, squash, 360' team training room, 60+ fitness classes, a 65'000 sq. ft. state-of-the-art fitness center, water polo and swimming. Both Olympic Gold medalist Katie Douglas and Paralympic Silver medalist Ali Truwit call CPCT their swimming home.

We run—Chelsea Piers SC right from our offices by the indoor soccer field, giving our players the chance to develop their skills and—most importantly—have fun!

Our U8-U12 players train and play indoors on our turf field, enjoying 7v7 & 9v9 games without the weather interruptions. It's the perfect environment for young players to grow!

Our U13-U19 players practice under the lights on outdoor turf fields, train indoors, and work with CPCT's fitness pros in our 360° training center. With all the cross-training, athletic development, and college prep options, CPSC is second to none in the tri-state area!

To aid our coaching, CPSC has full access to a fully operational conference room for team and parent events. We run video analysis sessions, game review and parents' meetings in our conference room.



www.chelseapiers.com



CPSC Outdoor Rental Facilities

With our base facility in Stamford, CT our outdoor field usage reflects our club's member residency. We utilize three outdoor turf facilities; **Mater Salvatoris School** (926 Newfield Ave, Stamford CT); **Greenwich Country Day School** (257 Stanwich Road, Greenwich, CT) and **Brunswick Middle School** (1252 King Street, Greenwich CT). Along with our Chelsea Piers facility, we're able to adequately schedule all team practices and games on quality turf fields, with plenty of time/space for warm-ups and cool downs.

Brunswick Middle School Turf Field



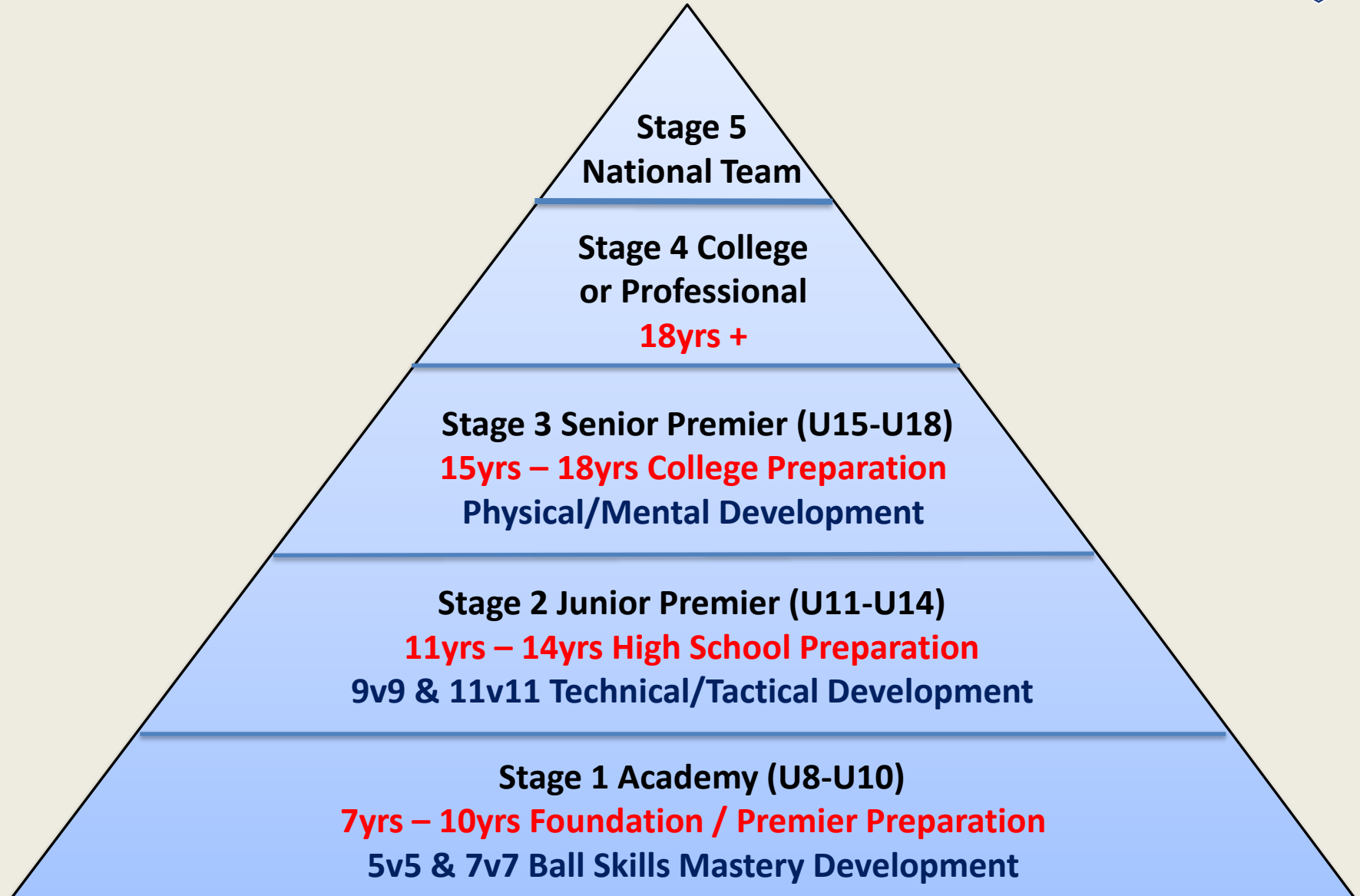
Greenwich Country Day School Turf Field



Mater Salvatoris School Turf Field



Player Age Group Pathway



What does CPSC look for in a player?



1. Natural Ability and Good Technique

- Shows superior control/touch/passing ability, shows good dribbling skills, comfortable in 1v1 situations.

2. Athletic Competence

- Shows pace with/without the ball, ability to move/jump/turn, sustained stamina, all-round athleticism.

3. Vision and Awareness

- Movement/decisions on & off the ball, reading the pass/movement, right place at the right time.

4. Character and Mental Toughness

- Wants the ball, good attitude to the game, desire to win/succeed, enjoys playing & training.

5. Game Understanding

- Tactical awareness, fair play.

6. Courage and Bravery

- Leads the team, shows determination, does not know when beaten.

7. Receptive to Coaching

- Willingness to learn, understanding of coaching/learning objectives & targets, embraces the club



Age Specific Curriculum

Stage 1 Academy Ages: 7yrs – 10yrs

Coordination: Agility Ladder, Hurdles, Rings, Fun Games - (Tag, Bulldog etc.)

Ball Mastery: Soccer Robics, Moves, Turns, Juggling, Touch using all surfaces of the foot,

Fundamentals: Dribbling, Running w/the ball, Striking the ball, 1v1's & 2v2 attacking & defending,

Small Sided Games: Playing SSG's 3v3

Stage 2 Junior Premier Ages: 11yrs – 14yrs

Technique: Striking over greater distances, Control using feet, thighs, chest and headers (at U13)

Positional Play: CPSC Club Formations; 9v9 & 11v11, positional job roles and set pieces

Player Combinations: Developing ball migration through passing patterns and player combinations

Athletic Development: Introduce 360' room fitness and greater stamina needs due to the bigger fields

Stage 3 Senior Premier Ages: 15yrs – 18yrs

Strength & Conditioning: Promote use of CP fitness center, 360' room, athletic testing

Team Tactics: Greater positional functions, various formations, principles of play,

Mental Strength: Game management (Playing through 90-mins), problem solving, time management

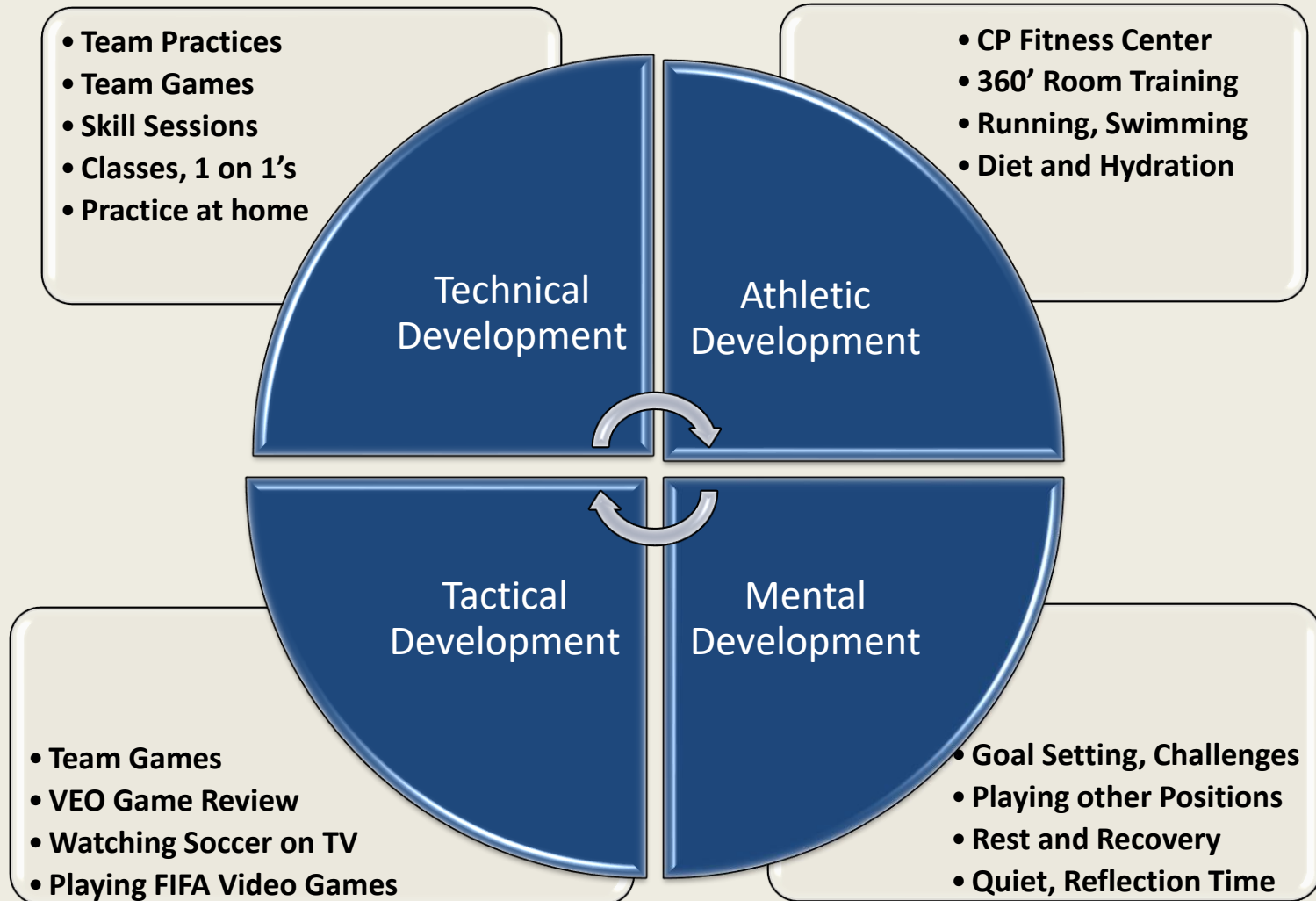
College Preparation: Showcase preparation, college recruitment process, interacting with college coaches



**TRUST & EMBRACE
THE PROCESS**



Individual Player Development



Nutrition: Eat Like An Athlete

EASY TRAINING / WEIGHT MANAGEMENT



FATS
1-3 Teaspoon(s)

Whole Grains
Pasta
Rice
Potatoes
Cereals
Breads

Vegetables & Fruits
Raw Veggies
Cooked Veggies
Veggie Soups
Fresh Fruit

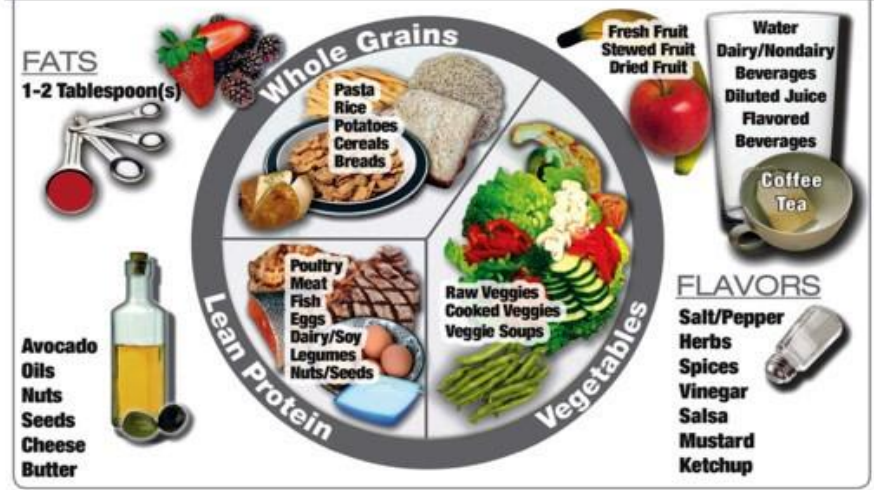
Lean Protein
Poultry
Meat
Fish
Eggs
Dairy/Soy
Legumes
Nuts/Seeds

FLAVORS
Salt/Pepper
Herbs
Spices
Vinegar
Salsa
Mustard
Ketchup

Water
Dairy/Nondairy
Beverages
Diluted Juice
Flavored
Beverages
Coffee
Tea

Avocado
Oils
Nuts
Seeds
Cheese
Butter

MODERATE TRAINING



FATS
1-2 Tablespoon(s)

Whole Grains
Pasta
Rice
Potatoes
Cereals
Breads

Vegetables
Raw Veggies
Cooked Veggies
Veggie Soups

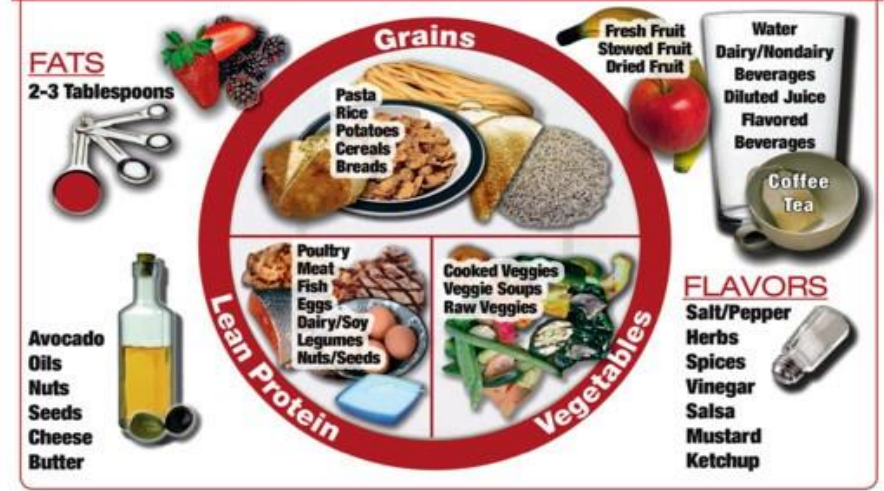
Lean Protein
Poultry
Meat
Fish
Eggs
Dairy/Soy
Legumes
Nuts/Seeds

FLAVORS
Salt/Pepper
Herbs
Spices
Vinegar
Salsa
Mustard
Ketchup

Water
Dairy/Nondairy
Beverages
Diluted Juice
Flavored
Beverages
Coffee
Tea

Avocado
Oils
Nuts
Seeds
Cheese
Butter

HARD TRAINING



FATS
2-3 Tablespoons

Grains
Pasta
Rice
Potatoes
Cereals
Breads

Vegetables
Cooked Veggies
Veggie Soups
Raw Veggies

Lean Protein
Poultry
Meat
Fish
Eggs
Dairy/Soy
Legumes
Nuts/Seeds

FLAVORS
Salt/Pepper
Herbs
Spices
Vinegar
Salsa
Mustard
Ketchup

Water
Dairy/Nondairy
Beverages
Diluted Juice
Flavored
Beverages
Coffee
Tea

Avocado
Oils
Nuts
Seeds
Cheese
Butter

Chelsea Piers SC Staff



Full-Time Admin/Coaching Staff

Danny Simpson



CPSC Club/Boys Director

USSF 'A' License Holder
USSF National Youth License Holder
USC Premier Diploma
USC Director of Coaching Diploma

Dave Flower



CPSC Club/Girls Director

USSF National 'C' License Holder
USC National Diploma
English FA Level 3 (UEFA B)
US Soccer Grassroots Educator

Matt Ellis



CPSC Head Administrator

USSF National 'C' License Holder
USC Director of Coaching Diploma
English FA Level 2

Jon Ruddock



CPSC Indoor Director

NSCAA National Diploma
English FA Level 1
USC Grassroots

Part-Time Coaching Staff

Joey Lafferty: USSF 'C' License Holder

Edwin Miranda: USSF 'D' License Holder

Ivan Duhalde: USSF 'D' License Holder

George Simpson: USSF 'D' License Holder

Mike Surace: USSF 'D' License Holder

Darren Gourlay: UEFA 'B' License Holder

Kieran Foley: UEFA Level 2

Neil Phillips: USC Grassroots

Jonathan Martinez: USC Grassroots

Sony Narro: USC Grassroots

Johnny Sanchez: USC Grassroots

Ashley Kaufmann: USC Grassroots

Chelsea Piers SC Structure



Chelsea Piers SC is home to approximately 36 teams across both genders, from U8 to U19. With four full-time staff members (listed on our staff page) and an Athletic Director, we manage the day-to-day operations of the club from our offices at CPCT. Most decisions related to training and game scheduling, league competitions, tournaments, uniforms, and more are made by these five staff members.

Here are some key advantages CPSC offers to help develop our players:

- College Coaches:** We have two college coaches on staff—Dave Flowers (D1 Fordham Women’s Soccer) and Ashley Kaufmann (D2 University of New Haven Women’s Soccer).
- High School Coaches:** Our team includes three high school coaches—Danny Simpson (Brunswick HS Boys), Matt Ellis (Darien HS Girls), and Neil Phillips (GCDS HS Girls).
- VEO Units:** We use three VEO units to record most of our games each weekend. This footage is used for video analysis, coach reviews, highlight reels for high school players, and staff development.
- Staff Development:** We hold coaches' meetings at the start and end of every season, monthly check-ins via Zoom/email, staff development sessions on our indoor fields, and practice supervision by our program directors.
- Curriculum:** We have a club-wide, age-specific curriculum that is periodized for younger players. Our core style of play forms the foundation of how we play, with flexibility on game day to adjust based on conditions, opponents, and weather.
- Player ID Clinic:** Each year, we host a Player ID clinic for our senior program at our facility. Thanks to our strong relationships with NY/CT college coaches, this event is well-attended and offers a personal connection with college coaches.

These are just a few ways we’re committed to helping our players grow and succeed!



Chelsea Piers SC Successes



In 2020, Shoreline FC merged with Chelsea Piers to form the club now known as Chelsea Piers SC. Both clubs had success, before pulling resources to build a better and more robust program. Looking back on our history, here are some success stories the clubs enjoyed.

B1998 Shoreline FC Liverpool

USL Super Y National Champions 2015

CT State Cup Champions 2016

EDP D1 Regional League Champions 2017

*14-players recruited to play in college, at schools like John Hopkins (3-players), Gettysburg, CT College, Carnegie Melon, Tufts, Bates, West Conn and Springfield. **Biaggio Pallotta** won 2-National Titles @ Tufts.*

B2001 Shoreline FC Bayern Munich (2) & B2003 PSG (4) *lost 6-state cup finals to Shelton & CT Rush select respectively*

B2004 Shoreline FC Porto

CT State Champions 2016, 2017, 2018 & 2019

USL Super Y National Semi-Finalists 2017

CB Colin Marment *was offered an academy placement at Fleetwood Town, England*

B2005 Chelsea Piers SC Feyenoord

CT State Champions 2021

G2006 Chelsea Piers SC Levante

CT State Champions 2023

B2007 Shoreline FC / Chelsea Piers SC Atletico

CT State Champions 2019

B2008 Chelsea Piers SC Juventus

CT State Champions 2024

G2010 Chelsea Piers SC Nice

CT State Champions 2023

B2010 Chelsea Piers SC Napoli

CT State Champions 2023 & 2024

Chelsea Piers Foundation



Chelsea Piers Soccer Club partners with the Chelsea Piers Foundation, an independent 501(c)3 not-for-profit, to provide scholarships for deeply subsidized tuition to all teams, ages 5-18. The scholarship application and approval process aim to provide transparency, fairness, and accountability in awarding scholarships to applicants who meet the eligibility criteria. This includes a review of financial/tax information, number of dependents, if applicable, additional materials including proof of SNAP and/or Public Assistance for the participating family. Scholarships are contingent upon athletes' adherence to behavioral and attendance standards expected of all soccer athletes.

Since 2022, the Chelsea Piers Foundation has awarded over \$560,000 in tuition assistance to 600+ young athletes taking part in Chelsea Piers Athletic Club teams and classes to families across Stamford and Fairfield, CT.



Chelsea Piers International Trips

RCD Espanyol, Barcelona



The Duomo, Milan



Atletico Madrid, Madrid



To help develop well rounded people and motivated soccer players, will like to expose them to different cultures and the opportunity to play internationally.

Over the past three years, our club has spent time in Italy, Spain and Portugal. Training with clubs like AC Milan, Espanyol, Atletico Madrid and the Coverciano (Italian National Center), plus playing games in those countries. Cultural visits to Milan, Florence, Venice, Barcelona, Valencia, Madrid, the Algarve and Lisbon have enriched our players. Not to mention stadium tours of such iconic stadiums like the San Siro, Camp Nou, the Bernabeu, Jose Alvalade and Estádio de Luz. We feel our players and club have benefited greatly from these trips.

Estádio de Luz, Lisbon



Coverciano, Florence



Zip Lining, the Algarve





Chelsea Piers SC: Commitment to Excellence

- Full-Time Club Directors & Admin Staff
- Full-Time Chelsea Piers Athletic Director
- Highly motivated & qualified coaching staff
- D1 & D2 college, private & public high school coaches
- Age specific and progressive coaching curriculum
 - 3:1 practice to game ratio
 - High level regional & state competition
 - Multiple VEO game recording equipment
- Yearly calendar promoting athletic development
- Exclusive CP 360' team training room access
- College recruitment/placement assistance
 - College ID Clinic held at Chelsea Piers
 - International Soccer Trips & Contacts

