



CASA PLAYERS

SPRING 2021

Updated 3/15/2021

The guidance provided below is to be followed by all CASA teams and players until further direction is provided by the club.

- No more than two sessions shall occupy a regular, full size field.
- Coaches will not tie shoes, open water bottles, pump soccer balls, etc. for players.
- Players must provide their own form of hydration.
- Players are encouraged to bring a small container of hand sanitizer with them to sessions.
- Each player is encouraged to separate their belongings from other players.
- There shall be no high fives, fist bumps, or contact with other players or staff members.
- All players should wear masks at all times. The only time when players do not have to wear masks during participation is if they meet an exception in the Commonwealth of Pennsylvania's Order Requiring Universal Face Coverings. Section 3 of the Order provides an exception that allows an individual to remove their mask if wearing a face covering would either cause a medical condition, or exacerbate an existing one, including respiratory issues that impede breathing, a mental health condition or a disability. Proof of meeting the exception is not required. For fully vaccinated individuals, masks should be worn in public places, which includes soccer activities.
- Any concern or issue relating to mask requirements, including compliance or noncompliance of the mitigation implemented by the club, may be reported and discussed with your coach, team manager or the CASA office directly. Under no circumstance shall a player confront another player, coach or parent, or address any issue with compliance of this recommendations directly with another player, coach or parent.
- Players diagnosed with COVID-19 must quarantine as required by CDC/PA Department of Health (14 days). They may return after 10 days since symptom onset **and** at least 24 hours have passed since resolution of fever without the use of fever-reducing medications **and** other symptoms have improved.
- For any player who is considered a "close contact" with a COVID Positive case, it is still recommended that players quarantine for 14 days from last known contact with the positive case. However, quarantine restrictions may end for players who do not develop symptom after 10 days of last known contact without a negative test. If the player receives a negative specimen test, they may return after Day 7 of the last known contact or Day 5 after a negative diagnostic test. Again, symptoms should be monitored for a full 14 days.