

Attention Team Leaders

This information is
important for your team(s)
to compete at
USA Wrestling's
16U National Dual
Championships



2019 16U NATIONAL DUALS

Freestyle & Greco-Roman

JUNE 11 - 15, 2019

LOCATION:

**Spokane Convention Center
334 W. Spokane Falls Blvd.
Spokane, WA 99201**

CONTACT

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Michael Bundy – 16U Director for Duals

Phone: (509) 638-7649 – E-mail: mikebu@spokaneschools.org

Spokane is excited to host the 16U Duals National Championships! If you need any assistance making a reservation or gathering additional information please contact Justin Newby.

Team Shuttles: Teams that arrive at Spokane International Airport certain hotels have offered free Pick-up and Drop-off, please list below...

This Packet includes the following:

1. 16U National Dual Championships Team Registration Form
2. 16U National Dual Championships Tournament Schedule
3. USAW Nationals Policies & Procedures

WRESTLING

2019 USA Wrestling 16U National Dual Championships

Enclosed is the schedule and Team registration form for the 2018 16U Duals to be held in Spokane, Washington June 11-15. All information and rules, regarding this event, are available on-line at themat.com.

Reminder: Due at Registration – June 11, 2019

1. Copy of USA card.
2. Name of official(s) from your state or \$500 per team per style.

Note: Each state association entered in the National Duals must supply a minimum of **one mat official** for each style in which the state association is competing. If a state association does not provide one mat official per team, a fee of \$500 will be assessed at registration for each official that is not provided, for a maximum fee of \$1000 due before a team will be allowed to register (Dual Rules available on-line).

We welcome your participation in this quality event. As always, if you have any questions please do not hesitate to contact Justin Newby.

Registration:

- a. Registration Greco-Roman: Tuesday, June 11 at 3:00 PM – Spokane Convention Center.
- b. Freestyle (only): Thursday, June 13 at 4:00 PM – Spokane Convention Center
- c. Teams will be entered via Trackwrestling.com during registration. Team Leaders must also submit Seeding Criteria Form.
- d. All teams participating in the Duals must register.
- e. Draw numbers for each team will be pulled at the time of registration for each event.
- f. All athlete release forms must be turned in at time of registration. Please make copies of the enclosed entry form if not turned in at individual registration.
- g. Coaches' Passes: Maximum of two per team.
 - i. Coaches must have a current USA Wrestling Card and a Bronze-Level Coaching Certification (must be presented at registration).
 - ii. Team Leader Passes: One Team Leader pass will be issued per state.
- h. All State teams must provide one official.

Weigh-in/Eligibility:

- i. Wrestlers able to compete in the 16U National Duals are born 2003 & 2004.
- j. Weight Classes: 88, 94, 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220 & 285.
- k. Awards will be presented upon completion of placement duals at mat side.
- l. In order to keep the tournament on schedule, please keep your teams off the competition mats until they have been called for competition.

***This schedule is subject to change based on the number of teams entered in each tournament.**

16U Duals 2019 Event Schedule

Tuesday, June 11

Mats open for team workout

1:00 PM to 5:00 PM

Greco-Roman Pairing Clinic

1:00 PM to 2:00 PM

Greco-Roman Registration

3:00 PM to 4:00 PM

Greco-Roman Officials Meeting & Clinic

3:00 PM to 4:30 PM

Greco-Roman Tournament Set-up

4:00 PM to 5:00 PM

Greco-Roman Coaches Meeting

4:30 PM to 5:00 PM

Greco-Roman Weigh-ins & Medical Check *See Weigh-in procedures*

5:00 PM to 6:00 PM

Wednesday, June 12 (GR 32 Teams EST.)

Greco-Roman Officials Breakfast & Assignment Meeting

7:30 AM to 8:30 AM

Greco Roman Session 1: (16 mats) Rounds 1 & 2 Preliminary Championship Match, Championship Semi-Finals, & Consolation Quarterfinals

9:00 AM to 12:30 PM

LUNCH BREAK

12:30 to 1:30 PM -

Greco-Roman Session 2: (16 mats) Rounds 3, 4 & 5 - Consolation Semi-Finals & 1st Place Match, Placement Match 3rd, 5th, 7th, True 2nd place Match

1:30 PM to 7:00 PM

Thursday, June 13

Greco-Roman Officials Breakfast & Assignment Meeting

6:30 AM to 7:30 AM

Greco-Roman Session 3: Color Pools (*Gold/Silver, Bronze/Copper, Red/Blue, Green/Yellow*) Rounds 1 & 2 Preliminary Duals (All 16 Mats)

8:00 AM to 12:00 PM

LUNCH BREAK

12:00 – 1:00 PM –

Greco-Roman Session 4: (All 16 Mats) Rounds 3 & 4 Preliminary Duals & Finals Placement Match Dual
1:00 PM to 5:00 PM

Mats Open for Team Workout

11:00 AM to 5:00 PM

Freestyle Registration

3:00 PM to 4:00 PM

Freestyle Medical Check and Weigh-ins

4:00 PM to 5:00 PM

Freestyle Tournament Set-up

5:00 PM to 6:30 PM

Friday, June 14 (EST. 36 Freestyle Teams)

Freestyle Officials Breakfast & Assignment Meeting

6:30 AM to 7:30

Freestyle Coaches Meeting

7:30 AM to 8:00 AM

Freestyle Session 1: (16 mats) Rounds 1, 2, & 3– Preliminaries, Consolations, & Semifinals

8:00 AM to 12:30 PM

LUNCH BREAK

12:30 – 1:30 PM

Freestyle Session 2: (16 mats)

Rounds 4, 5 & 6 – Consolations, Placement (1st-8th), & True 2nd

Round 1 - Preliminary Duals Color Pools (**Gold/Silver, Bronze/Copper, Red/Blue, Green/Yellow**)

1:30 PM to 8:00 PM

Saturday, June 15

Freestyle Officials Breakfast & Assignment Meeting

8:00 AM to 8:30 AM

Freestyle Session 3: (16 Mats) Rounds 2, 3 & 4 - (16 mats) Preliminary Duals and Finals Placement Match
(Awards to follow)

9:00 AM to 3:00 PM

Team Registration Form

USAW 16U National Dual Championships

State (Team Name) _____ Team Leader _____

Address _____ City _____

State _____ ZIP _____

Cell or Work Phone _____ Home Phone _____

Email _____

Please check the style (s) your team will be participating in.

Please Check line provided (Freestyle _____ 2nd team _____) (Greco _____ 2nd team _____)

\$750.00 non-refundable entry fee per team per style due **Monday, May 13, 2019**. All fees **MUST ARRIVE** by Friday May 17th. One team per state per style is guaranteed.

Send entry fee to: Washington State Wrestling Association, "WSWA".

Justin Newby
1762 HWY 395 S.
Chewelah, WA 99109

Make checks payable to: WSWA

Notice: All team leaders will receive a TRACKWRESTLING registration link in early June to pre-register their State Team(s). Each State who previously participated in the 16Us Duals will be mailed a team packet.

USA
WRESTLING

Transportation & Accommodations

Airport Transportation Services

Team Shuttles: A few hotels have offered free pick-up and drop-off to the Spokane International Airport. With shuttle transportation please coordinate with the hotels, also note they will drive you within 2 miles of the hotel at no charge for groceries needed while here in Spokane.

USA WRESTLING 16U DUALS HOTEL LIST

All hotels listed are in the Spokane area within a 15-minute drive of the venue.

Centennial Spokane

Call 800-733-5466

Rooms start at \$125

303 W North River Dr. Spokane, WA

Distance to Convention Center: **Walking Distance**

Free Shuttle to/from Airport; Free Parking

Ruby River Inn

Call: 509-326-5577

Rate: \$109

700 N. Division St. Spokane, WA

Distance: Walking 2 blocks

Mirabeau Park Hotel

Call 509-928-5402

Rooms start at \$105

1100 N. Sullivan Rd. Spokane Valley, WA

Distance to Convention Center: 11.5 miles (13 minutes)

Best Western Plus City Center

Call 509-623-9727

Rooms start at \$135

33 W Spokane Falls Blvd. Spokane, WA

Distance to Convention Center: **Walking Distance**

Additional Hotel Information: <http://usawevents.sportngin.com/page/show/1019371-accommodations->

