

Return to Play Phase 2

Phase 2 Requirements and Materials

During Phase 2 the practices will have to meet the local government guidelines on gathering and personal protective measures. No more than 5 people at a time in one area, maintain social distancing, and non-contact exercises. The entire team is allowed to practice all at once however groups of 5 must be adhered to with sufficient distance between groups.

COVID-19 Safety Manager

Each team will have to identify a person to conduct the COVID-19 screening and act as the designated COVID-19 safety manager. The COVID-19 safety manager will be responsible for identifying possible problems during practices, working with the coach to enforce the rules and safety measures put into place. The COVID-19 safety manager will have to attend all the practices helping to conduct the required COVID-19 screening. More than one safety manager can be designated to help with coverage.

Team Equipment

Each team will have available the following items:

1. Spray bottles for cleaner, or disinfectant
2. Disinfectant (simple green, pine sol)
3. shop rags
4. Hand sanitizer (for COVID-19 safety manager)
5. **Optional (A box of mask for safety manager)
6. **Optional personal eye protection
7. ** Optional Gloves (rubber, latex, or Nitrile for allergies)

The Safety Coordinator and coach are required to have a mask. SGEOC can provide a box of mask if needed for the staff members only (Coach and Safety coordinator). If the staff member would like to use their own personal mask, that is allowed and encouraged.

Practice Facility

Practice times will need to be staggered to allow for the players to be dropped off and picked up in a safe manner to avoid large group congregation. A running attendance for all players and Staff members is required, in case of exposure inside or outside of practice area.

The Facility will need a designated area and a process in place for screening each player during arrival or drop off. The screening area must be clearly marked as the designated space, and must be used by everyone entering the facility or space for practice. Any player or person refusing screening will be asked to leave practice and return when they are able to submit for screening.

The facility will need to be large enough to conduct a safe practice session for all the players, allowing for the required social distance and 5-person group distance. There will need to be a designated area for personal gear with a separation of 6ft between each player and their equipment.

Player's parents or spectators will not be allowed on or near the field during practice, they will need to remain in the parking lot until practice has completed. This is the current guidance from the state and should not be overlooked.

The facility will be an outdoor venue; no indoor activities are allowed in Phase 2.

Coach and designated COVID-19 safety manager admin responsibilities

All coaches and designated COVID-19 safety managers must visit the CDC website and watch the video "Symptoms of COVID-19" to help them be able to identify the signs and conditions of COVID-19. It's located on the digital section on this page.

Webpage: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

Video: <https://www.youtube.com/watch?v=7zzfdYShvQU>

Also Coaches and the designated COVID-19 safety manager should review the following webpage for consideration of youth sports.

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>

All SGEOC Coaches and COVID-19 Safety Coordinator Form must be filled out before practice may begin and returned to the Director of Coaching.

Screening Process

Screening process will be conducted by the Team Coach or the designated COVID-19 safety manager. The coach and the safety manager must take their own temperature before each practice. The coach and safety coordinator will take their temperature prior to arriving at practice area to avoid possible contact. The Coach or COVID-19 safety manager is required to wear a mask, use hand sanitizer, with optional gloves and eye protection on during screening. The team can designate a couple COVID-19 Safety Managers to help during screening if space is available for additional screening.

Players should take their temperature prior to arriving at the practice facility to avoid contact if they have any COVID-19 conditions.

Players arrive or the guardians will drop off and pick up in the clearly marked area designated for screening. There can be no sharing rides to practice during phase 2, unless they are a part of the same household (i.e. brothers, sisters etc.) ride share is prohibited.

Each PLAYER is required to wear a face mask during screening and during non-practice times (i.e. bathroom or breaks, to and from pick up, and drop off, etc.)

COVID-19 safety manager will verify that the player has an individual or personal hand sanitizer bottle (Personal hand sanitizer is not provided by SGEOC, but is a requirement for Return to Play). Hand sanitizer is required for players and coaches to use at the start practice, before a break, and after a break to return to practice or head home.

The player will need to print the Screening form provided by the coach, and it will need to be renewed every week of practices. If the player is unable to print the screening from the COVID-19 manager will ask in person the questions below and have a form on hand for Player signature.

Player will also need to answer the following Screening questions:

1. Have you or anyone in your household had any of the following symptoms in the last 3 weeks? Sore throat, Cough, Chills, body aches for unknown reason, shortness of breath, loss of smell or taste, fever greater than 100.4 degrees Fahrenheit?
2. Has anyone in your household traveled outside of the US, took a cruise, or returned from a trip in the last 21 days?
3. Has anyone in your household been tested for COVID-19, visited or received treatment for COVID-19 in a hospital or nursing home in the past 21 days?
4. Have you or anyone in your household cared for someone presumed to have COVID-19, in quarantine, or tested positive for COVID-19?
5. Do you live with anyone who could be designated as "At Risk Individuals", someone who has underlying conditions that are susceptible to COVID-19? (some examples: Asthma, HIV, Liver disease, Immunocompromised)

If the player answers yes to any of these questions, unfortunately for phase 2 that player is Will have to remain away from practices. This will help reduce the overall risk for that player, their family, and teammates helping everyone to stay safe.

The Screening process after the form is complete will be a question on temperature and ask if there are any updates to the form their parents signed. Players will need to take their own temperature at home before coming to practice. If there are no updates to the form the player may continue to their designated area.

Designated Player areas

After screening the players will need to be wearing face masks and place their personal gear in a designated player area clearly marked by the coach or COVID-19 safety manager. The area will need to allow players to remain separated by 6 feet or more to prevent congregation in large groups. During the time a player is in the designated player area, the player will need to be wearing a face mask and use hand sanitizer before and after entering or leaving the designated player areas. Hand sanitizer and face masks must be used anytime a player goes into the space before during and after practice. Anytime the player is not actively in a practice setting, they will be required to carry their hand sanitizer and be wearing their face mask.

Practice Parameters

During practice on the field players cannot congregate in more than a 5-person group, and must adhere to the safe distance rule of 6 feet or more with other group members. The 5 person groups will need to be appropriately spaced during practice 10 feet apart, to allow for the distance to be encroached during play leaving a buffer.

There will be no contact from coach and players anytime, adhering to the 6ft safe distance rule. Coaches will also wear face mask and use hand sanitizer during breaks and use of lavatory.

All equipment will be disinfected before and after practices using the provided spray bottles and disinfectant solution. Any seating or benches used must also be sanitized, and encourage safe habits for players. Do not share water bottles or clothing of any kind (shin guards, shirts gloves shoes etc.).

The use of Penny's must be limited, if used during practice it will be the Coaches or COVID-19 safety manager to safely collect the items and sanitize them afterwards (Machine wash).

Player responsibility

The player MUST have a face mask and hand sanitizer upon entering the screening area for practice. If the player does not have the items required, they will be told to return the next day with the required supplies.

SGEOC has implemented a zero-tolerance policy on these safety measures during "Return to Play" phase implementation. Any person including team staff not adhering to the safety measures will be immediately removed from practice and asked to return when they can follow the safety measures put into place.

During practice, maintain a safe distance at all times and wear personal protective gear during designated times and in designated areas.

Team Responsibility

The team will provide a COVID-19 Safety Manager that will attend the practices to enforce the safety measures in place, and help man the screening area. The team staff will also setup the designated player area and training areas.

Exposure plan

In the case where someone who has attended practice or SGEOC event, reports as positive for COVID-19 or reports exposure to a positive case. The following will occur;

Player exposure or positive test is reported during practice or SGEOC event.

If a player is identified as being exposed to a positive case of COVID-19, possibly having COVID-19, or confirmed test of having COVID-19 during or after a practice. The staff will immediately halt practice or the event, escort the person off the field immediately. Once off the field Guardians will be contacted, and the player will be asked to account to their best recollection of whom they came into close contact with during the time. The staff will contact all the participants guardians of the possible exposure from the player that attended the practice or practices. **The SGEOC staff will not divulge the player's name or identification.**

Player exposure or positive test is reported after practice or SGEOC event.

The staff will contact all the participants guardians of the possible exposure from the player. If the player or guardian indicates when the exposure was possible, the SGEOC staff will call all participants guardians dated back to the first date reported. **The SGEOC staff will not divulge the player's name or identification.**

SGEOC Staff exposure or positive test is reported during practice or SGEOC event:

If during practice the coach and COVID-19 safety manager will stop all play, asking all players to remain in place until the person has been escorted off the field. Once the person is in the screening area, the staff member will contact an executive board member. The Staff will be asked to recall and document who they came into close contact during practice. Afterwards the staff member will be asked to leave the premises, and practice will be concluded. The SGEOC executive board will contact each guardian of

all the players that attended the practice session, letting them know of the possible exposure. **The SGEOC staff will not divulge the staff members name or identification.**

SGEOC Staff exposure or positive test is reported after practice or SGEOC event:

The executive board member will contact all the participants guardians of the possible exposure from the staff member. If the staff member indicates when the exposure was possible, the SGEOC staff will call all participants guardians dated back to the first date reported. **The SGEOC staff will not divulge the staff members name or identification.**

SGEOC Player and Staff Screening Form

This sheet can be printed off and signed by the players guardian, if the player is unable to print the form a form will be provided for Player signature in the screening area to confirm the following information:

Each PLAYER is required to wear a face mask during screening and during non-practice times (i.e. bathroom or breaks, to and from pick up, and drop off, etc.)

Personal hand sanitizer is required for players and coaches to use at the start practice, before a break, and after a break to return to practice or leaving the practice facility.

Player will also need to answer the following Screening questions:

1. Have you or anyone in your household had any of the following symptoms in the last 3 weeks? Sore throat, Cough, Chills, body aches for unknown reason, shortness of breath, loss of smell or taste, fever greater than 100.4 degrees Fahrenheit?
2. Has anyone in your household traveled outside of the US, took a cruise, or returned from a trip in the last 21 days?
3. Has anyone in your household been tested for COVID-19, visited or received treatment for COVID-19 in a hospital or nursing home in the past 21 days?
4. Have you or anyone in your household cared for someone presumed to have COVID-19, in quarantine, or tested positive for COVID-19?
5. Do you live with anyone who could be designated as "At Risk Individuals", someone who has underlying conditions that are susceptible to COVID-19? (Some Examples are: asthma, HIV, Liver disease, Immunocompromised)

If your player can answer No to ALL of these questions please sign below and date:

Date: _____

Player Name _____

Player Name _____

Parent:

Signature: _____

Printed Name: _____

Weekly Renewal

Signature _____

Date _____

Signature _____

Date _____

Signature _____

Date _____

*Note by signing you agree that you have read and understood the requirements for return to practice.

SGEOC Coaches and COVID-19 Safety Coordinator Form

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I _____ have completed the review of the above websites and watched the Video “Symptoms of COVID-19”. I understand all of my responsibilities as a SGEOC staff member and will follow any and all requirements outlined.

SGEOC Staff Member Printed Name: _____

SGEOC Staff Member Signature: _____

Date: _____