



## 2021 SPORTS PHYSICALS MINNESOTA STATE HIGH SCHOOL LEAGUE-SANCTIONED ACTIVITIES

Olmsted Medical Center will be offering discounted 2021 sports physicals (appointment required):

- DATE/TIME:** Saturday, July 31, 2021  
8:00 AM – 12:00 PM
- LOCATION:** OMC Sports Medicine & Athletic Performance Building
- ADDRESS:** 5155 55<sup>th</sup> Street NW, Rochester, MN
- COST:** The cost of these sports physicals will be \$25.
- CONTACT:** Please call 507.535.1977 to schedule an appointment.

### **SPORTS PHYSICALS BILLED TO INSURANCE:**

Olmsted Medical Center provides scheduled, non-discounted well-child visits during which the sports physical requirements will be reviewed and necessary forms completed. These are available at all clinic locations, except FastCare®. These will be billed to your health insurance as a "Well-Child Visit." It will be the responsibility of the parent to contact their insurance company to determine coverage under their insurance plan.

### **FASTCARE® LOCATION:**

Olmsted Medical Center operates FastCare® (convenience care) clinic which is at Crossroads in Rochester. **This clinic offer sports physicals for \$55.00, which must be paid in cash at the time of service and which are not billable to insurance.** No appointment is necessary. (This site is unable to complete adaptive athletic sports physicals.)

**Crossroads: 90 14<sup>th</sup> Street SW, Rochester (next to the fairgrounds)**

### **FastCare® Hours:**

Monday - Friday	8:30 AM – 8:00 PM	
Saturday	9:00 AM – 5:00 PM	<b><u>Closed on Holidays</u></b>
Sunday	9:00 AM – 5:00 PM	

### **REQUIRED PAPERWORK FOR DISCOUNTED & FASTCARE® LOCATION:**

It is necessary for the *parent and patient sections of the MSHSL Sports Qualifying Physical Examination Form 2021-2022 to be fully completed and signed* prior to the examination. *Only one parent/guardian may be present to accompany the athlete at the time of the exam.*

Bring the following to the appointment:

- If the student wears glasses or contacts, they must wear or bring the glasses/contacts to the appointment.
- The student's immunization record.