

Hanover Hockey Association COVID-19 Policies
Effective Date: October 14, 2020

Personal Preventative Measures:

- 1) Each team will have an adult volunteer at practices to help remind players to maintain social distancing and wear their masks.¹ The volunteer will help kids sanitize their hands before and after each practice.
- 2) Coaches will have bottles of hand sanitizer on the bench during games and practices and will encourage players to use it.
- 3) Carpooling should be limited as much as possible
- 4) All HHA players and coaches will be required to wear masks at all times, including at rinks that do not require them
- 5) No sharing gear or water bottles. Each player shall have their own labeled water bottle.
- 6) Any players who feel or are sick must stay home. There will be no repercussions assessed by coaches or HHA for players missing practices or games for these reasons (including playing time in upcoming games).
- 7) HHA will contact all opposing teams prior to upcoming games to ensure that all players on both teams wear masks at all times.

HHA Travel Guidelines:

- 1) Travel outside of VT or NH to games will be restricted to counties with less than 400 cases per million during the week of the scheduled game (all numbers determined by the VT ACCD map).
- 2) No overnight tournaments will be allowed other than the NH State Tournaments or New England Regional Tournaments.
- 3) Travel within VT and NH will be allowed into counties with less than 800 cases per million during the week of the scheduled game. Travel to GSL games scheduled in red counties will be determined on a case-by-case basis. Games that cannot be rescheduled may require forfeiture.
- 4) At Champion, opposing teams from NH and VT will be allowed as will teams from ME counties with fewer than 400 cases per million. All visiting teams will be required to wear masks.
- 5) At Woodstock, opposing teams from VT will be allowed. In addition, opposing teams in NH and ME from counties with fewer than 400 cases per million based on the VT ACCD map will be allowed. All visiting teams will be required to wear masks.

What if there are cases in community schools?

- 1) We expect that sporadic cases or small clusters will occur in the community. If a player or coach has been identified as a close contact² of a positive case, he/she must stay home for 14 days per DHHS guidelines. If that player or coach has a positive test (whether symptomatic or not), HHA must be notified immediately of any positive case so that it can notify close contacts of the positive test.
- 2) We need to avoid rumors or speculations about cases and potential exposures.
- 3) If there are several cases in community schools with potential contacts that require the isolation of players from more than two HHA teams, the COVID

¹ HHA is confirming with Champion and Union whether this will be acceptable for practices.

² Per NH DHHS and SAU70 protocols, a close contact is considered an individual who is within 6 feet of an infected person for greater than 10 minutes.

subcommittee will convene to obtain appropriate medical advice, and consider whether ALL programming should be halted for 24-48 hours until additional testing can be performed, or follow other appropriate medical recommendations. Any decisions will be communicated to families via email.

What if there is a case (or cases) of COVID-19 in HHA?

- 1) If a member of an HHA team tests positive, practices and games for that team generally will be canceled for 14 days to allow for isolation per DHHS guidelines. HHA will also perform appropriate contact tracing with other impacted teams.
- 2) If there are active COVID-19 cases involving more than two HHA teams, the COVID subcommittee will convene to obtain appropriate medical advice, and consider whether ALL programming should be halted for 24-48 hours until additional testing can be performed, or follow other appropriate medical recommendations. Any decisions will be communicated to families via email.

Determining when to return to play (adopted from CDC, NH DHHS, and SAU70 protocols):

- 1) If an HHA player or coach is determined to be a close contact of an individual with COVID-19, the exposed individual will quarantine for 14 days **regardless** of whether their COVID test is negative. After a period of 14 days, they will be permitted to return to play provided they have not developed any symptoms consistent with COVID-19.
- 2) Any HHA player or coach who is positive for COVID-19 will not be allowed to return to play until a minimum of 10 days since the positive test **and** he/she has been fever free for at least 72 hours without fever reducing medications, **and** he/she has decreasing respiratory symptoms. Return to play will also require a note from a treating physician declaring the individual cleared for hockey and outlining any specific physical limitations.

What if the unexpected occurs?

We expect that the unexpected will occur at some point this season. The COVID subcommittee will be in constant communication throughout the season and follow appropriate medical advice for any unanticipated situations.