



February 10, 2021

IYHA COVID Protocols for Cass Park- Practices

Earlier today we received Cass Park's COVID-19 protocols. We must emphasize that these are the current protocols and are subject to change without notice. If you are faced with more stringent requirements on a day you attend a skills session / game (if permitted), we would appreciate your understanding and commitment to following these more stringent requirements rather than point to this email as if it were codified in stone. Things are fluid and our ability to use these facilities will depend in large part on our ability to remain flexible, understanding and kind to our hosts.

1. Spectators: Spectators are not allowed to attend ice sessions at this time.
2. Players:
 - a. On ice group sizes may not exceed **35** total skaters (coaches and players).
 - b. For our 8U group this number will not exceed **50** total skaters (players and coaches). Protocols for this group will be as follows:

We will need to stagger our team's arrival and departure times so we can comply with having no more than 45 players and adults inside Cass Park at any time. All skaters should arrive as ready to get on the ice as possible; fully dressed with skate guards on is preferred. Once inside, skaters and parents are asked to utilize the locker rooms and the main lobby for any final preparations. Please adhere to all posted guidelines for social distancing and room capacities. Masks will be worn at all times.

Here is the schedule we will follow to accommodate space requirements:

Mondays:

Team 2 & 3

Sign-In/Screening: 4:50 - 5:00 PM

On Ice: 5:00 PM

Off Ice: 6:00 PM

Team 1 & Team 4

Sign in/Screening: 5:05 - 5:15 PM

On Ice: 5:15 PM
Off Ice: 6:15 PM

Sundays:

Team 2 & 3

Sign-In/Screening: 9:10-9:20 AM

On Ice: 9:20 AM

Off Ice: 10:20 AM

Team 1 & Team 4

Sign in/Screening: 9:20-9:30 AM

On Ice: 9:30 AM

Off Ice: 10:30 AM

- c. Players will be permitted to enter the facility **10** minutes prior to the start of their session.
- d. At the end of the skills session/ game (if permitted) **ALL** players, spectators and coaches have **10** minutes to leave the building. The facility will then be locked for cleaning and disinfecting prior to reopening for the next scheduled session.
- e. Temperatures will be taken at the door and attendance will be recorded. Participants will be required to answer a series of health-related questions when they check-in. Players will only be allowed to attend their session if their temperature is below 100.3 degrees F/ 37.9 degrees C and they have answered all health-related questions with a “no.” (Please see the General Information portion of this letter for more on this).
- f. Players will be **required** to arrive with all their gear on, except for skates, gloves, and helmets. Please have your player arrive and depart fully dressed.
- g. **Locker Rooms:** These are the areas where helmets, gloves and skates can be put on before and after their session. Please adhere to signage regarding maximum capacity for each room.
- h. Showering is not allowed.
- i. Entrances, and exits must be used appropriately to reduce contact with the incoming group.
- j. Water bottles are to be brought individually and labeled clearly with the player’s name. There are designated areas on the boards by the benches for players to set their water bottles. The drinking fountain is turned off, but the ‘touchless’ bottle filler will remain on.
- k. Bathroom facilities will remain open during each session but will at times be temporarily closed for cleaning.

3. Coaches:

- a. Coaches will be required to wear a face covering at all times. Coaches that do not have a mask or who remove their mask while inside will be barred from the facility.
- b. Coaches will be permitted to enter the facility **10** minutes prior to the start of their session.
- c. At the end of the skills session/ game (if permitted) **ALL** players, spectators and coaches have **10** minutes to leave the building. Coaches need to enforce this with their players. The facility will then be locked for cleaning and disinfecting prior to reopening for the next scheduled session.
- d. Coaches and their team manager will be responsible for monitoring their players at all times in the facility and making certain that their teams follow these protocols.
- e. Temperatures will be taken at the door and attendance will be recorded. Participants will be required to answer a series of health-related questions when they check-in.
- f. Showering is not allowed.
- g. Entrances, and exits must be used appropriately to reduce contact with the incoming group.
- h. Bathroom facilities will remain open during each session but will at times be temporarily closed for cleaning.

General Information:

4. Your player is not permitted to attend any IYHA events, if:

- a. such participation in youth sports, recreational activities, and/or hockey is prohibited by the Federal government, state government, or Tompkins County Health Department.
- b. the player, or anyone in the player's household, is exhibiting any of the following symptoms:
 - Feeling sick or run-down
 - Cough
 - Shortness of breath or difficulty breathing
 - Fever of 100.3 degrees F/37.9 degrees C or higher
 - Chills
 - Headache
 - Congestion or running nose
 - Muscle pain
 - Sore throat
 - New loss of taste or smell

- Nausea, vomiting and diarrhea.

(This list follows the CDC protocols existing at the time and is subject to change. It does not include all possible symptoms. Other less common symptoms have been reported, including gastrointestinal symptoms like nausea, vomiting, or diarrhea).

- c. the player, or anyone in the player's household, or anyone with whom the player had confirmed contact, has tested positive for COVID-19 within the last 14 days, then the player must be tested and cannot return to skills sessions/ games (if permitted) until the prescribed quarantine period has passed (in accordance with public health guidelines) and/or player receives confirmation from a doctor/ health official confirming that the player is cleared to attend skills sessions/ games or is no longer exhibiting symptoms. The player is encouraged to notify IYHA of this exposure, subject to applicable health privacy regulations, and must otherwise follow the instructions of local health officials regarding contact tracing and notification.

Consistent with NY State current COVID-19 protocols, if a player or immediate family member tests positive for COVID-19, that player or immediate family must immediately notify state and local health departments and cooperate with contact tracing efforts, including notification of potential contacts, such as teammates and Cass Park employees who had close contact with the individual, while maintaining confidentiality required by state and federal law and regulations. If a player or immediate family member tests positive for COVID-19, that player or immediate family member is responsible for notifying state and local health departments.

5. Steps parents are expected take prior to & following skills sessions/ games (if permitted):
 - a. Review the list above and confirm that your child is eligible to participate.
 - b. Socially distance in lines outside and help minimize contact and congestion at drop-off. Please review and comply with communications from IYHA regarding drop-off and pick-up procedures.
 - c. A IYHA volunteer will ask each player/ player's parent/ guardian four questions
 - i. Has your player had COVID-19 in the prior two weeks? If yes, you and your player will not be permitted to enter.
 - ii. Have you travelled outside the state in the last two weeks? If it is an area on NY's quarantine list you and your player will not be permitted entry.
 - iii. Did you check your player's temperature and was it 100.3 degrees F/37.9 degrees C or higher? If yes, you and your player will not be permitted to enter.

- iv. Has anyone in your house, including the player been exposed to anyone having COVID-19 symptoms or suspected of being exposed to someone with COVID-19? If yes, you and your player will not be permitted to enter.
 - d. Clean and disinfect player's equipment (including mouthguards, sticks, water bottles, helmets, pads, and jerseys) before and after skills sessions/ games (if permitted).
 - e. Remind your child not to share equipment, water bottles, clothing, or other items; remind your child to cover their mouth and nose with their elbow when coughing or sneezing.
 - f. At drop-off, ensure that your child sanitizes their hands with approved alcohol-based sanitizer (either provided by the IYHA, or by the parent).
- 6. Steps IYHA will take to enhance safety during COVID-19 Pandemic:
 - a. Our main sources of guidance are the New York State Interim Guidance for Sports & Recreation During the COVID-19 Public Health Emergency and the NY Forward Plan.
 - b. Our volunteer coaches and volunteer administrators will strive to follow the rules for "High Risk Sports" under this guidance.
 - c. When players are actively engaged in drills, they will not be required to maintain 6-ft social distance. When players are not actively engaged in drills, coaches will try to limit contact between players and, wherever practical, keep players 6 feet apart.
 - d. Hand sanitizer will be available in a designated area for use before and after skills sessions/ games (if permitted), under parent supervision. Players would be instructed to clean their hands and equipment before and after skills sessions/ games (if permitted), but parents will be responsible for enforcing this for their own children, not the coaches. Parents wishing to utilize their own sanitizing supplies will be allowed to do so.

Players will be asked not to share sticks, water bottles or other equipment. Players will be reminded of this, but IYHA cannot guarantee 100% compliance. Water bottles are to be clearly labeled with the player's name.

An email will be sent to parents to ensure they are aware of mandatory exclusions from participation, and parents are asked (though not required) to report any instances of players becoming ill, to promote our ability to do contact-tracing if necessary.

IYHA will request player sign in/ attendance tracking to assist in contact tracing if necessary.

IYHA may require advance skills session/ game (if permitted) registration or adopt “first to arrive, first to play” policy, with or without notice, if this becomes necessary or advisable under applicable rules.

<https://www.governor.ny.gov/sites/governor.ny.gov/files/atoms/files/SportsAndRecreationSummaryGuidance.pdf>

<https://www.governor.ny.gov/sites/governor.ny.gov/files/atoms/files/SportsAndRecreationMasterGuidance.pdf>



IYHA COVID Protocols for Cass Park- Games

1. Masks: Everyone will be required to wear a mask while in the facility. Per Cass park, bandanas, and masks with a breathing valve or button vent are not permitted, as they are less effective in blocking exhaled respiratory particles. Neck gaiters are allowed, but the most effective masks are at least two layers of fabric, covering nose and mouth, and include ear loops or ties for adjustments.

2. Spectators Policy:

- Any Team may decide to opt out of having spectators.
- Only 1 spectator per player/family. If there are 2 players from the same family on the team only 1 spectator may be permitted to enter the rink.
- Please do not bring your children to watch the game. Children are not permitted.
- Spectators must enter through the North Entrance of the building. (Zamboni side of the rink)
- Spectator doors will open 5 minutes before game time (puck drop).
- All participants will maintain a 6-foot distance from each other while waiting to enter and will socially distance while in the building.
- Only 1 entry is permitted. Spectators may not re-enter the building or “switch” with another person who wishes to enter.
- Spectators must exit through the North Entrance immediately following the end of the game.
- Spectators must provide their name and phone number for potential contact tracing via the IYHA Health Screening form on the website. Please fill in a minimum of 2 hours prior to game day.
 - The QR code will be available upon arrival for any spectator who does not fill in the form prior to arrival.
- Spectators will be temperature checked. Anyone with a temperature of 100.4 or above will be denied entry.
- The consumption of any food or beverage is prohibited except for water for players.

- The home team will provide 3 volunteers to check spectators into the building at the North Entrance.
 - One volunteer must staff the Spectator Door as soon as players are being let in to ensure that no one enters until 5 minutes before game time.
 - Once the game has started 1 Volunteer must remain at each the entrance at all times (Main Entrance and both North Entrances)
- Any spectator who does not follow the policies set forth will be asked to leave. If the spectator is a member of the home team, they will be reported to the IYHA board for potential discipline. If the spectator is a member of the visiting team, they will be reported to the IYHA board who reserves the right to cancel any future games with that organization at any level.

Team Manager Responsibilities:

Training for team managers, regarding spectator policies will be provided by the IYHA board (Kristina & Jen)

- As soon as your game is scheduled, you must email the Spectator Protocol to the visiting team. The visiting team must agree in writing that they agree to the policies before they will be permitted to send spectators. This must be done a minimum of 48 hours before the game.
- The visiting team must designate 1 responsible adult (typically the team manager) who will be available on site to aid the visiting team on game day and ensure all protocols are followed.
- Please submit a list of volunteers for your home game a minimum of 48 hours prior to your game. List must be emailed to both: Kristina.harrisonsavage@gmail.com and jlchris315@gmail.com. In the event the list is not submitted, IYHA reserves the right to deny spectators for the specific game.
- Team manager is responsible to collect contact tracing sheets at the end of each game. The sheets must be retained for a minimum of 14 days.
- Team manager should contact any member of the IYHA board if there are any issues surrounding any individual(s) and the above-mentioned protocols.

Any team that does not follow the protocols set forth above may have their game privileges and/or spectator privileges revoked.

IYHA, Cass Park and TCHD reserve the right to alter, revoke and suspend any of the policies mentioned above at any time.

Volunteer List:

Please email the following volunteer list a **minimum of 48 Hours prior to your game** to both kristina.harrisonsavage@gmail.com AND jlchris315@gmail.com. Failure to do so may result in the IYHA board denying spectators for your specific game.

* Due to time constraints Spectator Check-In volunteers may not volunteer for other game day positions.

Home Team:

Home Team Manager (name and email)

Scorekeeper (1):

Time Clock (1):

Player/Coach Check In (2 needed):

Spectator Check in (2 needed): *

Visiting Team:

Team Name/Level:

Visiting Team Manager (name and email):

3. Event Participants: Only players, coaches, managers, team trainers/ medical advisors (1), referees, game clock operators (1) scoresheet/ penalty box managers (1) and 1 videographer per team will be allowed into the facility; videos will need to be taken from the bleacher side of the rink.

- Players will be **required** to arrive with all their gear on, except for skates, gloves, and helmets. Please have your player arrive and depart fully dressed. Each team will be allowed 2 helpers to assist players that need skates tied or helmets buckled. These helpers will need to register before the game, same as players, coaches and staff. They will need to answer the QR Code questionnaire and will have their temperature taken for entry.
- Locker Rooms: These are the areas where helmets, gloves and skates can be put on before and after their session. Please adhere to signage regarding maximum capacity for each room. Locker rooms will be open, but not assigned to a specific team. Please follow all posted guidelines around maximum capacity and use the main lobby for over-flow.
- The doors at the team benches will be open and extra benches provided to allow teams to maintain 6' of distance during the game.

- Coaches and managers will be responsible for helping their players maintain a minimum of 6' of distancing during the game.
- Each team will be allowed a maximum of 21 participants. This will include players and coaches.
- Showering is not allowed.
- Each player must provide their own, labeled water bottle. The drinking fountain will be turned off, but the touchless bottle filler will be operable.

4. Referees: Referees will need to complete the screening questions found in the IYHA website's QR Code (link below). Referee's temperatures will be taken at the door for entry to the game. Referees will need to arrive fully dressed (except for skates and helmets) and will be asked to follow all posted guidelines around social distancing. Referees **will not** be responsible for enforcing IYHA COVID Protocols for Cass Park at any time.

5. Check-ins:

- Visiting Associations: IYHA team managers will contact the team manager of the visiting team 1 week prior to the game. They will ask them to provide a roster of all players and coaching staff, with contact information, for those that are planning to attend a game at Cass Park. 24 hours prior to the game, all rostered players and coaching staff will need to complete the screening questions found in the IYHA website's QR Code (link below). Visiting team managers, or their designee, will need to verify that their players have answered "No" to all intake questions at the door for entry. Visiting players, coaches and staff temperatures will have their temperature taken at the door for entry.
- IYHA Members: All IYHA players and coaching staff will need to complete the screening questions found in the IYHA website's QR Code (link below) prior to arriving at Cass Park on the day of the game. IYHA team managers, or their designee, will need to verify that their players have answered "No" to all intake questions at the door for entry. All IYHA players, coaches and staff will have their temperature taken at the door for entry.

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