

Juneau Douglas Ice Association COVID-19 Mitigation Protocol

Overview:

With the start of the 2020-21 Hockey season there are policies and guidelines that have been created to help combat the spread of COVID-19 to and within our Association as well as doing our part to help keep our community safe.

This mitigation plan was created to provide all members with our Standard Operating Procedures (SOP) as well as the proper reporting guidelines and policies. Members should also be aware of new Treadwell Arena policies which will be published to the public. JDIA policies will work in accordance with the Treadwell Arena's policies and will not supersede those policies.

For purposes of this document "Association" will be Juneau Douglas Ice Association (JDIA). "Facility" will be City and Borough of Juneau, Treadwell Arena (CBJ).

Rink Rules as of 7/22/20:

1. Entering Facility (masks required) - Rink will open main front doors 15 minutes before your ice time
2. Check-in is required with your organization rep at entry for both skater & spectator accompanying skater
3. Max 30 skaters on the ice (includes skaters & coaches) & 30 spectators (1 person per skater)
4. Individual seating will be provided for skate tying (masks required)
5. Skaters will be required to enter ice at gate near locker room 4
6. Skater will be required to exit ice at main gate near concession room (masks required)
7. Skater will have 15 minutes to remove skates and exit building (masks required)
8. Exiting Facility- All skaters and spectators accompanying them will be required to exit rink at exit door near locker room 4 (masks required)
9. Skate sharpening will be available at a 1st come 1st served bases during the 15 minute arrive time (must be dry & unworn).
- 10 There will be 45 minutes between each ice time (example: 15 minutes skaters/spectators leave, 15 minutes staff cleans, 15 minutes skaters/spectators arrive.
11. For everyone's safety, staff will limit their interaction with skaters/spectators

Note: These rules may need to be changed/updated as the COVID-19 health risks evolve.

Locker Rooms: Locker rooms will not be open in the Facility. Players are to come to the Facility fully dressed in their gear, minus helmet, gloves, and skates. Players will have space available in the lobby and bleacher area to finish putting their gear on. Accommodation may be made for goaltenders.

Documentation: JDIA will require a health status agreement to be signed during the registration of players as well as at the Facility's request.

- Participants must agree not to participate in an Association event if they:
 - Are exhibiting the current CDC recognized symptoms consistent with COVID-19; People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness.
 - Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:
 - Cough
 - Shortness of breath or difficulty breathing
 - Fever
 - Chills
 - Muscle pain
 - Sore throat
 - New loss of taste or smell
 - This list is not all possible symptoms. Other less common symptoms have been reported, including gastrointestinal symptoms like nausea, vomiting, or diarrhea.
 - Have knowingly been in contact with a suspected or positive case of COVID-19 within the past 14 days;
 - Are within 72 hours of exhibiting significant COVID-19 symptoms or a fever;
 - When recovering from a case of COVID-19, are less than 14 days from onset or less than 72 hours since the end of significant symptoms or fever; and
 - Have not been in the state for 14 days symptom free as long as Health Mandate 10.1 – *International and Interstate Travel – Order for Self-Quarantine* is in effect.
- **Participants must agree to inform the coach, team manager, Association President, Vice President if they do become sick within seven days of participation in an Association event, game or practice so that other participants can be informed that a fellow participant became sick and they should monitor for symptoms and practice recommended social/physical distancing measures.**

- **An email will be sent out to membership informing them of the positive COVID case.**
- **Names and other describing information will not be shared with others to protect health confidentiality.**
 - **(Ex. A member of the 10U program tested positive for COVID-19. If you feel you or your child was in close contact with someone in that age group, use due diligence to seek a COVID-19 test or speak with your health care provider.)**
- **It is HIGHLY recommended the sick member should get tested and await test results before returning to an Association event. If test results are negative, the member may resume Association events once symptoms have subsided.**

Family and Friends: Per CBJ and State of Alaska recommendations, we will work to accomplish social distancing during Association events. The Facility is implementing a “30/30 Rule” meaning, 30 people are allowed on the ice and 30 people are along in the Facility during the event (including rink staff). Parents and friends who attend these events are encouraged to maintain at least six feet distance from each other while in the bleachers or in the Facility lobby area. The Association would like to minimize the amount of people in the Facility. To help people watch their player, the Association will do its best to provide a live feed of local games so people can watch remotely.

Personal Hygiene: Players, Parents and other Association members must use due diligence with personal hygiene. Hand washing, covering coughs and sneezes and staying home when sick is paramount to assure the safety of other members and Facility staff.

Travel: Currently, the Association will not be traveling outside of Alaska for any event. If/when the Association begins to travel with teams; we will abide by the host’s tournament guidelines and policies; including but not limited to local and state mandates. Hotel housing will be limited to one player per room* and transportation will be limited to one player per vehicle*.

*Unless traveling as a family with multiple players in the same family.

Coaches: Coaches will be required to report all new or suspected COVID-19 cases involved with their team to the Association Coaching Liaison as soon as possible.

Managers: Managers will be responsible for ensuring any sick players are not on the ice, on the bench during an Association event, practice and/or game.

Parents: Parents and spectators are strongly encouraged to maintain social/physical distancing during events. Also, if you or your child is showing any of the symptoms listed above, stay home, and inform you child’s coach, team manager, the Association President or Vice President as soon as possible so proper notifications can be made.

Players: Because hockey is a contact sport, it is impossible to maintain social distancing while playing. However, it is highly encouraged that players minimize close contact while on the bench and other areas in the Facility. Water bottles, tape, wax, laces, and other pieces of equipment will not be shared with anyone.

At the end of a game; players will not shake hands at center ice, rather each team will line up on their respected blue lines give one "stick salute" the other team, then leave the ice. This is put in place to reduce any skin to skin contact with players and is a traditional act of respect used in many leagues.

The Association will be enforcing these safety measures so players can get on the ice as soon as possible. The Association wants to create as safe a game as possible for all players and officials. These measures will not supersede any State of Alaska or CBJ mandates, laws or policies.

We appreciate your cooperation in following these new and temporary procedures as we work together to maintain the highest health and safety standards. Failure to follow guidelines may cause the season to be paused or be delayed.

*Additional information from USA Hockey can be found at:
<https://www.usahockey.com/playersafety>*

***** These Rules, Guidelines and Protocols will be modified as State of Alaska and CBJ Mandates are updated and/or restrictions are lifted *****

Renee Loree **JDIA President**

Vince McElmurry **JDIA Vice President**

Jake Thayer **JDIA Coaching Liaison**

Matt Gillman **JDIA Registrar**