






VP FOOTBALL JUNE 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Spring Practice #5	2 Spring Practice #6	3 Game Prep Day!	4 Spring Game 5:00-7:00 @ VPHS	5
6	7 Spring Interviews	8 Spring Interviews Incoming Frosh Meeting 5:00-6:00 Amphitheater	9 Spring Interviews	10 Last Day Of School!	11 <i>Mini Vacation</i>	12 <i>Mini Vacation</i>
13 <i>Mini Vacation</i>	14 1 st Day Of Summer Football All Levels Var/JV 3-6:30 Frosh 1-4:00	15 Practice 1 st Day of Summer School	16 Practice *PARENT PLAYER MEETING Varsity & JV 7:00-8:00pm	17 Practice	18 Practice 12:00-2:00 All Levels	19
20 Father's Day	21 Practice Var/JV 3-6:30 Frosh 1-4:00	22 Practice SJH 7 on 7 All Levels Var- Away Frosh- Home	23 Practice	24 Practice Western @ Home all levels	25 Practice 12:00-2:00 All Levels	26
27	28 Practice Var/JV 3-6:30 Frosh 1-4:00	29 Practice	30 Practice			

*Be active every day & eat Healthy!

*Weight room- add weight out work your partner





*Run Program- Work on football running, every direction fast & strong

*Wear VP gear everyday- **WE ARE VILLA PARK**

*Be Accountable "Every day is a job interview" Your always being watched!




Follow Coach Ancich on Twitter @dancich

VP FOOTBALL JULY 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Practice <i>Spaghetti Dinner</i> 6:00-7:30	2 Practice 12:00-2:00 All Levels	3 <u>VACATION</u>
4 <u>VACATION</u> <i>4th of July</i> <i>Be Safe!</i>	5 <u>VACATION</u>	6 <u>VACATION</u>	7 <u>VACATION</u>	8 <u>VACATION</u>	9 <u>VACATION</u>	10 <u>VACATION</u>
11 <u>VACATION</u>	12 <u>VACATION</u>	13 <u>VACATION</u>	14 <u>VACATION</u>	15 <u>VACATION</u>	16 <u>VACATION</u>	17 <u>VACATION</u>
18 <u>VACATION</u>	19 Practice All Levels	20 Practice All Levels	21 Practice All Levels	22 Practice All Levels	23 Freshmen 7 on 7 Tournament @ VPHS 9:00-12:30	24 Varsity 7 on 7 Tournament @ VPHS 9:00-12:30
25	26 Practice All Levels	27 Practice All Levels	28 Practice All Levels	29 Practice All Levels	30 Practice All Levels	31 <i>Dusan Ancich</i> <u>Youth Football</u> <i>1 Day Camp</i> 9:00-2:00 @ VPHS

*Once we start football all football families are expected to be Dedicated to every practice, meeting, workout, competition, etc. Every player will treat each other like a member of their family! No player is better than anyone, everyone is part of the team & contributes in many ways to help our program succeed. The best 11 players will always be on the football field! **-WE ARE VILLA PARK-**

VP FOOTBALL AUGUST 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Practice All Levels	3 Practice All Levels	4 Practice All Levels Helmets	5 Practice All Levels Helmets	6 TEAM BEACH DAY!	7
8	9 Hell Week 1st Day Full Pads	10 Hell Week	11 Hell Week	12 *Senior Dinner 7:00pm Parent Introductions	13 Hell Week Inter-Squad Scrimmage	14 <i>No Football Enjoy Weekend</i>
15 <i>No Football Enjoy Weekend</i>	16 Scrimmage Week	17 Scrimmage Week	18 1 st Day of school In-Person Back to normal Student 1 st	19 Scrimmage vs. Redondo @ Redondo All Levels	20 School Weights Video	21 <i>*Saturday Practice All Levels Get ready for game 1</i>
22	23 Game Week	24 Game Week	25 Game Week	26 Game: 1 Vs. Orange @ Home Fred Kelly 7:00pm	27 Lower Level Game: 1	28 <i>*Saturday Practice All Levels Get ready for game 2</i>
29	30 Normal Football & School Routine	31 Normal Football & School Routine				

*Be on time to every practice, meeting & workout!

*Do your best every day!

*Once school begins we will be on a consistent schedule.

*Start the school year right, be a positive role model

*Great grades = great future with more opportunities to succeed!

-TRADITION NEVER GRADUATES-