



GOAL KEEPER TRAINING

All ages 9-18
Price: \$125
16 Sessions
When: Saturday's 9-10 am
Starting Jan 2nd
Where: Catalyst

Run by our Western Wi coach Brian Chapman.
Current GK coach at UWEC.
Players will learn techniques of goal keeping ranging from positioning, handling, distribution, and kicking.

TECHNICAL TRAINING

Session 1: Jan 3, 10, 17, 24, 31 Feb 7, 14
Session 2: Feb 21, 28 Mar 7, 28 Apr 4, 11, 18
Price per Session: \$100
All ages: 9-18
Two groups males and females
Space is limited
When: Sundays 5-6 pm
Where: Catalyst

Run by our younger Western Wi coaches Molly Fiedler and Peyton Boich. Both former players with high level back grounds as well as one on one training backgrounds. Curriculum provided by our DOC.

Players will learn all things technique in soccer. Emphasis will be on footwork, touch, ball striking, turning, ball mastery and more. Great opportunity for more one on one training.



FINISHING TRAINING

Session 1: Jan 3, 10, 17, 24, 31 Feb 7, 14
Session 2: Feb 21, 28 Mar 7, 28 Apr 4, 11, 18
Price per Session: \$100
All ages: 9-18
Two groups males and females
Space is limited
When: Sundays 6-7 pm
Where: Catalyst

Run by our younger Western Wi coaches Molly Fiedler and Peyton Boich. Both former players with high level back grounds as well as one on one training backgrounds. Curriculum provided by our DOC.

Players will learn all things technique in finishing. They will worked on ball striking, attacking positioning, turning, placement, movements and meow. This is a great session for any attacking player looking for more.

DEFENSIVE TRAINING

1 session: Jan 3, 10, 17, 24, 31 Feb 7, 14, 21, 28
Price: \$100
All ages: 9-18
Two groups males and females
Space is limited
When: Sundays 4-5 pm
Where: Catalyst

Run by our younger Western Wi coaches Molly Fiedler and Peyton Boich. Both former players with high level back grounds as well as one on one training backgrounds. Curriculum provided by our DOC.

Players will learn all things defending. They will worked on individual positioning, individual defending, heading, clearance, hand placement, clearances and building out of the back. This is a great session for any player looking for more from a defensive standpoint.

