

PFAA Minors & Majors Coach Guidelines/Rules

- Coaches are expected to set the proper example for our players and to conduct themselves in a responsible manner. No cursing around the kids or other inappropriate commentary
- Coaches are not permitted to use tobacco products during practices or games
- Everyone must sign the Code of Conduct, coaches included
- Any escalated issues involving players, parents, umpires, etc. should be brought to the attention of PFAA leadership in a timely manner
- All Players MUST wear a cup...regardless of which position they play
- Always act in the best interest of our players. Safety supersedes everything! Do not assign a player a position where they may get hurt.
- No more than 2 players with a bat at any given time. Player at bat and the on-deck batter
- Be sure to have a designated person for keeping the game book/scores (training for this is available, just let us know if interested)
 - Scores & Pitch Counts must be reported to Dave Day after each game (Contact info available on our website)
- Be sure to have designated base coaches. Any additional coaches must provide their background clearances and register on our website
- Players should be taught multiple positions. Minimum is 1 infield and 1 outfield position, aside from Specialty positions (i.e. Pitcher & Catcher)
- Players should not sit on the bench beyond 2 consecutive innings
- Position Players should be switched after 2 consecutive innings in the same spot. This does not apply to Pitchers and Catchers. Pitchers must be switched every 3 innings or after 65 pitch max per game, if not before then. Catchers should not serve more than 3 consecutive innings in a game

***Do Not have to rotate positions in the playoffs. Pitching counts still apply**

- Specific Pitching Rules:
 - **No breaking pitches!**
 - Max per game pitch count = 65 pitches
 - No more than 3 innings pitched per game. Once pulled, cannot return
 - No more than 6 innings pitched per week (Mon – Sat)
 - Pitch Count w/required rest:
 - ❖ 1 - 25 = 0 days rest
 - ❖ 26 – 40 = 1 Calendar day rest
 - ❖ 41 – 65 = 2 Calendar days rest

 - Resources for practice drills/plans (aside from ones covered at clinics):
 - <http://www.theoleballgame.com/baseball-drills-by-categories.html>
 - <http://www.qcbaseball.com/drills/baseball-drills.aspx>
- *Feel free to incorporate some of your own drills and things to keep it fun

District 6 Rules

- The Home Team will pay the umpires. Cash will be provided to Head Coaches prior to the games and they will pay the umpire
 - If the game needs to be cancelled due to weather or other circumstances, the **home team head coach must notify the umpire at least 1 hour prior to the game or else we will be charged.** Phone Numbers for the game umpire will be provided prior to the head coaches at the start of the week
 - If a game is started, but then called due to weather then the umpire is still paid

- At the start of every game, the Head Coach/Manager should talk with the Umpire and the opposing Head Coach/Manager to briefly review the rules

- Abide by the Babe Ruth/Cal Ripken Rule book by default when a rule is not addressed within this document

- Standard game is 6 innings
 - Games may go into extra innings, but should not exceed the 2 hour time limit during the weekdays. Therefore, during weekday games do not start a new inning after 1 hour and 45 minutes of play. There is more flexibility on the weekends if the field is available and the coaches are in agreement. Max game time for weekend games is 2 ½ hours.

***This does not apply to Playoffs. Will play until winner is determined**

- 10 Run Rule will be in affect after 3 ½ innings of play (can be flexible if coaches agree to terms)
 - 6 runs per inning max with the exception of a Home Run ball or ground rule double

- Drop 3rd Strike
 - Majors = player may attempt to get to 1st base on a dropped 3rd strike
 - Minors = player may not attempt to get to 1st base on a dropped 3rd strike

- Infield fly rule is in affect is in affect for Majors, but does not apply in Minors
- Leads:
 - Majors = 8 foot lead line is in affect
 - Minors = No leads

- Steals:
 - Majors = Player may steal on the release of the pitch. Stealing home is permitted (no limitations)
 - Minors = Player may steal after the pitch crosses the plate.
 - ❖ Stealing Home rules:
 - Will defer to Home team rules by default
 - PFAA, DBYS, and Antietam will not steal home to start the season
 - Halfway through season, we will permit 2 successful steals of home each game (exact start date of this rule TBD)

- Courtesy runner (for catchers when there are 2 outs). This give your catcher a little extra time to get his gear on and keep the game moving.