

| Curriculum October- November - December | | | | | |
|--|----------------------------|--|---|--|--------------------|
| Weeks | Dates | Session 1 Individual skills | Session 2 Basic techniques unopposed | Session 3 Opposed | Game |
| | Time | 10-15 minutes | 10-15 minutes | 15 minutes | 20 minutes |
| Week 1 | Oct 1 | Ball Mastery | Dribbling | Dribbling games | Line soccer |
| Week 2 | Oct 8 | Juggling | Dribbling | Dribbling games | Line soccer |
| Week 3 | Oct 15 | Ball Mastery | Dribbling | Dribbling games | Line soccer |
| Week 4 | Oct 22 | Juggling | Dribbling | Dribbling games | Line soccer |
| Week 5 | Oct 29 | Ball Mastery | Attacking Moves - technique | Step 1 to goal | 2 Goals |
| Week 6 | Nov 5 | Change of direction moves | Attacking Moves - technique | Step 2 to goal | 2 Goals |
| Week 7 | Nov 12 | Ball Mastery | Attacking Moves - technique | Step 3 to goal | 2 Goals |
| Week 8 | Nov 19 | Change of direction moves | Dribbling | Dribbling games | 2 Goals |
| Week 9 | Nov 26 | Juggling | Dribbling | Dribbling games | 2 Goals |
| Week 10 | Dec 3 | Passing | Passing games | Rondo introduction | 2 Goals |
| Week 11 | Dec 10 | Juggling | Passing | Passing games | 2 Goals |
| Week 12 | Dec 17 | Games | Games | Games | Games |
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| Learning objectives | Ball Mastery | Document and video are in coaches folder on website | Learning objectives | Dribbling left foot | |
| | | | | Dribbling right foot | |
| Learning objectives | Juggling | Document and video are in coaches folder on website | | Running with the ball - bigger touches | |
| | | | | Change of Speed - slowing doen or accelerate | |
| Learning objectives | Change of Direction | Change of Direction Moves are in coaches folder on website | Learning objectives Attacking Moves | Attacking Moves are in coaches folder on website | |
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| | | | Attacking Moves- Defender in front | Step 1 free space | |
| | | | Progression | Step 2 cone | |
| | | | | Step 3 passive defender on line | |
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