

Safety Site

River Rafting Safety

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Recreational Safety takes Responsibility & Control

River rafting is an exciting sport with 5 levels based on the activity of the water. Level I is the smoothest. Lower levels can be safe for families with children. If you are looking for excitement and a rough, wet ride, then levels 4 and 5 can offer whitewater rafting with a rough, wet ride. Unless you are an experienced rafter, you should procure a guide who can take you safely through the higher levels. Be aware of potential risks.

1. Always wear a life jacket.
2. Plan ahead. Know the river conditions and level of difficulty. (1-5)
3. Have the proper gear (helmet, paddle, water shoes or tennis shoes or sandals with straps, life jacket)
4. Listen to your guide and follow instructions.
5. Be aware of weather forecast before launching.
6. Bring water & stay hydrated.

Some of the above information was courtesy of Adventure Sports.com and Raftfinder

If you just want a more relaxing day on a river, then take a tube, kayak or raft and float the Truckee River. The float from Tahoe City to River Ranch only takes 2 hours, with some small rapids at times. It is very safe and fun, but do not go alone. Go with a buddy.

Many thanks to the RSRC members who have organized and participated in our RSRC Truckee River float in 2024 and 2025.