

Casselton Park Wellness Center

Frequently Asked Questions (FAQ)

Locker Room Access

Locker rooms are available Monday – Friday from 4:30 AM – 7 AM, and 5 PM – Midnight. Saturday and Sunday, locker rooms are available 4:30 AM – Midnight. If there is a school function, there may be no access to locker rooms.

Student Wellness Center Access

Student hours for grades 9-12 are 4:30 AM to 10 PM. Students must have a workout buddy who is a member to access the Wellness Center.

Orientation

An orientation for equipment use can be scheduled by contacting the parks office.

Membership Gym Space

Wellness Center membership only allows access to the Wellness Center, not other gym spaces.

Insurance/Healthcare Discounts

The Wellness Center is not part of any insurance/healthcare discount programs.