



CLUB LEGACY VOLLEYBALL SUMMER CAMPS 2019

"Grade" entering this fall 2019/20 school year

COMPETITION TRAINING

Camp/Clinic	Age(s) / Grade	Gender	Dates	Times	Cost	Notes
Train & Compete (formerly Competitive Cauldron)	5th - 10th graders	Girls & Boys	June 3, 10, & 17	7:00 - 8:30pm	\$60 for 3 week session	\$10 discount off the 4x4 tournament for either June 24th or July 29th
		Girls & Boys	July 8, 15, & 22	7:00 - 8:30pm	\$60 for 3 week session	
<p>This unique program is designed to keep players competing throughout the summer while still receiving instruction to help improve their skills. Players will start every night with the TRAIN session where they will work on essential skills through skill development drills and get instruction on how to fine tune their skills. The second part of each night will be their chance to COMPETE. Sign up with a partner, or solo and we will match you with a partner.</p>						
4 X 4 Indoor Tournament	5th - 6th / 7th - 8th / 9th - 12th graders		June 24	6 - 10pm	\$20/person	\$10 off if also registered for Train & Compete Sessions
			July 29	6 - 10pm	\$20/person	
<p>Sign up with a team of 4 or 5 for this fun night of competition (4 players will be on the court at a time). Teams will compete in their age division for a chance to be our tournament champions at the end of the night. There are no coaches for this tournament. It's a great opportunity for players to take control and test their strategy and skills. Creative team uniforms are encouraged. A prize will be given to the team voted best dressed!</p>						
Competition Nights	5th, 6th / 7th - 8th / 9th - 12th graders		June 4, 18, July 9, & 23	6:30 - 8pm	\$10 online or \$15 walk-ins	Winners each night get their entry fee (\$20) waived for one of the 4x4 tournament nights
<p>Everyone's favorite part of volleyball is getting to actually play the game, so we are dedicating a full fun-filled night to just that. For an hour and a half players will compete in a wide variety of different games and activities to see who will end the night as our Competition Night Champion!</p>						

SKILLS TRAINING

All Skills Camp	5th, 6th / 7th, 8th		June 18 & 19	9:00 - 12pm	\$75	
<p>This two-day camp is a great way for players to develop and refine their individual skills. Players will be grouped according to skill level and challenged based on their level of ability. Campers will participate in skill development drills and be able to test out their new skills in fun competition drills and games.</p>						
Advanced Skills Training	7th - 8th / 9th - 12th graders		June 11, 25, & July 16	5:00 - 8pm	\$40 per session	\$110 for all 3
<p>Players will register by position and receive skill specific training in all aspects of that position. This camp allows players to refine their skills in positional training, test those skills in combined positional drills, and compete in live game style drills. This high intensity camp is for experienced players.</p>						
Skills Training (June)	5th & 6th / 7th & 8th / 9th & 10th	\$60 for ALL THREE JUNE SESSIONS	June 3 - Defense	5:30 - 7pm	\$25	See descriptions below of each training session. You are able to sign up for one, two or all 3.
			June 10 - Attacking	5:30 - 7pm	\$25	
			June 17 - Serve & Serve Receive	5:30 - 7pm	\$25	
Skills Training (July)	5th & 6th / 7th & 8th / 9th & 10th	\$60 for ALL THREE JULY SESSIONS	July 8 - Defense	5:30 - 7pm	\$25	
			July 15 - Attacking	5:30 - 7pm	\$25	
			July 22 - Serve & Serve Receive	5:30 - 7pm	\$25	
<p>Skills camps are a great way to improve in positions that you have previously played, but also a great way to gain some experience in other areas to become a well rounded volleyball player. - See descriptions below.</p>						
Defense	5th & 6th / 7th & 8th / 9th & 10th		June 3rd	5:30-7pm	\$25	
			July 8th	5:30-7pm	\$25	
<p>This camp will be focused on back row defense with a high volume of reps and fast paced drills. Players will gain confidence in their ability to dive for balls, make aggressive defensive moves, and an all around understanding of back row defense.</p>						
Attacking	5th & 6th / 7th & 8th / 9th & 10th		June 10th	5:30-7pm	\$25	
			July 15th	5:30-7pm	\$25	
<p>This camp will focus on the proper mechanics for attacking arm swings, approach footwork, and perfecting different shots on the court. Great for players who have played an attacking position before or anyone looking to improve as a front row attacker.</p>						
Serve & Serve Receive	5th & 6th / 7th & 8th / 9th & 10th		June 17th	5-7:30pm	\$25	
			July 22nd	5-7:30pm	\$25	
<p>Serving and passing are the most important skills of volleyball at any age. This camp will be a high repetition camp to help players improve the first contact and become better point scorers from the endline.</p>						
Serving Bootcamp	5th & 6th / 7th & 8th / 9th & 10th		July 30th	6-7:30pm	\$25	
<p>Serving is one of the most important skills of the game at any level, and at this camp we are going to break down everything you need to know to take your serve to the next level. Open to all skill levels. If you are looking to learn the basics of overhand serving, improve accuracy in serving zones, learn to jump serve, or fine tune the serve you already have, this is the perfect camp for you.</p>						

SPECIALTY CAMPS	High School BootCamp	9th - 12th	Girls	July 30 & 31	1:00 - 4pm	\$75	
	High School Small Group Training	9th - 12th	Girls	August 6 & 7	1:00 - 4pm	More information will be coming out about this clinic soon!	
	Middle School BootCamp	6th - 8th	Girls	August 6 & 7	5:30 - 7pm	\$45	
This camp is designed to help provide intense training to prepare for upcoming school tryouts and season. It will include a high number of reps, positional training, and competitive drills. This two-day camp will be a great way to get mentally and physically prepared before heading into the high school season. This camp is for all positions.							

CLUB CUBS	Club Cubs	2nd - 4th graders	Girls	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays
				July 8, 15, & 22	5:30 - 6:30pm	\$45	Mondays
	Club Cubs	2nd - 4th graders	BOYS	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays
				July 8, 15, & 22	5:30 - 6:30pm	\$45	Mondays
	Club Cubs	2nd - 4th graders	Girls & Boys	June 4, 11, & 18	5:30 - 6:30pm	\$45	Tuesdays
				July 9, 16, & 23	5:30 - 6:30pm	\$45	Tuesdays
Developmental league designed to start the early training of young volleyball players. FUNDAMENTAL FOCUS: Players will be taught the correct technique in the areas of passing serving, setting and hitting. In addition to the essential skills, these sessions will also help the players improve in the areas of agility, ball tracking and court movement!!							

CLUB CUBBIES	Club Cubbies	K - 2nd graders	Girls & Boys	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays	
			Girls & Boys	July 8, 15 & 22	5:30 - 6:30pm	\$45	Mondays	
	Club Cubbies	K - 2nd graders	Girls & Boys	June 4, 11, & 18	5:30 - 6:30pm	\$45	Tuesdays	
			Girls & Boys	July 9, 16, & 23	5:30 - 6:30pm	\$45	Tuesdays	
	This program is designed to start the early training of young volleyball players! Proper technique & fundamentals will be the primary focus. Players will work on their footwork, passing, reading the ball, serving, and setting. We will work with a lighter ball and lower net so all levels of play can be introduced, including attacking and overhand serving.							

JUMP START CLINICS	Jump Start Clinic	5th, 6th, 7th & 8th graders	Girls	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays
				July 8, 15, & 22	5:30 - 6:30pm	\$45	Mondays
		5th, 6th, 7th & 8th graders	BOYS	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays
				July 8, 15, & 22	5:30 - 6:30pm	\$45	Mondays
	Jump Start Clinic	5th, 6th, 7th & 8th graders	Girls & Boys	June 4, 11, & 18	5:30 - 6:30pm	\$45	Tuesdays
				July 9, 16, & 23,	5:30 - 6:30pm	\$45	Tuesdays
This session's focus is to launch initial skill development in players with little to no formal training. Fundamental techniques in overhand serving, passing, setting and attacking will be covered. High repetition drills, as well as competitive games, will help the players transfer their skills and prepare them for competition. Repetition and application is the focus!							

GUYS!	Club Cubs	2nd - 4th graders	BOYS	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays	
				July 8, 15, & 22	5:30 - 6:30pm	\$45	Mondays	
	Jump Start Clinic	5th, 6th, 7th & 8th graders	BOYS	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays	
				July 8 15, & 22	5:30 - 6:30pm	\$45	Mondays	
	A court just for the guys....see descriptions above about Club Cubs & Jump Start Clinic. Bring your friends! Boys can attend any of the clinics above, these two particular clinics will only have guys in their group.							

CH	Beach Volleyball Training	12 & 13 / 14 & 15 / 16 & 17	Girls & Boys	June 4, 6, 11, 13, & 20	9:00 - 10:30am	\$95.00	Free Open Sand with Registration on June 25th from 9 - 10:30
		12 & 13 / 14 & 15 / 16 & 17	Girls & Boys	July 9, 11, 16, & 18	9:00 - 10:30am	\$85.00	Free Open Sand with Registration on June 25th from 9 - 10:30
	Beach training is a great opportunity to increase court awareness and advance your all around volleyball skills. Beach helps to improve skills that will transfer to indoor play. Sessions will include skill training and competition, and help improve ball control and volleyball IQ. No previous beach experience is required. Sign up as an individual for training.						

BEACH

Open Beach Session	12 & 13 / 14 & 15 / 16 & 17	Girls & Boys	June 25	9:00 - 10:30am	\$10.00	Free if attending Beach Volleyball Training
	12 & 13 / 14 & 15 / 16 & 17	Girls & Boys	July 23	9:00 - 10:30am	\$10.00	Free if attending Beach Volleyball Training
Open court sessions for players wanting to see what beach is all about. Whether you are trying to decide if the next beach session is for you, or if you want to get some practice in before the beach tournament, this is a great opportunity. Walk-ins welcome!						
Beach Doubles Tourney	12 & 13 / 14 & 15 / 16 & 17	Girls & Boys	June 27	8:30 - 12:00pm	\$20.00	List your partner's name on your online registration!
	12 & 13 / 14 & 15 / 16 & 17	Girls & Boys	July 25	8:30 - 12:00pm	\$20.00	
Come put your volleyball skills to the test as you compete against other doubles teams in a tournament setting.						
REGISTER AT: CLUBLEGACYVBA.COM						

BEACH	Beach Volleyball Training	13 / 14 & 15 / 16	Girls & Boys	June 4, 6, 1,, 13, & 20	9:00 - 10:30am	\$95.00	Free Open Sand with Registration on June 25th from 9 - 10:30
		13 / 14 & 15 / 16	Girls & Boys	July 9, 11, 16, & 18	9:00 - 10:30am	\$85.00	Free Open Sand with Registration on June 25th from 9 - 10:30
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	Open Beach Session	13 / 14 & 15 / 16	Girls & Boys	June 25	9:00 - 10:30am	\$10.00	Free if attending Beach Volleyball Training
		13 / 14 & 15 / 16	Girls & Boys	July 23	9:00 - 10:30am	\$10.00	Free if attending Beach Volleyball Training
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	Beach Doubles Tourney	13 / 14 & 15 / 16	Girls & Boys	June 27	8:30 - 12:00pm	\$20.00	List your partner's name on your online registration!
		13 / 14 & 15 / 16	Girls & Boys	July 25	8:30 - 12:00pm	\$20.00	
	Come put your volleyball skills to the test as you compete against other doubles teams in a tournament setting.						

CLUB LEGACY VOLLEYBALL

SUMMER CAMPS 2019

			"Grade" entering this fall 2019/20 school year					
Camp/Clinic	Age(s) / Grade	Gender	Dates	Times	Cost	Notes		
June Sand	Beach Volleyball Training	12 & 13	Girls & Boys	June 4, 6, 11, 13, 20	9:00 - 10:30 am	\$95.00	Free Open Sand with Registration on June 25th from 9 - 10:30	
		14 & 15 / 16 & 17						
	Beach training is a great opportunity to increase court awareness and advance your all around volleyball skills. Beach helps to improve skills that will transfer to indoor play. Sessions will include skill training and competition, and help improve ball control and volleyball IQ. No previous beach experience is required. Sign up as an individual for training.							
	Open Beach Session	12, 13, / 14, & 15 / 16 & 17	Girls & Boys	June 25	9:00 - 10:30 am	\$10.00	Free if attending Beach Volleyball Training	
Open court sessions for players wanting to see what beach is all about. Whether you are trying to decide if the next beach session is for you, or if you want to get some practice in before the beach tournament this is a great opportunity. Walk-ins welcome!								
Beach Doubles Tourney	12, 13, / 14, & 15 / 16 & 17	Girls & Boys	June 27	8:30 - 12:00 pm	\$20.00			
Come put your volleyball skills to the test as you compete against other doubles teams in a tournament setting.								
July Sand	Beach Volleyball Training	12 & 13	Girls & Boys	July 9, 11, 16, & 18	9 - 10:30 am	\$85.00	Free Open Sand with Registration on July 23 from 9 - 10:30	
		14 & 15 / 16 & 17						
	Beach training is a great opportunity to increase court awareness and advance your all around volleyball skills. Beach helps to improve skills that will transfer to indoor play. Sessions will include skill training and competition, and help improve ball control and volleyball IQ. No previous beach experience is required. Sign up as an individual for training.							
	Open Beach Session	12, 13, / 14, & 15 / 16 & 17	Girls & Boys	July 23	9 - 10:30 am	\$10.00	Free if attend Beach Volleyball Training	
A great chance to come see what beach is all about. If you are trying to decide if the next beach session is for you, or if you want to get some practice in before the beach tournament this is a great opportunity. Walk-ins welcome!								
Beach Doubles Tourney	12, 13, / 14, & 15 / 16 & 17	Girls & Boys	July 25	8:30 - 12:00pm	\$20.00	Do we want to explain here whether they sign up as partners or what? how is this done?		
Come put your volleyball skills to the test as you compete against other doubles teams in a tournament setting.								
Club Cubs	Club Cubs	2nd - 4th graders	girls	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays	
	Club Cubs	2nd - 4th graders	BOYS	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays	
	Club Cubs	2nd - 4th graders	girls	June 4, 11, & 18	5:30 - 6:30pm	\$45	Tuesdays	
Club Cubs	Club Cubs	2nd - 4th graders	girls	July 8 15, 22	5:30 - 6:30pm	\$45	Mondays	
	Club Cubs	2nd - 4th graders	BOYS	July 8 15, 22	5:30 - 6:30pm	\$45	Mondays	
	Club Cubs	2nd - 4th graders	girls	July 9 16, 23	5:30 - 6:30pm	\$45	Tuesdays	
Developmental league designed to start the early training of young volleyball players. FUNDAMENTAL FOCUS: Players will be taught the correct technique in the areas of passing serving, setting and hitting. In addition to the essential skills, these sessions will also help the players improve in the areas of agility, ball tracking and court movement!!								
JUMP START CLINICS	Jump Start Clinic	5th, 6th, 7th & 8th graders	girls	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays	
	Jump Start Clinic	5th, 6th, 7th & 8th graders	girls	July 8 15, 22	5:30 - 6:30pm	\$45	Mondays	
	Jump Start Clinic	5th, 6th, 7th & 8th graders	BOYS	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays	
	Jump Start Clinic	5th, 6th, 7th & 8th graders	BOYS	July 8 15, 22	5:30 - 6:30pm	\$45	Mondays	
	Jump Start Clinic	5th, 6th, 7th & 8th graders	girls	June 4, 11, & 18	5:30 - 6:30pm	\$45	Tuesdays	
	Jump Start Clinic	5th, 6th, 7th & 8th graders	girls	July 9 16, 23	5:30 - 6:30pm	\$45	Tuesdays	
	This session's focus will be to launch initial skill development in players with little to no formal training. Fundamental techniques in overhand serving, passing, setting and attacking will be the skills covered. High repetition drills as well as competitive games will help the players transfer their skills and prepare them for competitive setting. Repetition and application is the focus!							
Club Cubbies	Club Cubbies	K - 2nd graders	Girls & Boys	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays	
	Club Cubbies	K - 2nd graders	Girls & Boys	July 8 15, 22	5:30 - 6:30pm	\$45	Mondays	

Club Cub	Club Cubbies	K - 2nd graders	Girls & Boys	June 4, 11, & 18	5:30 - 6:30pm	\$45	Tuesdays
	Club Cubbies	K - 2nd graders	Girls & Boys	July 9, 16, 23	5:30 - 6:30pm	\$45	Tuesdays
	This program is designed to start the early training of young volleyball players! Proper technique & fundamentals essential to the game will be the focus. Players will work on their footwork, passing, reading the ball, serving, and setting. We will work with a lighter ball and lower net so they can be introduced to all levels of play, including attacking and overhand serving.						

Camp/Clinic	Age(s) / Grade	Gender	Dates	Times	Cost	Notes
Train & Compete (formerly Competitive Cauldron)	5th - 8th graders	Girls & Boys	June 3, 10, & 17	7:00 - 8:30pm	\$60 for 3 week session	(\$10 discount off the 4x4 tournament for either June 24th or July 29th)
	5th - 8th graders	Girls & Boys	July 8, 15, 22	7:00 - 8:30pm	\$60 for 3 week session	
This unique program is designed to keep players competing throughout the summer while still receiving instruction to help improve their skills. Players will start every night with the TRAIN session where they will work on essential skills through skill development drills and get instruction on how to fine tune their skills. The second part of each night will be their chance to COMPETE. Sign up with a partner, or solo and we will match you with a partner.						
4X4 Indoor Tournament	5th, 6th / 7th - 8th graders / 9th - 12th graders	Girls & Boys	June 24	6 - 10pm	\$20/person	(\$10 off if registered for Train & Compete Sessions also)
	5th, 6th / 7th - 8th graders / 9th - 12th graders	Girls & Boys	July 29	6 - 10pm	\$20/person	
Sign up with a team of 4 or 5 for this fun night of competition (4 players will be on the court at a time). Teams will compete in their age division for a chance to be our tournament champions at the end of the night. There are no coaches for this tournament. It's a great opportunity for players to take control and test their strategy and skills. Creative team uniforms are encouraged, a prize will be given to the team voted best dressed!						
Competition Nights	5th, 6th / 7th - 8th graders / 9th - 12th graders	Girls & Boys	June 4, 18 & July 9, 23	6:30 - 8pm	\$10 online or \$15 walk-ins	Winners each night get their entry fee (\$20) waived for one of the 4x4 tournament nights
Everyone's favorite part of volleyball is getting to actually play the game, so we are dedicating a full fun-filled night to just that. For an hour and a half players will compete in a wide variety of different games and activities to see who will end the night as our Competition Night Champion!						

SKILLS TRAINING	Age(s) / Grade	Gender	Dates	Times	Cost	Notes
All Skills Camp	5th, 6th / 7th, 8th	Girls & Boys	June 18 & 19	9:00 - 12am	\$75	
This two-day camp is a great way for players to develop and refine their individual skills. Players will be grouped according to skill level and challenged based on their level of ability. Campers will participate in skill development drills and be able to test out their new skills in fun competition drills and games.						
Advanced Skills Training	7th & 8th, High School	Girls & Boys	June 11, 25, July 16	5:00 - 8pm	\$40 per session	\$110 for all 3
Players will register by position and receive skill specific training in all aspects of that position. This camp allows players to refine their skills in positional training, test those skills in combined positional drills, and compete in live game style drills. This high intensity camp is for experienced players.						
Skills Training (June)	5th & 6th	Girls & Boys	e 3 - Defense - Attacking June 17 - Serve & Serve Receive	5:30 - 7pm	\$25 per session or \$60 for all 3 sessions	See explanation below of each training session. You are able to sign up for one or for all
	7th & 8th	Girls & Boys				
	9th & 10th	Girls				
Skills Training (July)	5th & 6th	Girls & Boys	e 8 - Defense - Attacking June 22 - Serve & Serve Receive	5:30 - 7pm	\$25 per session or \$60 for all 3 sessions	
	7th & 8th	Girls & Boys				
	9th & 10th	Girls				
Skills camps are a great way to improve in positions that you have played in before, but also a great way to gain some experience in other areas to become a well rounded volleyball player. - See descriptions below.						
Defense	5th, 6th / 7th, 8th / 9th -10th	Girls & Boys	June 3rd	5:30-7pm	\$25	
			July 8th	5:30-7pm	\$25	
This camp will be focused on back row defense with a high volume of reps and fast paced drills. Players will gain confidence in their ability to dive for balls, make aggressive defensive moves, and all around understanding of back row defense.						
Attacking	5th, 6th / 7th, 8th / 9th -10th	Girls & Boys	June 10th	5:30-7:30pm	\$25	
		Girls & Boys	July 15th	5:30-7:30pm	\$25	
This camp will focus on the proper mechanics for attacking arm swings, approach footwork, and perfecting different shots on the court. Great for players who have played an attacking position before or anyone looking to improve as a front row attacker.						
Serve & Serve Receive	5th, 6th / 7th, 8th / 9th -10th	Girls & Boys	June 17th	5-7:30pm	\$25	
Serve & Serve Receive	5th, 6th / 7th, 8th / 9th -10th	Girls & Boys	July 22nd	5-7:30pm	\$25	
Serving and passing are the most important skills of volleyball at any age. This camp will be a high repetition camp to help players improve the first contact and become better point scorers from the endline.						
Serving Bootcamp	5th, 6th / 7th, 8th / 9th -10th	Girls & Boys	July 30th	6-7:30pm	\$25	

Serving is one of the most important skills of the game at any level, and at this camp we are going to break down everything you need to know to take your serve to the next level. **Open to all skill levels.** If you are looking to learn the basics of overhand serving, improve accuracy in serving zones, learn to jump serve, or fine tune the serve you already have, this is the perfect camp for you.

Specialty Camps	High School BootCamp	9th - 12th	Girls	July 30 & 31	1:00 - 4pm	\$75	
	High School Small Group Training	9th - 12th	Girls	August 6 & 7	1:00 - 4pm	More information will be coming out about this clinic soon!	
	Middle School BootCamp	6th - 8th	Girls & Boys	August 6 & 7	5:30 - 7pm	\$45	
	This camp is designed to help provide intense training to prepare for upcoming school tryouts and season. It will include a high number of reps, positional training, and competitive drills. This two-day camp will be a great way to get mentally and physically prepared before heading into the high school season. This camp is for all positions.						

Guys!	Club Cubs	2nd - 4th graders	BOYS	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays
	Club Cubs	2nd - 4th graders	BOYS	July 8 15, 22	5:30 - 6:30pm	\$45	Mondays
	Jump Start Clinic	5th, 6th, 7th & 8th graders	BOYS	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays
	Jump Start Clinic	5th, 6th, 7th & 8th graders	BOYS	July 8 15, 22	5:30 - 6:30pm	\$45	Mondays
A court just for the guys....see descriptions above about Club Cubs & Jump Start Clinic. Bring your friends! Boys can attend any of the clinics above, these two particular clinics will only have guys in their group.							

UB LEGACY VOLLEYBALL

SUMMER CAMPS 2019

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Camp/Clinic	Age(s) / Grade	Gender	Dates	Times	Cost	Notes
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	13/ 14 & 15 / 16	Girls & Boys	July 9, 11, 16, 18	9:00 - 10:30 am	\$85.00	Free Open Sand with Registration on July 23rd from 9 - 10:30
<p>Beach training is a great opportunity to increase court awareness and advance your all around volleyball skills. Beach helps to improve skills that will lay. Sessions will include skill training and competition, and help improve ball control and volleyball IQ. No previous beach experience is required. Sign up as an individual for training.</p>						
Open Beach Session	8, / 14, & 15 / 16	Girls & Boys	June 25	9:00 - 10:30 am	\$10.00	Free if attending Beach Volleyball Training
	8, / 14, & 15 / 16	Girls & Boys	July 23	9:00 - 10:30 am	\$10.00	Free if attending Beach Volleyball Training
<p>Open court sessions for players wanting to see what beach is all about. Whether you are trying to decide if the next beach session is for you, or if you want to get some practice in before the beach tournament this is a great opportunity. Walk-ins welcome!</p>						
Beach Doubles Tourney - CO-ED	8, / 14, & 15 / 16	Girls & Boys	June 27	8:30 - 12:00 pm	\$20.00	Do we want to explain here whether they sign up as partners or what? how is this done?
Beach Doubles Tourney	8, / 14, & 15 / 16	Girls & Boys	July 25	8:30 - 12:00 pm	\$20.00	
<p>Come put your volleyball skills to the test as you compete against other doubles teams in a tournament setting.</p>						

Club Cubs	Club Cubs	nd - 4th graders	Girls	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays
				July 8 15, 22	5:30 - 6:30pm	\$45	Mondays
	Club Cubs	nd - 4th graders	BOYS	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays
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JUMP START CLINICS	Jump Start Clinic	th, 7th & 8th gr	Girls & Boys	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays
				July 8 15, 22	5:30 - 6:30pm	\$45	Mondays
		th, 7th & 8th gr	BOYS	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays
				July 8 15, 22	5:30 - 6:30pm	\$45	Mondays
	Jump Start Clinic	th, 7th & 8th gr	Girls	June 4, 11, & 18	5:30 - 6:30pm	\$45	Tuesdays
				July 9 16, 23	5:30 - 6:30pm	\$45	Tuesdays

This session's focus will be to launch initial skill development in players with little to no formal training. Fundamental techniques in overhand serving, passing, setting and attacking will be the skills covered. High repetition drills as well as competitive games will help the players transfer their skills and prepare them for competitive setting. Repetition and application is the focus!

Club Cubbies	Club Cubbies	K - 2nd graders	Girls & Boys	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays	
			Girls & Boys	July 8, 15, 22	5:30 - 6:30pm	\$45	Mondays	
	Club Cubbies	K - 2nd graders	Girls & Boys	June 4, 11, & 18	5:30 - 6:30pm	\$45	Tuesdays	
			Girls & Boys	July 9, 16, 23	5:30 - 6:30pm	\$45	Tuesdays	
	This program is designed to start the early training of young volleyball players! Proper technique & fundamentals essential to the game will be the focus. Players will work on their footwork, passing, reading the ball, serving, and setting. We will work with a lighter ball and lower net so all levels of play can be introduced, including attacking and overhand serving.							

Competition Training	Train & Compete (formerly Competitive Cauldron)	5th - 8th graders	Girls & Boys	June 3, 10, & 17	7:00 - 8:30pm	\$60 for 3 week session	(\$10 discount off the 4x4 tournament for either June 24th or July 29th)	
			Girls & Boys	July 8, 15, 22	7:00 - 8:30pm	\$60 for 3 week session		
	This unique program is designed to keep players competing throughout the summer while still receiving instruction to help improve their skills. Players will start every night with the TRAIN session where they will work on essential skills through skill development drills and get instruction on how to fine tune their skills. The second part of each night will be their chance to COMPETE. Sign up with a partner, or solo and we will match you with a partner.							
	4 X 4 Indoor Tournament	5th, 6th / 7th - 8th / 9th - 12th graders	June 24	6 - 10pm	\$20/person	\$10 off if registered for Train & Compete Sessions also		
			July 29	6 - 10pm	\$20/person			
Sign up with a team of 4 or 5 for this fun night of competition (4 players will be on the court at a time). Teams will compete in their age division for a chance to be our tournament champions at the end of the night. There are no coaches for this tournament. It's a great opportunity for players to take control and test their strategy and skills. Creative team uniforms are encouraged, a prize will be given to the team voted best dressed!								
Competition Nights	5th, 6th / 7th - 8th / 9th - 12th graders	June 4, 18 & July 9, 23	6:30 - 8pm	\$10 online or \$15 walk-ins	Winners each night get their entry fee (\$20) waived for one of the 4x4 tournament nights			
Everyone's favorite part of volleyball is getting to actually play the game, so we are dedicating a full fun-filled night to just that. For an hour and a half players will compete in a wide variety of different games and activities to see who will end the night as our Competition Night Champion!								

SKILLS TRAINING	All Skills Camp	5th, 6th / 7th, 8th	June 18 & 19	9:00 - 12am	\$75		
	This two-day camp is a great way for players to develop and refine their individual skills. Players will be grouped according to skill level and challenged based on their level of ability. Campers will participate in skill development drills and be able to test out their new skills in fun competition drills and games.						
	Advanced Skills Training	5th, 6th / 7th - 8th / 9th - 12th graders	June 11, 25, July 16	5:00 - 8pm	\$40 per session	\$110 for all 3	
	Players will register by position and receive skill specific training in all aspects of that position. This camp allows players to refine their skills in positional training, test those skills in combined positional drills, and compete in live game style drills. This high intensity camp is for experienced players.						
	Skills Training (June)	5th & 6th / 7th & 8th / 9th & 10th	\$60 for ALL THREE JUNE SESSIONS	June 3 -	5:30 - 7pm	\$25	See descriptions below of each training session. You are able to sign up for one, two or all 3.
				June 10 -	5:30 - 7pm	\$25	
				June 17 - Serve	5:30 - 7pm	\$25	
	Skills Training (July)	5th & 6th / 7th & 8th / 9th & 10th	\$60 for ALL THREE JULY SESSIONS	July 8 -	5:30 - 7pm	\$25	
				July 15 -	5:30 - 7pm	\$25	
				July 22 -	5:30 - 7pm	\$25	
Sessions are a great way to improve in positions that you have played in before, but also a great way to gain some experience in other areas to become a well rounded volleyball player. - See descriptions below.							
Defense	5th & 6th / 7th & 8th / 9th & 10th	June 3rd	5:30-7pm	\$25			
		July 8th	5:30-7pm	\$25			

S	This camp will be focused on back row defense with a high volume of reps and fast paced drills. Players will gain confidence in their ability to dive for balls, make aggressive defensive moves, and all around understanding of back row defense.					
	Attacking	5th & 6th / 7th & 8th / 9th & 10th	June 10th	5:30-7pm	\$25	
			July 15th	5:30-7pm	\$25	
	This camp will focus on the proper mechanics for attacking arm swings, approach footwork, and perfecting different shots on the court. Great for players who have played an attacking position before or anyone looking to improve as a front row attacker.					
	Serve & Serve Receive	5th & 6th / 7th & 8th / 9th & 10th	June 17th	5-7:30pm	\$25	
			July 22nd	5-7:30pm	\$25	
Serving and passing are the most important skills of volleyball at any age. This camp will be a high repetition camp to help players improve the first contact and become better point scorers from the endline.						
Serving Bootcamp	5th & 6th / 7th & 8th / 9th & 10th	July 30th	6-7:30pm	\$25		
		Serving is one of the most important skills of the game at any level, and at this camp we are going to break down everything you need to know to take your serve to the next level. Open to all skill levels. If you are looking to learn the basics of overhand serving, improve accuracy in serving zones, learn to jump serve, or fine tune the serve you already have, this is the perfect camp for you.				

S	Specialty Camps	High School BootCamp	9th - 12th	July 30 & 31	1:00 - 4pm	\$75		
		High School Small Group Training	9th - 12th	August 6 & 7	1:00 - 4pm	More information will be coming out about this clinic soon!		
		Middle School BootCamp	6th - 8th	August 6 & 7	5:30 - 7pm	\$45		
		This camp is designed to help provide intense training to prepare for upcoming school tryouts and season. It will include a high number of reps, positional training, and competitive drills. This two-day camp will be a great way to get mentally and physically prepared before heading into the high school season. This camp is for all positions.						

S	Guys!	Club Cubs	nd - 4th graders	BOYS	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays	
					July 8 15, 22	5:30 - 6:30pm	\$45	Mondays	
		Jump Start Clinic	5th, 6th, 7th & 8th graders	BOYS	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays	
					July 8 15, 22	5:30 - 6:30pm	\$45	Mondays	
		A court just for the guys....see descriptions above about Club Cubs & Jump Start Clinic. Bring your friends! Boys can attend any of the clinics above, these two particular clinics will only have guys in their group.							

5th, 6th						
	Camp/Clinic	Session	DATES/ JUNE	DATES/ JULY	Cost	Notes
BEACH	Beach Volleyball Training	Session I	June 4, 6, 11, 13, 20		9:00 - 10:30 am	\$95.00
		Session II		July 9, 11, 16, 18	9:00 - 10:30 am	\$85.00
	Open Beach Session	Session I	June 25		9:00 - 10:30 am	\$10.00
		Session II		July 23	9:00 - 10:30 am	\$10.00
	All Skills Camp	Session I	June 18 & 19		9:00 - 12am	\$75
	Advanced Skills Training	Session I	June 11		5:00 - 8pm	\$40 per session
Session II		June 25		5:00 - 8pm	\$40 per session	\$110 for all 3
Session III			July 16	5:00 - 8pm	\$40 per session	
	Serving Bootcamp	Session I		July 30th	6-7:30pm	
	Defense	Session I	June 3		5:30 - 7pm	\$25
		Session II		July 8	5:30 - 7pm	\$25
	Attacking	Session I	June 10		5:30 - 7pm	\$25
		Session II		July 15	5:30 - 7pm	\$25
	Serve & Serve Receive	Session I	June 17		5:30 - 7pm	\$25

	Serve & Serve receive	Session II		July 22	5:30 - 7pm	\$25		
COMPETITION & GAMES	Train & Compete (formerly Competitive Cauldron)	Session I	June 3, 10, & 17	7:00 - 8:30pm	\$60 for 3 week session			
		Session II	July 8, 15, 22	7:00 - 8:30pm	\$60 for 3 week session			
	4 X 4 Indoor Tournament	Session I	June 24	6 - 10pm	\$20/person			
		Session II	July 29	6 - 10pm	\$20/person			
	Competition Nights	Session I	June 4	6:30 - 8pm	\$10 on-line or \$15 Walk-in			
		Session II	June 18	6:30 - 8pm	\$10 on-line or \$15 Walk-in			
		Session III	July 9	6:30 - 8pm	\$10 on-line or \$15 Walk-in			
		Session IV	July 23	6:30 - 8pm	\$10 on-line or \$15 Walk-in			
Jump Start Clinic	Session I	June 3, 10, & 17	5:30 - 6:30pm	\$20.00				
	Session II	July 8 15, 22	5:30 - 6:30pm	\$20.00				
							MMM	
Skills Training (June)	Session I	June 3 -	5:30 - 7pm	\$25				
	Session II	June 10 - Attacking	5:30 - 7pm	\$25				
	Session III	June 17-Serve & Serve Receive	5:30 - 7pm	\$25				
Skills Training (July)	Session I	July 8 - Defense	5:30 - 7pm	\$25				
	Session II	July 15 - Attacking	5:30 - 7pm	\$25				
	Session III	July 22 - Serve & Serve Receive	5:30 - 7pm	\$25				

"Grade" entering this fall 2019/20 school year

CLUB CUBS	Club Cubs	2nd - 4th graders	Girls	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays
				July 8, 15, & 22	5:30 - 6:30pm	\$45	Mondays
	Club Cubs	2nd - 4th graders	BOYS	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays
				July 8, 15, & 22	5:30 - 6:30pm	\$45	Mondays
	Club Cubs	2nd - 4th graders	Girls & Boys	June 4, 11, & 18	5:30 - 6:30pm	\$45	Tuesdays
				July 9, 16, & 23	5:30 - 6:30pm	\$45	Tuesdays
Developmental league designed to start the early training of young volleyball players. FUNDAMENTAL FOCUS: Players will be taught the correct technique in the areas of passing serving, setting and hitting. In addition to the essential skills, these sessions will also help the players improve in the areas of agility, ball tracking and court movement!!							

CLUB CUBBIES	Club Cubbies	K - 2nd graders	Girls & Boys	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays	
				July 8, 15 & 22	5:30 - 6:30pm	\$45	Mondays	
	Club Cubbies	K - 2nd graders	Girls & Boys	June 4, 11, & 18	5:30 - 6:30pm	\$45	Tuesdays	
				July 9, 16, & 23	5:30 - 6:30pm	\$45	Tuesdays	
	This program is designed to start the early training of young volleyball players! Proper technique & fundamentals will be the primary focus. Players will work on their footwork,							

JUMP START CLINICS	Jump Start Clinic	5th, 6th, 7th & 8th graders	Girls	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays
				July 8, 15, & 22	5:30 - 6:30pm	\$45	Mondays
		5th, 6th, 7th & 8th graders	BOYS	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays
				July 8, 15, & 22	5:30 - 6:30pm	\$45	Mondays
	Jump Start Clinic	5th, 6th, 7th & 8th graders	Girls & Boys	June 4, 11, & 18	5:30 - 6:30pm	\$45	Tuesdays
				July 9, 16, & 23,	5:30 - 6:30pm	\$45	Tuesdays
This session's focus is to launch initial skill development in players with little to no formal training. Fundamental techniques in overhand serving, passing, setting and attacking will be covered. High repetition drills, as well as competitive games, will help the players transfer their skills and prepare them for competition. Repetition and application is the focus!							

GUYS!	Club Cubs	2nd - 4th graders	BOYS	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays	
				July 8, 15, & 22	5:30 - 6:30pm	\$45	Mondays	
	Jump Start Clinic	5th, 6th, 7th & 8th graders	BOYS	June 3, 10, & 17	5:30 - 6:30pm	\$45	Mondays	
				July 8, 15, & 22	5:30 - 6:30pm	\$45	Mondays	
	A court just for the guys....see descriptions above about Club Cubs & Jump Start Clinic. Bring your friends! Boys can attend any of the clinics above, these two particular clinics will only have guys in their group.							

BEACH	Beach Volleyball Training	12 & 13 / 14 & 15 / 16 & 17	Girls & Boys	June 4, 6, 11, 13, & 20	9:00 - 10:30am	\$95.00	Free Open Sand with Registration on June 25th from 9 - 10:30	
		12 & 13 / 14 & 15 / 16 & 17	Girls & Boys	July 9, 11, 16, & 18	9:00 - 10:30am	\$85.00	Free Open Sand with	
	Beach training is a great opportunity to increase court awareness and advance your all around volleyball skills. Beach helps to improve skills that will transfer to indoor play. Sessions will include skill training and competition, and help improve ball control and volleyball IQ. No previous beach experience is required. Sign up as an individual for training.							
	Open Beach Session	12 & 13 / 14 & 15 / 16 & 17	Girls & Boys	June 25	9:00 - 10:30am	\$10.00	Free if attending Beach Volleyball Training	
		12 & 13 / 14 & 15 / 16 & 17	Girls & Boys	July 23	9:00 - 10:30am	\$10.00	Free if attending Beach	
	Open court sessions for players wanting to see what beach is all about. Whether you are trying to decide if the next beach session is for you, or if you want to get some practice in before the beach tournament, this is a great opportunity. Walk-ins welcome!							
Beach Doubles Tourney	12 & 13 / 14 & 15 / 16 & 17	Girls & Boys	June 27	8:30 - 12:00pm	\$20.00	List your partner's name on your online registration!		
	12 & 13 / 14 & 15 / 16 & 17	Girls & Boys	July 25	8:30 - 12:00pm	\$20.00			
Come put your volleyball skills to the test as you compete against other doubles teams in a tournament setting.								

	REGISTER AT: CLUBLEGACYVBA.COM								