

2022 SEC Boys Conference Relays - 12/8/2022
Results - 2022 SEC Boys Conference Relays

Event 1 Men 400 Yard Medley Relay Varsity

Team	Relay	Seed Time	Finals Time	Points
1 East Ridge High School-MN	A	3:47.79	3:37.87	18
1) Havermann, Aidynn 10	2) Gillard, Morgan 12	3) Abrahamson, Neil 11	4) Langstraat, Nathan 12	
26.41 54.40 29.09 1:03.42	23.90 52.00	22.89 48.05		
2 Mounds View High School-MN	A	3:55.71	3:42.97	16
1) Wallin, Josh 12	2) Hare, Nathan 11	3) Zhou, Steven 12	4) Wang, Justin 12	
26.24 54.54 28.98 1:03.09	24.89 54.97	23.25 50.37		
3 Woodbury High School-MN	A	4:25.99	4:05.56	14
1) McElwain, Grant 9	2) Webb, Raymond 10	3) Stadheim, Derek 10	4) Worth, John 10	
30.53 1:02.36 30.84 1:07.14	27.23 58.16	26.80 57.90		
4 East Ridge High School-MN	B	3:56.93	x4:13.59	
1) Rutkowski, Colton 9	2) Chao, Ian 10	3) Shannon, Michael 10	4) Olson, Ethan 12	
30.01 1:01.13 32.48 1:11.85	29.35 1:04.36	26.46 56.25		
5 Mounds View High School-MN	B	4:01.40	x4:19.69	
1) Bai, Danny 9	2) Higley, Andrew 9	3) Gafencu, Theo 11	4) Kwan, Peyton 10	
27.63 56.76 38.44 1:23.97	27.80 1:00.88	27.64 58.08		
6 Cretin-Derham Hall-MN	A	3:54.61	4:21.79	12
1) Kirchberg, Jack 10	2) Dougherty, Finn 11	3) Baumberger, Matt 11	4) Sargent, Owen 9	
32.82 1:09.59 35.98 1:18.46	24.38 54.15	28.07 59.59		
7 Forest Lake-MN	B	4:32.67	4:28.33	10
1) Carlson, Levi SO	2) Robertson, Thatcher FR	3) Trocke, Sam JR	4) Gregiore, Eric SO	
35.21 1:11.69 35.48 1:16.18	28.56 1:03.33	26.82 57.13		
8 Woodbury High School-MN	B	5:15.66	x4:49.05	
1) Yang, Evan 10	2) Schmidt, Noah 12	3) Riter, Logan 11	4) Lunzer, Ben 11	
37.73 1:19.45 36.13 1:20.05	31.01 1:07.51	29.10 1:02.04		
9 Mounds View High School-MN	C	4:36.00	x4:53.85	
1) Higley, Matthew 11	2) Defeyter, Jay 8	3) Wang, Henry 12	4) Wilkes, Soren 9	
38.20 1:17.93 39.74 1:26.93	29.08 1:09.78	27.65 59.21		
--- East Ridge High School-MN	C	4:01.53	DQ	
1) Lu, Steven 10	2) Hoelzel, Zachary 9	3) Reese, Jamison 9	4) Robinson, Carter 10	
33.15 1:09.11 42.69 1:35.29	30.63 1:12.34	15.64 1:13.08		
--- Forest Lake-MN	A	4:10.56	DQ	
1) Bour, Robert JR	2) Eddy, Ryan SR	3) Brady, Beau JR	4) Siedow, Riley SR	
32.31 1:10.01 28.62 1:07.81	28.10 1:02.96	24.35 52.73		

Event 2 Men 200 Yard Freestyle Relay Varsity

Team	Relay	Seed Time	Finals Time	Points
1 East Ridge High School-MN	A	1:32.55	1:38.36	18
1) Xiong, Vincent 11	2) Olgun, Poyraz 11	3) Domingos, Cashman 9	4) Shekhar, Neel 10	
25.79 24.95				
2 Forest Lake-MN	A	1:44.12	1:41.66	16
1) Thompson, Brady SR	2) Gregiore, Eric SO	3) Belev-Graham, Roman	4) Galsworthy, Joseph SR	
25.51 25.70 25.53 24.92				
3 Mounds View High School-MN	A	1:40.23	1:46.11	14
1) Lawrence, Ben 9	2) Cole, Joe 10	3) Ramel, Isaac 11	4) Schmitzer, Luke 10	
25.92 30.14 25.68 24.37				
4 Mounds View High School-MN	B	2:09.95	x1:54.91	
1) Gill, Raj 10	2) Then, Grayson 9	3) Quackenbush, Thomas 8	4) Haller, Emmett 8	
30.15 27.95 28.32 28.49				
5 East Ridge High School-MN	B	2:03.58	x1:56.07	
1) Adam, Jacob 8	2) Perry, Tolkien 12	3) Smith, Carter 9	4) Yates, Andrew 11	
28.83 28.31 29.76 29.17				
6 Mounds View High School-MN	C	NT	x2:05.37	
1) Officer, Brady 11	2) Zhao, Thomas 8	3) Collins, Charlie 8	4) Overbo, William 11	
32.31 28.56 34.98 29.52				

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(Event 2 Men 200 Yard Freestyle Relay Varsity)

Team	Relay	Seed Time	Finals Time	Points
7 Forest Lake-MN	B	2:10.14	x2:05.50	
1) Clark, Caleb	2) Welk, Brayden	3) Wood, Evan JR	4) Missidenti, Frederico SR	
33.63 33.95 28.86	29.06			
8 Woodbury High School-MN	A	3:12.00	2:11.77	12
1) Owings, Lincoln 8	2) Manor, Anthony 8	3) Thao, Nathan 8	4) Larson, Colton 9	
34.85 41.44 27.00	28.48			
9 Forest Lake-MN	C	2:40.42	x2:26.41	
1) Johnson, Zachary	2) McKenzie, Calvin	3) Tauer, Russel	4) Fahland, Donald	
37.71 31.76 46.34	30.60			
10 Cretin-Derham Hall-MN	A	1:48.35	2:27.66	10
1) Leher, Nate 11	2) Wachlarowicz, Eli 10	3) Larson, Will 11	4) Steinhoff, Carl 9	
54.27 29.27 26.70	37.42			
11 Woodbury High School-MN	C	3:18.00	x2:29.57	
1) Dooley, Rui 7	2) Orbell, Eli 8	3) Rodgers, Owen 11	4) Ansari, Adil	
41.08 28.44 33.03	47.02			
12 East Ridge High School-MN	C	2:14.97	x2:41.38	
1) Rosendal, Aksel 12	2) Arias Garcia, Eduardo 8	3) Lindahl, Simon 7	4) Whelan, Rowan 9	
38.55 35.27 50.15	37.41			

Event 3 Men 400 Yard Medley Relay 4x100 IM Relay Varsity

Team	Relay	Seed Time	Finals Time	Points
1 Mounds View High School-MN	A	4:07.68	3:58.02	18
1) Wang, Justin 12	2) Kwan, Peyton 10	3) Bai, Danny 9	4) Quattrin, Tyler 11	
26.68 57.20 31.51	1:05.72 25.74 56.15	26.42 58.95		
2 Woodbury High School-MN	B	4:25.00	4:16.60	16
1) Stadheim, Derek 10	2) Riter, Logan 11	3) Tsao, Aiden 10	4) Webb, Raymond 10	
28.30 1:01.99 32.66	1:10.02 28.12 1:04.66	27.11 59.93		
3 East Ridge High School-MN	A	3:56.93	4:17.66	14
1) Eastman, Jacob 12	2) Moss, Blake 8	3) Chao, Ian 10	4) Cheema, Nihal 11	
27.65 1:00.17 28.46	1:03.58 29.45 1:04.68	32.34 1:09.23		
4 Cretin-Derham Hall-MN	A	4:04.01	4:26.41	12
1) Baumberger, Matt 11	2) Dougherty, Finn 11	3) Kirchberg, Jack 10	4) Sargent, Owen 9	
26.17 57.10 32.62	1:10.73 31.98 1:07.91	32.07 1:10.67		
5 East Ridge High School-MN	B	4:24.49	x4:38.29	
1) Shannon, Michael 10	2) Reese, Jamison 9	3) Hoelzel, Zachary 9	4) Green, Ryan 9	
30.55 1:05.63 33.37	1:11.68 33.49 1:15.39	29.06 1:05.59		
6 Forest Lake-MN	A	4:44.26	4:40.17	10
1) Eddy, Ryan SR	2) Siedow, Riley SR	3) Carlson, Levi SO	4) Robertson, Thatcher FR	
33.05 1:08.06 33.86	1:13.58 32.91 1:09.91	31.06 1:08.62		
7 Woodbury High School-MN	A	5:00.00	x4:45.27	
1) Choi, Andrew 10	2) Schmidt, Noah 12	3) Yang, Evan 10	4) Lorenz, Phil 12	
33.05 1:12.90 32.57	1:10.20 33.84 1:18.56	25.56 1:03.61		
8 Mounds View High School-MN	B	NT	x5:04.96	
1) Wilkes, Soren 9	2) Defeyter, Jay 8	3) Higley, Andrew 9	4) Higley, Matthew 11	
30.41 1:05.33 37.39	1:17.87 42.53 1:24.10	35.47 1:17.66		
9 Forest Lake-MN	B	5:39.12	x5:27.99	
1) Schmidt, Leo	2) Clark, Caleb	3) Radtke, Lucas	4) Welk, Brayden	
34.67 1:16.93 34.78	1:18.29 38.68 1:24.66	42.48 1:28.11		
--- East Ridge High School-MN	C	4:55.70	DQ	
1) Bednar, Brayden 8	2) Pankonie, Mitchel 10	3) Jepsen, William 9	4) Makela, William 8	
45.59 1:34.88 36.82	1:21.80 40.25 1:34.16	33.60 1:15.81		

Event 4 Men 1 mtr Diving Varsity

Name	Yr	School	Finals Score	Points	
1 Tran, Jason	12	Woodbury High School-MN	NP	101.80	18

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(Event 4 Men 1 mtr Diving Varsity)

Name	Yr	School		Finals Score	Points
--- Noha, Adam		Forest Lake-MN	NP	XDQ	
--- Krengel, Zachary	9	Woodbury High School-MN	NP	XDQ	
--- Gunderson, David		Forest Lake-MN	NP	XDQ	
--- Andre, Deacon	SR	Forest Lake-MN	NP	XDQ	
--- Livermore, Jamison	FR	Forest Lake-MN	NP	XDQ	

Event 5 Men 200 Yard Butterfly Relay Varsity

Team	Relay	Seed Time	Finals Time	Points
1 East Ridge High School-MN	A	1:41.01	1:40.89	18
1) Abrahamson, Neil 11	2) Eastman, Jacob 12	3) Olgun, Poyraz 11	4) Xiong, Vincent 11	
23.57 25.32 27.55	24.45			
2 Mounds View High School-MN	A	1:55.09	1:51.35	16
1) Zhou, Steven 12	2) Wang, Henry 12	3) Kwan, Peyton 10	4) Quattrin, Tyler 11	
25.25 29.89 30.20	26.01			
3 Forest Lake-MN	A	2:03.17	1:53.84	14
1) Brady, Beau JR	2) Bour, Robert JR	3) Trocke, Sam JR	4) Belev-Graham, Roman	
26.54 30.64 28.34	28.32			
4 Woodbury High School-MN	A	2:10.45	1:54.83	12
1) Choi, Andrew 10	2) McElwain, Grant 9	3) Tsao, Aiden 10	4) Webb, Raymond 10	
33.82 27.36 27.64	26.01			
5 East Ridge High School-MN	B	2:02.95	x2:11.89	
1) Domingos, Cashman 9	2) Lu, Steven 10	3) Pankonie, Mitchel 10	4) Perry, Tolkien 12	
27.69 30.31 36.41	37.48			
6 Woodbury High School-MN	C	3:28.00	x2:31.62	
1) Faulkner, Eli 10	2) Tillman, Max 9	3) Yang, Evan 10	4) Munson, Sasha 11	
35.68 51.91 37.27	26.76			
7 East Ridge High School-MN	C	2:18.80	x2:34.85	
1) Shekhar, Neel 10	2) Bednar, Brayden 8	3) Khan, Shuab 7	4) Jepsen, William 9	
29.95 44.53 36.23	44.14			
--- Woodbury High School-MN	B	2:58.98	DQ	
1) Lunzer, Ben 11	2) Thao, Nathan 8	3) Manor, Will 12	4) Worth, John 10	
31.25 30.69 28.58	33.17			

Event 6 Men 800 Yard Freestyle Relay Varsity

Team	Relay	Seed Time	Finals Time	Points
1 East Ridge High School-MN	A	7:58.74	7:32.19	18
1) Langstraat, Nathan 12	2) Havermann, Aidynn 10	3) Olson, Ethan 12	4) Gillard, Morgan 12	
24.06 51.12 1:19.38	1:48.03 24.28 52.09	1:21.48 1:50.03		
27.25 58.13 1:30.45	2:02.69 25.22 53.20	1:22.17 1:51.44		
2 Mounds View High School-MN	A	8:04.42	7:50.81	16
1) Bai, Danny 9	2) Gafencu, Theo 11	3) Schmitzer, Luke 10	4) Hare, Nathan 11	
25.36 53.11 1:22.15	1:50.80 27.60 59.79	1:33.84 2:09.14		
26.09 55.78 1:26.11	1:56.18 25.87 55.59	1:26.02 1:54.69		
3 Woodbury High School-MN	A	8:45.33	8:16.68	14
1) Stadheim, Derek 10	2) Riter, Logan 11	3) McElwain, Grant 9	4) Tsao, Aiden 10	
25.61 54.82 1:25.87	1:56.68 28.39 1:00.55	1:33.76 2:06.74		
27.79 1:00.00 1:34.37	2:07.11 27.54 59.31	1:33.08 2:06.15		
4 Cretin-Derham Hall-MN	A	9:14.42	9:10.43	12
1) van Oosterom, Isaac 10	2) Simmons, Marcus 10	3) Kovats, John 10	4) Dougherty, Finn 11	
29.49 1:03.88 1:40.51	2:17.11 28.57 1:01.29	1:34.84 2:08.75		
32.41 1:08.30 1:45.25	2:20.15 32.71 1:09.80	1:48.73 2:24.42		

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(Event 6 Men 800 Yard Freestyle Relay Varsity)

Team	Relay	Seed Time	Finals Time	Points
5 Mounds View High School-MN	B	9:40.63	x9:10.95	
1) Haller, Emmett 8	2) Cole, Joe 10	3) Quackenbush, Thomas 8	4) Lawrence, Ben 9	
30.33 1:04.90 1:40.38 2:15.79 31.80 1:08.30 1:46.44 2:23.98				
31.50 1:07.75 1:44.30 2:19.53 28.69 1:03.43 1:38.79 2:11.65				
6 East Ridge High School-MN	B	9:05.22	x9:11.50	
1) Green, Ryan 9	2) Chao, Ian 10	3) Cheema, Nihal 11	4) Hoelzel, Zachary 9	
29.10 1:03.71 1:40.17 2:26.02 21.17 55.61 1:32.81 2:08.26				
30.10 1:04.10 1:38.19 2:15.28 1:11.34 1:48.49 2:21.94				

Event 7 Men 200 Yard Backstroke Relay Varsity

Team	Relay	Seed Time	Finals Time	Points
1 Mounds View High School-MN	A	1:45.20	1:49.42	18
1) Wallin, Josh 12	2) Quattrin, Tyler 11	3) Wilkes, Soren 9	4) Ramel, Isaac 11	
25.46 26.54 30.73 26.69				
2 East Ridge High School-MN	A	2:02.95	1:58.46	16
1) Rutkowski, Colton 9	2) Lu, Steven 10	3) Reese, Jamison 9	4) Moss, Blake 8	
29.49 29.16 31.37 28.44				
3 Forest Lake-MN	A	2:05.78	2:03.28	14
1) Bour, Robert JR	2) Carlson, Levi SO	3) Galsworthy, Joseph SR	4) Trocke, Sam JR	
33.39 30.93 30.42 28.54				
4 Woodbury High School-MN	A	2:15.04	2:04.41	12
1) Lorenz, Phil 12	2) Choi, Andrew 10	3) Munson, Sasha 11	4) Manor, Will 12	
30.50 32.47 30.80 30.64				
5 Mounds View High School-MN	B	2:03.06	x2:20.20	
1) Higley, Matthew 11	2) Zhao, Thomas 8	3) Gill, Raj 10	4) Then, Grayson 9	
36.66 36.05 32.26 35.23				
6 Forest Lake-MN	B	2:39.88	x2:24.26	
1) Wood, Evan JR	2) Schmidt, Leo	3) Missidenti, Frederico SR	4) Welk, Brayden	
34.46 17.70 51.97 40.13				
7 East Ridge High School-MN	B	2:03.58	x2:41.89	
1) Bednar, Brayden 8	2) Smith, Carter 9	3) Robinson, Carter 10	4) Finnegan, August 9	
49.00 34.11 38.60 40.18				
8 Woodbury High School-MN	B	3:00.45	x2:46.00	
1) Manor, Anthony 8	2) McElwain, Alexander 7	3) Owings, Lincoln 8	4) Larson, Colton 9	
51.75 32.85 46.87 34.53				
9 Cretin-Derham Hall-MN	A	2:00.64	2:52.93	10
1) Leber, Nate 11	2) Larson, Will 11	3) Steinhoff, Carl 9	4) Wachlarowicz, Eli 10	
28.46 1:13.85				
10 Woodbury High School-MN	C	3:20.00	x3:01.58	
1) Rodgers, Owen 11	2) Schmidt, Peter 9	3) Ansari, Adil	4) Dooley, Rui 7	
44.77 44.18 46.77 45.86				
--- East Ridge High School-MN	C	2:16.04	DQ	
1) Makela, William 8	2) Khan, Shuab 7	3) Jepsen, William 9	4) Duncan, Greyson 7	
34.96 39.08 43.74 58.44				
--- Forest Lake-MN	C	3:00.99	DQ	
1) Fahland, Donald	2) McKenzie, Calvin	3) Johnson, Zachary	4) Tauer, Russel	
43.28 50.78 33.68 1:01.30				

Event 8 Men 200 Yard Breaststroke Relay Varsity

Team	Relay	Seed Time	Finals Time	Points
1 Mounds View High School-MN	A	2:09.40	2:02.09	18
1) Zhou, Steven 12	2) Lawrence, Ben 9	3) Schmitzer, Luke 10	4) Hare, Nathan 11	
29.28 33.46 31.08 28.27				

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(Event 8 Men 200 Yard Breaststroke Relay Varsity)

Team	Relay	Seed Time	Finals Time	Points
2 East Ridge High School-MN	A	2:18.80	2:05.69	16
1) Eastman, Jacob 12	2) Olgun, Poyraz 11	3) Green, Ryan 9	4) Xiong, Vincent 11	
30.90 31.52 32.64	30.63			
3 Forest Lake-MN	A	2:12.43	2:16.09	14
1) Thompson, Brady SR	2) Gregiore, Eric SO	3) Robertson, Thatcher FR	4) Eddy, Ryan SR	
35.14 33.96 39.13	27.86			
4 Cretin-Derham Hall-MN	A	2:24.73	2:32.86	12
1) Kovats, John 10	2) Simmons, Marcus 10	3) van Oosterom, Isaac 10	4) Wachlarowicz, Eli 10	
40.19 35.48 36.20	40.99			
5 Woodbury High School-MN	A	2:45.64	2:38.40	10
1) Schmidt, Noah 12	2) Faulkner, Eli 10	3) Lunzer, Ben 11	4) Thao, Nathan 8	
38.64 40.18 37.51	42.07			
--- Woodbury High School-MN	B	3:20.00	DQ	
1) Manor, Anthony 8	2) Orbell, Eli 8	3) McElwain, Alexander 7	4) Rodgers, Owen 11	
52.28 47.35 44.59	45.11			
--- Mounds View High School-MN	B	2:35.76	DQ	
1) Overbo, William 11	2) Collins, Charlie 8	3) Defeyter, Jay 8	4) Higley, Andrew 9	
40.67 52.59 40.76	37.56			
--- East Ridge High School-MN	C	2:32.88	DQ	
1) Finnegan, August 9	2) Arias Garcia, Eduardo 8	3) Rosendal, Aksel 12	4) Shekhar, Neel 10	
42.29 57.74 47.30	32.46			
--- East Ridge High School-MN	B	2:26.80	DQ	
1) Cheema, Nihal 11	2) Domingos, Cashman 9	3) Khan, Shuah 7	4) Adam, Jacob 8	
36.05 35.45 46.79	50.03			
--- Forest Lake-MN	B	2:42.65	DQ	
1) Clark, Caleb	2) Schmidt, Leo	3) Radtke, Lucas	4) Fahland, Donald	
38.69 36.39 47.22	39.81			

Event 9 Men 400 Yard Freestyle Relay Varsity

Team	Relay	Seed Time	Finals Time	Points
1 East Ridge High School-MN	A	3:22.65	3:15.54	18
1) Gillard, Morgan 12	2) Abrahamson, Neil 11	3) Havermann, Aidynn 10	4) Langstraat, Nathan 12	
23.38 48.11 23.62	49.90 23.47 49.79	22.79 47.74		
2 Mounds View High School-MN	A	3:24.65	3:31.61	16
1) Ramel, Isaac 11	2) Gafencu, Theo 11	3) Wang, Justin 12	4) Wallin, Josh 12	
27.58 56.28 25.89	53.95 24.13 51.17	23.39 50.21		
3 Forest Lake-MN	A	3:40.79	3:44.22	14
1) Brady, Beau JR	2) Galsworthy, Joseph SR	3) Thompson, Brady SR	4) Siedow, Riley SR	
25.45 54.43 26.85	56.13 27.67 57.67	26.27 55.99		
4 East Ridge High School-MN	B	3:59.14	x3:49.13	
1) Olson, Ethan 12	2) Moss, Blake 8	3) Shannon, Michael 10	4) Rutkowski, Colton 9	
27.56 57.45 27.37	57.79 28.20 58.13	27.00 55.76		
5 Cretin-Derham Hall-MN	A	4:17.11	3:52.43	12
1) Baumberger, Matt 11	2) Kirchberg, Jack 10	3) van Oosterom, Isaac 10	4) Sargent, Owen 9	
25.26 52.49 27.82	58.44 29.29 1:02.31	28.24 59.19		
6 Woodbury High School-MN	A	3:54.65	3:55.21	10
1) Worth, John 10	2) Manor, Will 12	3) Munson, Sasha 11	4) Lorenz, Phil 12	
27.77 58.99 28.95	1:00.72 26.85 57.12	27.13 58.38		
7 Mounds View High School-MN	B	3:51.25	x4:15.09	
1) Then, Grayson 9	2) Wang, Henry 12	3) Cole, Joe 10	4) Haller, Emmett 8	
29.59 1:02.36 32.04	1:06.92 29.63 1:03.17	30.19 1:02.64		
8 Mounds View High School-MN	C	NT	x4:31.84	
1) Gill, Raj 10	2) Zhao, Thomas 8	3) Officer, Brady 11	4) Quackenbush, Thomas 8	
31.57 1:08.00 32.89	1:08.27 33.73 1:14.15	29.70 1:01.42		

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9 Forest Lake-MN	B	4:49.20	x4:33.66	
1) Belev-Graham, Roman	2) Radtke, Lucas	3) Wood, Evan JR	4) Missidenti, Frederico SR	
28.18 1:00.73 33.67 1:14.89 27.51 1:06.34	15.84 1:11.70			
10 East Ridge High School-MN	C	4:55.40	x4:35.51	
1) Perry, Tolkien 12	2) Finnegan, August 9	3) Makela, William 8	4) Yates, Andrew 11	
29.97 1:04.07 36.22 1:17.32 31.05 1:05.47	30.95 1:08.65			
11 Woodbury High School-MN	B	6:00.00	x4:57.97	
1) Faulkner, Eli 10	2) Larson, Colton 9	3) Schmidt, Peter 9	4) Tillman, Max 9	
30.39 1:03.56 31.43 1:05.04 1:26.54	37.81 1:22.83			

Kelly Sampson
 12/08/22
 7:02 PM
 103885
 MSL