

LEARN TO PLAY

Hockey

WITH THE BLACK BEARS ACADEMY



WHERE TO START

1 FREE CLINICS

These 1-2 hour sessions are held a few times a season and all of the gear is provided so there's absolutely no cost to you to get your player on the ice!

2 LITTLE BRUINS®

The "Little Bruins" Learn To Skate program is an exceptional opportunity to get your athlete a full set of brand-new equipment at a fraction of the cost. Includes 4 one-hour lessons.

3 LEARN TO SKATE

Offers one session per week Oct. - Dec. Your athlete will develop basic and intermediate skating skills, learning to maneuver on skates wearing a full set of hockey equipment.

4 INTRO TO HOCKEY

Offers one practice per week Oct. - Jan. Your athlete will learn various skills in development stations and games, and will learn the sport of hockey in a fun and supportive environment.

5 HOUSE MITES

Offers two practices per week and scrimmages throughout the season. Teaches and develops the fundamentals of playing hockey games without emphasis on winning or losing.

SOME PLAYERS MAY BEGIN OUT OF ORDER, KEEP READING FOR MORE...



LEARN TO PLAY *Hockey* CONTINUED...



ORDER OF PROGRESS

Not all players will progress at the same speed and you may be interested in starting your athlete after some of the programs have ended. No worries! Our Learn to Play programs are designed to be used in conjunction with one another or independently.

If your player has never been on the ice before, you may want to start at one of our **Free Clinics**. There will be no cost to you as all of the equipment is provided for the session. This is a great way for your player to get on the ice and see how they feel about being on skates and wearing the equipment.

The **Little Bruins®** (Bruins Academy) is sponsored by the Boston Bruins®. Black Bears offers this program because of the deep discount it provides our families on hockey equipment. Registration includes 4 one-hour sessions **and** a complete bag of hockey equipment at a fraction of the cost of buying new. We recommend Little Bruins if your athlete is interested in continuing to learn to skate and play hockey to take advantage of these savings.

Learn to Skate is a lower-commitment start for new skaters to gain the skills they need to move on to playing hockey. They'll learn to skate in hockey equipment with a stick in a fun and supportive environment. If you've missed out on, or don't want to wait for, our free clinics or Little Bruins, this is a great place for your skater to start.

Intro to Hockey offers one practice a week from October - January. Athletes should know how to skate before entering the Intro program where they will develop hockey-specific skills through learning stations and games.

House Mites is our first tier of hockey play against opposing teams through cross-ice scrimmages. With two practices per week and scrimmages throughout the season your athlete will learn the fundamentals of playing hockey without an emphasis on winning or losing.

REGISTER AND LEARN MORE AT:
WWW.BLACKBEARHOCKEY.ORG

