



## Boy's Travel Packet Guide

2024-2025



**Welcome to HOV and the 2024-2025 club season!**

From a monumental 2023 club season that brought HOV's first ever boys' travel volleyball programming, we are excited and expectant of an amazing 2024-2025 club season. As the area's ONLY boys' volleyball club, our organization will always prioritize the development and growth of boys' volleyball.

Passion and dedication fuel our coaches, who boast a wealth of court and sideline experience. You will not find a more committed and talented group anywhere else, and our athletes are truly fortunate to have access to such a diverse range of coaches with multiple positional competencies. But we are not just here to win; that is not enough for us! We are determined to see our athletes' triumph and consistently improve throughout their HOV experience.

Our vision goes beyond the court; it's about nurturing well-rounded athletes who excel in all areas of life. We do not merely focus on volleyball-specific skills; we also prioritize the mental well-being of our athletes. We invest time in training them as complete individuals, instilling values of giving back to the community, providing leadership opportunities, and shining a light on our core principles: discipline, excellence, integrity, teamwork, and leadership.

As boys' volleyball is continuing to grow throughout the country, HOV is continually prioritizing every opportunity possible to gain volleyball experience for our athletes. As HOV has a long history of volleyball programming, we are beyond excited to see how we will continue to grow the male-side of volleyball. Please read through this travel guide that captures the value and purpose of a HOV season.

We look forward to seeing you in our gym.

**Best,**  
**Lara Hite, HOV Programs/Travel Director**

## Our Foundation

In 1990, Beno Chappell founded the start to what is now Heart of Virginia Volleyball. Over the past 34 years endless numbers of fearless leaders have paved the way to offering top-tier volleyball programs to the greater Lynchburg area. Throughout many different changes of leadership, club facelifts, and an official non-profit status, HOV is now home to over 16 travel volleyball teams, host to many local volleyball tournaments (both indoor and outdoor), and volunteers hundreds of community service hours throughout the organization. Becoming part of the HOV family is not only about volleyball, but also about a commitment to the athlete's growth both on and off the court.

## Our Mission

At HOV, our MISSION for our programs is that adolescent girls' and boys' players will be given the opportunity to develop and learn the game of volleyball while simultaneously learning the important life lessons of teamwork, commitment, time management, sportsmanship, and dependability. Players have the ability to learn at the developmental level all the way to the highest level possible. Our players, who come from diverse economic areas, will come to know the importance of giving their best effort to the things that are important to them and carry forward the values we share for the betterment of the rest of their lives.

*We are committed to fostering a welcoming environment through a diverse, equitable and inclusive game. We celebrate every race, age, disability, and background in our region, to unite as one community. We believe meaningful action can positively affect important changes in our sport and carry over into our everyday lives.*

## Our Vision

*Every athlete that comes through HOV is continually taught the following core values. Our intention is that every HOV athlete grows to continually embody these values in every aspect of their life.*



# General Team Information

For the 2024-2025 travel season HOV, is expecting to have **ONE (1)** boy's travel team and **ONE (1)** boy's developmental team.

The respective USAV Age Criteria is listed below:

- 18 and Under Division: Players who were born on or after July 1, 2006 (including high school graduates eligible based on the above paragraph)
- 17 and Under Division: Players who were born on or after July 1, 2007
- 16 and Under Division: Players who were born on or after July 1, 2008
- 15 and Under Division: Players who were born on or after July 1, 2009
- 14 and Under Division: Players who were born on or after July 1, 2010
- 13 and Under Division: Players who were born on or after July 1, 2011
- 12 and Under Division: Players who were born on or after July 1, 2012
- 11 and Under Division: Players who were born on or after July 1, 2013
- 10 and Under Division: Players who were born on or after July 1, 2014

\*Note about age criteria:

- Grade is not the primary determinant of USAV age eligibility. .

## Coaching Staff

TEAM NAME/LEVEL	18's Boys	Developmental	
Head Coach	Colton Fox	Joel Abe	TBD
Assistant Coach	Kristen Hardie	TBD	TBD

## Practice Schedule

Every team's practice schedule will be announced once teams are assigned October 1, 2024.

# Travel Schedule

Our organization strives to choose the best tournaments and dates for our athletes. Please remember we have the athlete's interest at the forefront of every decision we make.

**Important things to remember:**

- ◇ We will host 1-2 home tournaments that cut down on travel expenses.
- ◇ Our schedules ALWAYS seek to accommodate families' financial situations.
- ◇ Our teams will compete at the highest level recommended for their team.
- ◇ \*Stay-to-play Sanctioned Tournament
- ◇ #AAU Membership Required

DATE	EVENT	LOCATION	Developmental
September 21st	Tryouts	HOV	✓
November 2-3rd	Parent/Player/Coach Team Meeting	HOV	✓
Week of November 10th	Practice Begins	HOV	✓
December 6	Team Competition & Community Service Night	HOV	✓
December 13	Season Kick Off/Alumni Night	HOV	✓
December 14	Certapalooza	HOV (possibly Rustburg)	✓
February	Planned Scrimmage	TBD	✓
March	Planned Scrimmage	TBD	✓

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DATE	EVENT	LOCATION	Boys 18s (National Schedule)	Boys 18s (Navy Schedule)	Boys 18s (Red Schedule)
September 21st	Tryouts	HOV	✓		
November 2-3rd	Parent/Player/Coach Team Meeting	HOV	✓		
Week of November 10th	Practice Begins	HOV	✓		
December 6th	Team Competition & Community Service Night	HOV	✓		
December 13-14th	AAU Rust Bucket Tournament#	Harrisburg , PA	✓	✓	
December 13-14th	AAU River City Reindeer Rumble#	Glen Allen, VA			✓
January 18-19th	City of Oaks	Raleigh, NC	✓	✓	✓
January 25-26th	*ECPL Boys Grand Prix	Virginia Beach, VA	✓		
February 15-16th	K2 Presidents Day Bash	Knoxville/ Sevierville, TN	✓		
February 22-23rd	St. James Boys ECPL	Springfield, VA	✓	✓	✓
March 1-2nd	Carolina Crown (formerly Battle of Bros)	Raleigh, NC	✓	✓	✓
April 5-6th	Virginia Spring Fling	Virginia Beach, VA	✓		
April 19-20th	AAU Rocky Mount Grand Prix#	Rocky Mount, NC		✓	
May 24-26th	*Boys East Coast Championship	Richmond, VA	✓	✓	✓

# Travel Cost

As we understand travel fees can be overwhelming and at some points challenging, we are providing this section of our information packet to guide families into the ease of travel volleyball. Whether this is your first, fifth, or final season with our HOV family, we hope you can gauge the importance of these fees.

<i>Boy's CLUB DUES</i>	Boys National \$3270	Boys Navy \$2560	Boys Red \$2150	Boys Developmental \$675
<i>INCLUDES THE FOLLOWING:</i>				
Coaching Compensation	✓	✓	✓	✓
Practice Fees	✓	✓	✓	✓
Tournament Entry Fees	✓	✓	✓	
All Coaching-related travel expenses	✓	✓	✓	✓
Uniform Package	✓	✓	✓	✓
Admin Fees	✓	✓	✓	✓
*Team/Athlete Support Services (HUDL)	National Level Only	National Level Only	National Level Only	National Level Only

\*Any National/Navy team can add HUDL for additional \$200 per player. Here is the [LINK](#) to get more information about HUDL. The decision to implement HUDL must be made collectively by the team. It cannot be adopted unless there is unanimous agreement among all team members.

Club dues can either be paid in full or paid in installments after an initial Acceptance Deposit of \$150 is made by September 24th.

Parents have the option of payment plan installments

(All installments will be charged through Sports Engine on the first of the month)

- Pay in Full
- 4 Months: November 2024, December 2024, January 2025, February 2025 (10's, White, Red, Navy, Black/National)
- 7 Months: November 2024 - May 2025 (Black/National Only)
- This fee DOES NOT include the memberships necessary to play (USAV and/or AAU). These will be discussed during the parent meeting. (Non-travel teams will still have to get USAV memberships due to liability insurance for the season.)

## **ACCEPTANCE DEPOSIT:**

***This deposit is \$150. The fee goes towards the club fees. This must be paid to the club at the time of accepting the position offered to the athlete. This should be within 24 hours of the offer that is extended.***

**FAMILY-DIRECTED TRAVEL PLAN** – FAMILY-DIRECTED Travel is when an athlete’s transportation, meals, lodging, and supervision is arranged and paid for by their parent or designated guardian. The HOV Family has adopted FAMILY-DIRECTED Travel club-wide, and dues include the cost of coach travel to the teams’ events.

## OTHER INFORMATION

- **FOOD:** Each athlete’s family will be responsible for the food needs of their athlete including snacks and a healthy meal while playing. If team dinners are arranged, everyone is responsible for their own expenses.
- **TEAM ACTIVITIES:** Each team commits to one activity per tournament such as dinner or an outing (mini golf, theme park, etc.). These activities are the combined responsibility of the athlete, family, and coaches. These events seek to create team chemistry and create team memories.
- **TRANSPORTATION AND LODGING:** Transportation and lodging expenses are the responsibility of the athlete and their family. These are not included in the club dues.

## Uniforms

*HOV has a variety of partnerships that allow our athletes to receive top of the line gear for their volleyball experience.*

### Please note the following about uniforms:

- Uniforms are included in club fees.
- Boys should only wear WHITE socks and BLACK shorts as part of their uniform gear.
- Kneepads, court shoes, and other volleyball associated clothing are recommended but not required.
- Our partnership with Dick’s Sporting Good allows our families to benefit from their year-round coupons for sporting goods. Here is the [LINK](#) for these coupons.

## Spirit Wear

All HOV families have continued access to the following avenues of purchasing HOV spirit wear:

- ◇ [SquadLocker Team Store](#)
- ◇ Merchandise sales at tryouts, home tournaments, and other local events

## Financial Support

As mentioned above, we understand the financial burdens that many families may have to walk through. While club fees can often be frightening or dissuasive for travel volleyball, we ALWAYS want athletes to have opportunities to participate. The list below offers many ways to cut down on the club fees.

- [Grants and scholarship funds](#) from several organizations that partner with HOV
- Volunteer Opportunities at events held by HOV offered through Sign Up Genius.

- o Each volunteer earns \$10 for players and \$20 for adults per hour for volunteering. This money is put towards club fees. Follow [Instagram](#) or [Facebook](#) for events!*
- SNAPRAISE is our club-wide fundraising event where each family can decide to opt in.  
*This will take place during the months of December/January.*
- [Fundraising](#) through team-sponsored events
  - o This is decided by the team. Coaches and HOV staff must approve the fundraising endeavor before the event.*
- Financial Assistance Program (FAP)
  - o Application and Needs-Based review process determines ways that HOV can assist families. This process looks over family income information, considerable factors, and requires approval by the Executive Board of Directors. Check out the application process and apply for FAP through our website: <https://www.cvvb.org/financialassistance>*