

2025-2026

LAHC Practice Schedule

September 8 - October 3

Time	Monday	Tuesday	Wednesday	Thursday	Friday
4:00PM	Mile High Mites 4:00-5:00		10U Practice 4:00-5:00		
4:15PM					
4:30PM					
4:45PM	Resurfacing				
5:00PM					
5:15PM	Figure Skating 5:15-6:30	Hockey 101 5:15-6:15	12U Practice 5:00-6:00	Hockey 101 5:15-6:15	Rotating Practice 5:15-6:15
5:30PM			Resurfacing		
5:45PM					
6:00PM	Resurfacing	19U Girls 6:15-7:15	18U Practice 6:15-7:30	Goalie Practice 6:15-7:00	
6:15PM					
6:30PM	10U Practice 6:45-7:40	Resurfacing		Resurfacing	
6:45PM					
7:00PM	12U Practice 7:40-8:30	14U Practice 7:30-8:30		14U Practice 7:15-8:15	
7:15PM					
7:30PM				Resurfacing	
7:45PM					
8:00PM				18U Practice 8:30-9:30	
8:15PM					
8:30PM				Resurfacing	
8:45PM					
9:00PM				18U Practice 8:30-9:30	
9:15PM					
9:30PM					

2025-2026

LAHC Practice Schedule

October 6 - October 17

Time	Monday	Tuesday	Wednesday	Thursday	Friday
4:00PM	Mile High Mites 4:00-5:00		6U/8U Practice 4:00-5:00		
4:15PM					
4:30PM					
4:45PM	Resurfacing				
5:00PM					
5:15PM					
5:30PM	Figure Skating 5:15-6:30	10U Practice 5:15-6:15	14U Practice 5:00-6:00	10U Practice 5:15-6:15	Rotating Practice 5:15-6:15
5:45PM					
6:00PM					
6:15PM	Resurfacing	12U Practice 6:15-7:15	18U Practice 6:15-7:30	12U Practice 6:15-7:15	
6:30PM					
6:45PM					
7:00PM	10U/12U Skills 6:45-7:40	Resurfacing		Resurfacing	
7:15PM					
7:30PM					
7:45PM	14U/18U Skills 7:40-8:30	19U Girls Practice 7:30-8:30		Goalies 7:30-8:15	
8:00PM					
8:15PM					
8:30PM		14U Practice 8:30-9:30		18U Practice 8:15-9:30	
8:45PM					
9:00PM					
9:15PM					
9:30PM					

2025-2026

LAHC Practice Schedule

October 20 - Rest of the Season

Time	Monday	Tuesday	Wednesday	Thursday	Friday
4:00PM	6U/8U Practice 4:00-5:00		6U/8U		
4:15PM			Practice		
4:30PM			4:00-4:45		
4:45PM	Resurfacing		14U Practice		
5:00PM					
5:15PM	Figure Skating 5:15-6:30	10U Practice 5:15-6:15	Resurfacing	10U Practice 5:15-6:15	Rotating Practice 5:15-6:15
5:30PM					
5:45PM					
6:00PM	Resurfacing	12U Practice 6:15-7:15	18U Practice 6:00-7:15	12U Practice 6:15-7:15	
6:15PM					
6:30PM	10U/12U Skills 6:45-7:40	Resurfacing		Resurfacing	
6:45PM					
7:00PM	14U/18U Skills 7:40-8:30	19U Girls Practice 7:30-8:30		Goalies 7:30-8:15	
7:15PM					
7:30PM		14U Practice 8:30-9:30		18U Practice 8:15-9:30	
7:45PM					
8:00PM					
8:15PM					
8:30PM					
8:45PM					
9:00PM					
9:15PM					
9:30PM					