



2025-2026 MCCA ALL STATE INFORMATION

Sideline Team

All State Sideline Team tryouts are open to fall or winter sideline cheerleaders nominated by their coach. Tryouts are held in conjunction with the Cheer Off on **Saturday, October 4, 2025** at **Bloomington Jefferson High School**.

TRYOUT DETAILS:

- Tryout registration cost: **\$25** per cheerleader.
- Tryout registrations are **due Saturday, September 20, 2025**.
 - Late registrations will be accepted; however, late registrants will NOT be listed on event t-shirt or in the program. Price per cheerleader for late registrations will be \$30.
 - Payment may be paid online at time of registration or offline via mail. Registration payment must be received in order to tryout. Late registrations will only be payable online.
 - Waivers are due Saturday, September 27, 2025 or immediately if registering after that date.
- Coaches must be current members of MCCA to nominate athletes from their program.
- All seniors or up to 6 cheerleaders can be nominated from each school/program.
- Nominated cheerleaders must be part of the high school sideline team of the nominating coach. Cheerleaders must finish the fall season in good standing with their team and/or be in good standing with their team's winter season to be recognized at the State Banquet and perform at the State Competition.
- Cheerleaders may tryout for both the sideline and competitive All State teams if they meet the requirements for each team.

TRYOUT INFORMATION:

- Athletes will be judged on their performance of a cheer and band dance during their tryout.
 - Cheer
 - Athletes will perform the cheer as choreographed.
 - You can find the words and a video of the cheer on the All State Sideline page.
 - Athletes will perform the cheer as choreographed in the video and will not be allowed to use poms during this portion.
 - Band Dance
 - Athletes perform the band dance as choreographed.
 - Official music and choreography will be emailed out to coaches after they register their athletes.
 - Choreographed props will be provided.
- Check-in will begin at 8:00am. **Athletes should be checked in at least 15 minutes before their scheduled tryout time.**

- Tryouts will begin at 8:30am. We will schedule ~5 athletes per 15 minute block of time. For teams participating in Cheer Off we will ensure athletes' times do not conflict with their session. If you have any special requests please email Carissa.
- Attire should be a plain white t-shirt and black shorts. No team logos should be visible.
- Hair should be worn in a ponytail (if long enough) and all face framing hair must be secured back if it reaches the athlete's eyes. Participants can choose to wear a plain white or black bow.

POST TRYOUT INFORMATION:

- Results will be posted to social media and emailed out to coaches who nominated their athletes on **Sunday, October 5, 2025**.
- All State members will be recognized at the State Banquet on **Friday, January 30, 2026**.
- All State cheerleaders are invited to perform at the State Competition on **Saturday, January 31, 2026**. Performance will take place at the end of the night before final awards.
 - Practice for the performance is on **Sunday, January 18, 2026**.
- More detailed information will be emailed out to those who make the team.

FREQUENTLY ASKED QUESTIONS:

Can we nominate athletes who are only on a Game Day comp team?

- No, Game Day athletes can only be nominated for the All State Competitive Team.

Can an athlete restart during their tryout?

- We will allow 1 restart during a section (1 for cheer and 1 for band dance)

If you have any questions, please contact Carissa Ulness at allstate@mccacheer.com.