



Schenectady Youth Hockey Association

PO Box 2618 | Scotia, NY 12302 | 14-0984100
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Schenectady County Recreational Facility (SCRF) COVID-19 Safety Plan and Protocols

To minimize spread of COVID-19, SYHA has established the below protocols.

1. Health Screening

- a. **Practices:** All visitors must fill out a COVID-19 Health Screening Questionnaire (Google Form) no more than 2 hours before entering SCRF. <https://forms.gle/2w44Ae8DL3AmJP7j9>. After completion of the form, a confirmation will be sent to the email address you entered on the form. You must have your players bring in a printed copy of the completed form or show the email receipt on a cell phone.
- b. **Games:** Same as practices

2. Temperature Checks (*Self-Performed at Home*)

- a. **Practices:** All players, coaches, and visitors must take their own temperatures no more than 2 hours before entering SCRF. Individuals with temperatures ≥ 100 degrees are not allowed in the rink
- b. **Games:** Same as practices

3. Entering and Exiting

- a. **Practices:** All Visitors will enter their assigned front door, A or B. They will show the health screeners their completed questionnaires. Players will immediately head to an available chair in their assigned section to finish dressing. Players will remain seated until they are directed by their coach to enter the ice.
- b. **Games:** Same as practices

4. Arrival and Departure Times

- a. **Practices**
 - i. Players will be allowed into the rink 7 minutes before practice
 - ii. Goalies and Head Coaches will be allowed into the rink 15 minutes before practice
 - iii. Everyone must leave the rink within 7 minutes after practice
 - iv. No loitering in the parking lot before or after practice
 - v. Parents/Guardians must meet their players near the front entrance at the end of the practice (staying socially distant). It is strongly recommended that parents/guardians stay in the parking lot in case there is an emergency.
- b. **Games:** Same as practices

5. Face Coverings

- a. **Practices:** Players are *not* required to wear a face covering while on the ice but may wear one if they choose to do so. Coaches are required to wear masks *at all times*, even when on the ice.
- b. **Games & Scrimmages (including in-house scrimmages):** Players, Coaches, Scorekeeper/Time Clocker Operators, Referees are required to wear masks at all



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times. See approved Face Covering Guidance from CDC:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html>. Gaiters must be folded to make it two layered. In addition to

traditional face coverings, approved face covering include the CCM Game on Player Face Mask and the Bauer Concept III Full Face Shield with splash guard (must include splash guard).

6. Dressing

- a. **Practices:** Players should enter the rink in full hockey gear and ready to practice (encouraged to wear skates into rink). Players will be permitted to put on their skates inside the rink. No full-size hockey equipment bags are allowed in rink. Players may bring in a small bag (e.g., reusable grocery bag). Goalies are allowed to get dressed inside the rink.
- b. **Games:** Same as practices

7. Locker Rooms

- a. **Practices:** Locker rooms are closed. Folding chairs are available outside the locker rooms for player use.
- b. **Games:** Same as practices

8. Spectators

- a. **Practices:** Spectators are not allowed in the rink, unless there is an emergency.
- b. **Games:** **One spectator is allowed per player. Spectators are allowed to enter the rink after the players take the ice and must leave immediately at the end of the game via the back door (by Zamboni).** Spectators are only allowed in the stands and cannot congregate along the boards. All spectators must wear proper face coverings and stand six feet apart.

9. Games – Additional Requirements

- a. Home games are allowed to be played at SCRF when the 7-day rolling average COVID infection rate is $\leq 4\%$ in Schenectady County. <https://forward.ny.gov/percentage-positive-results-county-dashboard>. Visiting teams must be: 1) From the Capital Region or a contiguous county/region (Region as classified by NYForward); 2) From a county that has a 7-day rolling average COVID infection rate of 4% or less; 3) Cannot be from a NY Forward Orange or Red zone.
- b. Away games can only be played with teams in the Capital, North County, and Mohawk Valley Regions or for 2021 TVHL League games. Away games can be played in any of these counties/regions as long as they are “open” to game play (as approved by their local DOH).
- c. Teams are allowed to rent ice at another facility for games as long as all of that County’s health laws are followed.
- d. No travel to/from a NY Forward Orange or Red Zone.
- e. Maximum of three coaches are allowed on the bench.
- f. Maximum of 18 players on the bench.
- g. Penalty boxes are closed for youth hockey. Penalties will be taken on player bench for youth hockey games. High school teams may use the penalty boxes.



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- h. One person allowed in the scorekeepers/timekeeper box (unless they are family members residing in the same household)
 - i. No overnight travel is permitted, unless special permission is granted by the SYHA Board of Directors on a case-by-case basis)
 - j. No tournaments (in town or out of town), unless special permission is granted by the SYHA Board of Directors on a case-by-case basis)
 - k. No team luncheons. Team social gathering are not permitted unless proper face coverings are worn and appropriate social distancing is maintained.
 - l. Teams may use away locker rooms at their own discretion. However, face coverings must be worn at all times.
10. **Penalty Boxes** - Penalty boxes are closed for youth hockey. Penalties will be taken on player bench for youth hockey games. High school teams may use the penalty boxes.
11. **Water Bottles** - Players must bring their own water bottles. Water bottle sharing is not permitted. Water bottles/filling station is closed.
12. **Hockey Equipment** – Sharing of personal hockey equipment (e.g., gloves, socks, jerseys) is **not** permitted.
13. **Hand contact** – Hand contact (e.g., handshakes, high-fives) is not allowed, including end-of-game handshake line.
14. **Restrooms** - Restrooms will be open. Whenever possible, individuals should use the restroom prior to coming to the rink in an effort to limit bathroom use at the rink.
15. **Food** - No food is allowed in the rink
16. **Vending** – Vending machines are turned off
17. **On-Ice Practices** - On-ice practices will consist of non-contact skills and drills unless face coverings are worn.
18. **Off-Ice Interaction** – Teams can conduct social-distanced activities (e.g., team meetings, dryland activities) outside as long as the activities are supervised by a Coach and 6 foot social distancing is maintained.
19. **Referees**
- a. Referees are subject to all rules above
 - b. Referees will be provided electronic whistles (available in front lobby or scorer's box)
 - c. Locker Room #1 will be available to referees.

Any person violating the above rules will be asked to immediately leave the facility. Those individuals will also be subject to disciplinary action by Schenectady Youth Hockey Association, including temporary/permanent suspension from all SYHA activities.

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