

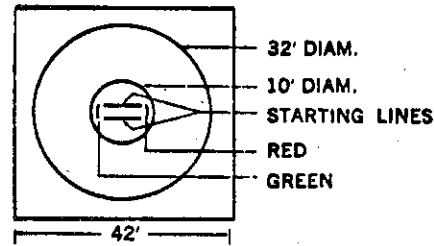
Wrestling has been around longer than anybody knows for sure - probably since the first two men contested for leftovers! As a sport, it is mentioned as early as 3000 B.C. in Egypt and Babylonia and in the works of classical writers Homer and Virgil.

The first collegiate meet, however, did not take place until 1900 between Yale and Penn. Some 40 years later in Appleton, Milwaukee Washington edged out Green Bay West for the first Wisconsin state high school championship!

High school wrestling looks a little different today than it did in the "good old days", but there are still the same thrills and excitement. It's a beautiful sport to watch, requiring both mental and physical agility to be a winner.

In every wrestling meet, there are twelve weight classifications that team members enter for competition. To wrestle in a weight category, the athlete cannot weigh more than the following amounts: 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 275 and unlimited (minimum 175 pounds). To insure each wrestler qualifies to compete in the respective divisions, there is a weigh-in held before each meet. It is conducted 1/2 to 3 hours before the meet. If an athlete goes over his entered weight class, he forfeits the match.

The wrestling area is composed of cushioned mats and can be either circular or square in shape. It must have additional mat protection around the edges.



A match is 6 minutes long and divided into 3 equal periods. Each wrestler is given either a green or red ankle band so he may be identified during the match. The first period is started in a neutral position; the wrestlers face each other in a standing position on opposite sides of the starting circle. At the beginning of the second period one wrestler (determined by a flip) will have four options: to be on his feet, top position, bottom position or to defer his choice until the 3rd period.

At the referee's signal, each period is started and the wrestlers try to win in two ways: pin or decision. The quickest and most dramatic way is the fall or pin: a wrestler holds his opponent's shoulder to the mat continuously for 2 seconds. If neither wrestler scores a pin during the 3 periods, a decision is given to the wrestler with the most individual match points. (A tie results in 2 one-minute overtime periods; if still tied, criteria is used to determine the winner.)

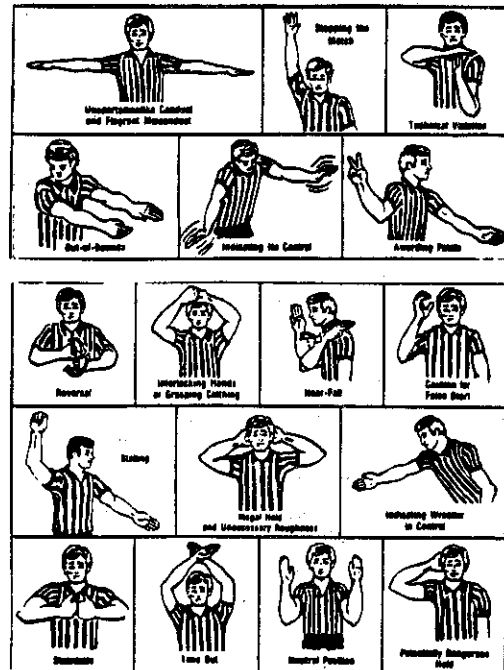
There are several ways to earn match points worth one, two or three points:
TAKEDOWN - an opponent is brought to the mat and controlled from a neutral or standing position. Two points.
ESCAPE - a wrestler breaks away from the opponent's control into a neutral or standing position. One point.
REVERSAL - a wrestler reverses his opponent and gains control ... in one continuous maneuver. Two points.
NEAR FALL - a wrestler almost gets a pin; his opponent's shoulders are momentarily held with 4" or less of the mat; or one shoulder is touching the mat and the other is held at an angle of 45° or less to the mat. Two points. Or, if either situation occurs continuously for 5 seconds. Three points.

There are three common infractions that can cost a wrestler points:
STALLING - this is a matter of not trying for a takedown or escape or simply not wrestling aggressively. After a warning, continued stalling gives the opponent one point.
ILLEGAL HOLDS - there are several specific holds that are dangerous or punishing to a wrestler. These are known to all competitors and anyone using them loses one point to his opponent.

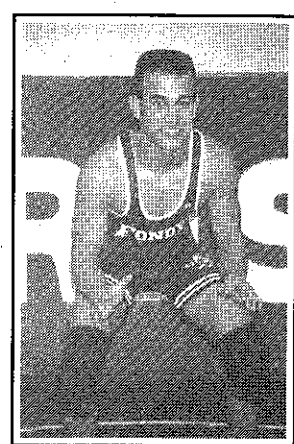
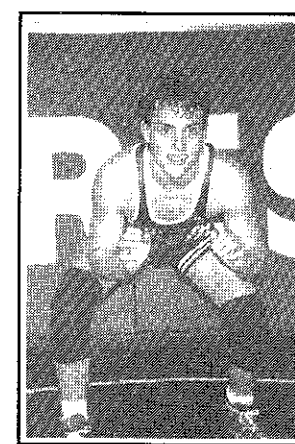
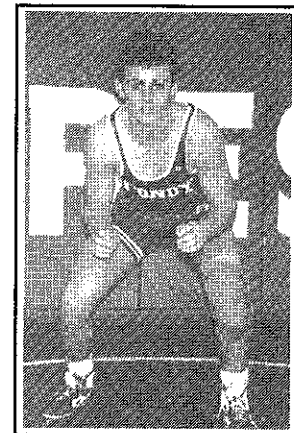
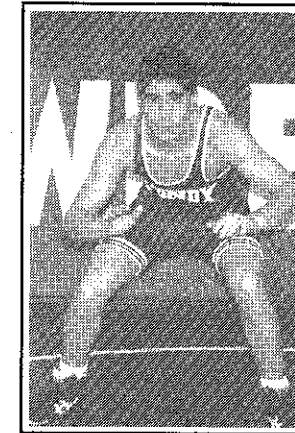
TECH NICAL VIOLATIONS - there are a number of situations or actions that can cost a wrestler one point: delaying a match; intentionally going off the mat; clasping hands around opponent's body or legs while in a position of control.

Team Points	
Pin	6 Pts.
Sup.	5 Pts. (12-15)
Maj	4 Pts. (8-11)
Dec	3 Pts. (0-7)
Draw	2 Pts.

OFFICIAL WRESTLING SIGNALS HIGH SCHOOL AND COLLEGE



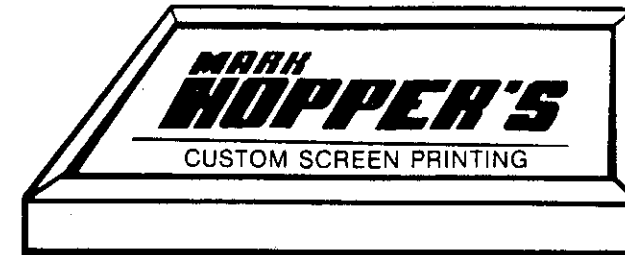
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ADMINISTRATION

Alan D. Osterndorf, Ph.D., Superintendent

Athletics is an important part of a school district's total educational program. Through athletics, students have the opportunities to learn new skills, apply skills learned in other situations, be leaders, be followers and be able to exhibit positive attitudes which are of value now and in the future. Wrestling, as an interscholastic sport, provides all of the opportunities listed above and some unique opportunities as well. In one sense, wrestling is an individualized sport as people of all sizes and weights have equal opportunities to succeed. On the other hand, it takes everyone working together for a team to have a successful season. Finally, wrestling is just plain exciting to watch. I'm looking forward to seeing our Cardinal wrestlers in action this year. I hope you are too.



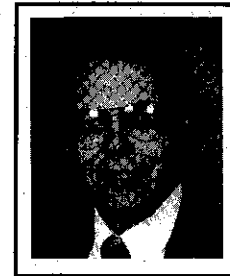
Mr. Jon Kaiser, Principal

During the past few years, the Goodrich wrestling team has been very successful at all levels of competition. Through the efforts of the coaches and student athletes, I am sure that we can look forward to another successful season.

Another very important reason for that success is the strong community support. Parents and members of the Fond du Lac Wrestling Club give up many hours in the evenings and on Saturdays to work with future Cardinal wrestlers. They also provide opportunities for competitive wrestling for these youngsters.

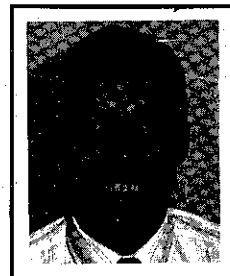
Wrestling is an individual sport but it has been a real team effort that has made it an outstanding program in Fond du Lac.

It will be another exciting season.



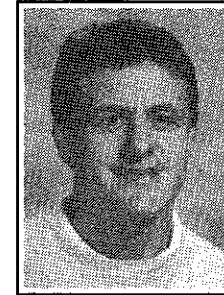
Jim Steinberg, Director of Physical Education and Athlete

Adult life is a series of challenges or competitions. Students choosing to participate in interscholastic athletics have the opportunity to be better prepared to succeed in adult life. Student-athletes, with guidance from their coaches, prepare for challenges or competitions during daily practice sessions. This preparation includes learning mental and physical discipline, setting of realistic objectives to reach a goal and loyalty to a group of people called a team. Student-athletes are provided opportunities in games, meets and matches to test themselves to see how well they have prepared for adult life. High school sports fans are reminded that high school athletes are preparing for more than a pin or a win. Learning to succeed in adult life is more of an important goal for athletes at this level of competition.



MEET THE GOODRICH COACHES

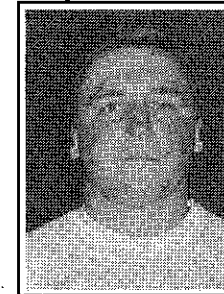
LARRY MARCHIONDA, HEAD COACH



Larry attended Penn Yan Academy in Penn Yan, New York. Where he accumulated a record of 97-4 during his high school years. He was a New York State Champion while pinning all his opponents his senior year. He attended Winona State University where he earned his Bachelor and Master of Science Degrees. He was a 1968 Olympic Regional Champion and a finalist at the 1968 Olympic Trials at Ames, Iowa. He has won several Wisconsin State AAU Freestyle and Greco Roman Championships.

Larry has coached the Cardinals for 23 years and has accumulated a dual record of 239-48. His teams have won 60 tournaments, 10 Regionals, 5 Sectionals, and 4 Conference Championships. He has coached 47 State Qualifiers and 22 State Place Finishers along with 2 State Champions. Larry was inducted into the WISCONSIN WRESTLING HALL OF FAME in 1983. He was named FRVC Coach of the Year 1988, Wisconsin District Coach of the Year in 1988, and WHO'S WHO AMONG UNITED STATES WRESTLING COACHES in 1988.

ED BRADY, ASSISTANT COACH



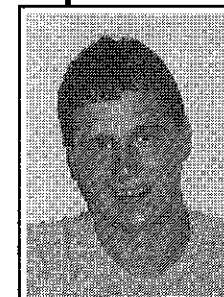
Mr. Brady graduated from Pulaski High School where he was a WIAA STATE CHAMPION Class A. His record was 28-1. Mr. Brady attended the University of Wisconsin at Whitewater and graduated with a Bachelor of Science Degree in Education.

At Whitewater Ed won the NCAA Division III National Championship with a 35-0 record.

Mr. Brady has taught the past two years at St. Mary's Springs and coached freshman football and head wrestling coach.

Presently Mr. Brady teaches math at Sabish Junior High and coaches 7th grade football.

JIM FLASCH



Born and raised in Fond du Lac. A 1985 St. Mary's Springs High School graduate he wrestled all four years at the Springs and took second at Regionals and finished in eighth place at the State Tourney. Jim has coached the Fond du Lac Youth Center for four years and will be coaching again this January. He is currently attending the University of Wisconsin-Oshkosh and will graduate in December of 1990. Jim is currently fulfilling student teaching requirement at Goodrich High School.

1990-91 Fond du Lac



WRESTLING SCHEDULE

November 29 (Th)*.....Oshkosh North (Parents Night)
December 1 (S).....Campbellsport (JV Tourn.)
December 6 (Th).....Menasha
December 8 (S).....Kewaskum (JV Tourn)
December 13* (Th).....Kaukauna (Jr.High Night)
December 14-15 (F & S).....Milwaukee Classic (West Allis)
December 20 (Th).....Appleton West
December 28-29 (F & S).....Badger State Tournament
January 3* (Th).....Oshkosh West (Kid's Night)
January 5* (S).....Fond du Lac Invite
January 5 (S).....Cedarburg (JV Invite)
January 10 (Th).....Neenah
January 15 (T).....Campbellsport
January 17* (Th).....Kimberly (Kid's Night)
January 19 (S).....Appleton (JV Tourn.)
January 24* (Th).....Quadrangular (JV)
January 26 (S).....Pulaski Invite
January 26 (S).....Manitowoc (JV Tourn.)
January 31 (Th).....Appleton East
February 2 (S).....FVA Conf. Championships
February 9 (S).....WIAA Regionals
February 16.....WIAA Sectionals
February 21-23 (Th, F, S).....WIAA State Championships

*Games Played Home
 Weigh-ins 6:00 • JV 6:30 • Varsity 7:45



THE CHOICE OF A NEW GENERATION.

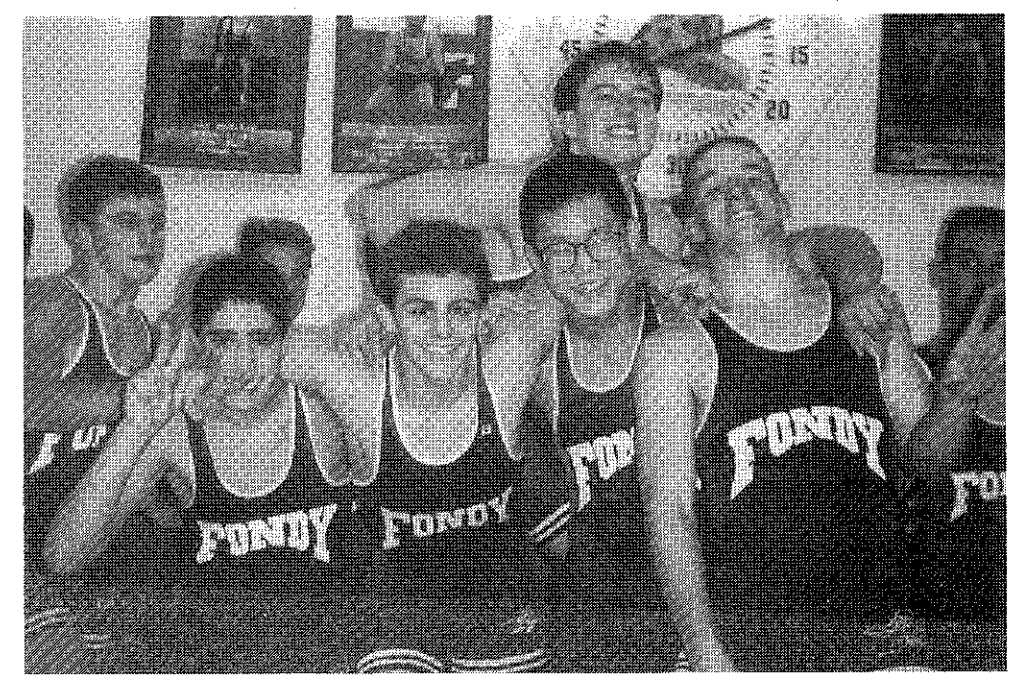
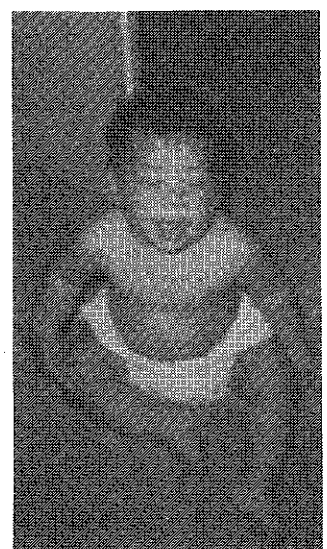
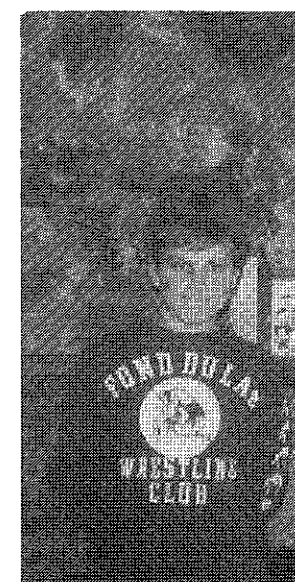
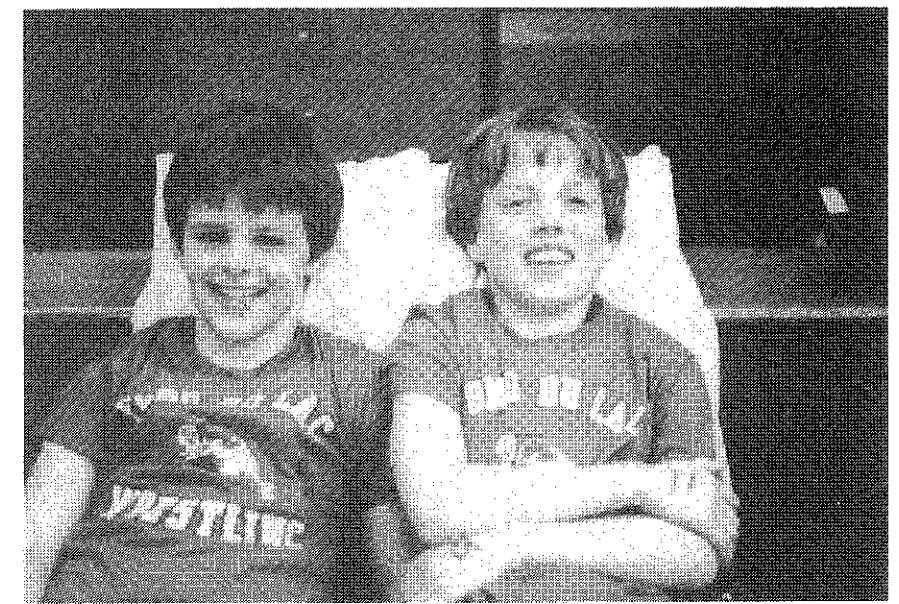
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THE MAKING OF OUR SENIOR WRESTLERS...

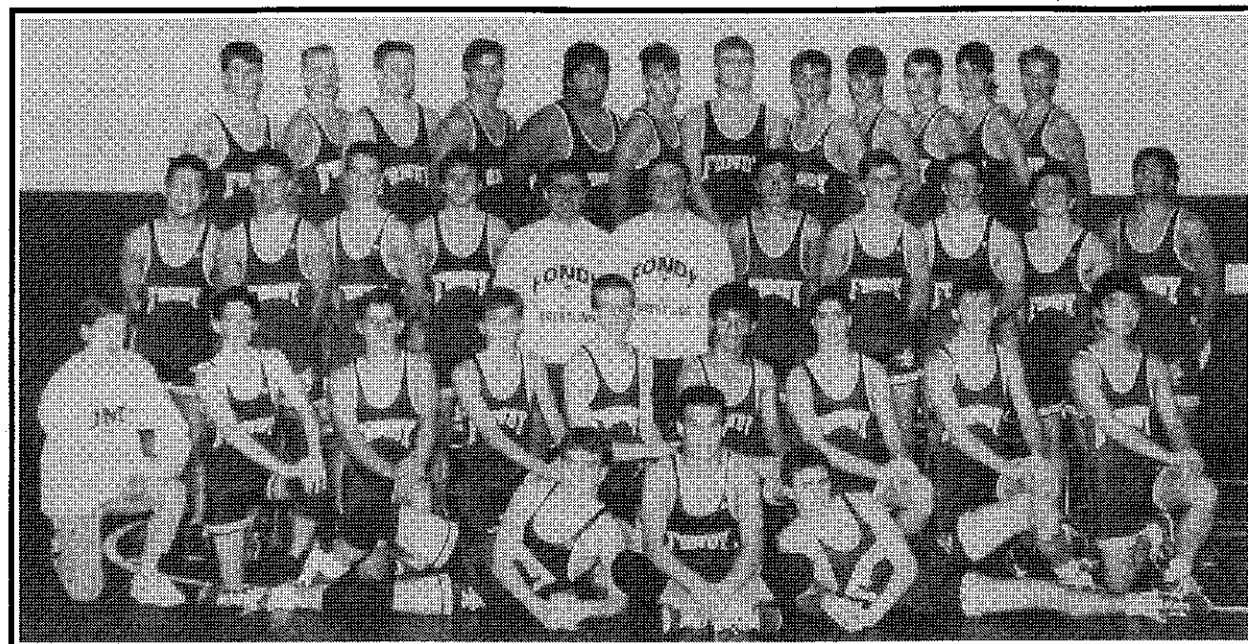
Senior boys, we loved you back then and we love you now! We're proud of you! Good Luck this year, it's your year to excel and succeed. We are behind you all the way!

This page sponsored by
 THE SENIOR PARENTS
 Dr. and Mrs. Kim • The Welnitzs
 The Sewalls • The Flaschs
 The Munozs • Larry Marchionda

The seniors pictured are:
 Rocco Marchionda, Greg Sewall,
 Ryan Welnetz, Scott Flasch, Reuben
 Munoz, Doug Kim, Tasso Politopoulos



1990-91 FONDY CARDINALS



FRONT LEFT: Greg Sewall, Court Gifford, Rocco Marchionda. SECOND ROW: Josh Mand, Ben Gumz, Rick Ellison, Troy Weich, Paul Lemke, Phounsavat Phomyha, Tasso Politopoulos, Dan Schneider, Yoshiya Muramatsu. THIRD ROW: Doug Kim, Steve Welnetz, Tim Kloke, Rob Suprenand, Coach Marchionda, Coach Brady, Ray Ibarra, Scott Flasch, Ryan Welnets, Mike Naker, Don Jaroch, BACK ROW: Chad Kovacs, Karlson Hubbard, Tom Mindt, Chris Klauck, Ruben Munoz, Gary Flynn, Nick Bonnell, Zach Bond, Brent Ryland, Kyle Brinkman, Gregg Scharf, Jamie Burroughs.

WHY NOT TRY WRESTLING?

You say you tried out for a sport and all you did was warm the bench. Why not give wrestling a try, where everyone participates against someone their own size. The junior and senior high schools have openings in almost all of the weight classes. Why not give it a try, you will be helping not only yourself, but also the team.

Why do boys want to wrestle? What do they get out of it? There obviously are many different answers to these questions. One of the important things for both parents and coaches to keep in mind is that not every boy is wrestling for the same reason. One boy may want nothing less than to become a champion, whereas another is quite happy to be on the team enjoying the friendship of peers. For the boy who wants to excel - to discover his full potential, wrestling provides him an opportunity to do so. Some of the most satisfying feelings and beneficial experiences for young people can arise when they are intensely involved in and committed to the pursuit of excellence. Today boys have few opportunities to make such a commitment, but young people are finding that wrestling provides challenges worthy of their best effort.

VALUE OF WRESTLING

We think wrestling has the potential to help in the total development of your son. Obviously we expect his fitness to improve (strength, endurance, flexibility, balance), and we hope to instill in him a desire to continue to be fit throughout his life. Naturally we expect him to become more coordinated and better skilled, skills that not only make him a better wrestler, but help him in learning other skills.

Wrestling will also contribute to the development of your sons: • *sense of achievement*, • *self-confidence*, • *leadership skills*, • *social skills*, • *strong moral code*, • *physical fitness*.

Yes, we're a bit idealistic, and we know that simply stating these as objectives is no guarantee that every boy in the program will obtain any or all of these benefits. Nor do we think wrestling is the only way your son can learn these values. Our point is that these objectives can be realized through wrestling only with the combined efforts of skilled coaches and dedicated parents who understand the needs, aspirations, and limitations of young athletes. And of course they can be realized only if boys are willing to make the commitment. This is our challenge - you the parent and us the coaches - to help your son know the joy of wrestling while helping him mature into a contributing member of our society.

THANKS!!

Fond du Lac Wrestling Club, Inc.

Mission:

To promote the sport of wrestling by encouraging and providing opportunities for youth, through participation in wrestling, at all levels.

OFFICERS

Gary Gerner	President
Frank Welnetz	Vice President
Orv Kloke	Secretary
Harriet Welnetz	Treasurer

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THE FIGHTING CARDINALS WISH TO THANK EVERYONE INVOLVED WITH THE WRESTLING CLUB FOR PROVIDING US WITH THE PROPER PROGRAMS AND EQUIPMENT THAT ENABLED OUR TEAM TO BE ABLE COMPETE AT THIS HIGH LEVEL. WITHOUT YOU IT COULD NOT BE DONE. THANKS!!!

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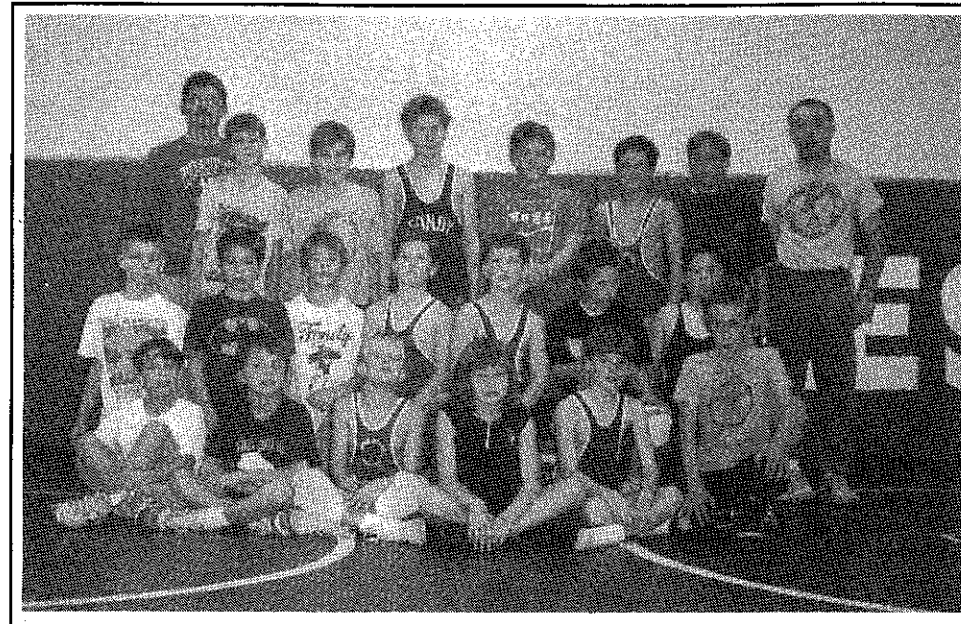
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FOND DU LAC SCHOOL DISTRICT KIDS GRADE SCHOOL WRESTLING PROGRAM

MIGHTY MITE WRESTLERS



FRONT ROW: Vince Diorio, Eric Woolheather, Nathan Silcock, Becky Bender, Eric Krueger, Matt Skog

MIDDLE ROW: Josh Musack, Nick Hatch, Nick Ohlerich, David Stangel, Kirk Stangel, Jim Williams, Ryan Abitz.

BACK ROW: Mark Woolheather, Assistant Coordinator, Scott Hopper, Nick Herrick Andy Baus, Cody Jebron, Jasen Burroughs, Corey Patterson, Don Peterson, Assistant Coordinator.



COORDINATOR
Don Peterson

Don has been actively involved with wrestling programs at all levels for over a decade. Don and his wife Helan became involved as parents and have remained committed to Fond du Lac Wrestling long after their sons have finished. He has served as President, Youth Director, Tournament Director and now oversees the Mighty Mite Program. The Peterson family is the top wrestling family in Fond du Lac history with over 245 victories.



COORDINATOR
Mike Furner

- MOTTO:** Kids Wrestling for Fun and Fundamentals.
- PHILOSOPHY:** Kids Wrestling will be based on effort, on individuality, and on total participation; emphasizing that success is related to effort not score.
- OBJECTIVES:**
1. To have fun while developing fundamentals.
 2. To develop self-confidence.
 3. To develop a positive self-image.
 4. To develop the concept - success is related to effort not score.
 5. To develop loyalty and a sense of responsibility.
 6. To develop a sportsmanship attitude.
 7. To provide proper physical, mental, and social development.

GRADES: K thru 8 who reside in the Fond du Lac School District are eligible. Last year 220 kids from grades K thru 8 took part in the program.

REGISTRATION: Sat. morning, Dec. 15, 10:00 A.M. - 12 noon - with parent.

PLACE: Goodrich High School main gym lobby.

LENGTH OF PROGRAM: Eight consecutive Saturdays starting in Jan. at Goodrich High. After the 8 sessions are completed, the kids will have the opportunity to wrestle in kids tournaments throughout the area, including our own on Sat., Mar. 9, 1991. The Wi. Wrestling Federation runs a Regional and State Tournament each year just for kids. Awards can be won at most tournaments. Last year the Fond du Lac Wrestling Club had 18 state qualifiers.



PERSON IN CHARGE: Larry Marchionda, Goodrich Wrestling Coach.

INSTRUCTORS: Larry Marchionda, Ed Brady Assistant Coach, Brad Billman, Jim Flasch, Greg Winkler, and Mike Furner, and assisted by the Fond du Lac Wrestling Club.

FACILITY: Goodrich High School - wrestling room.

Kids Wrestling will most likely represent the first form of physical competition that some of the smaller kids will experience. They will always compete against another child the same size. Kids Wrestling provides a fast moving activity which enhances both the physical and mental development of the child.

SO KIDS, HERE IS YOUR CHANCE TO GET INVOLVED!!!!



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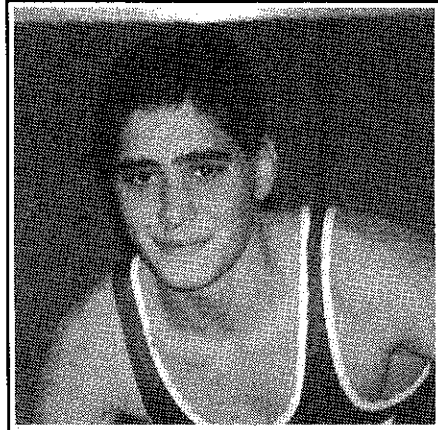


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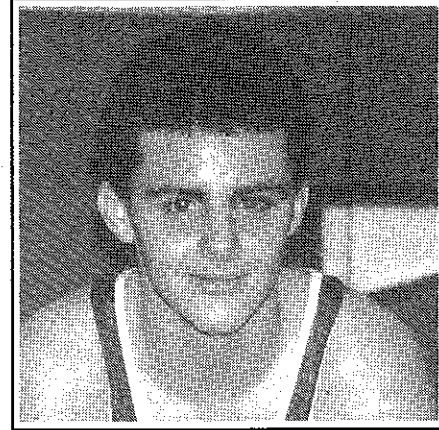
THE CREATIVE PROFESSIONALS

MEET THE 1990-91 SENIOR WRESTLERS



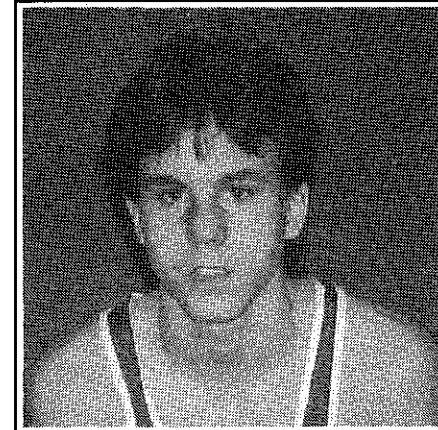
TASSO POLITOPOULOS Senior

112 lb. Class
 Record 33-2 Florida
 PCC Florida Champion
 2nd Sunshine Open, Florida
 Florida Regional Champion
 Florida Sectional Champion
 Florida State Qualifier
 State Greco Roman Champion
 State Freestyle Champion
 Junior World Team Champion
 World Team to Israel 1990
 8th Junior World Championships
 7th Central Junior Nationals
 ALL AMERICAN 1990
 U.S.A. Florida Wrestler of Year 1990



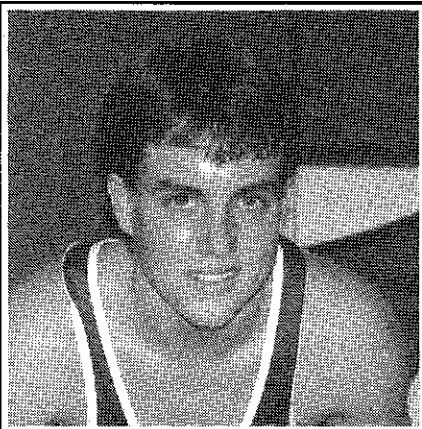
ROCCO MARCHIONDA Senior

119 lb. Class
 Record 37-1, 1990 - 37-7, 1989
 Fox Valley Conference Champion
 WIAA Regional Champion
 WIAA Sectional Champion
 WIAA STATE CHAMPION 1990
 5 x State Freestyle Champion
 5 x State Greco Roman Champion
 WISCONSIN TRIPLE CROWN 1990
 3rd Central Junior Nationals
 5th Junior World Trials
 2nd U.S. Open-Tampa, Florida
 3 x Northern Plains National 2nd
 National Honor Society



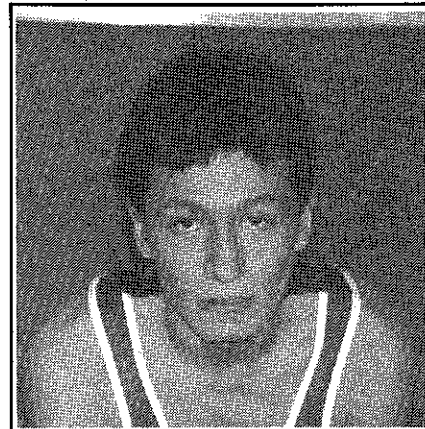
ROB SUPRENAND Senior

119 lb. Class



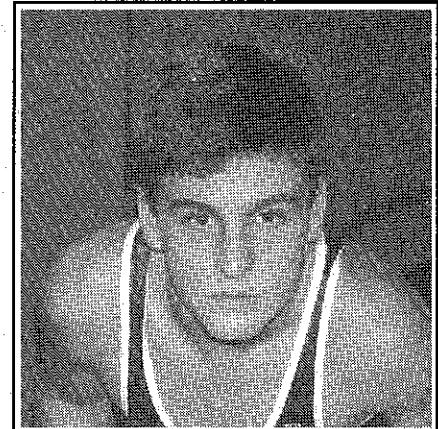
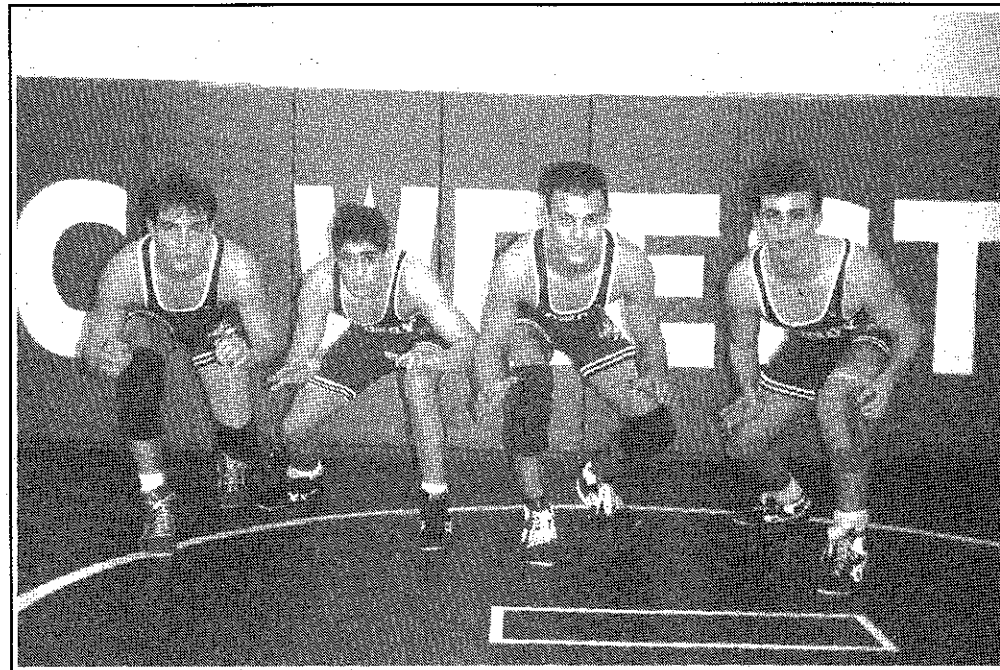
GREG SEWALL Senior

125 lb. Class
 Record 30-10
 Fox Valley Conference Champion
 2nd WIAA Regionals
 2nd WIAA Sectionals
 WIAA State Qualifier
 3rd Badger State Tournament
 National Honor Society



RAY IBARRA Senior

125 lb. Class



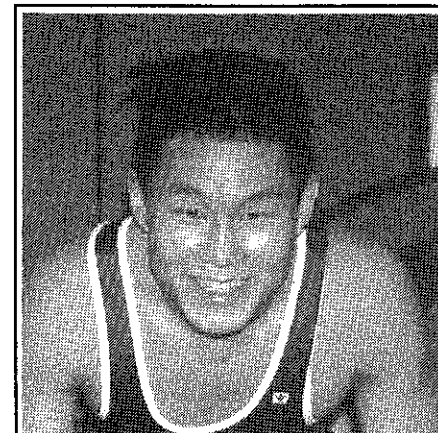
SCOTT FLASCH Senior

135 lb. Class
 Record 28-7
 Fox Valley Conference Champion
 WIAA Regional Champion
 3rd WIAA Sectionals
 National Honor Society

WRESTLING ALUMNI MAT CORNER

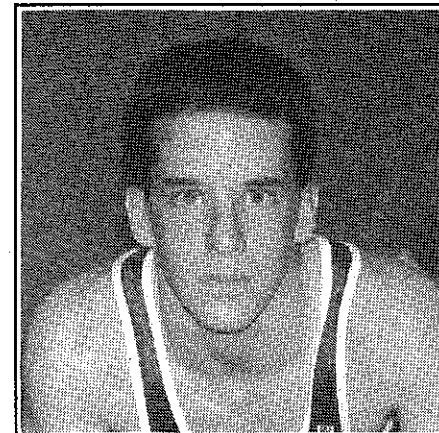
Michael Krueger	90
Gerald Sable	90
Mark Reimer	90
Kurt Perry	90
Oran Braatz	90
Nick Bell	90
Jeol Streblov	90

*We wish to thank our ALUMNI
 for your continued SUPPORT.
 Our wrestling program has
 a strong foundation.*



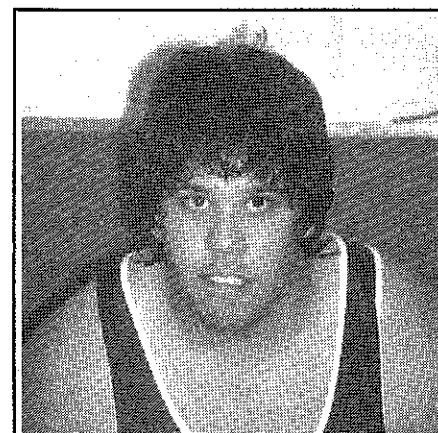
DOUG KIM Senior

145 lb. Class
 Record 21-11
 2nd Fox Valley Conference
 3rd WIAA Regionals
 WIAA Sectional Qualifier
 National Honor Society
 National Merit Scholar



RYAN WELNETZ Senior

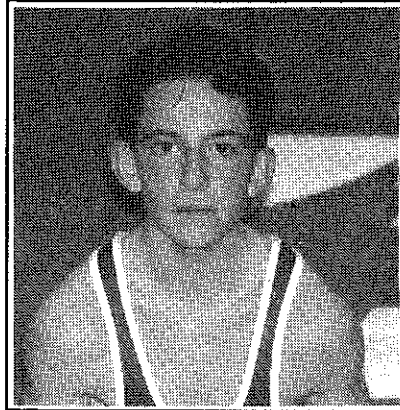
152 lb. Class
 Record 25-2 Junior Varsity
 2nd Wisconsin State Freestyle
 Wisconsin National Team Member
 3rd Wisconsin State Greco
 6th Northern Plains Nationals



RUBEN MUNOZ Senior

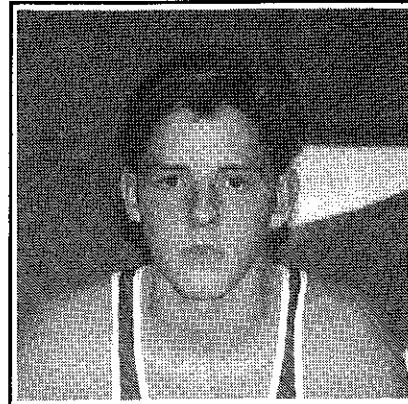
275 lb. Class
 Record 21-1 Junior Varsity
 5 Tournament Championships
 1st State AAU Freestyle
 1st State WWF Freestyle
 1st State WWF Greco Roman
 2nd National Cadet Freestyle
 3rd National Cadet Greco Roman
 6th Central Junior Nationals

1990-91 JUNIOR WRESTLERS



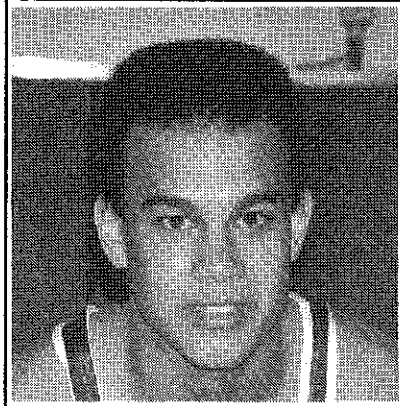
BEN GUMZ
Junior

103 lb. class



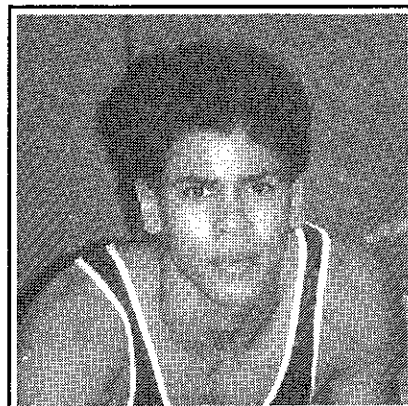
RICK ELLISON
Junior

119 lb. class
25-0 Junior Varsity
19 Pins



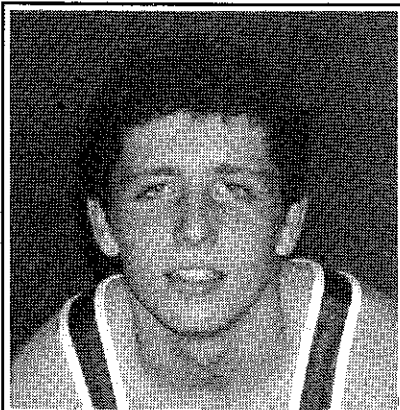
COURT GIFFORD
Junior

135 lb. class
Record 30-9, 1989
29-6, 1990
2 x Fox Valley
Conference Champion
2 x WIAA Regional
Champion
WIAA Sectional
Champion
WIAA State Qualifier
2 x State Freestyle
Champion



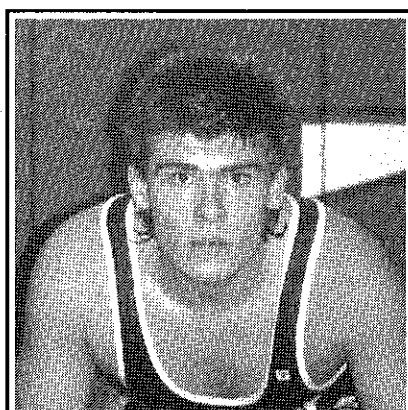
DON JAROCH
Junior

145 lb. class
19-5 Junior Varsity



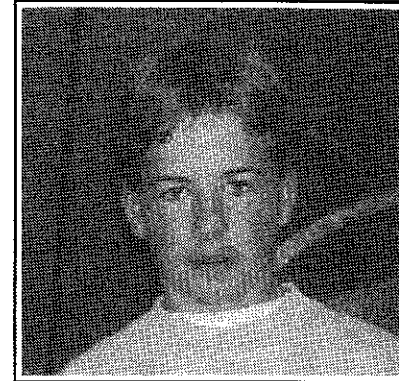
MIKE NAKER
Junior

145 lb. class
22-4 Junior Varsity



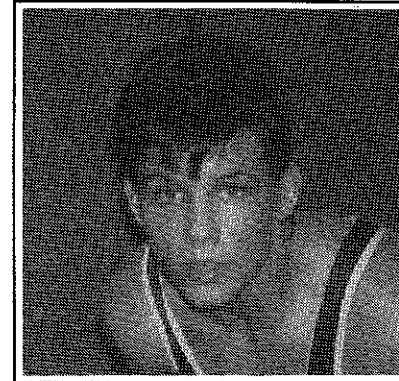
NICK BONNELL
Junior

189 lb. class
Record 11-17
4th Fox Valley
Conference
4th WIAA Regional
WIAA Sectional
Qualifier



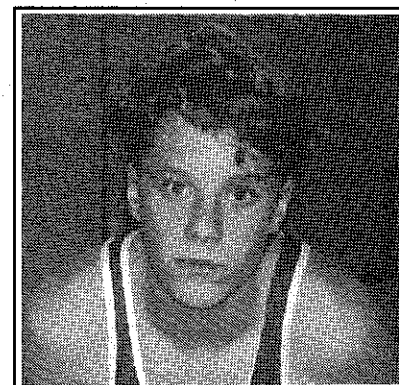
JOSHUA MAND
Sophomore

Manager



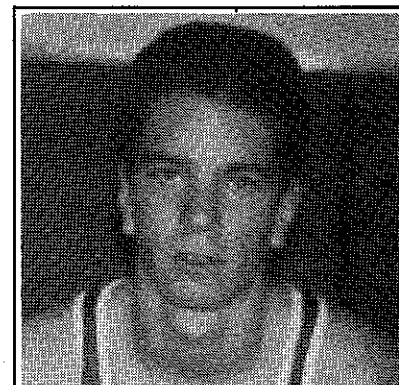
DAN SCHNEIDER
Sophomore

125 lb. class



JAMIE BURROUGHS
Sophomore

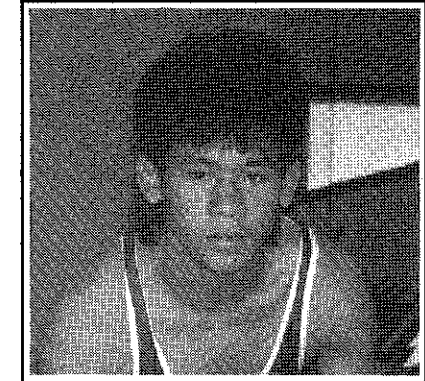
130 lb. class



TIM KLOKE
Sophomore

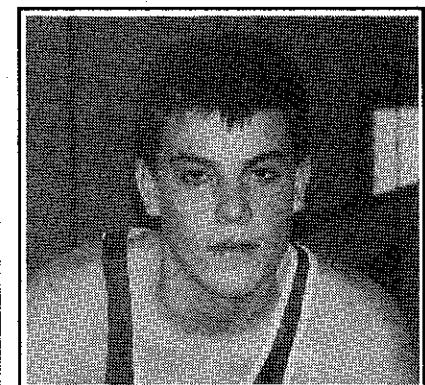
130 lb. class
Record 22-10
2nd Fox Valley
Conference
2nd WIAA Regionals
4th WIAA Sectionals

1990-91 SOPHOMORE WRESTLERS



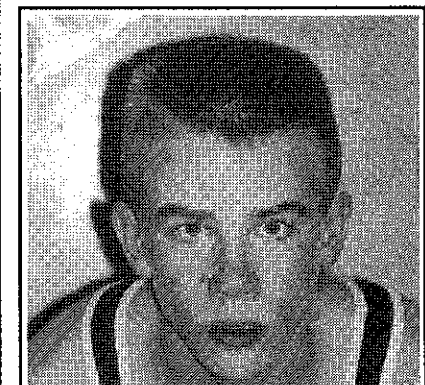
**PHOUNSAVAT
PHOMYHA**
Sophomore

125 lb. class



KYLE BRINKMAN
Sophomore

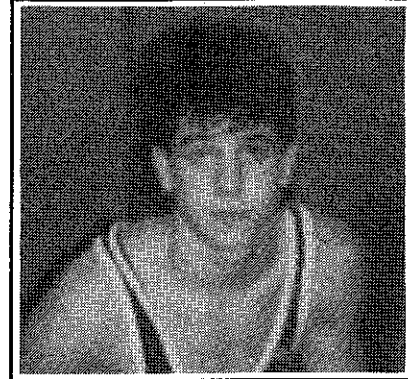
130 lb. class



KARLSON HUBBARD
Sophomore

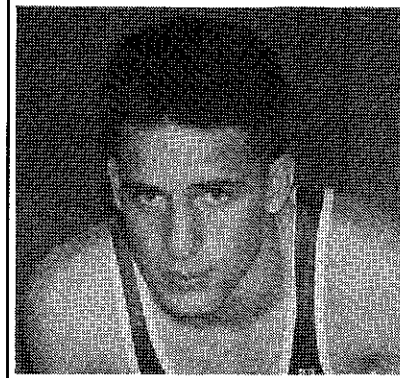
130 lb. class

1990-91 SOPHOMORE WRESTLERS



GREGG SCHARF
Sophomore

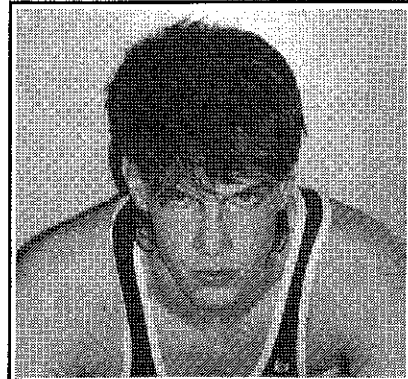
135 lb. class



STEVE WELNETZ
Sophomore

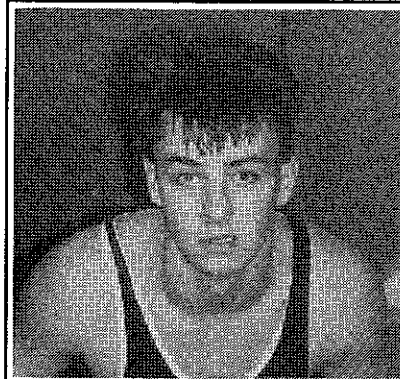
140 lb. class
Record 26-7
2nd WIAA Regionals
3rd WIAA Regionals
2nd Fox Valley Conference
3 x State Greco Roman
Champion
3 x Badger State Games
Champion
5th Northern Plains
Nationals

7th Cadet Nationals, Battle Creek, MI
ALL AMERICAN
1st Cadet World Festival, Warrensburg, MO
5th Cadet World Festival Freestyle



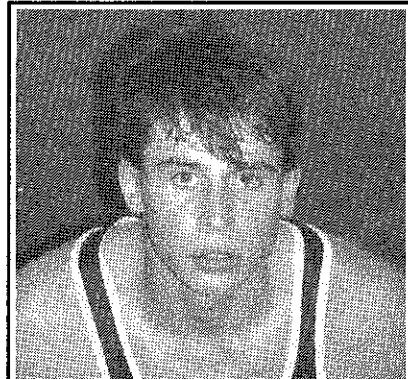
BRENT RYLAND
Sophomore

152 lb. class



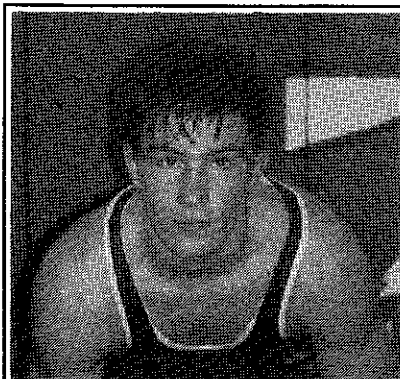
GARY FLYNN
Sophomore

152 lb. class



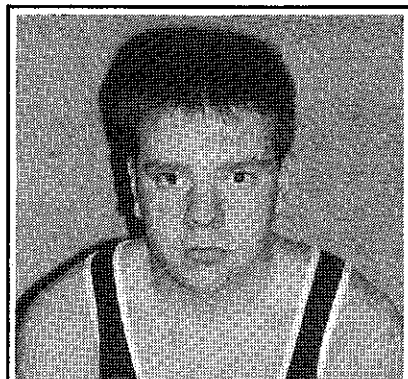
CHAD KOVACS
Sophomore

152 lb. class
Record 7-7
Junior Varsity 10-0
5th Fox Valley
Conference
3rd WIAA Regionals
WIAA Sectional
Qualifier



ZACH BOND
Sophomore

160 lb. class
Record 6-4
Junior Varsity 20-0
3rd Fox Valley
Conference
4th WIAA Regionals
WIAA Sectional
Qualifier



TOM MINDT
Sophomore

189 lb. class

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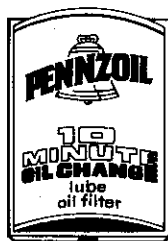


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CARDINAL WRESTLING HALL OF FAME

CONFERENCE CHAMPIONS

Gerald Sabel	70
Karl Kaufman	71
Mike Fero	71
Dan Schingen	73
Bill Voight	74
Nick Bell	74, 75, 76
Mike Wells	74
Jeff Borgen	75
Jeff Mooney	75
Ron Mueller	76
Dan Jozefowski	76
Doug Bell	77, 78
John Bowman	77, 78, 79
Gary Clausius	80
Mark Peterson	80
Mark Flanders	
Mike Marx	80
Dave Hanrahan	80
Joe Warner	80
Lonnie Preissner	81
Mike McDermott	81
Joe Toney	83
Pat Schommer	83
Brian Peterson	83, 84
D. Peterson	85, 86, 87, 88
Mike Furner	85
Jeff Berry	88
Brian Dobrinski	88, 89
Steve Schommer	88
Bruce Welnetz	88
Dave Hayes	88
Dale Stahmann	88
Court Gifford	89, 90
Ryan Haus	89
Jim Toth	89
Dave Munoz	89, 90
Rocco Marchionda	90
Scott Flasch	90

WIAA REGIONAL CHAMPS

Rick Fink	69
Benito DeLeon	69
John Rauls	69
Mike Fero	70
Karl Kaufman	71
Brad Billman	71
Gerald Sabel	71
Bill Voight	73
Brian Billman	73
Tom Thomma	73
Nick Bell	74, 75, 76
Bob Olson	74
Mike Wells	74
Jeff Borgen	74, 75
Ron Mueller	75, 76
John Bowman	77, 78
Brian O'Loughlin	77
Norm Waldschmidt	77
Doug Bell	78, 79
John Hildebrand	78
Gary Clausius	79
Gary Nehring	79
Mike McDermott	80, 81
Mark Flanders	80
Mike Marx	80
Lonnie Preissner	80, 81
Joe Toney	81
Dave Schmidt	81
Dave Hanrahan	81
Tim Faris	82
Matt Wells	82, 83
Rock Abig	82
Brian Peterson	82, 83, 84
Pat Schommer	83
Glenn Berry	85
Dan Mueller	85
Mike Furner	85
Mike McDowell	85
Dave Hayes	87
Duane Benson	87
Jeff Berry	88
Darrin Peterson	88
Bruce Welnetz	88
Dave Hayes	88
Dale Stahmann	88
Brian Dobrinski	89
Court Gifford	89, 90
Dave Munoz	89, 90
Rocco Marchionda	90
Scott Flasch	90

WIAA STATE QUALIFIERS

Mike Wells	74
Nick Bell	74, 75, 76
Ron Mueller	76
John Bowman	77, 78
B. O'Loughlin	76
Doug Bell	78
John Hildebrand	78
John Krug	79
Gary Clausius	79
Mitch Riske	79
Mike McDermott	79
Mike Marx	80
Lonnie Preissner	81
Matt Wells	82, 83
Pat Schommer	83
Ty Toriello	83, 84
Brian Peterson	83, 84
Dan Mueller	85
Mike Furner	85
Glenn Berry	85
Darrin Peterson	85, 86, 88
Steve Schommer	87
Todd Schmitz	87
Damian LaCroix	87
Mike McDowell	87
Jeff Berry	88
Rick Schuppe	88
Bruce Welnetz	88
Dave Hayes	88
Dale Stahmann	88
Brian Dobrinski	89
Jim Toth	89
Mike Christiansen	89
Dave Munoz	89, 90
Rocco Marchionda	89, 90
Greg Sewall	90
Court Gifford	90

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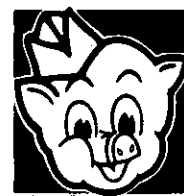
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WIAA SECTIONAL CHAMPS

Nick Bell	74, 75, 76
Ron Mueller	76
John Bowman	77
Gary Clausius	80
Mike Marx	80
Matt Wells	82
Brian Peterson	83, 84
Glenn Berry	85
Mike Furner	85
Dan Mueller	85
Steve Schommer	87
Damian LaCroix	87
Mike McDowell	87
Dale Stahmann	88
Darrin Peterson	88
Bruce Welnetz	88
Dave Hayes	88
Jim Toth	89
Dave Munoz	89, 90
Rocco Marchionda	90
Court Gifford	90

SECTIONAL CHAMPIONSHIPS

1984, 1985, 1987, 1989, 1990

CARDINAL DUAL RECORD

Wins	239
Losses	48
Ties	1

REGIONAL CHAMPIONSHIPS

1974, 1976, 1979, 1982, 1983
1985, 1987, 1988, 1989, 1990

WIAA STATE PLACE WINNERS

Nick Bell	1st
John Bowman	2nd
Mike Marx	4th
Pat Schommer	2nd
Matt Wells	3rd, 3rd
Brian Peterson	6th, 2nd
Dan Mueller	6th
Darrin Peterson	3rd
Steve Schommer	6th
Damian LaCroix	6th
Todd Schmitz	3rd
Rick Schuppe	2nd
Dale Stahmann	2nd
Bruce Welnetz	4th
Brian Dobrinski	3rd
Rocco Marchionda	5th
Rocco Marchionda	1st

WRESTLING FAMILY HONOR ROLL

Petersons (Mark, Brian, Darrin)	245
Bells (Nick, Doug)	133
Schommers (Pat, Steve)	131
Billmans (Brad, Brian)	110
Wells (Mike, Matt, Tim)	109
Muellers (Ron, Dan)	101

1990-91 THEISEN TIGERS

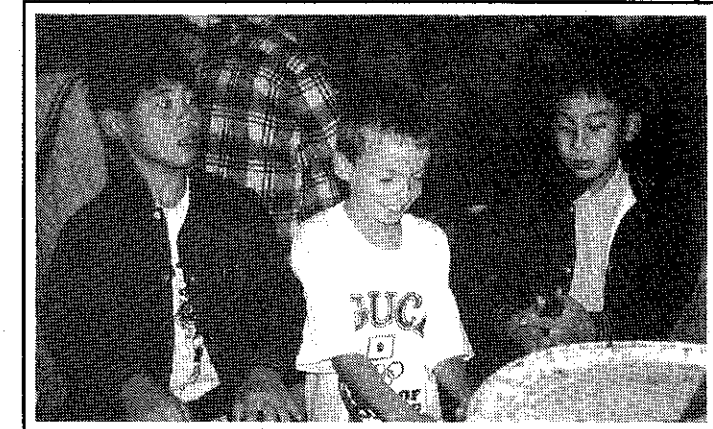


7th GRADE: Jeff Dreikosen, Rick Faris, Troy Jensen, Scott Johnson, Aaron Pilsner, Josh Pratt, Scott Rauls, Eric Schafer, Ben Scharf

8th GRADE: Cory Burroughs, Jason Carter, David Hopper, John Mueller, Gerrit Ramirez, Jason Seaton, Jim Skrenes, Kevin Weinschrott

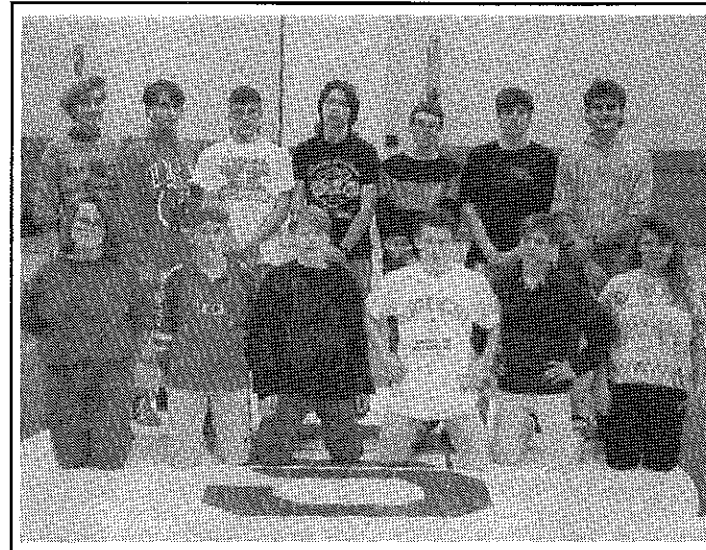
9th GRADE: Bowe Averill, David Gruen, Shane Ilgen, Corby Jebron, Jeff Karls, Adam McCullough, Chris Seif, Thad Smith, Matt Sweger

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Chris Lewis
Terry Abitz
Brad Peterson
Becky Schwarts
Jenny Duffy
Peter Moore
Kevin White
Travis Daun
Matt Schaefer
Bob Rietz
Tyler Wayner



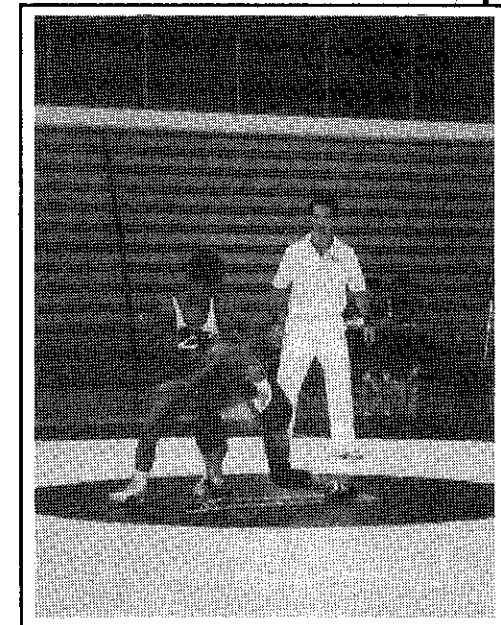
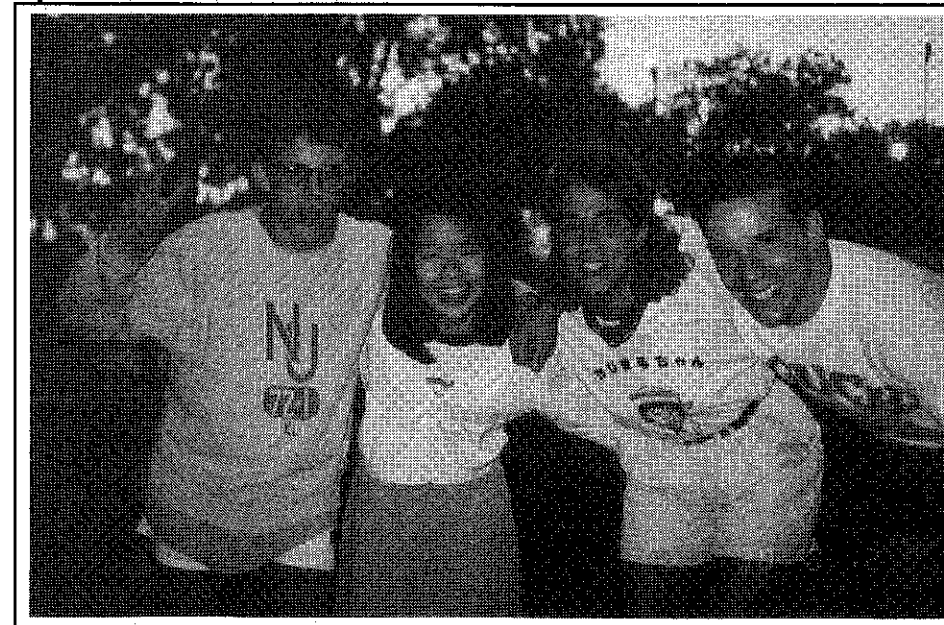
SABISH COACHING STAFF
Greg Winkler and Curt Locke



7th and 8th GRADE: Doug Bickelhaupt, Eric Mand, Mike Roloff, Jeremy Barthels,

Becky Brian, Cliff Hammer, Robert Schmidt, Nathan Birschbach, Aaron Abel, Tim Chapin, Lester Smith, Zeke Ybanez Mgr.

Coach Curt Locke, Brett Salm, Shane Schultz, Gary Thorpe, Jim Leonard, Scott Sabel, Jeff Moss, Coach Greg Winkler.

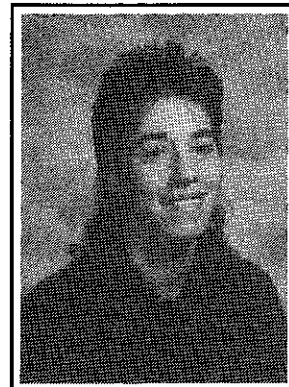


CHEERLEADERS



VARSITY CHEERLEADERS

Jenni Butzen, Kristina Klein, Gena Johnson, Jennie Lemke,
Jenny Cisewski, Allyson Clayton



ADVISOR
Joanne Coldren

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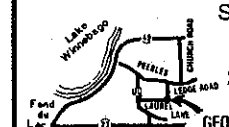


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