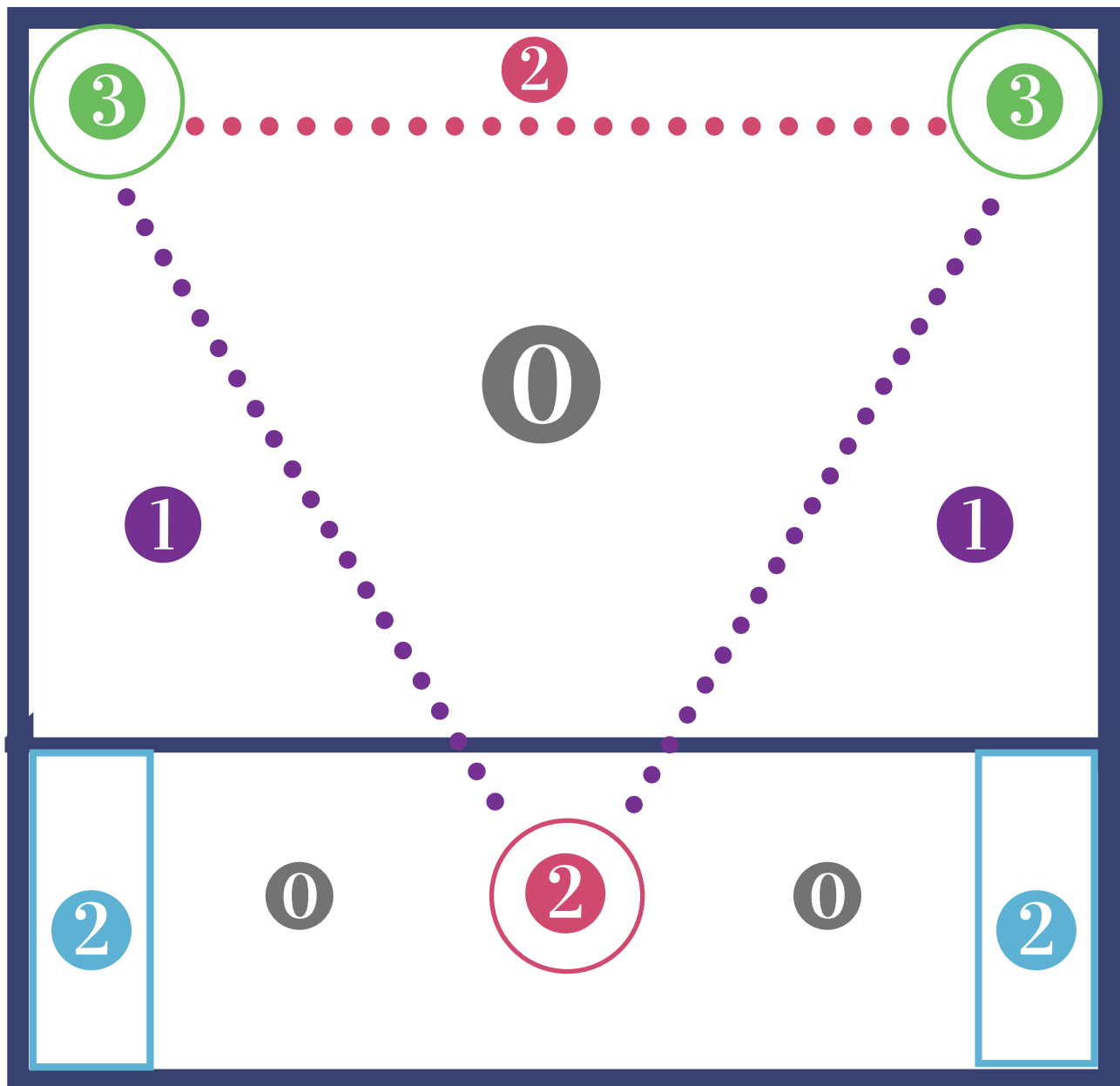


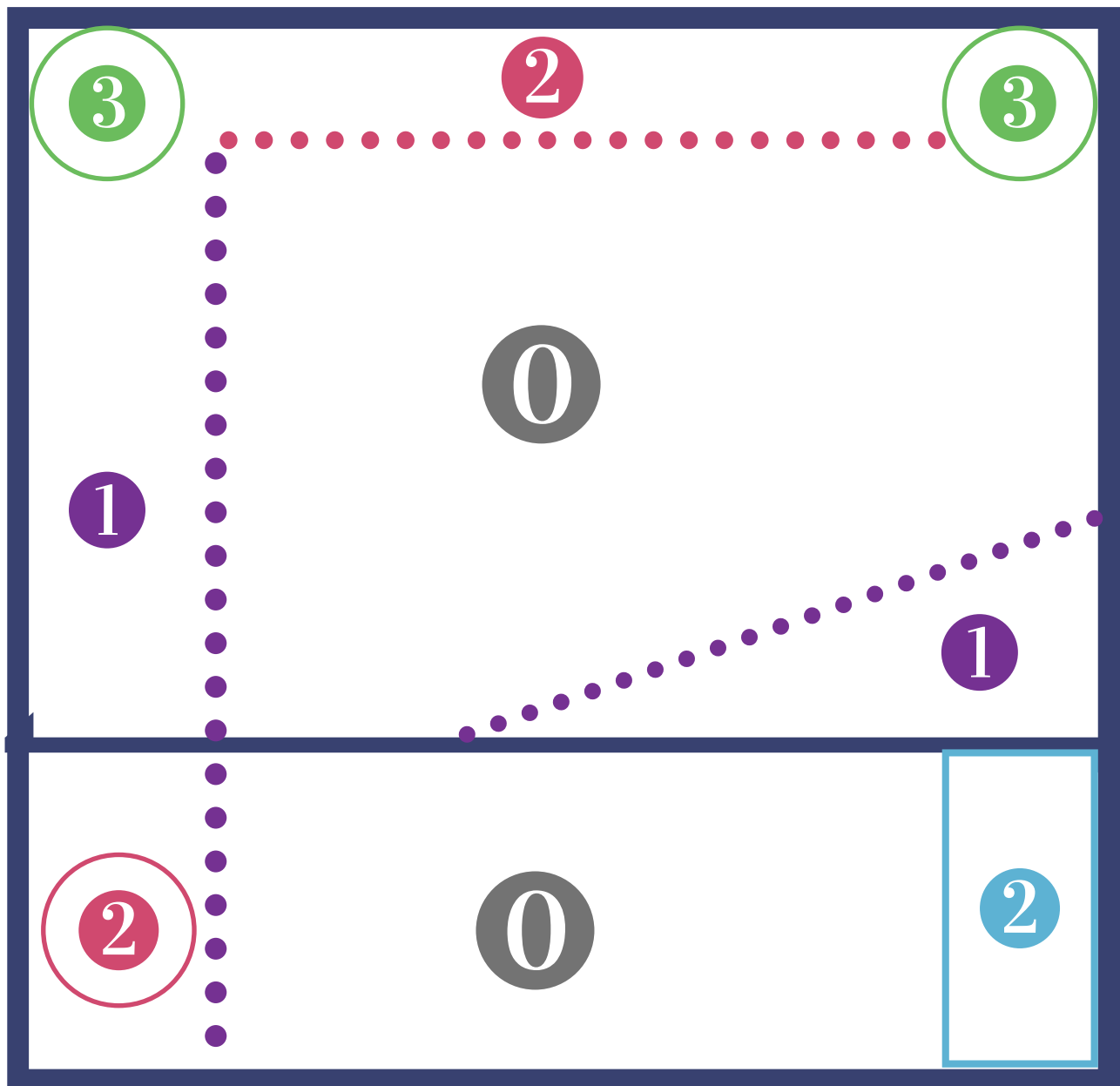
# ATTACKING TARGETS - MIDDLE



What can I use to create targets?

jump ropes - hula hoops - exercise mats - pool noodles

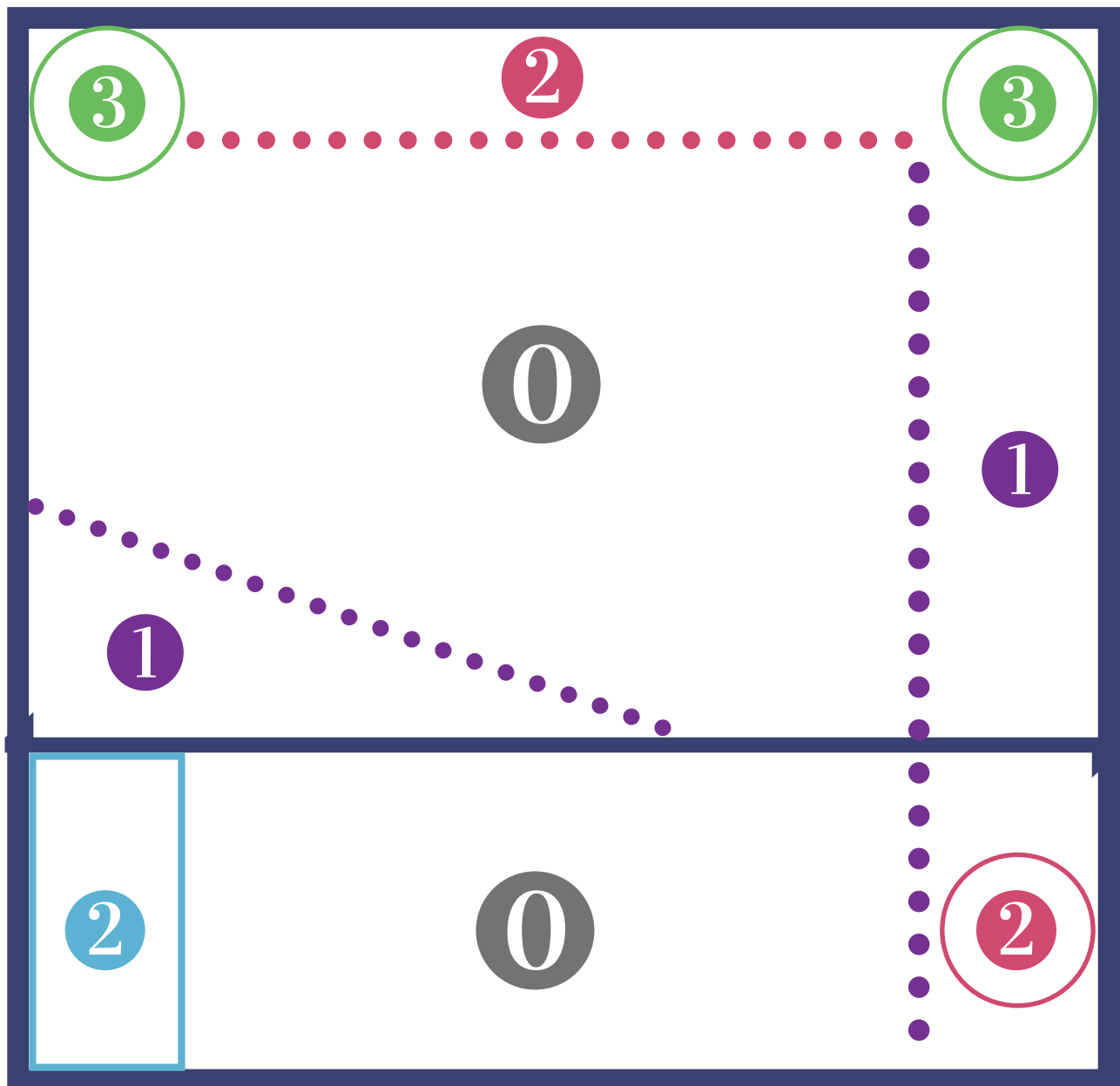
# ATTACKING TARGETS - OUTSIDE



What can I use to create targets?

jump ropes - hula hoops - exercise mats - pool noodles

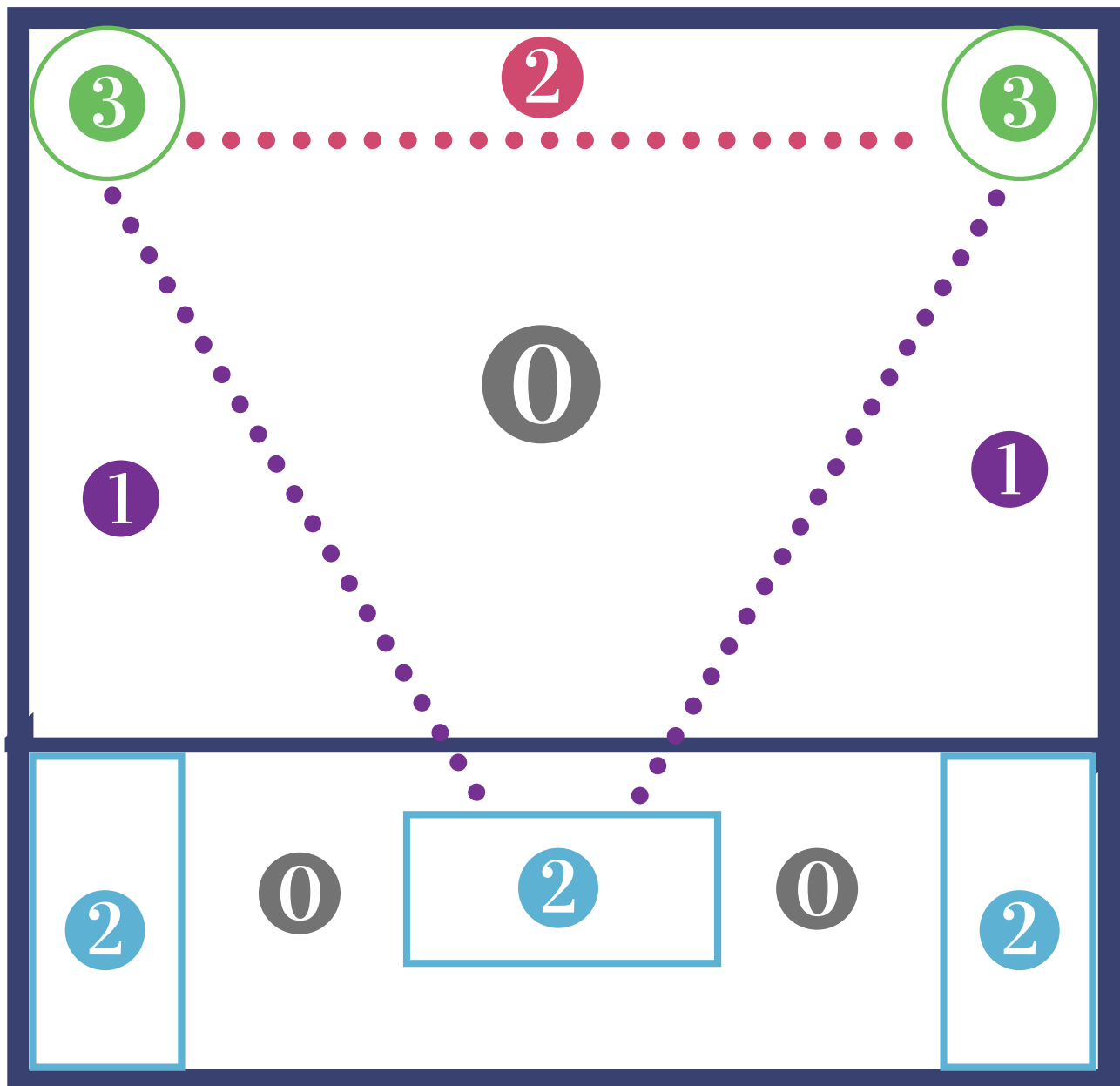
# ATTACKING TARGETS - OPPOSITE



What can I use to create targets?

jump ropes - hula hoops - exercise mats - pool noodles

# ATTACKING TARGETS - BACK ROW



What can I use to create targets?

jump ropes - hula hoops - exercise mats - pool noodles

