



The Casper Junior Football League is a non-profit volunteer-based organization; we strive on providing all student athletes with a safe, fun learning environment. Our goal is to instruct and provide all of our participants with a fundamental foundation as they are introduced in the sport of tackle football. We are proud to be affiliated with USA and Heads Up Football. This organization provides our league with specific training tools to help our coach's teach tackling with the most up-to-date safe techniques available at this time. As a league, safety and sportsmanship are and always and will be our main priority as the season progresses. We encourage all of our fans and spectators to support and cheer for not only your kid and team but all kids and teams. We will not allow or tolerate any negative or derogatory behavior towards any of our participants, coach's, referees or other spectators. Using USA football's guidelines, we have developed the following code of conduct that will be followed and enforced.

Parent's Code of Conduct

- Give constructive criticism during a private moment, never in front of other parents, players, officials, spectators, etc.
- Support your coach and refrain from excessive "sideline coaching" from the stands.
- Refrain from entering the team sideline area during the game. Only the certified coaches and players may be in this area. A paint line referred to as the "Parent Line" will be painted on the sideline to delineate the area from which is to be free of spectators.
- Refrain from using profanity.
- Abide by a doctor's decision in all matters of players health and injuries and physical ability to play.
- Accept the decisions of officials on the field as being fair and called to the best ability of the officials. Parents must stay off the field and remain under control in order to set a good example for players and other spectators.
- Do not criticize an opposing team, its players, fans, coaches or team by words or gestures.
- Support the coaches, players and officials and help teach the value of commitment to the teams, sportsmanship, ethical conduct and fair play.
- Inappropriate behavior is cause for immediate ejection from the stands. Repeat offenses will result in being barred from future games and league sponsored activities. We will work with local law enforcement and school officials if need be.
- Parents will not encourage their child or any other person to engage in unsportsmanship conduct with any coach, parent, player, participants, officials or any other attendee.
- Parents or spectators will not approach a coach before, during or after a game or practice with a complaint or intent to be confrontational.

If a situation arises amongst a parent, player, coach, etc.... please follow the formal process for addressing the situation.

Filing a formal complaint

Please note that all complaints will be taken seriously.

1. Notify a present board member at the facility of the situation and or complaint.
 - a. Board members will investigate and work to resolve the situation.
 - b. If the issue is with a coach, player, playing time, bullying etc. Please notify a board member present of the situation and file a formal complaint via email to casperjrfootball@gmail.com. This is to ensure that there is no miscommunication between the complainer/board members about whom and what the complaint is about.
2. Once the formal complaint is filed, the board will then assign 2 members to conduct an investigation based on the information provided, they will speak with all parties involved (parent, player, coach) and the board will make a decision based on the information collected to resolve the issue and take appropriate disciplinary action if needed.

Disciplinary Actions

1. Players fighting among anyone will not be tolerated and will result in the immediate suspension from the league among players. Fighting among spectators, parents, coaches will result in immediate removal from the league and banned from all other league sponsored events. Proper law enforcement actions will be taken in all situations.
2. Players bullying will not be tolerated. Anytime physical or verbal abuse occurs, it will be considered bullying and the following guidelines will be followed:
 - Investigation by present board members with all parties involved (players, coach's, parents).
 - Parents of the children will be notified by their coach that a complaint has been filed against their child.
 - Upon investigation, the board will make a decision based on the information collected during the investigation and take appropriate action if needed.
 - i. If it's a false accusation no formal action will be taken
 - ii. If the investigation is confirmed circumstance of bullying the following process will be taken based on the number of instances:
 1. Verbal and written warning will be issued via email or mailed to the address on file of registration.
 2. 3-day suspension from practice and 1 game, player must be present at practice during the suspension watching from the sidelines.
 3. Immediate removal from the league (no refunds will be given for registration fees, all jerseys issued must be returned to the league)
3. Unsportsmanlike action towards a coach, player, official and any other attendee at the game will have a zero tolerance. Any person witnessed doing this type of behavior will be asked to leave the facility grounds immediately. Failure to do so will result in law enforcement personal assistance. Any person witnessing this behavior can file a formal complaint via email to casperjrfootball@gmail.com. A detailed description of the instance, person, game date and time should be included with the complaint.
4. Parent/coach confrontation – any derogatory, verbal or physical abuse or gesture from a parent towards a coach will result in immediate removal from the facility and said parent will be barred from attending any league sanctioned event until further notification from the board after a formal investigation is completed. If you have a complaint with a coach about any issue, please follow the formal complaint guidelines. Any person witnessing this behavior can file a formal complaint via email to casperjrfootball@gmail.com. A detailed description of the instance, person, game date and time should be included with the complaint.
5. Parent/Game Official confrontation – any derogatory, verbal or physical abuse or gesture from a parent towards an official will result in immediate removal from the facility and said parent will be barred from attending any league sanctioned event until further notification from the board.

Any person witnessing this behavior can file a formal complaint via email to casperjrfootball@gmail.com. A detailed description of the instance, person, game date and time should be included with the complaint.

Attendance Policy

1. Attendance – attendance is mandatory for practice to be eligible to play in the game. Missing practice not only hurts your kid but your team. Coaches are working to install the offense and defense and missing a practice can set the player and the teams back an entire week. Attendance is also a safety issue; we work hard on teaching fundamentals and proper technique to reduce the risk of personal injury, missing can result in missing a proper instruction on individual techniques. If a situation arises where your child has to miss please notify the coach or league.

Playing Time Regulations

Playing time is based on 100% practice attendance. The following is the minimum requirements for mandatory playing time.

A week is defined as all practices from the day after a game up to the day of practice before a game. For example, if games are played on Wednesdays and practice is Mon-Thurs., practices would consist of Thurs., Mon., and Tues.

A player with perfect attendance shall be play 7 plays per quarter. Minimum plays per quarter includes special teams. A player with one missed practice during the week prior to the game shall play 5 plays per quarter, and playing time for a player with two missed practices the week prior to a game shall be at the coach's discretion. The coach can choose to sit or play the athlete. This is a safety risk to everyone. The coach will inform a board member of the situation and his recommendation on playing time, with the board will then make a decision based on the information provided and coach's recommendation. Coaches will be required to take attendance at every practice and be responsible for maintaining said documentation throughout the season to be proved to the board in the event a player's playing time is questioned. Weekly attendance sheets will be provided by CJFL and shall be submitted to the practice trailer weekly. If requested, the board can assist the head coach in establishing and maintain attendance rosters. The board reserves the right to adjust the lengths of the quarters as the number of players and number of volunteer coaches can impact this.

In the event a coach knowingly violates the mandatory playing time policy, it may result in the forfeiture of the game in which the violation occurred. Two (2) infractions of this rule during the season will result in the suspension of the head coach until an investigation is completed by the board at which time the board can elect to reinstate the head coach or suspend the coach for the remainder of the season. The league is grateful for your participation and cooperation and we look forward to seeing all of you at the fields!