

TRYSA/HotShot WinterBlast Tournament Rules

PLAYERS AND SUBSTITUTIONS: *SIX is the maximum number of players on a team; three field players at one time. There are no goalkeepers in 3v3 soccer. Substitutes may occur at any dead ball situation, but players must be called onto the field by the referee and enter and exit at the half-field mark only.*

GENDER: *Tournament is operated as Co-Rec: all boys teams must have at least 2 girls on the roster; girls may form all-girls teams. There must be one girl on the field at all times.*

EQUIPMENT: *All players **must** wear shin guards. Any player without shin guards will not be allowed to play. 15 U teams will use size 5 balls; all other teams will use size 4 balls.*

FIELD DIMENSIONS: *Width: 25 yards for 8U-12U, 30 yards for 15U. Length: 35 yards for 8U-12U, 40 yards for 15U.*

GOAL BOX: *The goal box, ten feet wide by eight feet deep, is directly in front of the goal. No player may touch the ball within the goal box, however any player may move through the goal box. Any part of the ball or player's body on the line is considered in the goal box; the player is an extension of the box.*

GOAL SIZE: *The goals are approximately 4 feet high by 8 feet wide.*

GAME DURATION: *Each game consists of two 10 minute halves separated by a two minute halftime, OR the game ends when a team reaches a 10 goal lead.*

OVERTIME: *TEAMS WILL HAVE A 3 MINUTE "GOLDEN GOAL" OVERTIME PERIOD. If the score is still tied, the winner is decided by a shootout with the 3 players on the field at end of golden goal period.*

GOAL SCORING: *A goal may be **scored ONLY from a touch on the offensive half** of the playing field. No goals may be scored if shot from the defensive half.*

STANDINGS: *3 points for a win; 1 point for a tie and 0 points for a loss.*

FORFEITS: *A forfeit is scored as 5-0*

NO GOALKEEPER

NO OFFSIDES

NO SLIDE TACKLING

NO HEADING

KICK-INS: *The ball shall be kicked in to play from the sideline instead of thrown in.*

SAFETY: *In accordance with regulations of the State of North Carolina, the City of Rocky Mount and TRYSA: masks are required of players at all times, *including during play on the field*. Spectators may be allowed in accordance with the guidelines of Rocky Mount and TRYSA, spectators will be required to practice safe distancing and wear masks at all times.*