

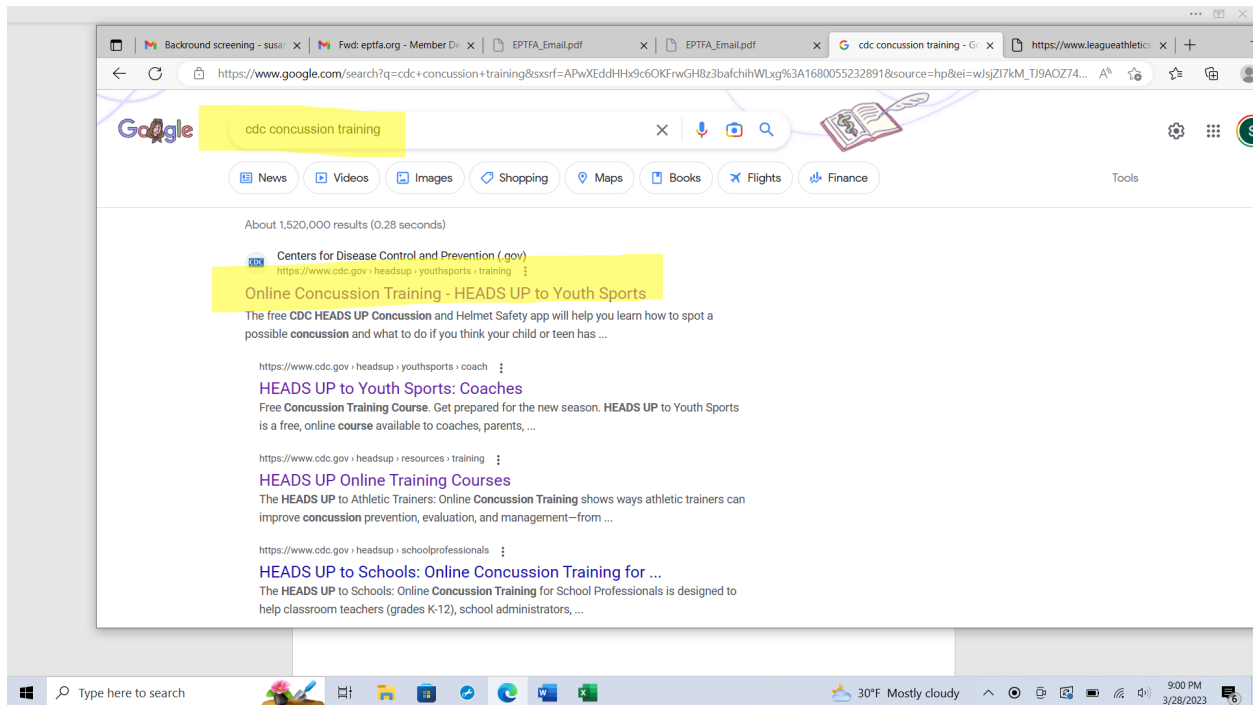
How to complete the CDC Concussion training

The CDC training site is not as streamlined as I would love, so I have created this document to illustrate how to register/create an account and start the training. I apologize for how they have built their site.

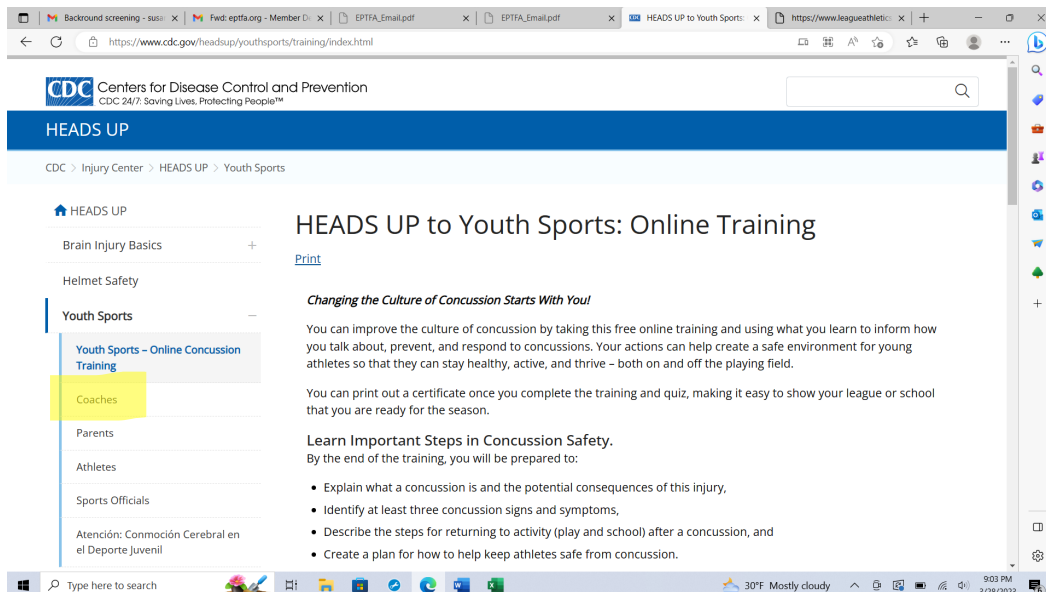
Here is the link:

[HEADS UP to Youth Sports: Online Training | HEADS UP | CDC Injury Center](https://www.cdc.gov/headsup/youthsports/training/index.html)

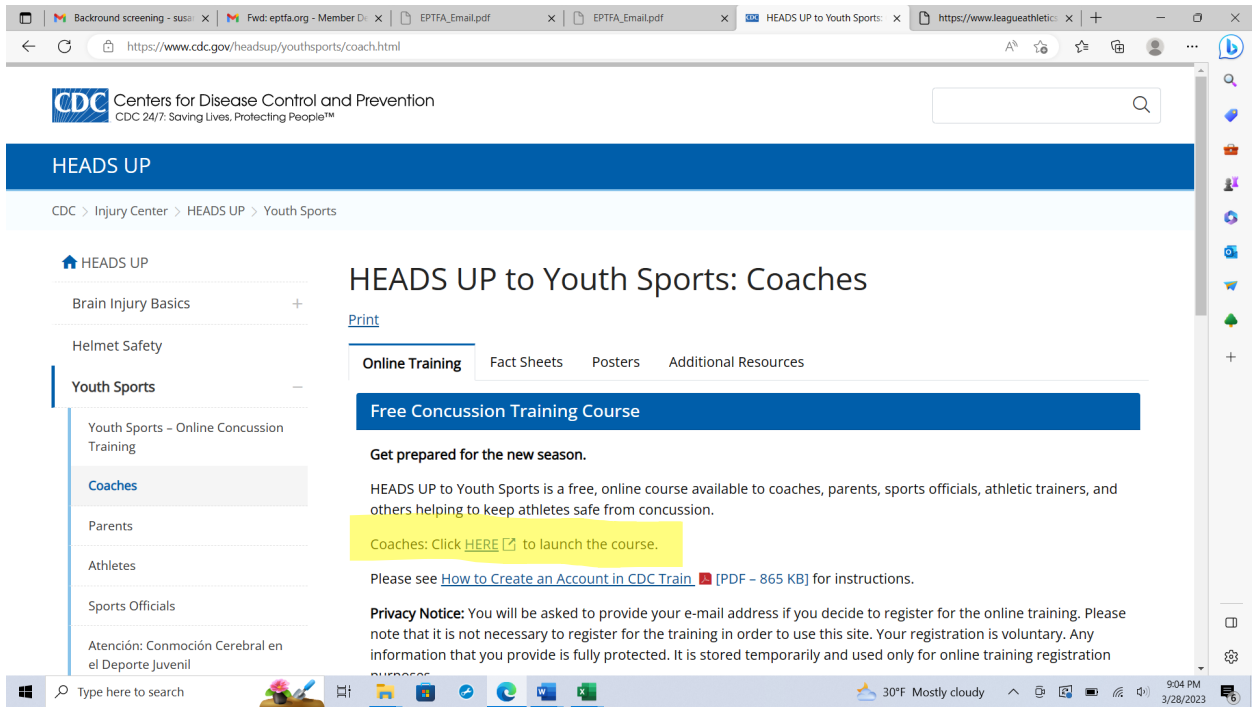
You can also just google “CDC concussion training”



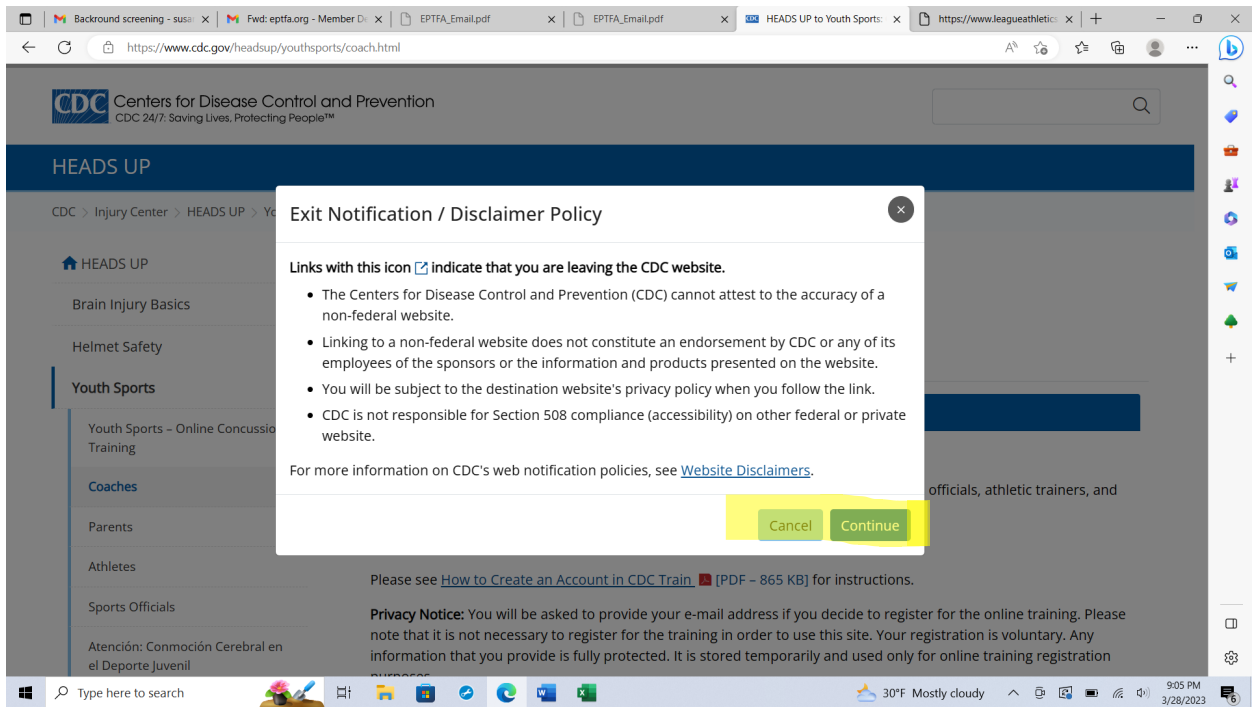
Once you click the link, you get to this website:



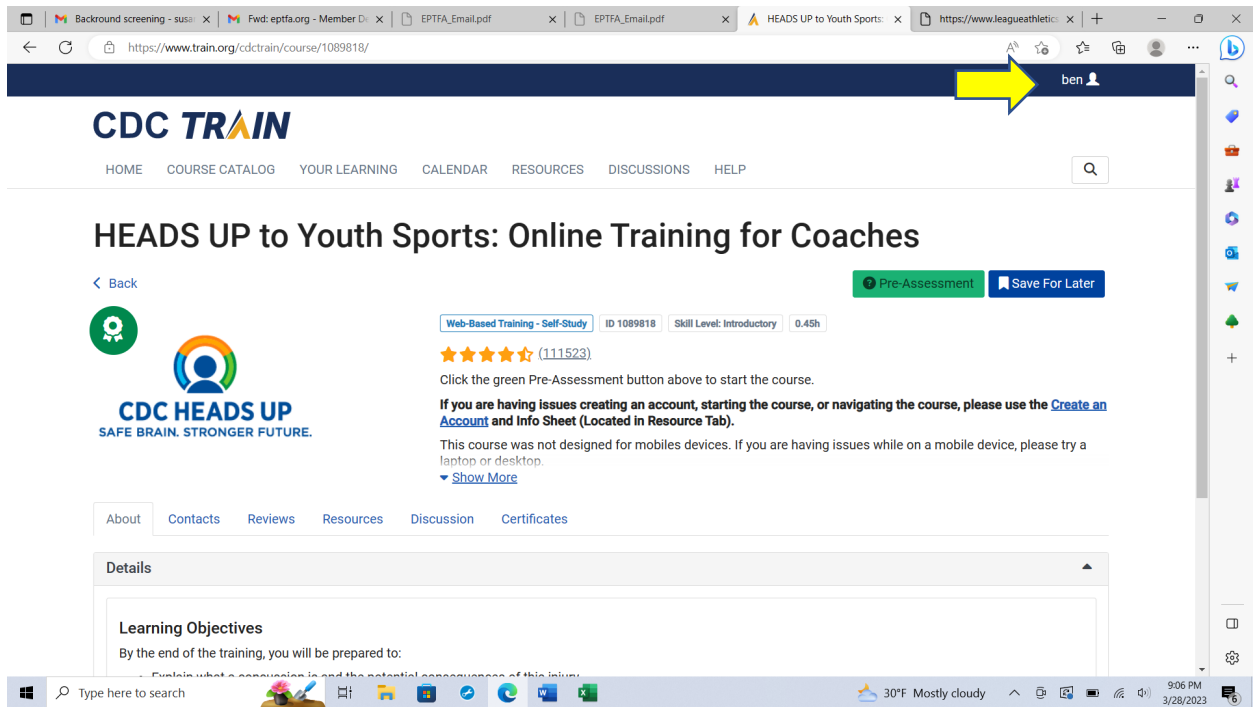
You then click on the “Coaches” area on the L side, and it will take you to this page:



Click the area that says “Click Here” – when you do, the following disclaimer pops up. Hit “continue”. This will pull you through to the CDC Training website



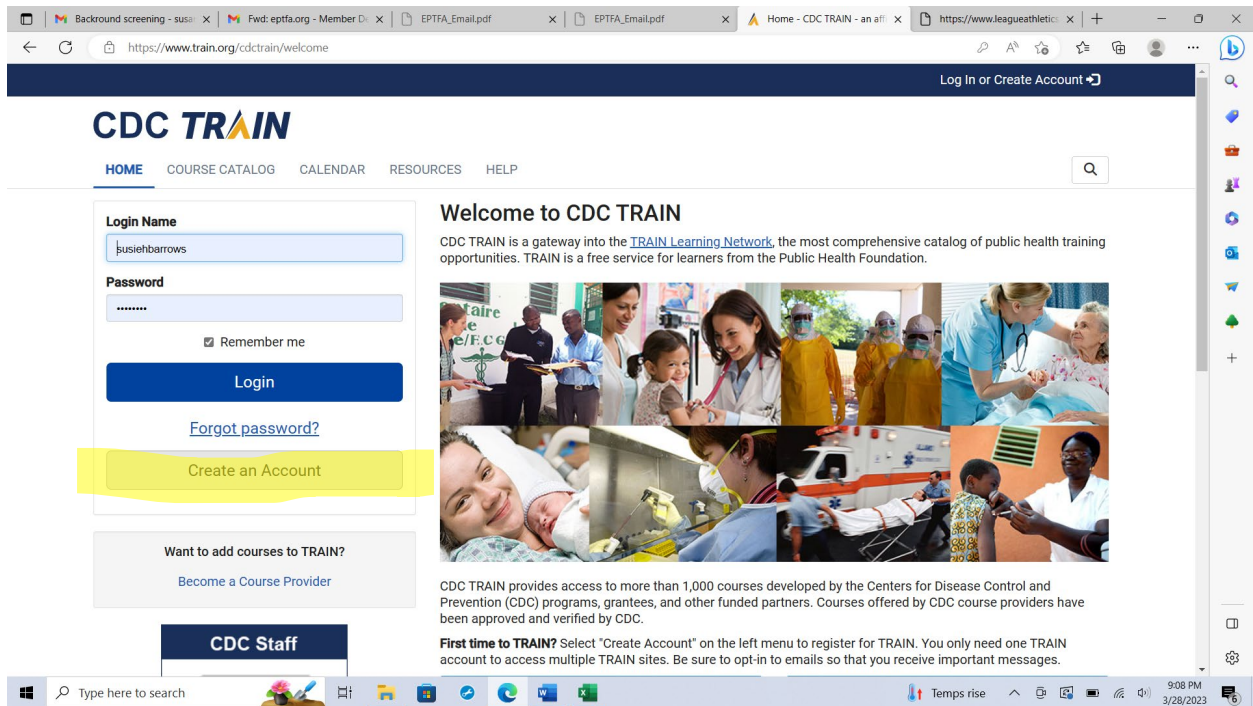
Here is the CDC Training website:



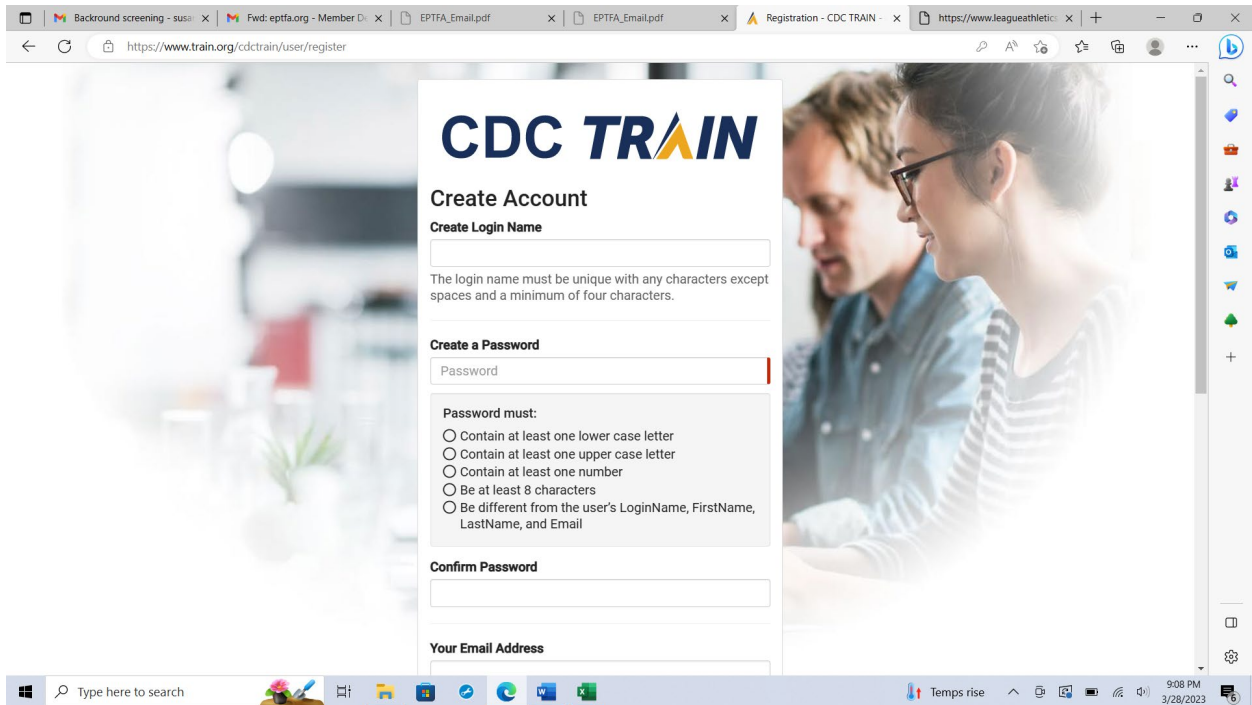
If you have an account (like my spouse's in the screenshot above), you can do the pre-test and begin the training.

If you DON'T yet have an account: here is how to set one up.

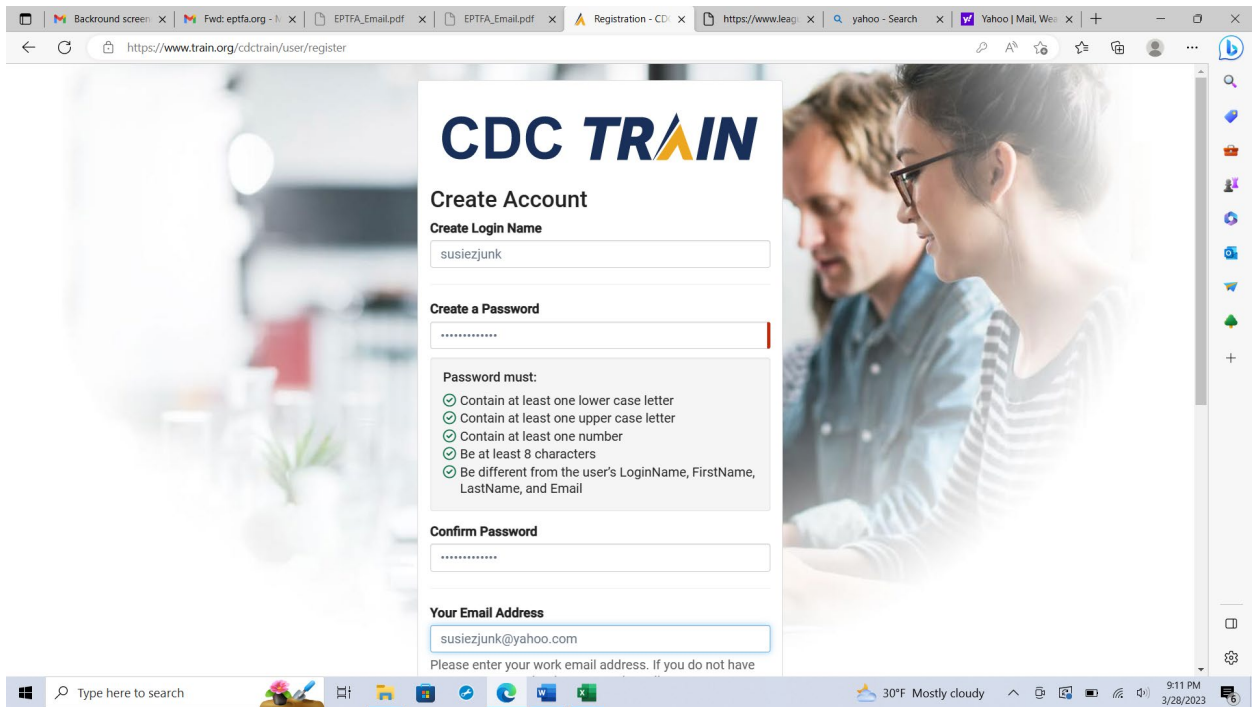
The process to set up an account for the CDC Training website has a few extra hoops to jump through, but hopefully this will help. Click "create an account"



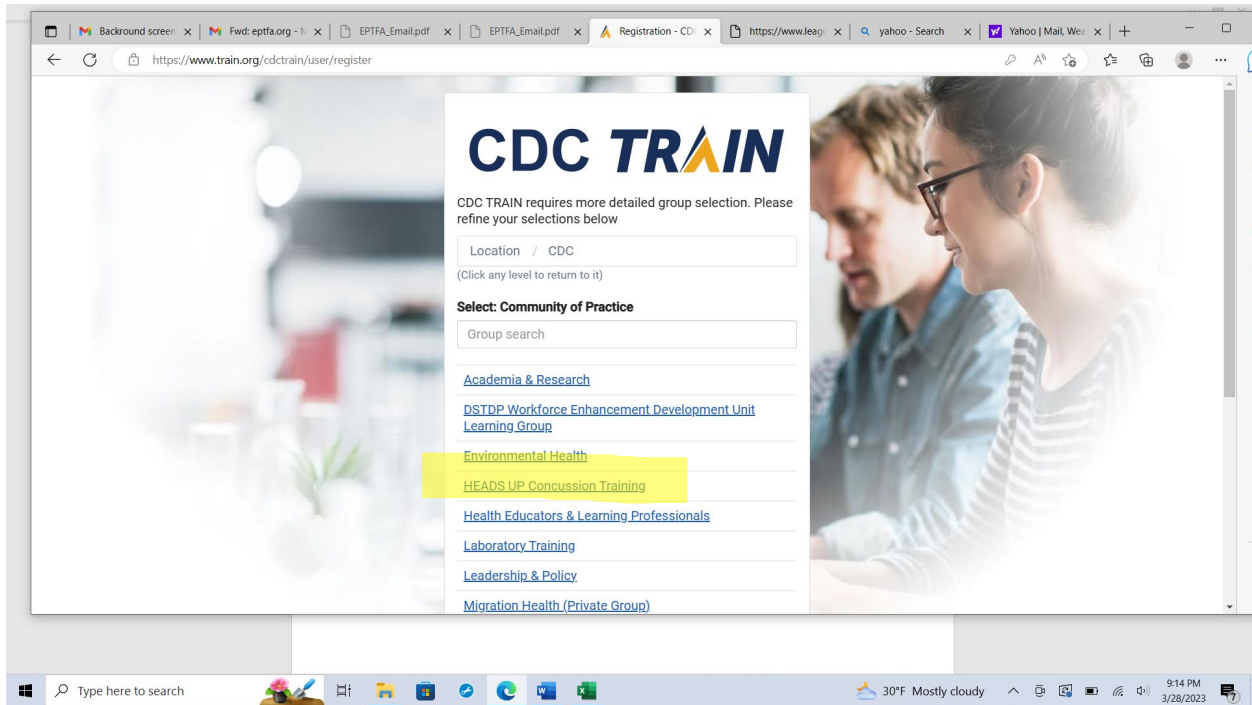
To create an account you will need a login and password (which you create)



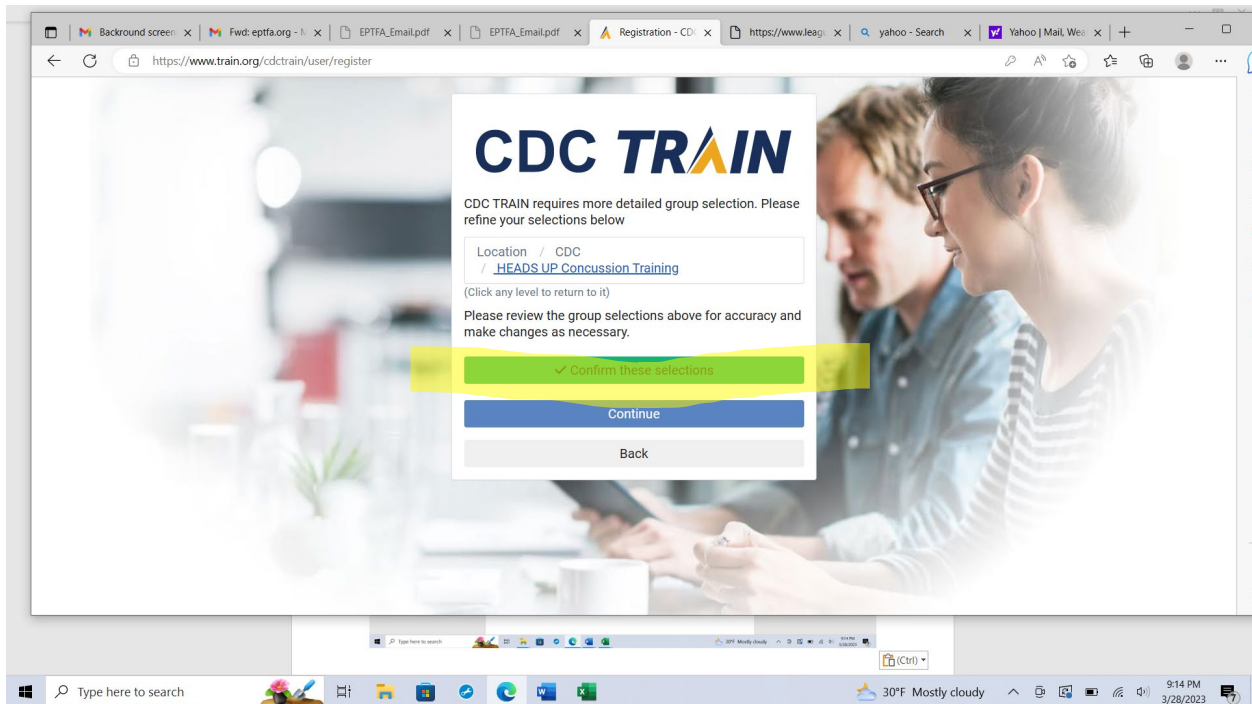
I have created a dummy email account for myself to show you the sign up process (so bear with me on my email name you will see - susiezjunk)



Once you have made an account, you get this screen:



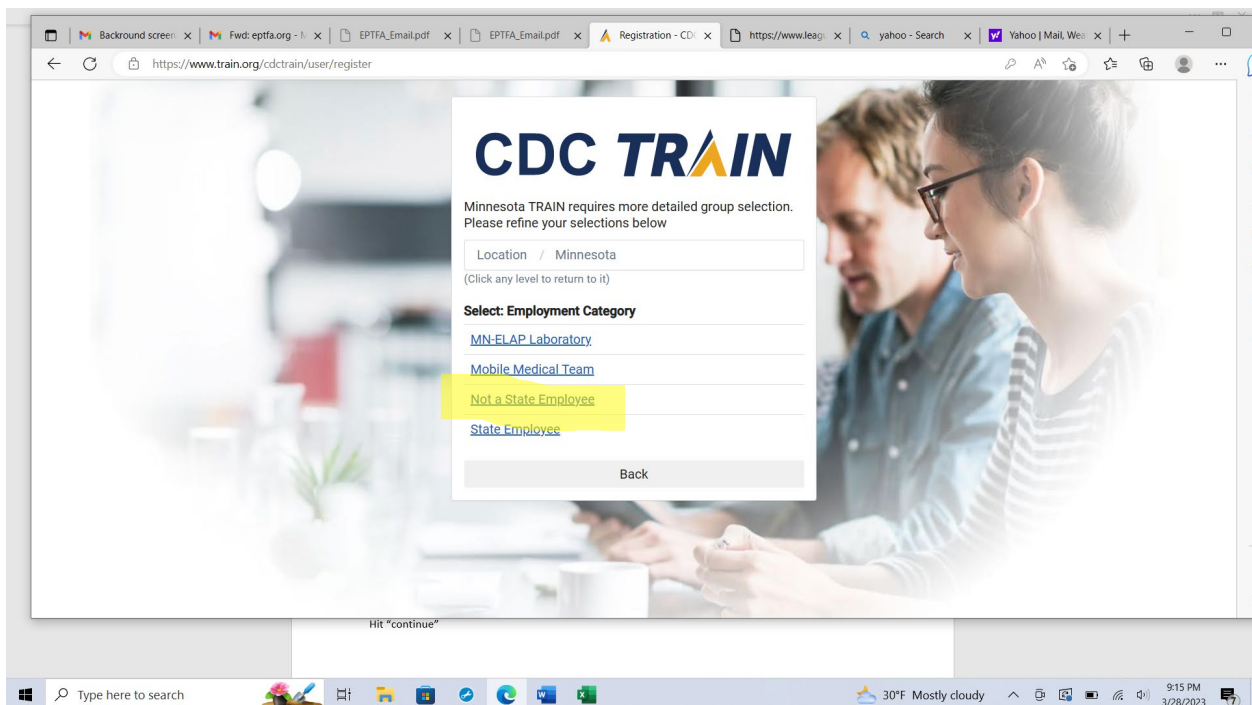
Click "heads up concussion training" and you will get here: click the green "confirm these selections" box



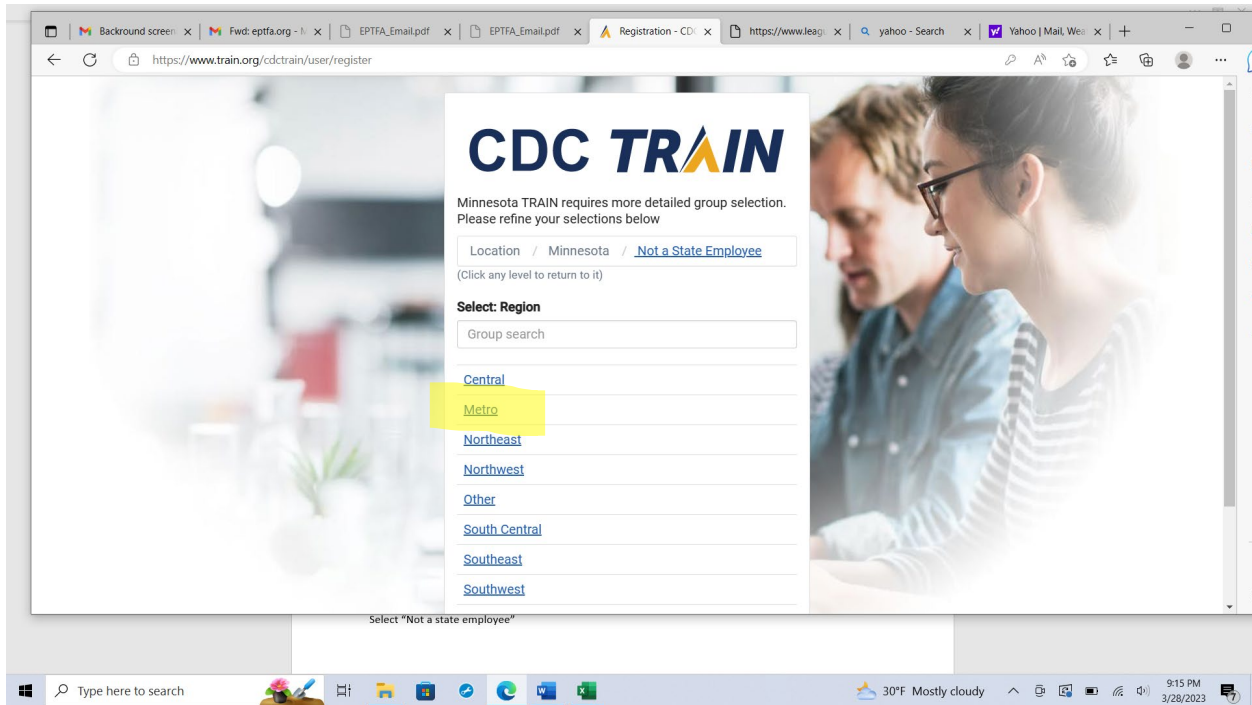
You will get this page next: hit "continue"



After you hit “continue” the CDC has a series of questions you unfortunately must answer, but I will show below the selections I made: “Not a state employee” is the first



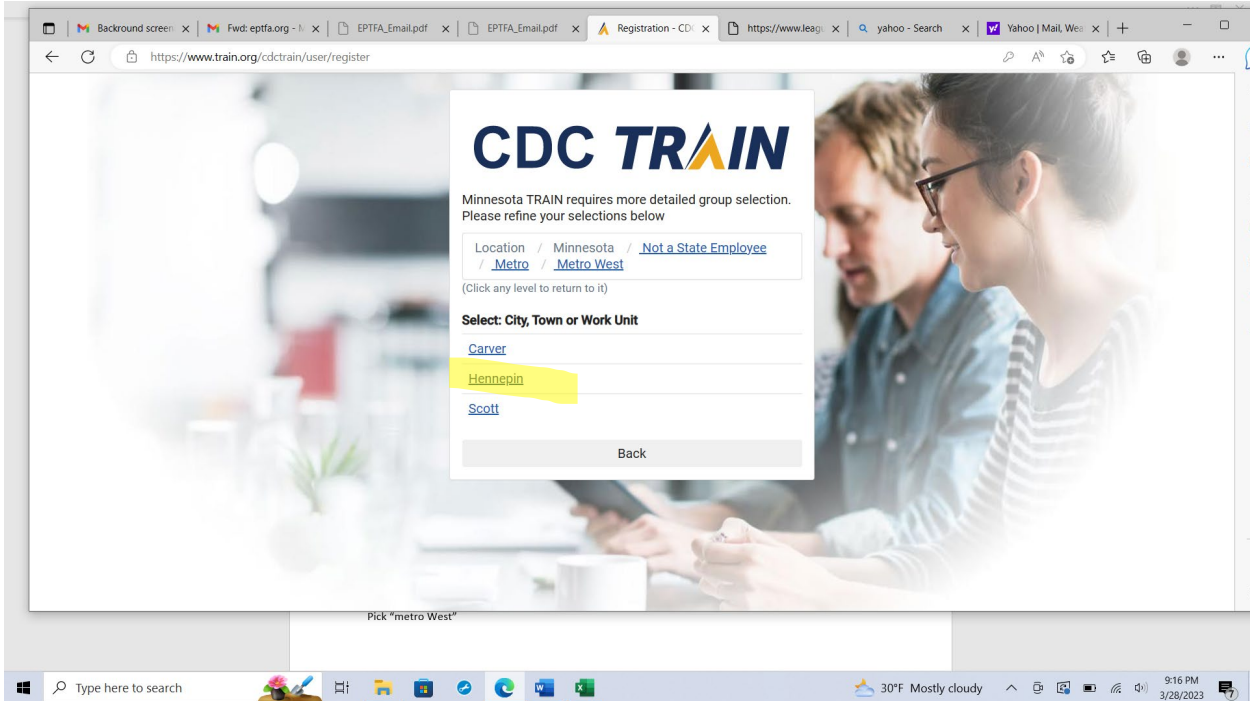
Select “Not a state employee.” It will then make you select a region – “metro”



Then select "metro" (as shown above) – you will get this screen to specify "Metro East" or "Metro West"



Pick “metro West” – this will pop up – pick Hennepin



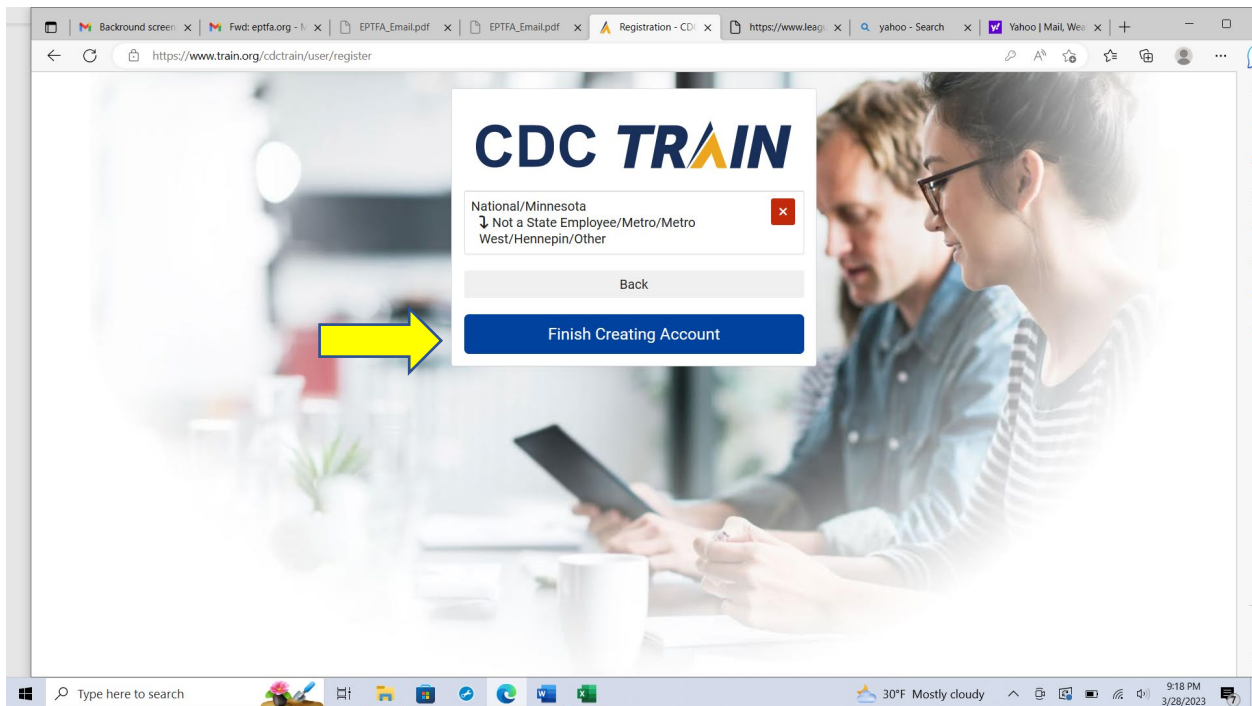
After selecting “Hennepin” – you will get this screen. You will select “other” below:



Once you click “other” – they will again have a green “confirm these selections” box

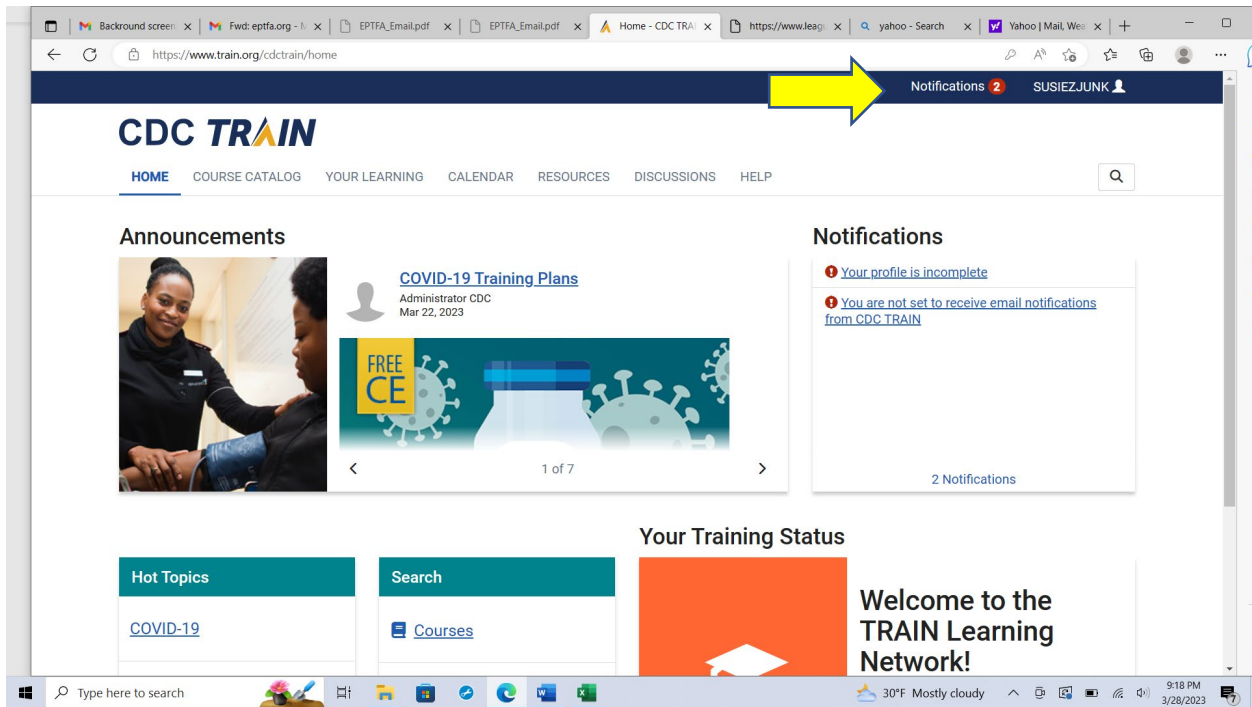


You will click “confirm these selections” – the following will come up

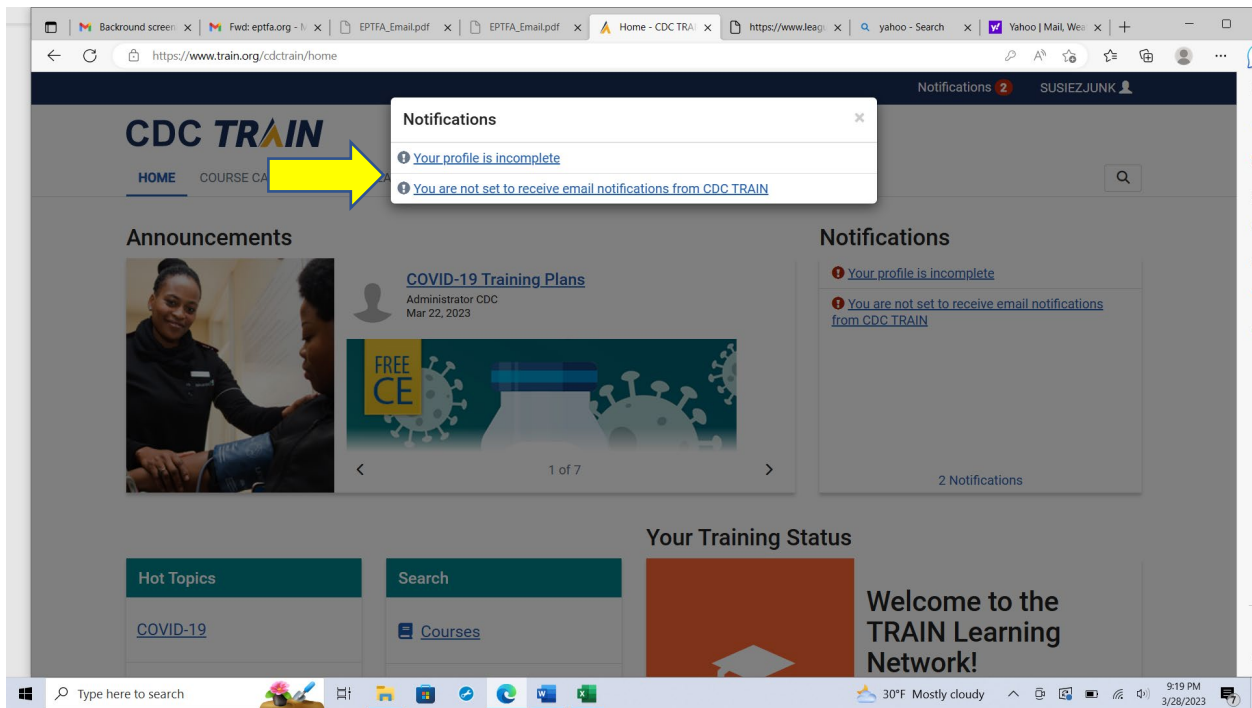


Click “finish creating account”

The next screen looks like this:

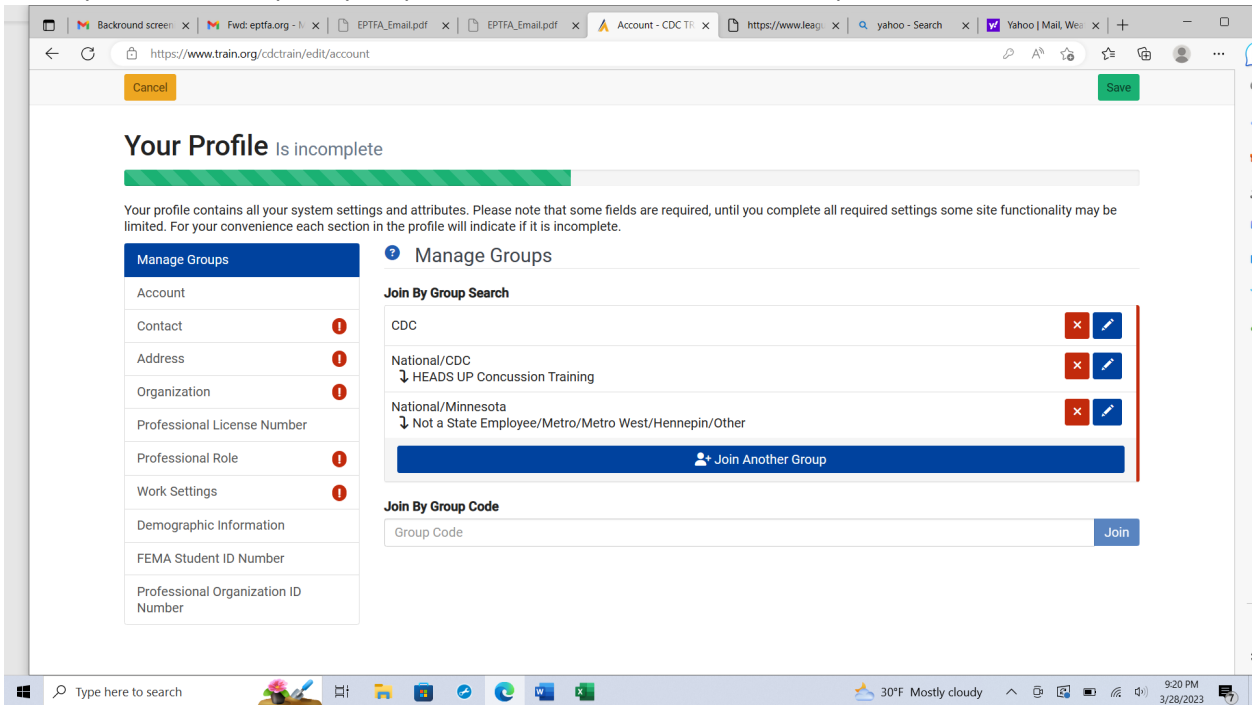


When you click “notifications” in the top right, you will have to do the following:

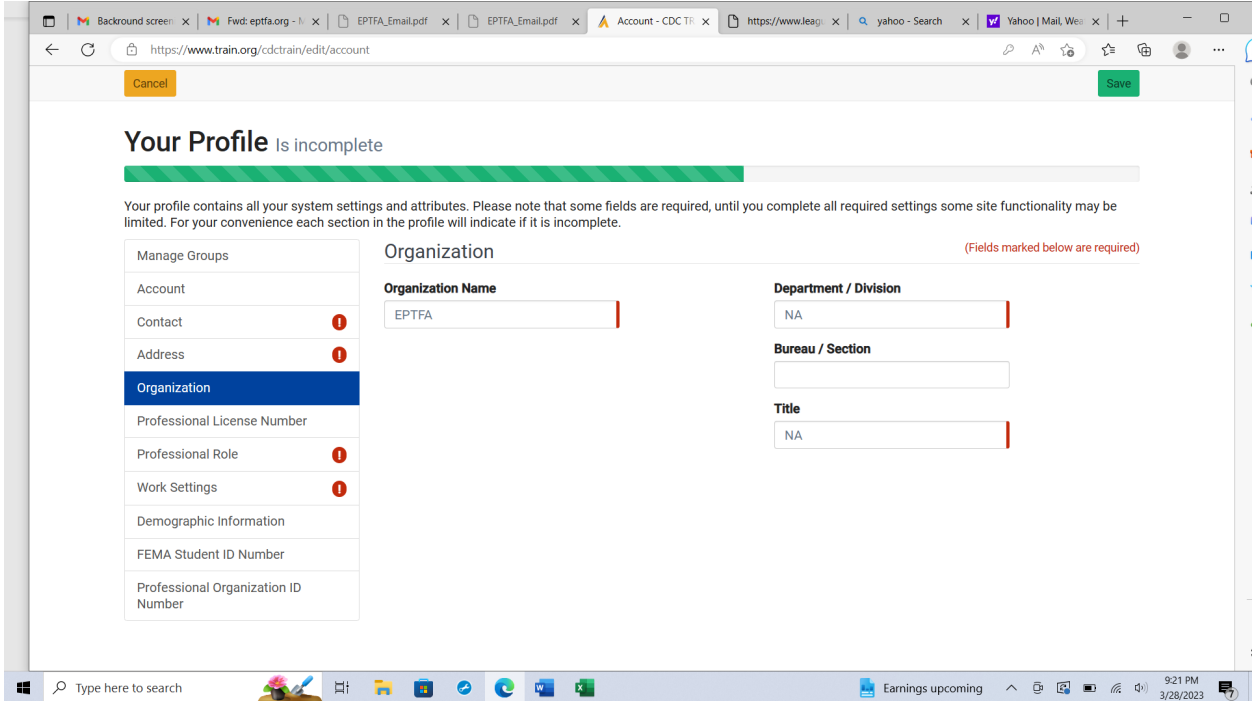


- Complete your profile
- Set up for email notifications

When you click to complete your profile, a screen like this will come up

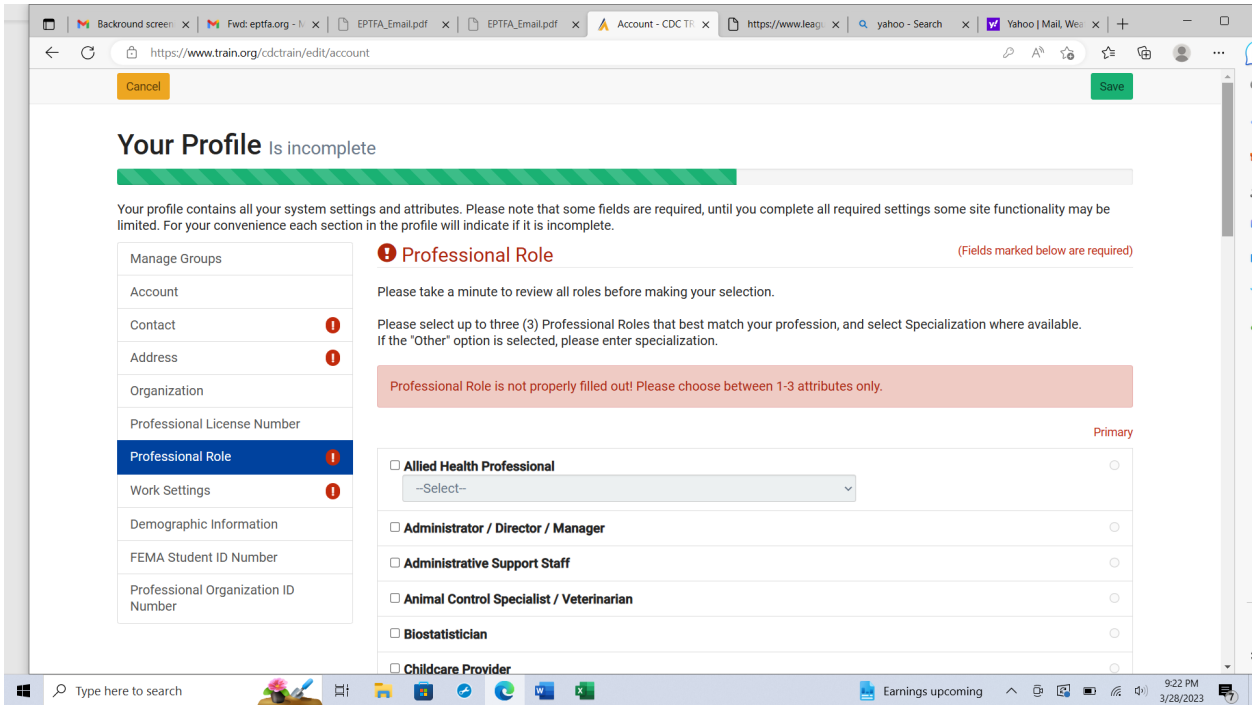


The contact and address tabs are straight forward, but here is what you will do for the "organization" tab:

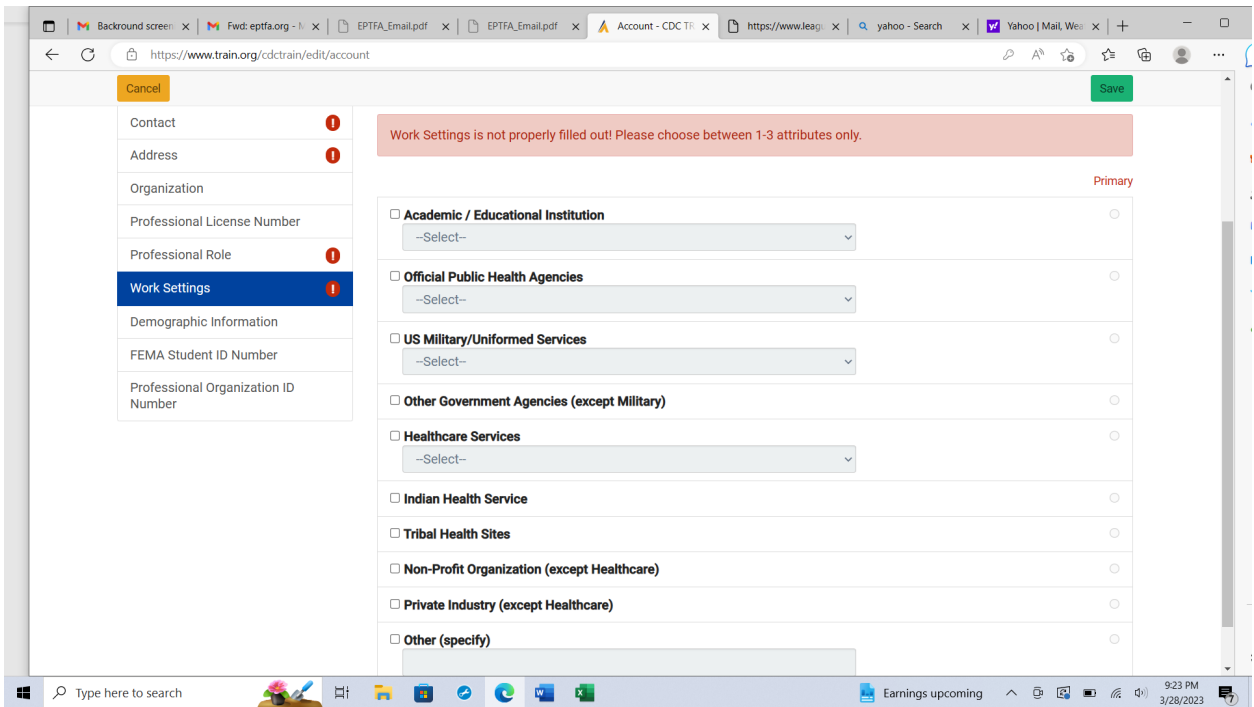


The organization I entered is "EPTFA." For department/division and title you can free text "NA"

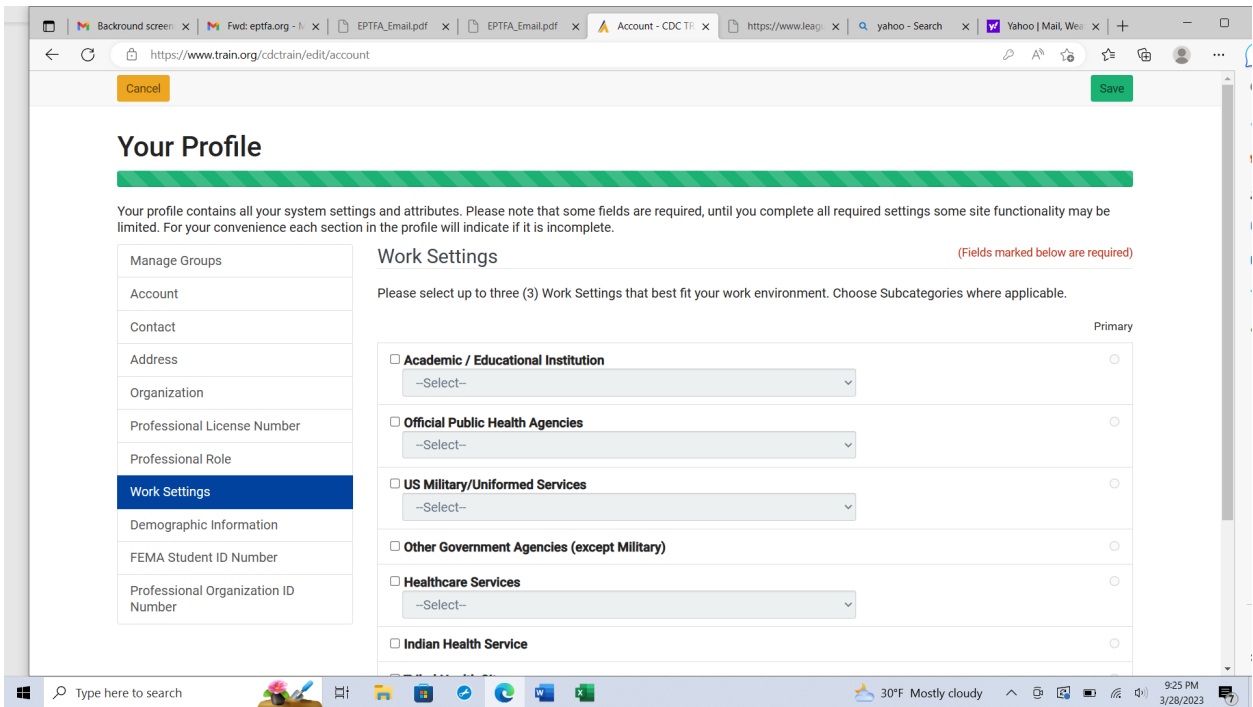
When you click the "professional role" tab, "volunteer is an option if you scroll all the way down



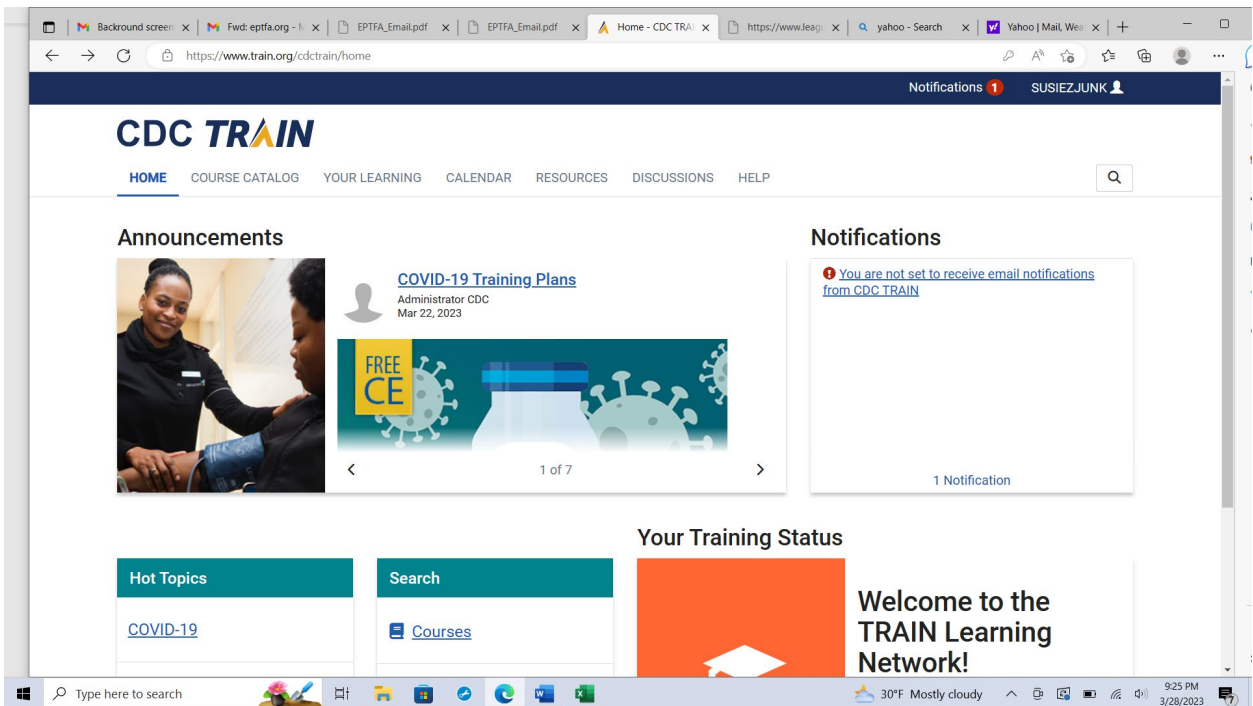
The "work settings" tab has an option for "Other" if you scroll all the way down – you can specify volunteer



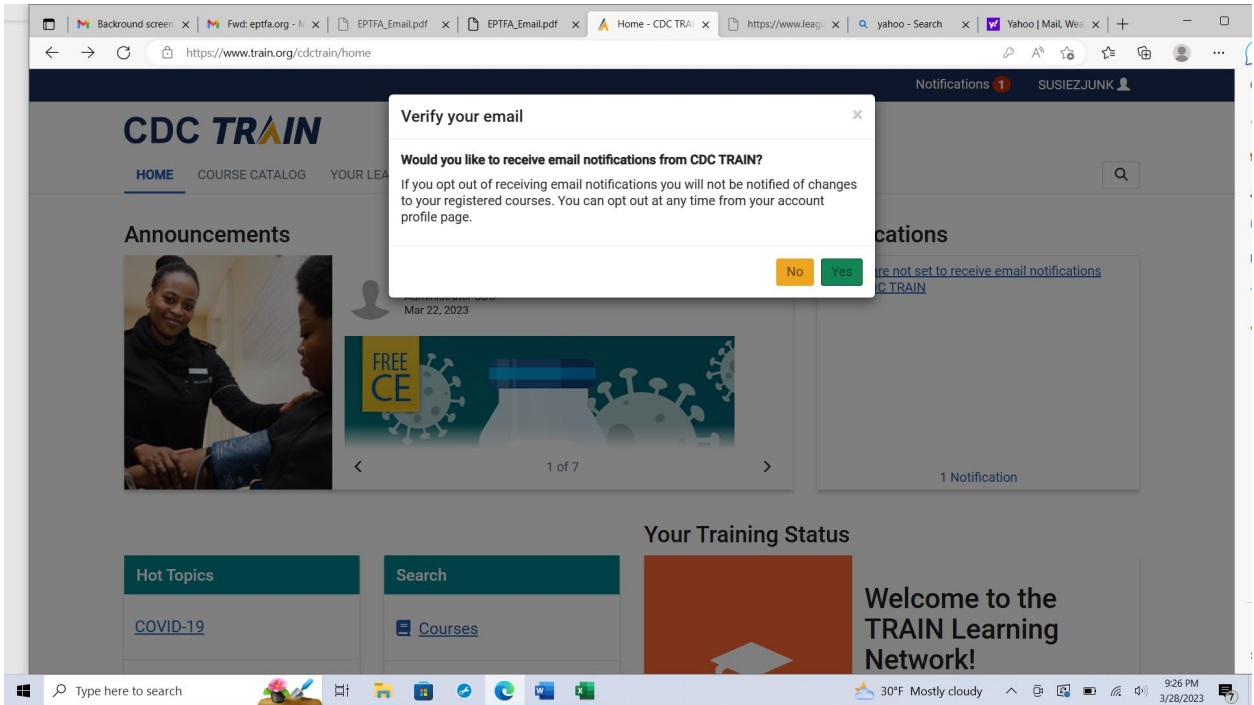
Once all the tabs are done, it will look like this:



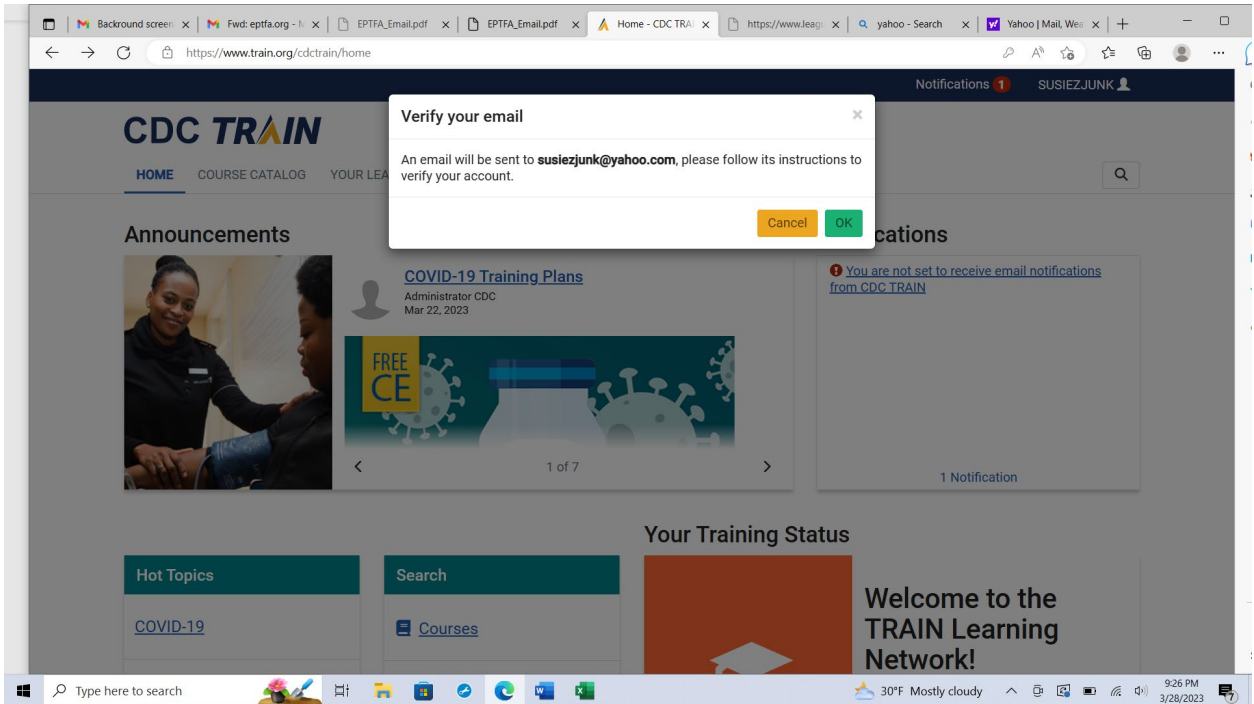
Hit the back button on your browser, and you will come back to this screen:



Click the email notification thingy:

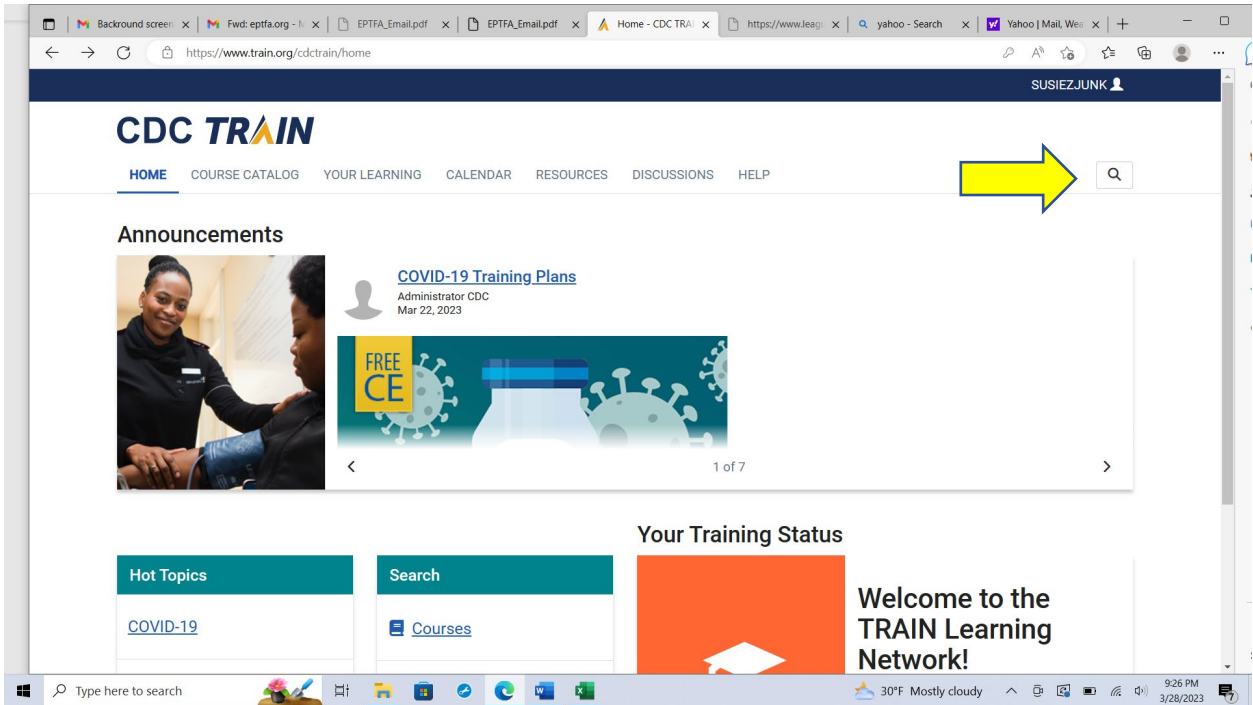


Pick "yes"

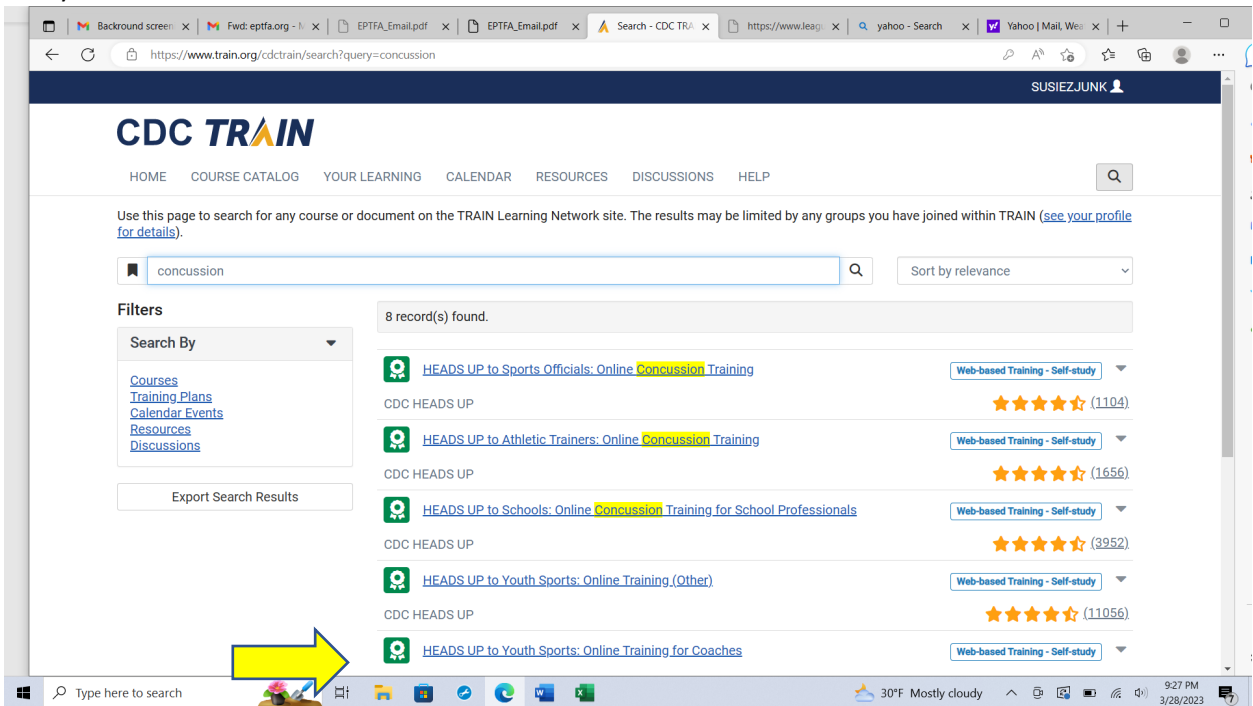


Click "ok"

Now you are logged in



And you can search for “concussion” in the search bar



Then you can launch the “heads up to youth sports online concussion training for coaches”