



Why 9v9 is the Future of U13 Development



11v11 FORMAT

TECHNICAL ENGAGEMENT & ATTACKING



108
1v1 Attacks Attempted

Less focus on individual skill development in isolation.



23
Final Shots

Fewer scoring zone repetitions.



42
Total Final Acts

Greater total final acts despite fewer entries into final zone.

PASSING & POSSESSION



209
Non-Forward Passes

Encourages long, low-percentage forward passes.



566
Total Passes

PHYSICALITY & GOALKEEPING



93
High-Speed Actions

Lower goalkeeper engagement and fewer high-speed actions.



2159
Goal Kicks Other Involvements

9v9 FORMAT

TECHNICAL ENGAGEMENT & ATTACKING



132
1v1 Attacks Attempted

22% More 1v1 Attacking Duels
More opportunities to develop technical skills.



41
Nearly Double the Final Shots

Significantly increasing repetitions.



61
Total Final Acts

45% Increase in Total Final Acts
Greater total final acts despite fewer entries into final zone.

PASSING & POSSESSION



237
Non-Forward Passes

Better Ball Circulation
Focus on retaining possession and building play; Intentional Decision Making required due to condensed pitch.



577
Total Passes

Higher Total Passing Volume

PHYSICALITY & GOALKEEPING



109
High-Speed Actions

17% More High-Speed Actions
Smaller pitch requires more explosive movements.



3677
Goal Kicks Other Involvements

Drastic Increase in Goalkeeper Involvement
A 71% increase in goal kicks and significantly more other involvements.

