

The following policies, practices and conditions are set forth to incorporate guidance from the Centers for Disease Control and Prevention (CDC), the MN Department of Health (MDH), and the federal Occupational Safety and Health Administration (OSHA) into our daily practices at the Eden Prairie Schools.

Knowing that eliminating all risk is impossible, EPVA is committed to providing an environment that is as safe and healthy as reasonably possible for all coaches, athletes, and families. To that end, we have developed the following Safety Procedures and Preparedness Plan in response to the COVID-19 pandemic. We will continually monitor the COVID-19 pandemic; and as it evolves the below policies and procedures will be modified. Any changes to the policies and procedures will be sent in writing to all coaches and families.

By registering with EPVA all adults and guardians of minors assume ALL risks associated with participation including but not limited to exposure to COVID-19. Exposure to COVID-19 can lead to temporary or permanent health consequences and death.

Club Directors, coaches, athletes, and families are all responsible for implementing and complying with all aspects of the policies and procedures in this plan. Our goal is to mitigate the potential for transmission of COVID-19 in our facility, and that requires full cooperation. EPVA's staff is charged with enforcing the policies and this plan during their scheduled training times, with the EPVA Club Director responsible for further disciplinary actions. **All coaches, athletes and guardians will be required to sign the "Assumption of Risk and Liability Waiver" on page 5 of this document as assumption of risk, waiver of liability, understanding of and agreement to comply with all aspects of the below Safety Procedures and Preparedness Plan. Any violations by athletes can result in revocation of facility usage privileges with no refunds given. Any violations by coaches can result in termination.**

EPVA club director, or an appointed staff member, will always be on site to ensure compliance. EPVA Boys Volleyball COVID Coordinator is – Steph Chapek (612) 790-2950, stephchapek@gmail.com, epboysvolleyball@gmail.com

Section 1.01 General Facility Layout for Social Distancing

- 1) EPVA practices, tryouts, clinics, camp, or tourney play will NOT be open to the public. No parents, siblings, spectators, or any additional individuals will be allowed in the gym.
- 2) Players and coaches will be assigned to a small POD (team). Each POD will have 10-12 players and 1-2 coaches. PODS will not intermix.
- 3) The gym space the Eden Prairie Schools/Community Edu assigns to EPVA will consist of 1-2 courts. Following MDH guidelines each court can have 25 people/court, that includes players and coaches.
 - a) 2 courts – Oak Point Elementary/Eagle Heights Spanish Immersion (OPEH)
 - i. Courts can be divided by a drop-down wall to prevent access to coaches, athletes, and volleyball onto the other courts.
 - b) 1 court – Eden Prairie High School (EPHS) Small Gym
- 4) Practices will be schedule for 1-2 hours. After each session, the space will be emptied and all net systems and touched surfaces will be cleaned.

Section 1.02 Procedure for Arrival and During and After EPVA Sponsored Activities

ARRIVAL

- 1) Coaches and players are required to wear masks for their duration of their time in Eden Prairie School buildings. This includes players wearing their mask while participating.
- 2) Coaches will wear a face mask and a face shield.
- 3) Coaches and athletes will be allowed entrance into the Eden Prairie School gym 5-minutes prior to their scheduled session; NO earlier. DO NOT congregate outside the gym. There must be 6' of separation between you and others.
- 4) To limit the number of people inside the building parents are asked to do curbside pick up and drop off from the main activity entrance at EPHS or lower lot at OPEH.
 - a) OPEH drop off/pick up: Parent drop-off & pick-up will be from the lower-level parking lot "pick-up loop" only. All participants must use Door 12 and proceed directly upstairs to the gym. Please know that drinking fountains are not available. Participants may not access other parts of the building and should remain in the assigned gym at all times. Check with the Building Supervisor should you need to use a restroom.
- 5) Coaches and athletes are required to enter at their assigned door entrance. Coaches and athletes will NOT be admitted if they attempt to enter through a non-assigned door.
- 6) Coaches and athletes entering Eden Prairie Schools will be required to leave all extra items including bags, purses, additional clothes, shoes, and all other personal items locked in their car. Be sure to take normal precautions including locking valuables in the trunk or out of sight in a vehicle that does not have a trunk. It is recommended to leave all items of value at home. Exit your vehicle ready to practice or train.
- 7) All players and coaches entering the building will have a wellness check and their temperature taken. A player or coach with a temperature above 100.4 will not be allowed to participant and must leave the building immediately.
- 8) Once athletes and coaches arrive to their court, they should NOT leave the court unless there is an emergency.
 - a) Only in an emergency should the restroom be used.

DURING

- 9) Athletes will be required to bring their own, FULL, water bottle and keep their water in a socially distanced box labeled on the gym floor against the wall. Use of water fountains will NOT be allowed.
- 10) All Coaches, Staff and players are required to wear a face mask while in the facility.
- 11) Coaches are required to wear a face mask and face shield.
- 12) Players must always have masks on while participating in physical activity on the court.
- 13) No handshakes, high fives, fist bumps, nor other physical interaction.
- 14) All huddles and coaching will occur with a minimum of 6' of distance between all athletes and coaches.
- 15) All drills utilized will be developed by EPVA coaches to assure a cohesive training method with a strong emphasis on social distancing. Play will mostly focus on individual skill development.

AFTER

- 16) At the conclusion of practice all coaches and athletes will be required to use hand sanitizer provided by EPVA or the school.
- 17) Players must wear a mask while exiting the building.

Section 1.03 Screening and Policies for ANYONE exhibiting Signs and Symptoms of COVID-19 || entering or within Eden Prairie Schools Facilities.

All coaches, athletes and families are required to self-monitor for signs and symptoms of COVID-19. The following policies and procedures are being implemented to assess health status, of all, prior to entering facilities. This

process is not all encompassing and does not guarantee the health of any individual participating in EPVA activities.

- 1) Refer to this decision tree guide from the MDH for up-to-date information about symptom evaluation <https://www.health.state.mn.us/diseases/coronavirus/schools/exguide.pdf>. Parents and players are expected to follow the decision tree guidance in this PDF.
- 2) Participants should NOT attend an activity if they have been exposed to COVID-19 or if participant or anyone in their household is experience COVID-19 symptoms.
- 3) If, upon their arrival or during their training time they display any of the above symptoms they will need to leave the gym and must be picked up by their parents immediately. Athletes that could have come into contact with the athlete displaying signs of illness will immediately disinfect their hands and arms and resume training once the court has been disinfected.
- 4) Should anyone participating with EPVA, coach or athlete, be diagnosed with COVID-19, they should immediately contact the EPVA Club Director and follow proper healthcare procedures as laid out by their health care professional, including quarantining. Athletes, coaches, and staff must have, in writing, signed, clearance from their health care professional to resume activity after a COVID-19 diagnosis OR the original, dated, "order" to quarantine with the specified duration from their health care professional so EPVA can verify their compliance with that "order" upon their return.
- 5) EPVA will inform the POD/team of any positive COVID-19 diagnosis.

Section 1.04 Contact Tracing

- 1) Records of individual attendance at EPVA activities will be kept and provided to health authorities upon request to allow for contact tracing should it be necessary. Upon official request, parent contact information will be provided.
- 2) Information will ONLY be provided to government/health authorities, it will not be shared with coaches, staff, athletes, or families. Government/health authorities will contact individuals to relay any additional actions that must be taken. Because EPVA's staff are not licensed medical experts, other than in direct cases of diagnosis, EPVA's staff will not implement additional mandatory quarantine of secondary or tertiary contacts. However, athletes/families/coaches are required to notify the EPVA Club Director if they are ordered to quarantine by a government or health authority; and that order must be adhered to by the athlete or coach.

Section 1.05 Handwashing

Basic infection prevention measures are being implemented at all times.

- 1) Before arrival to the facility, all individuals, coaches, and athletes, are required to wash their hands and arms for at least 20 seconds with soap and water before practice begins.
- 2) Hand sanitizer will be utilized before, during and after practice to disinfect hands and arms.

Section 1.06 Respiratory Etiquette

Just a reminder of basic respiratory etiquette while attending EPVA activities.

- 1) It is recommended that you cough or sneeze into your practice t-shirt to reduce any possible initial viral spread.
- 2) Avoid touching your face, in particular mouth, nose, and eyes, with your hands. If you do touch your face, cough or sneeze into your arm or shoulder you are required to immediately leave the space and disinfect your hands/arms.
- 3) Dispose of tissues in the trash and wash or disinfect hands immediately afterward.

Section 1.07 Communication and Training

This COVID-19 Safety Procedures and Preparedness Plan was communicated to all coaches and necessary training was provided. Additional communication and training will be ongoing, and updates provided to all coaches, and where necessary relayed to all athletes and families.

Section 1.08 Assumption of Risk and Waiver of Liability

Eden Prairie Volleyball Association (hereafter referred to as the “Club”) has put in place numerous preventative measures and enhanced cleaning protocols to reduce the likelihood of spreading COVID-19 in Club’s gym environment; however, the Club cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending sponsored activities at the Club could increase your risk and your child(ren)’s risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily agree to the participation terms described above and assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending the Club and that such exposure or infection may result in personal injury, illness, permanent disability, and death.

I understand that the risk of becoming exposed to or infected by COVID-19 at the Club may result from the actions, omissions, or negligence of myself and others, including, but not limited to, Club Directors, Coaches, Athletes, and their families. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)’s attendance at the Club or participation in Club programming (“Claims”).

On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless the Club, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs, or expenses of any kind arising out of or relating thereto.

I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of the Club, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any Club activity.

Participant’s Name(s): _____

Participant’s Signature (if 18 or older): _____

Parent/Legal Guardian Name(s) (for participants under 18): _____

Signature(s) of Parent/Legal Guardian: _____

Date: _____