



Ballyhoo Volleyball COVID-19 Return to Play Protocol

The COVID-19 pandemic has presented athletics across the world with a myriad of challenges. While it is not possible to eliminate all risk of furthering the spread of COVID-19, the current science suggests there are many steps we can take to reduce the risk to athletes, coaches, and their families.

Ballyhoo Volleyball will take the necessary precautions and recommendations from federal, state, and local governments, government health organizations and agencies, as well as the governing bodies of each sport. Ballyhoo realizes the knowledge regarding COVID-19 is constantly changing as new information and treatments become available. These recommendations will be adjusted as needed as new information becomes available in order to decrease the risk of exposure for our athletes, coaches & staff, and their families.

Guidelines

- 1.** Athletes, coaches, & staff will undergo a COVID-19 health screening prior to any practices, trainings, or meetings. This screening will include non-contact thermal checks of each participant attending a practice/event and questions pertaining to well-being. Results will be recorded each session to check for signs and symptoms of COVID-19.
 - When arriving for events at Ballyhoo Arena: Athletes should enter the building through the entrance at the top of the outside stairs – Athletes should NOT enter through the gym member’s entrance – After coming in through the top entrance, please then proceed down the indoor stairway to the Ballyhoo arena.
 - Once down on the court, players will be screened for the following:-
 - Must have a temperature of 100.4 or less
 - Have you experienced any of these symptoms in the last 24 hours:
 - A fever above 100.4
 - Excessive coughing/shortness of breath
 - Sore Throat/loss of taste/smell
 - Vomiting/Diarrhea
 - Anyone who answers ‘yes’ to any of the above questions will not be allowed to participate that day and will not be allowed to participate until he/she is symptom free for 48 hours.



- Parents/spectators will not be allowed to stay for practices/trainings at this time. However, a parent/guardian of younger athletes may enter the building with them for the screening process as long as the parent/guardian is wearing a cloth face covering/mask.
 - Exiting the arena: When leaving, athletes should exit via the ramp exit downstairs. Athletes should not exit through the main gym workout area.
 - Any athlete who is sick, has a family member in their household who is sick, or has come in contact with a person who has, or is believed to have COVID-19 symptoms, should stay at home.
- 2.** All involved should practice healthy hygiene, such as proper hand washing and coaches/staff will wear a cloth face covering/mask when feasible. Face coverings will not be required for athletes. Hand sanitizer will be available for athletes as resources allow.
 - 3.** Equipment will be sanitized/cleaned at the end of each session. Mixing of groups and sharing of equipment will be kept to a minimum as much as possible.
 - 4.** Athletes and coaches must provide their own water bottles. Water bottles, clothing, towels, etc... should not be shared and the Arena water fountains will not be in use. All personal equipment should be washed after each practice.
 - 5.** Locker rooms will be open for changing and use of the bathroom only. No equipment, bags, or personal belongings should be kept in the locker room at this time.
 - 6.** If an athlete becomes sick during a practice/training, every effort will be made to isolate the ill individual from others. The parent/guardian of the ill athlete will be contacted immediately, and arrangements will be made for the athlete to be picked up.
 - 7.** Until further notice, the Ballyhoo Arena will not be available for “open play” to Ballyhoo Athletes or HHAC gym members. Facility use will only be permitted when it is a scheduled program. This is to ensure that we can adhere to the above guidelines. Thank you for your understanding.